



T.I.S. Digital Backpack

April 8, 2019

PRINCIPAL'S CORNER

Welcome Mrs. Merritt

We are thrilled to welcome our new assistant principal, Mrs. Jennifer Merritt. Mrs. Merritt was hired after a lengthy search process that included nearly 100 applicants. At each level of the interview process, interview committees were very impressed with Mrs. Merritt's warm engaging personality, along with her thorough understanding of the learning process.



SBAC Testing

SBAC testing is off and running at T.I.S. All classes will take two math tests and one ELA test between March 27^{th} and April 9^{th} . In addition to the math and ELA tests, fifth graders will also take a science test on April 23 as part of the SBAC testing requirements. Testing blocks are scheduled from 9:15-11:15 each morning during the testing window. Testing makeup sessions will occur each afternoon. Below is the remaining schedule of all testing dates listed by subject and grade.

Monday, April 8	9:15-11:15	Math PT	Grade 3
Tuesday, April 9	9:15-11:15	Math PT	Grade 4
Tuesday April 23	9:15 -11:15	Science	Grade 5

Third & Fifth Grade Music Concerts

Congratulations to our third and fifth grade students for putting on wonderful choral performances. The students and their teachers, Mrs. Baker and student teacher Miss Wong, wowed the crowd as they sang and danced to a variety of songs.

Tolland Public Schools Volunteer Procedures

The Tolland Public Schools recognize the importance of school volunteers at all levels of schooling. Volunteers can enhance collaboration between the school and community, broaden the school's educational environment and ultimately enrich students' school experience. The TPS further acknowledges that it may, from time to time, be asked to provide learning experiences for student interns within the school environments. In recognition of the benefit of having volunteers, interns and other such non-employees providing services within the schools, the TPS supports the involvement of these individuals in accordance with suitable regulations and safeguards.

Volunteers, interns and other such non-employees working within the schools ("volunteers") must work under the supervision of Tolland Public Schools staff. Volunteers are held to the same standards of conduct as school staff and must observe all Board of Education policies, including applicable policies on the confidentiality of student information.

Volunteers are required to submit to a state and federal criminal record check and a record check. No person who is required to register as a sex offender under state or federal law, or whose name is currently listed on the DCF registry, may volunteer in the Tolland Public Schools.

Volunteers for field trips agree to work as chaperones on school organized field trips to various locations. These can include day trips, and/or overnight trips. All field trip volunteers must complete a volunteer application. The Volunteer Form can be found on Superintendent Willet's page on the district website. Below is a direct link to Superintendent Willet's Volunteer Form page.

http://www.tolland.k12.ct.us/DistrictOffices/superintendent/superintendent_willett_s_page/volunteer_form/



APRIL

- 2 **AUTISM AWARENESS SPIRIT DAY (wear blue)**
- 3 GRADE 5 CHORUS CONCERT, 7:00, TIS GYM
- 5 EARLY RELEASE
- 9 GRADE 5 STEP UP CONCERT AT TOLLAND MIDDLE

 MIDDLE SCHOOL, 7:00 (see flyer)
- 12 COLLEGE DAY SPIRIT DAY
- **15-19 NO SCHOOL**
 - 22 EARTH DAY SPIRIT DAY (wear green)
 - 24 COFFEE WITH THE PRINCIPAL
 - 26 EARLY RELEASE
 - 29 BIDDLE/JENSEN TO BOSTON
 - 29 FUNTASTIC FRIDAY NIGHT BASH AT TMS (see flyer)
 FOR FIFTH GRADE
 - 30 RACCO/YAGLOWSKI TO BOSTON

AUTISM AWARENESS DAY AT T.I.S.











Grade 4 Chorus and Band Concert

Tuesday, May 21, 2019 at 7:00 p.m.

Tolland Middle School Auditorium.

Students report to the TMS Band room at 6:30 p.m.

A reception will be held in the cafeteria immediately following the concert.

The March Madness Book Tournament turned out to be a great success this year! We started with the sweet 16 in the beginning of March with book titles such as *Public School Superhero*, *Charlotte's Web*, *The BFG*, *Molly' Story*, *Flying Solo*, and many more. By mid-March we were down to the elite 8 and kids were so excited to see some books go but eager to continue reading and narrow the books it down to the final two. Some books were so popular that



teachers got involved with the voting, along with other classrooms that really wanted to be a part of the tournament and began reading. The final four came down to I Survived, going against *The Files of Mrs. Basil E. Frankweiler* and *Potterwookiee* versus *The Cricket in Time Square*. This week we will reveal the winner of the final two competition... Will it be *Potterwookiee* or *I survived the Nazi Invasion*, 1944. Stay tuned to find out. The kids have until Friday April 5th to get their votes in and right now the competition is running tight!

FROM THE T.I.S. NURSES OFFICE:

Notice to 5th grade parents of female students at Tolland Intermediate School

It is that time of year that the health room does the mandated scoliosis testing on 5th grade girls only.

The Connecticut Departments of Health and Education Public Act No. 15-215 require that local boards of education provide postural screenings to female students in grades 5 & 7 and male students in grade 8 to detect scoliosis (lateral curvature of the spine) and other visual spinal abnormalities. Early detection and treatment can prevent many serious back and health problems which might develop later in your child's life.

Screenings are conducted privately and only take a few minutes. The screening requires examination of the students back therefore girls are encouraged to wear a bra or a bathing suit with a thin strap on the day of the screening. Parents/guardians may contact the school nurse with any questions or concerns. Students are bringing home this form also. Screenings begin the week of April 8th during regular gym time.

Should a problem be detected, you will be notified and advised to contact your student's primary care provider for a follow up examination.

- A parent/guardian waiver will exempt a student from scoliosis screening at school. If the
 exemption request is not received within five school days the school screening will take
 place.
- Students who have had a scoliosis screening as part of a physical exam and have submitted the blue State of Connecticut Department of Education Health Assessment Record to the school nurse will be exempt from the school's scoliosis screening.
 - Students who are being monitored by their physician for spinal abnormalities may be exempt from the school's scoliosis screening. Parents/guardians must supply documentation from the student's healthcare provider prior to the scheduled school screening

There will be letters with a waiver form sent home with all the female students in 5th grade the week of April 1st. The health room will take the opportunity to let the girls know of the screening. The girls get a little freaked out and the more information they have that it is a simple exam, the more relaxing it is for them. There will also be an email from the school to 5th grade female student's parents so there is every opportunity for parents to fill out exemption form if needed and return it to the health room.

An updated physical exam by the doctor usually covers the spinal screening and 6^{th} grade requires a physical within a year of entry.

