

April 2023

Vernon Elementary School

This Institution is a equal opportunity provider.
 .**Vegetable Bar every Tuesday N Thursday. Juice is 100%.
 Menus Subject to change. Milk Served with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnabon, Yogurt, Cereal Peaches, Milk ***** Ham, Spinach Wrap Baked Beans Peas N Carrots. Peaches, Milk	4 Scrambled Eggs, Potatoes, Sausage, Pears, Toast, Milk ***** Taco Tuesday Spanish Rice, Beans Lettuce, Tomatoes, Diced Pears, Milk	5 Chorizo Breakfast Burrito, Applesauce, Milk ***** Garlic BreadsticksW/ Marinara, Steamed Broccoli, Carrots, Cinnamon Apples, Milk	6 Biscuit W/ Gravy, Sausage, Peaches, Milk ***** Cooks Choice(chicken n noodle), WG Rolls Veggie Bar, Peaches, Milk	* * * * *
10 Pancake on a Stick Peaches, Milk ***** Chicken Tenders W/Rice, Steamed Broccoli, Baked Beans, Peaches, Milk	11 Diced Ham Scramble, Toast, Oranges, Milk * * * * * Green Chili Pork Burrito, Spanish Rice, Refried Beans, Pears, Milk	12 Egg, Sausage Quiche Toast, Apples, Milk ***** Fish Sticks W/Tartar Sauce, Mashed Potatoes, Corn, Carrots, Applesauce, Milk	13 Biscuit w/Sausage Gravy, Peaches, Milk * * * * * Turkey Sandwich Macaroni Salad Veggie Bar,, Peaches, Milk	* * * * *
17 French Toast, Sausage, Blueberries, Milk ***** Spaghetti W/Garlic Bread, Steamed broccoli, Carrots Peaches, Milk	18 Scrambled Eggs, Potato, Oranges, Milk ***** Pork PozoleW/Cabbage WG Tortillas, Veggie Bar, Peaches, Milk	19 Diced Potato Scramble, Toast, Apple, Milk ***** Hamburger W/Pickles, Lettuce, French Fries Corn, Apples, Milk	20 Biscuit W/Sausage Gravy, Peaches, Milk ***** Barbecue Pork Sandwich Baked Beans, Veggie Bar, Peaches, Milk	
24 Cereal, Toast, Peaches, Milk ***** Beef Stroganoff, Steamed Broccoli, WG Roll, Mixed Vegetables, Peaches, Milk	25 Breakfast Burrito/ Salsa, Mixed Fruit, Milk ***** Bean Burrito w/Salsa, Spanish Rice, Veggie Bar, Diced Pears, Milk	26 Diced Ham Potato Scramble, Toast, Oranges, Milk ***** Chicken FajitaW/Bell Peppers, Baked Beans Carrots, Apple, Milk	27 Biscuit W/Gravy, Sausage, Peaches, Milk ***** Beef Hot Dog W/Relish French Fries, Veggie Bar, Peaches, Milk	