



Mindset and Brainology 8th Grade Project

8th Grade Project

8th grade will participate in a fun exit project video

The main components for 8th grade project are as follows:

Group Based activity 5 or less students

**Project must be video based and viewable by staff
(directions are on gowsms.com under "Parents" tab)**

▪Project must incorporate Mindset, P.R.I.D.E., Character Counts and/or Social Skills and include Academic Language/Content.

▪Projects will be graded and 5 winners will be chosen to represent school on Pridevision and for future 8th grade presentations. Also, top video will receive special Promotion prize!

Why the Growth Mindset?

When students have a growth mindset, they understand that intelligence is not set, but can be developed and increased (malleable). Students focus on improvement instead of worrying about how smart they are. They work hard to learn more and get smarter. Based on years of research by Stanford University's Dr. Carol Dweck, Lisa Blackwell Ph.D., and their colleagues, we know that students who learn this mindset show greater:

- 1. Motivation in school**
- 2. Better Grades**
- 3. Higher Test Scores**
- 4. Better life skills**

What is the impact of Mindset?

Mindset Research shows that Intelligence is Malleable (not fixed)

Mindset and Success

Mindset types

What Kind of Mindset Do You Have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not.
When I'm frustrated, I give up.
I don't like to be challenged.
When I fail, I'm no good.
Tell me I'm smart.
If you succeed, I feel threatened.
My abilities determine everything.

What will a Growth Mindset Video look like or have in it?

Students that are enthusiastic, hard-working, persistent learners.

Students that never say quit and have a can do attitude 😊

Students succeeding at something hard or out of their comfort zone!

Students that take charge over their own success.

Students that have learned through getting it wrong the first time “failure” taking that knowledge and transforming it into learnable moment.

Students are encouraged to Google “Mindset” search the web to validate your video with actual data that supports a growth Mindset.

Please have fun with this and be creative!

Possible Topics:

School or Class work/assignments

Sporting events I.E. - Soccer, Basketball, skateboarding, BMX, Dance, music, art, etc...

Fixed Mindset vs. Growth Mindset

Power of "YET"

Overcoming adversity or setback!

If you are tempted to say

I CAN'T

Have the courage to add

YET

I don't know'
has become 'I
don't know
yet.

Bill Gates

meetville.com

meetville.com

Bill Gates

Video Guidelines

- Videos must be at least 2 min long and but not longer than 3 min.
- Videos will be created by no more than 5 students in a group.
- Videos will be scored on a 1-4 scale/rubric (4 being the best).
- Videos must receive least 7 points to pass.
- Student must create an 8 section storyboard to use as a guide for their video.
- Videos must be viewable (follow directions to submit the link to your video)
- Videos must include at least 8 sections with the following items:
 - Title
 - Story line/Theme
 - Transitions
 - Credits
 - Creativity
 - School PRIDE

You may use phones , Cameras, ipads , laptops, PC's etc.

Due date is May 19th

Project Name: _____

Page: _____ of _____

By: _____

Date: _____















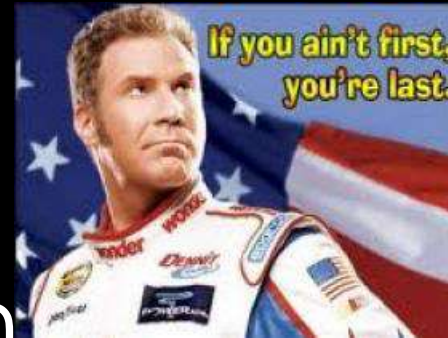


RUBRIC

Please make sure to read through each of the criteria!

Criteria	4 Points (Exceeds Requirements)	3 Points (Meets requirements)	2 points (Close to meeting requirements)	1 point (Does not meet requirements)
Storyboard and Pre-production	<i>Presentation has at least 8 completed sections including title and end credits; transitions are present between all clips; a theme has been implemented to enhance your presentation; message is effectively delivered</i>	<i>Presentation has 8 completed sections including title and end credits; transitions are present between all or most clips; a theme has been implemented; message is clear</i>	<i>Presentation has at least 6 completed sections and may or may not have a title and end credits; transitions are present between some clips; a theme may or may not have been implemented; message may or may not be clear</i>	<i>Presentation is incomplete and may or may not have title and end credits; transitions may or may not be present; a theme has not been implemented; message is confusing or not delivered</i>
Content (Production)	<i>Presentation has a variety of images/video, text, and media-rich content that enhance the subject matter; content is clear, meaningful, and highly engaging; audio/dialogue is clear and effective</i>	<i>Presentation meets the requirement (uses images/video, text, etc.; content is clear and engaging; audio/dialogue is discernible</i>	<i>Presentation uses several multimedia elements; content is interesting but may lack features that enhance audience engagement; audio/dialogue is muffled or indiscernible</i>	<i>Presentation uses only a few multimedia elements; lacks features that would keep audience engaged/interested; audio is indiscernible</i>
Subject Knowledge and Academic Language	<i>Presentation was tied directly to a specific subject, used discipline-specific language, and demonstrated high degree of knowledge</i>	<i>Presentation was mostly tied to a specific subject, incorporated several discipline-specific terms, and demonstrated a reasonable measure of knowledge</i>	<i>Presentation may or may not have been tied to a specific subject; lack of academic language and knowledge in the subject area is apparent</i>	<i>Presentation was confusing or disjointed; lack of academic language and knowledge in the subject area is highly evident</i>

****Students must receive a passing score of at least 7 points.**



This is what the winners will receive...

Prizes

Tee shirts
Lanyards
Hats
Etc.

Pridevision

Top 5 videos will be shown on Pridevision

Masters Luncheon

Pizza lunch party date TBA
Top video will receive

Promotion

- Each member of top winning video will receive special seating at Promotion

MINDSET IS KEY TO SUCCESS



Fixed Mindset	Growth Mindset
Intelligence is static.	Intelligence can be developed.
Leads to a desire to <i>look smart</i> and therefore a tendency to	Leads to a desire to <i>learn</i> and therefore a tendency to
<ul style="list-style-type: none">• avoid challenges	<ul style="list-style-type: none">• embrace challenges
<ul style="list-style-type: none">• give up easily due to obstacles	<ul style="list-style-type: none">• persist despite obstacles
<ul style="list-style-type: none">• see effort as fruitless	<ul style="list-style-type: none">• see effort as path to mastery
<ul style="list-style-type: none">• ignore useful feedback	<ul style="list-style-type: none">• learn from criticism
<ul style="list-style-type: none">• be threatened by others' success	<ul style="list-style-type: none">• be inspired by others' success

Let's Talk Goals, P.R.I.D.E and Character!

Let's get ready for HS!

**WSMS Students are SMART and WSMS students WILL never give up!
Don't attack life with a "fixed Mindset"**