Please reach out to our health room if you have any questions or concerns. 860-870-6891 Ext 2 Nurse Rose/Nurse Sue



TEPTO FIRST ANNUAL APRIL "STAYCATION"

Not heading off on a tropical getaway for Spring Break? Join us at some of your kids' favorite places to raise funds for Birch Grove and TIS staff and students!

- Camille's Wood Fired Pizza Dine-in or order takeout on Sunday April 14th any time from 12-9 pm and Tolland Schools will receive 10% of all sales! No pass needed!
- Launch Trampoline Park Come jump on Monday April 15th from 11 am -2 pm! Tell the cashier you are with Tolland Schools and we will receive 10-25% of sales the more jumpers come, the more funds are raised!
- Dave & Busters Come play your favorite games and have a snack or dinner on Monday April 15th from 4-7 pm! Bring your pass included in this packet and Tolland Schools will receive 10% of your purchase!
- Chuck E Cheese Play some games and grab lunch or dinner any time between 11 am-9 pm on Tuesday April 16th and Tolland Schools will receive 20% of total sales!
- Sweet Frog Grab ice cream and mention Tolland Elementary PTO on Tuesday April 16th from 6-9 pm and Tolland schools will receive 20% of profits!
- Nomads Adventure Quest –Adventures like laser tag and mini golf await you on Wednesday April 17th from 5-8 pm! For \$20, you will receive a wristband for unlimited Arcade or unlimited Adventures for the full 3 hours and Tolland Schools will receive 15% of your total game and food purchase!
- FlightFitnFun (formerly JumpOff) Jump, play dodgeball, battle over a foam pit, or play the arcade games on Thursday April 18th from 10 am -12 pm. Bring the attached pass and Tolland schools will receive 25% of profits!
- The Hop Knot Grab some delicious food on Thursday April 18th from 4-10 pm and 10% of all profits will go to Tolland Schools! No pass needed!

• Willington Pizza & Willington Pizza Too— Bring the attached pass to Dine-in or take-out on Friday April 19th any time from 11 am-11 pm and Tolland Schools will receive 20% of the day's total sales!

^{*}All Tolland Elementary PTO funds raised during the 2018/2019 school year are applied towards the Birch Grove and Tolland Intermediate community for the 2019/2020 school year. These funds provide field trips, assemblies, recess equipment, teacher stipends, technology and classroom materials, new library books, and SO MUCH MORE. Please come support our schools! *

					12	13
A	P	R		L		
14	15	CHUCK E. CHEESE'S,	17	18 FLIGHT FAMILY FUR FOR EVERYORE	NILLING TO A	20
	11 - 2 pm 91 Brainard Rd Hartford	11 – 9 pm 82 Buckland St Manchester	ADVENIUNEQUEST	(Jump off) 10 -12 pm 145 Spencer St Manchester	PIZZA	
12 – 9 pm 23 Fieldstone Commons Tolland	47.00	8	5 – 8 pm 100 Bidwell Rd South Windsor	H PKN T	11 – 11 pm 25 River Rd & 11 Phelps Way	
	4-7 pm 100 Buckland Hills Manchester	6 - 9 pm 1500 Pleasant Valley Rd Manchester		4 - 10 pm 625 Middle Tnpk Corner of 44 and 195 - Storrs	Willington	





WEAR YOUR SCHOOL COLORS!

FOOD, NON-ALCOHOLIC BEVERAGES AND POWER CARD® PROCEEDS GO TO

Tolland's Elementary TEPTO



April 15th 2019 4:00 - 7:00 PM DAVE & BUSTER'S MANCHESTER



WEAR YOUR SCHOOL COLORS!

FOOD. NON-ALCOHOLIC BEVERAGES AND POWER CARD® PROCEEDS GO TO

Tolland's Elementary TEPTO



April 15th 2019 4:00 - 7:00 PM DAVE & BUSTER'S MANCHESTER



WEAR YOUR SCHOOL COLORS!

FOOD, NON-ALCOHOLIC BEVERAGES AND POWER CARD® PROCEEDS GO TO

Tolland's Elementary TEPTO

CONTROL SECTION SECTION	ND MAIL WITH PAYMENT
lame	
Date of Birth ichool	Grade
Address	
City	State Zip
lome Phone	Control of the contro
mergency Contact Nar	ne
arents Name	
Daytime Phone	
nsurance Carrier_	
olicy Number	
amp Ball summer Day Camp Stor otal enclosed hereby give permission fo outh Soccer Camp. I ded no able to participate in a horize the Director/s of th	\$120 R F (CIRCLE) R 2 \$240 Camp \$100 ic PLEASE REGISTER ON LII \$ 30
	ot hold ECSU or comp staff respon-
REGISTER ONLINE OR Spring: payable to ECS ECSU Men's Soccer 83 Windham Street Willimantic, CT 06:	SU Camps
Eastern Youth Soco 306 Windham Road	er Camps





TERN July 8-12, 2019 and July 15-19, 2019 Boys and Girls Ages 6-15 Y DROP OFF/LATE PICK UP

SUMMER DAY CAMP SCHEDULE

8:45am Drop off campers to field 9:00am Skills demo and warm-up 9:30am Technical instruction

10:15am Snack then continue with technical work

11:15am Small-sided games

12:00pm Free swim, video or games with coache

12:30pm Lunch

1:15pm Technical work and games 3:00pm Pick-up campers at field

SPRING CAMP SCHEDULE

8:45am Drop off campers to field 9:00am Skills demo and warm-up

9:30am Technical instruction

10:15am Snack then continue with technical work

11:15am Small-sided games

12:00pm Pick-up campers at field

**Thank you, Coach DeVito! My son, had a great week. I was very impressed with the organization and planning that obviously went into the camp. As a parent, I always felt informed, and was confident that he was safe and would be well looked-after! Please extend my appreciation to the players who made the camp a success! We look forward to signing up (early!) next year!"— Jen Lindsoy

IMPORTANT INFORMATION

- Upon receipt of fultion and application, an email confirmation will be sent. Fees are not refundable but may be applied to a future clinic
- For summer camp only—please visit our website and fill out the medical and insurance forms
- Early drop off at 8am /late pick up 4pm (if needed) there is no instruction during these times only supervision. Please only use if needed.
- It is the policy of Eastern to ensure equal access to its events. If you are an individual with a disability and will need accommodations for this event, please contact: Jennifer Boylan, 860-465-5573
- ✓ Register online FOR <u>DAY CAMPS</u> FOR NO EXTRA CHARGE WWW.EASTERNYOUTHSDCCERCAMPS.COM

For more information please contact us; Emeil: DEVITOG@EASTERNCT.EDU -- SPRING EASTERNYOUTHSOCCERCAMPS@GMAIL.COM -- SUMMER

CAMP DESCRIPTIONS

SPRING AND SUMMER DAY CAMPS



The Eastern Connecticut State University Youth Summer and Spring Break Clinics are for boys and girls aged 5-15 of all skill levels. The camps focus on technical skill training, specifically, dribbling, passing, receiving, shooting and heading will be developed throughout the week. The goal of the camp will be to teach all of the above in a devel-

opmentally appropriate way for each camper. Individualized goalkeeper training will also be available if any campers are interested. Most of all the camps will be FUN!!!

Campers will be exposed to college coaches and players as their counselors for the week. Each camper will receive a camp tshirt and a positive soccer experience that will last a lifetime.

HIGH SCHOOL PREP CAMP

This high school camp is set up to lead into the high school



athletes preseason. Players can attend individually or as part of a team. Each player will go thru 3 training sessions and play in 3 full matches—over a three day period. Players coming as a team will train and play with their teammates. Sessions will consist of technical, tactical and fitness training and will be conducted by college coaches. Players will be put into competitive situations designed to make them better all around players and prepare them for the season.

KIGH SCHOOL LEAGUE CLENIC This is a 7 session team clinic Each session will consist of technical and tactical instruction and an 8v8 game vs. other high school teams. Games and training sessions will be coached by college coaches and players. Go to our website to register and for more information. Past participants in our high school clinics include: Lyman Memorial, Manchester, South Windsor, Killingly, Windham Tech, Bacon Academy, RHAM, Valley Regional, Cromwell, Tolland, Woodstock Academy, EO Smith, East Catholic, Coventry, Botton, RESERVE YOUR SPOT NOW!

TUITION

SUMMERCAY CAMP FUTTON \$500 \$PRING BREAK CAMP TUTTON \$520 HIGH SCHOOL PERP CAMP TUTTON \$118 HIGH SCHOOL LEAGUE CHINE (PER TEAM) \$600 Funds used to support our program.

DIRECTORS AND STAFF

Greg DeVito-co-director

- ✓ Head Coach Eastern Connecticut —12th Year
- 2008 ECAC New England Championship Finalists
- ✓ 6 LEC Championships—Regular Season
- 5 LEC Championships—Tournament
- ✓ 6 NCAA Tournament Berths
- √ Overall record of 136-58-24.
- ✓ 2007, 2013 LEC Coach of the Year
- National USSF B Licensed Coach
- NSCAA Premier Diploma
- ✓ Member of Oakwood & NEU Coaching Staff

Adam Phaiah-co-director

- ✓ Assistant Coach Eastern Connecticut State
- ✓ University—13th Year
- ✓ National USSF C Licensed Coach
- Played at Eastern Connecticut State University
- 2007 Thomas Krusewski Young Coach of the Year

Excellent staff and staff ratio

The camp staff will be made up of male and female college coaches and players. We have a very low camper to coach ratio of 12 to 1.

WHAT TO BRING

- Cleats
- Sneakers (in case of indoor play)
- Water bottle
- Snack and drink
- ✓ Shin guards
- ✓ Soccer ball

For SUMMER DAY CAMP ONLY-

- Lunch (Pizza, Snacks and Drinks will be available for purchase at the Camp Store).
 Money can be left on account.
- ♦ Swimsuit and towel



Grades 5 & 6 Band

Marchesani/ Titus

Step Up Concert

Please return the commitment form to your director on or before March 29.



Performance Date: Tuesday, April 9

Performance Location: Tolland Middle School

Auditorium

Arrive:

Grade 5 band members report to room 120 with Mrs. Marchesani (not chorus room)

Grade 6 band members report to the band room with Miss Titus

Attire: casual

Schedule:

6:30 p.m. Students arrive to warm up

7:00-to 7:40 p.m. Students take the stage & play music.

Miss Titus and Mrs. Marchesani will be available after the concert to answer any questions that students and parents may have about the band about the band program.

Please consider volunteering at the end of the concert to help clear the stage. We will move all chairs, music stands and percussion equipment to the band room.

If your child needs special accommodations to participate in this activity, please contact Miss Titus htttus@tolland.k12.ct.us or Mrs. Marchesani at nmarchesani@tolland.k12.ct.us (860) 870-6885 ext. 40226

Grade 5 "Step-Up" Concert Set List:

Grade 5: This Old Dude Popcorn Prelude

Grade 5 & 6 Combined:
Page 21 Montego Bay
Page 30 Trumpet Voluntary by Jeremiah Clarke (1674? - 1707)

Grade 6 and 5th grade musicians who are able to play(*not all 5th graders may be ready & that's ok): Page 38 Rockin' Rondeau based on a theme by Jean-Joseph Mouret (1682-1738)

Grade 6: Rock Island Express Sweet Caroline Best Day of My Life

Grade 6 Band Class Description:

Students who join our amazing sixth grade instrumental program will have a large band rehearsal every other day. Small same instrument group lessons meet before school once each week at 7:20 a.m. for 30 minutes. The Sixth Grade Band will perform a winter concert, Friday Fun Night and spring concert. This class is available to students who have been members of the 4th & 5th grade band program and have completed the "red book" <u>Standard of Excellence</u>, Book 1

by Bruce Pearson; or have permission of the instructor. This is a class where we *create*, *perform* and *respond* to music by playing an instrument. It is one of the best ways to improve brain power. We choose excellence and sound great.

This commitment form was handed out March 20

Please only hand	in the "tear	-off slip" belov	w and keep	the information	above for	r your f	amily
calendar.							

Please only hand in the portion below!		
Grade 5 & 6 "Step-Up" Concert Comm	nitment Form	<u>Due:</u>
March 29		
Yes,	(please print first and last na	me of student) , l
will perform at the TMS "Step up" Conce	ert on April 9.	
Proud band parent signature:		

This commitment form was handed out March 20, 2019

Please, return on or before March 29 to Mrs. Marchesani
If you are unable to attend please contact
nmarchesani@tolland.k12.ct.us

FIND A 'TEF ROCK'

& TRADE IT IN FOR A \$100 TEF GRANT



Encourage your students to get out and enjoy the Spring weather – and while they're at it, tell them to look for a **TEF ROCK**!

The Tolland Education Foundation (TEF) has hidden ten (10) **TEF ROCKS** and instructions around town for students to find. If anyone finds a **TEF ROCK**, all they need to do is hand it and the note with it to any TPS teacher, paraprofessional or staff member. If you receive one, all you need to do is contact TEF to claim a **\$100 grant** by telling us the serial number printed on the instructions tied to the **TEF ROCK**. (TEF can be reached at 860.871.8015 – press extension 3 – or via email: TollandEdf@aol.com)

Each grant is being given to use at the discretion of the teacher, paraprofessional or staff member for innovative, creative learning opportunities for their students.

It's that easy! And there are no strings or special rules besides:

- Only one \$100 grant per educator/rock.
- Deadline to claim a \$100 grant is 9/30/2019

So what are you waiting for?! Encourage your students to get out and take a walk – and find a TEF ROCK!



Tolland Education Foundation (TEF) is donating a total of \$1,000 through ten \$100 grants through this special **TEF ROCKS** initiative. For more information about TEF, please visit <u>TollandEducationFoundation.com</u>

Why is TEF doing this?

• We **WANT** to inspire creative, innovative learning opportunities for TPS students.

- We **WANT** to remind TPS teachers, paraprofessionals and staff members to apply for TEF grants.
- We **WANT** to extend the funds that have been generously donated by members of the Tolland community to help you. (Net net...We have money to help you, and we want to help you.)
- We WANT to get our students and their families outside and active around town now that Spring has sprung.
- And we **WANT** to show off our new logo!

Thoughts from the Reading Department

April break is coming up. Consider reading more over break, and every day!

Get outside and enjoy the spring weather by reading under a tree, on the back patio, on a swing, at the beach.

Happy reading

9 Reasons to Read More



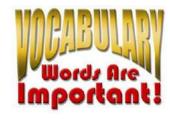
Builds Knowledge



Improves Achievement



Increases Motivation



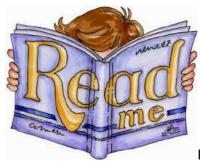
Increases Vocabulary



Improves Writing



Builds Background Knowledge



Improves Understanding of Text Structures



Develops Empathy



Develops Personal Identity

From <u>Disrupting Thinking</u> by Beers and Probst



Dear Tolland Parents,

The Tolland Project Graduation committee is asking parents of students in grades K-11 to consider making a donation of any amount to help fund the <u>ALL-NIGHT</u> graduation party that is <u>FREE</u> for seniors. Time passes in the blink of an eye and soon your child will be graduating too. Parents of seniors may donate if they wish, but there's no obligation. Many businesses in Tolland and neighboring towns have already given money to support this special event. With your help, we can provide a <u>SAFE</u> place for our young adults to celebrate their accomplishments with friends before leaving for college and the work force.

Donations can be made 2 ways:

- 1. Check payable to Tolland Project Graduation; PO Box 366; Tolland, CT 06084
- 2. With PayPal to **TollandProjectGrad@gmail.com**

Please feel free to reach out to **Dan Carmody** (860) 874-5597 with any questions.

<u>Thank you</u> for your anticipated support for our mission:

Keeping our graduates safe since 1987

TPG, Inc. is a federally registered 501(c)(3) non-profit organization.

Donations are tax deductible

Tolland Intermediate School

Photo Release Form

2018/2019

Please do not release any photos of my student in the following media

(check all that apply):

Yearbook
Outside Media Sources
Tolland Public Schools Superintendent's Bulletin/ T.I.S. Digital Backpac
Tolland Intermediate School Website
***This form does not need to be returned if photos can be used in any of the above areas.
Name
Parent/Guardian Signature

UPCOMING SPIRIT DAYS

NOVEMBER 20 - HAT DAY



DECEMBER 20 - CRAZY SWEATER DAY



JANUARY 11 - DECADES DAY



FEBRUARY 1 - SPORTS TEAM DAY



MARCH 1 DR. SEUSS DAY/BOOK CHARACTER DAY



APRIL 2 - AUTISM AWARENESS DAY Wear blue!

APRIL 12 - COLLEGE DAY



APRIL 22 - EARTH DAY

Wear green!

MAY 10 - TEACHER LOOK-ALIKE DAY!!



MAY 24 - PATRIOTIC DAY

JUNE ?? (TBD) - BEACH DAY





Tolland Family Resource Center

FRC Newsletter

Dear Families,

This is a very busy time of year for the FRC. As the FRC Coordinator, I spend a good amount of time talking to our State Legislators and Representatives about the importance of the Tolland Family Resource Center and the programs we offer to Tolland residents and neighboring towns without FRCs. I would like to ask you to take a few minutes to email me a message of how your family has benefited from the Tolland FRC in the past or how we are supporting you now. What programs have we offered that have meant the most to your family? My email is lleibowitz@tolland.k12.ct.us.

If you wish, this is something you can do with your children. You can ask them to write a message or draw a picture. If you have photos you wish to share that would be wonderful as well. You can send those in with your child in an envelope addressed to Laurel Leibowitz, FRC or scan into an email. I hope to compile these tributes into a book and share with our state leaders. If you would like to join me at the state capital, let me know there will be an advocacy day set in the future. State leaders appreciate hearing testimony from families.

I encourage you all to follow the plans for the Birch Grove Foundation Construction. Our plan is to continue with FRC programs as usual. Dr. Willett has scheduled meetings to keep us all up to date with the progress. Please encourage your neighbors and friends to be informed and to vote in the May 7th referendum.

Superintendent's Breakfast	Superintendent's Office	April 1 st @ 10 AM
	51 Tolland Green, Tolland CT	

BGP Foundation Information meeting	Birch Grove Library	April 8 th @ 6 PM
Superintendent's Breakfast	Superintendent's Office 51 Tolland Green, Tolland CT	May 6 th @ 10 AM
BGP Foundation Information meeting	Birch Grove Library	May 6 th @ 6 PM
Superintendent's Breakfast	Superintendent's Office 51 Tolland Green, Tolland CT	June 3 rd @ 10 AM
BGP Foundation Information meeting	Birch Grove Library	June 10 th @ 6 PM

Registration for the 2019-2020 school year is open now and programs are filling up! Limited op still available in our before and after school program, our Grow with Me Program for 2s and 3s, Preschool Enrichment Program for 3-5 year olds.

We are offering a mini-Kindergarten camp June 3-6 from 9:00-1:30 PM at Birch Grove: fi fun activities to help your child prepare for Kindergarten while making new friends. This camp will be run by our new Preschool Teacher Mrs. Mancini who is also an experienced Kindergarten teacher.



FRC Summer Camp registration begins **March 15th** for full weeks and April 1 for partial wee Summer camp will be held at Tolland Intermediate School.

Think SUMMER, think ADVENTURE, think EXPLORATION, think FRIENDSHIP

FUN, think AWESOME, think TOLLAND FAMILY RESOURCE CENTER CAMP HAWK.

We offer full time and part week camp for children entering Kindergarten (age 5 by 7/1/2019) through age 12 at Camp Hawk.

FRC Camp Hawk for children age 5 (by 7/1/2018) through age 12

7:00 AM - 6:00 PM June 17 * - August 16 (unless more snow days are added onto the calendar)

If you have ideas or program desires, let us know! We offer a high quality program. Our staff is experienced and well trained. All staff are certified in First Aid, CPR and are medically trained for emergencies to assure your child's safety.

Financial assistance is always available. Please speak to Carol Hiller for scholarship possibilities or to arrange payment plans.

If times are tough or you find yourself or your children struggling in any way, please let us know and we will see if we can help. Communicating with us when there are challenges that can affect the kids at school can only help.

Current Special Programs:

Ages and Stage Screening April 1-5: We offer FREE screening to all Tolland residents five years and younger. Ages & Stages Questionnaires® are trusted screening tools used to monitor a child's progress as they reach different stages of development. They can be useful to identify social-emotional and developmental delays, but also to celebrate your child's achievements. Call Karen Bradford or Laurel Leibowitz to set up an appointment (860) 870-6750 x 30215

Challenger Baseball, a division of Tolland Little League for special needs players, will begin April 23. Players and Buddies can register today at www.tollandlittleleague.org. We meet Tuesday and Thursday from 5:45-7:00 PM. At Crandall Field. We will have a few special games at Lion's Field. Buddies can be students or adults. Students earn community service hours for their volunteer time. However, the experience is much richer and much more rewarding than that.....all while having fun!

Resources for Parents! (www.tolland.k12.ct.us/community/family_resource_center)

Parenting may be your toughest job, but it is the most important. Let us help you! If you are facing a challenge with your child, let us know and we will try to help or connect you with someone else who can!

Tolland Family Resource Center and Tolland Youth Services have collaborated to subscribe to Peace At Home, a wonderful on-line resource of webinars and support sessions. These ONLINE PARENTING CLASSES are free for Tolland residents thanks to Tolland Family Resource Center and Tolland Youth

Services. • Reduce Family Stress • Get Kids to Listen and Cooperate • Build Strong Connections - Without Raising Your Voice!

You don't have to join- we've already done that; a complimentary subscription to this program is provided for Tolland residents by Tolland Youth Services and the Tolland Family Resource Center.

Peace at Home Parenting Solutions is a Connecticut based team of recognized experts in child development and parenting education. You can meet their teachers at

https://www.peaceathomeparenting.com/our-team/ Peace At Home classes may be viewed on computers, tablets or smart phones in the comfort of parents' home, or on the go. For continued support, parents are invited to attend free monthly Question and Answer Sessions and connect with Peace At Home teachers and other parents in the Peace At Home private Facebook group.

When registering for any live or recorded class, just register at PEACEATHOMEPARENTING and enter our town code:TownPeace2019

in the 'Apply' box in the registration process.

APR

APR 1, 8:15 pm: Establece un ambiente de cooperación (2-12 años)

APR 3, 8:15 pm: FREE 5 Mindful Habits to Reduce Stress and Increase Happiness

APR 8, 12 pm: ABC's of potty training (18 months – 4 years old)

APR 8, 8:15 pm: Disciplina Positiva que funciona (2-12 años)

APR 15, 8:15 pm: Tweens and teens: Planning for independence

APR 16, 8:15 pm: Manage Screen Time: End the Power Struggles

APR 17, 8:15 pm: Picky eating 101: Make mealtimes enjoyable again (Infants, Toddlers, Preschoolers)

APR 22, 12 pm: FREE Live Online Class: How to Take the Stress Out of Parenting (2-12 years)

APR 22, 8:15 pm: FREE Q&A Session for All Class Participants

APR 23, 8:15 pm: Be your child's emotions coach: Manage and communicate emotions

APR 30, 8:15 pm: My Child Struggles in School: How Can I Help? (K – 8th grade) MAY

MAY 1, 12 pm: Let's get on the same page: Practical steps to resolve parenting style conflicts

MAY 6, 8:15 pm: Establece un ambiente de cooperación (2-12 años)

MAY 13, 12 pm: EAT PLAY SLEEP: Help infants and toddlers grow into cooperative kids (Infants, Toddlers, Preschoolers)

MAY 13, 8:15 pm: Disciplina Positiva que funciona (2- 12 años)

MAY 14, 8:15 pm: Be your child's calm center: How to stay calm when your child is stressed

MAY 15, 8:15 pm: Get ready for Childcare/Pre-K: Ensure a positive transition for you and your child

MAY 20, 8:15 pm: FREE Live Online Class: How to Take the Stress Out of Parenting

MAY 22, 8:15 pm: FREE Q&A Session for All Class Participants

MAY 28, 8:15 pm: Keep your kids close: Why parents need to matter more than peers (2 - 12 years) JUN

JUN 3, 8:15 pm: Establece un ambiente de cooperación (2-12 años)

JUN 4, 8:15 pm: Parenting children with special needs: Anxiety, ADHD and autism (K – Teens)

JUN 5, 8:15 pm: Routines, chores and family meetings: Get a little more organized & have more fun! (2-12 years)

JUN 10, 12 pm: Taming tantrums: Recognize triggers and plan ahead (1-5 Years)

JUN 10, 8:15 pm: Disciplina Positiva que funciona (2- 12 años)

JUN 17, 8:15 pm: Tweens and teens: Planning for independence

JUN 19, 8:15 pm: Positive discipline for toddlers and preschoolers: Challenging behaviors & setting

limits (1-5 Years)

JUN 24, 8:15 pm: FREE Live Online Class: How to Take the Stress Out of Parenting (2 - 12 years)

JUN 25, 8:15 pm: Raise happy children: Parenting for optimism and resilience (2 - 12 years)

JUN 26, 8:15 pm: FREE Q&A Session for All Class Participants

New Spring Playgroups forming and Special Events



April 4, 2019 – FRC- Kindergarten Readiness Night: Raising a Kindergarten Star – BGP Media Center - 6:30-7:30 PM (Parents Only)

Come hear about a typical Kindergarten day and skills your child needs to be a Kindergarten Star.

You will have time to ask questions.

Playgroups *additional yearly \$25 fee for out of town participants

Monday: Morning Fun all ages with Miss Karen free* 9:00-9:45AM

4/1, 4/8, 4/22, 4/29, 4/1, 4/8, 4/22, 4/29, 5/6, 5/13, 5/20 playground dates in June to be determined

Tuesday: FRC/Library Playgroup preschoolers and siblings **1000 Books B4K** 10:15-11:15AM free (out of town fee does not apply) 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28

Mini Chefs 1:30-3:00 PM ages 3-5 5/7, 5/14, 5/21, 5/28 \$40

Thursday: Artist in Me ages 3-6 1:30 - 3:00 PM \$70 session* (drop in fee \$12**)

4/4, 4/11, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30

Adelante Espanol grades K-5 3:30-4:30 PM \$72 per session K-5

4/4, 4/11, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30

Friday: Babies, Toddlers, and Twos ages 0-3 9:00-10:30 AM \$30 session* (drop in fee \$5**)

4/12, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31

**Drop ins welcome as long as program has at least 7 registered.

PROGRAM NEWS!

As the weather improves all of our programs will spend as much time as possible outside enjoying the fresh air and sunshine. In the spring it is still chilly outside, so please send in jackets and have the children wear shoes they can run in (and get muddy!)

FRC Preschool News

Save the date: FRC Preschool Fieldtrip to Wickham park May 1.

Our Grow with Me are doing an amazing job participating in our routines and songs. It is so much fun watching their growing social, emotional, cognitive and motor skills! They are becoming more independent as well.

Our 3 and 4 year old preschoolers with Mrs. Morse will continue with letter day fun. As the weather allows we will try to get outside more often. We have our Music Together Family Night on April 10.

Preschool Enrichment are learning about the signs of spring including flowers and birds. They are working on recognizing and counting numbers, comparing and sorting. They are learning many new songs. Have you been hearing them? They have been busy creating and crafting and developing their fine motor skills. They are having fun weekly with their Kindergarten Book Buddies. They hope to get outside every day. So please dress the children ready to run and play outside.

We are offering a mini-Kindergarten camp June 3-6 ~9:00-1:30 PM

The Before and After School Programs:

Birch Grove morning friends are making spring crafts and enjoying time in the gym on Tuesday and Thursday mornings.

Summer Camp: Part time registration begins April 1, 2019. **Camp Hawk** is a fun safe place for your child to explore, create, unwind and make new friends.

There are still a few spots available in our School Age Program for the 2019-2020 school year at Birch Grove. We are accepting children on the waiting list for Tolland Intermediate School site.

April vacation 4/15-4/18 Register today!

<u>April</u>

- April 1- **Summer Camp** registration begins for partial week campers.
 - Childcare Provider Training Math and Science upstairs teacher's lounge 6:00-8:00 PM

Extended Day for 4 year old preschool 10:30 AM -3:00 PM

- April 2- School Spirit Day: World Autism Awareness Day- Light it up blue day (wear Blue)
- April 4- **Raising a Kindergarten Star:** for parents of incoming K students 6:30-7:30 PM BG Media Center
- April 5- Early Release Day- Faculty In-Service
 - -No 4 year old preschool
- -Afterschool Program opens at the end of school for those children enrolled on Friday afternoons (additional \$10.00 fee)
- April 10- Music Together Family Night PS 4's and 4's 6:00-7:30 Cafeteria enter by gym
- April 11- TERAC meeting / playgroup 9:00 AM in the FRC
- April 15- 19 Spring Break- FRC Open SAC advanced registration required (Must have 15 children registered to open)
- April 22- Extended Day for 4 year old preschool 10:30 AM -3:00 PM
- April 24- School Spirit day: Numbers

April 26- Early Release Day- Faculty In-Service

- No 4 year old preschool
- -Afterschool Program opens at the end of school for those children enrolled on Friday afternoons (additional \$10.00 fee)

Delays and Cancellations are listed on WFSB. If Tolland Public Schools are closed, FRC is closed.

Please continue to call when your child will be absent or not staying for afternoon programs. Preschool: (860) 870-6750 x 5, BG SAC (860) 870-6750 x 6 or TIS (860) 870-6885 x 3

This newsletter is intended to highlight our programs and upcoming activities. Please visit our webpage frequently for updated information and registration for specific programs! www.tolland.k12.ct.us/community/family_resource_center.

Feel free to email me with any questions! lleibowitz@tolland.k12.ct.us (860) 870-6750 x 30215

Thank you for sharing your wonderful children with us. Their smiles brighten our days. As we turn the calendar to a new month we can see the children growing right in front of our eyes! We hope you will join us for upcoming events and spread the word to neighbors and friends about the amazing Tolland Family Resource Center!

Contact us with any questions or concerns! Compliments are always welcome too!

Laurel Leibowitz and the WONDERFUL FRC Team!

Tolland Community News

Youth Programming

Residents are encouraged to log onto the Town website (www.Tolland.org) to view schedules and information about programs offered through Youth Services, including

FROZEN!

TYSCT Summer Musical - SAVE the dates! Performances - Friday & Saturday, July 26 &27, 2019

7 PM Tolland High School

Registration Forms available online beginning March 28 Audition date to be announced Rehearsals begin Monday, June 24, 6 PM

TYSCT Coffee House 2019 winter/spring schedule:

Friday, May 24 (Auditions: Wednesday, May 15)

Performances: 7 PM Tolland High School café.

The event features original and popular vocal selections performed by area high school youth.

Admission: \$5 and a toiletries item for the Tolland Food Bank.

(Admission includes light refreshments)

For more information about programs and services for Tolland youth and families, residents may contact Nancy Dunn, (860) 871-3612 or nancydunn@tolland.org. Please visit us at www.tolland.org for more information, and watch for press releases about upcoming TYSCT events.

Tolland residents may contact Tolland Human Services for more information about available programs and services, or to inquire about referrals for services.

Contact: Bridget Joy, Administrative Assistant (860-871-3648) or Nancy Taylor Dunn, Assistant Director (860-871-3612)

Hot Chocolate House: May 4 sponsored by Girl Scout Troop 61199 and Tolland Youth Services Community Theatre. Individuals with special needs, Tolland in Middle School age and up are invited to perform their talents. They may register by Monday April 15 by visiting www.tolland.org and searching for "hot Chocolate house" for a registration form. There is no charge to perform.

Admission for our audience is \$5 per person or \$15 per family. Come cheer on these special performers.

Music Together News

Hello Tolland FRC families! Spring "Tambourine" Collection starting in April. Some families enjoy family music time in addition to music in school, or you might have a little one not yet in school - never too early to make music! Our classes are for little ones birth to 5 and the grown-ups who love them. We offer classes right in Tolland on Friday and Saturday mornings as well as other locations around the Tri-Town area! You can find our complete schedule at www.artsfromtheheart.net.





Tolland Family Resource Center Playgroups and Special Events

April 4, 2019 – FRC- **Kindergarten Readiness Night: Raising a Kindergarten Star** – BGP Media Center - 6:30-7:30 PM (Parents Only)

Playgroups *additional yearly \$25 fee for out of town participants

Monday: Morning Fun all ages with Miss Karen free* 9:00-9:45AM

1/7, 1/14, 1/28, 2/4, 2/11, 2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8, 4/22, 4/29

4/1, 4/8, 4/22, 4/29, 5/6, 5/13, 5/20 playground dates in June to be determined

Tuesday: **FRC/Library Playgroup** preschoolers and siblings 1000 Books B4K 10:15-11:15AM free (out of town fee does not apply) 1/8, 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28

Mini Chefs: 1:30-3:00 PM 5/7,5/14, 5/21, 5/28 Birch Grove Preschool Room \$30

Thursday: Artist in Me ages 3-6 1:30 - 3:00 PM \$70 session* (drop in fee \$12**)

4/4, 4/11, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30

Adelante Espanol grades K-5 3:30-4:30 PM \$ 72 per session K-5

4/4, 4/11, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30

Friday: Babies, Toddlers, and Twos ages 0-3 9:00-10:30 AM \$30 session* (drop in fee \$5**)

4/12, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31

^{**}Drop ins welcome as long as program has at least 7 registered.

Spring Play and Learn Activities:

Tolland Family Resource Center Program Registration Form	
Use a separate form for each child/program you are registering for.	
Please print this form, fill out, and mail with check for payment made payable to Tollan Education to: Laurel Leibowitz The Tolland Family Resource Center Birch Grove Primar Rhodes Road, Tolland, CT 06084 lleibowitz@tolland.k12.ct.us Date:registering for:	y School 247
Please include additional \$25 yearly fee for out of town participants. (Does not apply t playgroup)	o the Library
Parent(s)/Guardian(s):	-
Address:	
Phone:Email:	
With whom does child live?	
Primary language spoken at home?	-

Have you participated in playg	roups yet this year? _	Siblings? (ages)	_
Child:	DOB:	Age:	M/F	
Ethnicity:not Hispanic	or LatinoHis	oanic or Latino		
Race (Select one or more of th African AmericanNative H	- · · · · · · · · · · · · · · · · · · ·			AsianBlack o
Any special needs or services?				-
Please list any allergies				-
Is your child fully immunized?	Y/N Does your child	d have medical in:	surance? Y/N	
Office use only: date received Resource Center Program Reg		oaid	check #	Tolland Family
Use a separate form for each of	child/program you are	registering for.		
Please print this form, fill out, Education to: Laurel Leibowitz Rhodes Road, Tolland, CT 0608 registering for:	The Tolland Family Re 34 lleibowitz@tolland.	source Center Bir k12.ct.us Date: _	ch Grove Prima	ry School 247
Please include additional \$25 playgroup)	yearly fee for out of to	wn participants. (Does not apply	to the Library

Parent(s)/Guardian(s):	
Address:	
Phone:Email:	
With whom does child live?	
Primary language spoken at home?	
Have you participated in playgroups yet this year? Siblings? (ages)	
Child: DOB: Age: M / F	
Ethnicity:not Hispanic or LatinoHispanic or Latino	
Race (Select one or more of the following):American Indian or Alaska NativeAs African AmericanNative Hawaiian or other Pacific IslanderWhite	ianBlack or
Any special needs or services?	
Please list any allergies	

Is your child fully immunized? Y/N	Does your child have medical insurance? Y/N
Office use only: date received	amount paid check #

Tolland Middle School Student Government Invites all TIS 5th & TMS 6th graders to a

SESSIONS: 8 one week sessions; Monday-Friday, beginning Monday, June 17, 2019 and ends on Friday, August 9, 2019.

SCHEDULE: 8:00am - 4:00pm. Campers should arrive at Camp no later than 8:40am and be picked up no later than 4:00pm. Please Note: A late fee of \$10 per child per day will be assessed for any child not picked up at 4:00 pm and who is not registered in the Extended Hours Camp. Program.

SIGN-IN AND SIGN-OUT PROCEDURES: A parent or guardian MUST sign-in each child each morning and sign-out upon pick-up. The staff will request identification when someone other than a known parent or guardian picks up a camper. For your child's protection, we ask that you provide us with advance written notice:

- I) If you plan to pick up your child early.
- 2) You authorize someone to pick up your child other than yourself.
- 3) You know your child will be absent from camp on a particular day.

THINGS TO BRING: Bag lunch, thermos or water bottle with plenty to drink, sneakers, hat, sweatshirt, bathing suit(s) and towel, sunscreen, & bug spray. We do not refrigerate lunches, please plan accordingly. Please mark all possessions with the camper's name.

LUNCHES AND SNACK: Lunches are not refrigerated at camp. Campers may choose to buy chips, drinks, ice cream, etc. at the Concession Stand every day. There will be a brief morning snack period, please include a drink and light snack.

MEDICINE: The Recreation Dept. has a registered nurse on site. Any medication must follow the state guidelines of administration. Please contact the main office for further information.

RAINY DAY INFORMATION: In the event of rain, parents will be notified via email and campers are to report to the Tolland Recreation Department located at 104 Old Post Road. Please bring gear to participate in some outdoor activities. Sign-in and sign-out procedures will still apply. End of day pickup will be at the Recreation Department unless you are notified otherwise.

BEFORE CAMP & AFTER CAMP CARE: Before and/or After camp care is available for participants of the Crandall Park Day Camp and will be held at Crandall Park Monday through Friday from 7:30-8:00AM & 4:00 - 5:30PM.

BEHAVIOR: All children enrolled in camp are expected to behave in a proper and respectful manner. We will not tolerate any hitting, name-calling, foul language or any other behavior deemed inappropriate by the staff. In accordance with the severity and frequency of the behavior, the Recreation Department reserves the right to dismiss any child from the program. No refunds will be made in these situations.

SWIMMING: Campers will be swimming in Crandall Park Pond daily weather permitting. Campers will be given a swim test their first time at camp this year to determine their ability to swim out to the raft. Tolland Recreation Department

2019 SUMMER CAMP BROCHURE



GOOD TIMES! LAUGHTER & FUN! REGISTERED NURSE ON SITE! THEMES/SPECIAL EVENTS!

Join the FUN and be a part of the Tolland Recreation Department's Summer Camp!

REGISTER AT: WWW.TOLLANDREC.COM

Registration Process

On-Line: On-line registration will begin March 11, 2019. Log onto the Tolland Recreation Department's website at www.tollandrec.com, click on "Activities", then click on "Crandall's Summer Camp", follow the prompts on our website. It's quick, it's easy and you can register any time of day!

Payments are due in full on-line.

Mail-In: Mail-in registrations are processed the day they are received in the mail. Please fully complete the registration form on-line. Incomplete forms will NOT be processed until all items are received. The Tolland Recreation Department is NOT responsible for lost or untimely mail delivery. Mail the registration form and payment to the Tolland Recreation Department; 21 Tolland Green, Tolland, CT 06084.

Walk-In: Walk-in registration will be accepted at the Parks and Recreation Department beginning March 11, 2019.

ALL REGISTRATIONS ARE DUE BY 12pm ON THE THURSDAY BEFORE A SESSION BEGINS IF SPACE IS AVAILABLE

Payments

Forms Of Payment: Cash, Bank Checks, Personal Checks (payable to "Town of Tolland"), Money Orders, Visa, Mastercard, or Discover Card are accepted.

Refunds/Transfer Policy

Unconditional full refunds if more than 7 days' notice is given prior to the start of the program. Refunds will be given for medical reasons only, upon the receipt of a doctor's note if less than 7 days' notice is received. No refunds or transfers are made once a program has started. There is a \$10.00 charge for any refund transfer you make between programs (note that each session is a different program). If the Recreation Department cancels a program a full re-

fund will be issued.

Crandall's Summer Camp

We strive to engage your child in a variety of activities that include outdoor games, sports, nature, arts & crafts, creative games, swim time and special events. Children should bring a lunch, water bottle (please do not send glass), snacks, bathing suit and a towel each day. Please remember sunscreen and teach your child how to put it on properly. Rainy days will be at the Tolland Recreation Center.

- · Register for camp on-line, by mail, or bring to the Recreation Office
- · Camp Runs Monday Friday and is for children in grades K 9
- When enrolling in the 3 day week option, be sure to choose which three days your child will attend camp
- · Participants are grouped by grade entering Fall 2019
- Deadline for registration is the Thursday prior to the week you wish your child to attend by 12:00pm (Noon).

Crandall's Summer Camp 2019

Day: Monday - Friday; Options: 5 DAYS or 3 DAYS (Must pick 3 days)

Ages: Grades K - 9th

Date: Week 1: June 17 - June 21 Week 2: June 24 - June 28
Week 3: July 1- July 5 (No 7/4) Week 4: July 8 - July 12
Week 5: July 15 - July 19 Week 6: July 22 - July 26
Week 7: July 29 - August 2 Week 8: August 5 - August 9

Location: Crandall Park- (Rain location -Tolland Recreation Department)

REGULAR DAY CAMP HOURS

Time: 8:00am - 4:00pm

(if you need extended hours you must also register for extended hours for each week)

Fee: \$170.00 Res. / \$180.00 Non-Res Regular Day (5 Days)

\$120.00 Res. / \$130.00 Non-Res. Regular Day (3 Days - must pick 3 days)

Register and pay in full on or before May 11, 2018 for all weeks requested to receive a \$10.00 per week discount. Applies to Regular Day Camp ONLY.

EXTENDED DAY CAMP HOURS- (Must be registered for regular day camp hours)

Time: 7:30 am-8:00am/4:00pm-5:30pm

Fee: Additional \$30.00 Res. / \$35.00 Non-Res. (5Day) Additional \$25.00 Res. / \$30.00 Non-Res(3 Days)

REGISTER AT: WWW.TOLLANDREC.COM

Tolland High School Booster Club Fundraiser @ Board & Brush

Want to make your own personalized wood sign?

Come to **Board & Brush** and make any sign in our Gallery!

Choose your own wood sign from our gallery of 100 plus designs! Join our popular workshop and create your own unique wood sign! We customize the materials for you and take you step by step to create a gorgeous piece for your home or for a gift! Choose from a variety of paint colors and wood stain colors in the workshop.

Date: Friday April 26th - 6-9 pm

Location: 27 Quality Ave, Somers CT 06071

Link to register and input information for the sign you wish to make.

https://boardandbrush.com/somers/6719

Beverages and snacks will be provided by THS Booster Club

Karen Moran (4morans@gmail.com) & Jackie Kolb (jackiekolb99@gmail.com)

Please NOTE: We require all participants to register their seats and provide their customization information at least 72 hours before your party. This ensures that we can get your materials ready, custom stencils cut and the studio well-staffed for the event. Please let me know if you have questions.

Here is a small sampling of signs you can make, check out website for more.



REGISTER NOW



GIRLS & BOYS LACROSSE

- Grades K-8 -

To register please go to http://tollandlacrosse.org and click "Registration Online" on the left side navigation panel. There are detailed instructions on how to register on the registration page.

Any questions regarding registration please contact Erin Perryman @ erinperrygirl@yahoo.com

For additional information about Tolland Lacrosse please visit our site or contact the following:

- Boys program contact Damien Berthiaume @ ddberth@gmail.com
- Girls program contact Lance Doyle @ ldtollandlax@gmail.com

http://www.tollandlacrosse.org

Band Home Practice Log

Inside front cover of:

Red Book 1 Standard of Excellence Goal: 60 minutes per week

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total	Parent Initial



- Practice goal: Example: 10 minutes per day x 6 days = 60 minutes; 15 minutes x 4 days = 60 minutes
- 2. Write down # of minutes practiced each day. Use a "0" if you did not practice.
- 3. Write the total # of minutes: the Total should be 60 minutes or more.
- 4. Have your parent or guardian initial the log.
- 5. Plan for and maintain a regular home practice schedule.
- 6. Questions? Concerns? Contact Mrs. Marchesani: nmarchesani@tolland.k12.ct.us 860-870-6885 x 40226

2019 Cider Mill Road Race T-shirt design Contest

CONTEST RULES

GOAL: To have a Tolland school child design the T-shirt for our 19th race!

ELIGIBILITY: Any K-12th grade student may submit a design for a chance to have art work chosen and display on the t-shirt.

- I. Design Requirements
 - A. Design must:
 - 1. Be 8 1/2 x 11 Vertical on white copier paper, equivalents can be used.
 - Drawings must be in black outline. There can be an additional 2 colors used, materials in color or black (felt tip markers, pen and ink) No more than 3 colors including black. (no shading/no pencil)
 - 3. Include a space for our Cider Mill Road Race logo. Approximately 4"x 4"
 - 4. Do not use replicas of copyrighted or registered characters or logos.
 - 5. Be reproducible.
 - B. Each design submitted must show legibly on the back:
 - 1. Student's name
 - 2. School name
 - 3. Student phone number
 - 4. Teacher's name & grade
- II. Contest Procedures
 - A. Each student is allowed to submit one (1) design.
 - B. One (1) BGP design/student, one (1) TIS design/student, one (1) TMS design/student, and (1) THS design/student semi-finalist winners of Contests will be entered in as finalists. One (1) student will have their art work chosen as the t-shirt design and the other runner ups will be given a free entry to the race of their choice (5k, 1 mile or fun run).
- III. Dates and Deadlines
 - A. Deadline to submit t-shirt design to school art teachers is 5/01/19.
 - B. The winner will be announced by 5/30/19.
- IV. Rights and Awards
 - A. All entries become the property of the Cider Mill Road Race Committee and will not be returned.
 - B. The decision of all judges will be final. The contest will be judged by the Cider Mill Road Race Committee.
 - C. If you have any questions please ask your art teachers (they may be available to help you after school on this contest) or call the Director at (860)-872-6787 Kelly Pabilonia

Or email me at kellypabilonia@yahoo.com

Sincerely,

Kelly Pabilonia (Director)



The End