

Dear Fourth Grade Parent,

The Connecticut State Department of Education requires that students in the elementary school have two years of instruction in AIDS education. This year, as part of the 4th grade Health curriculum, your child will be learning developmentally appropriate information about AIDS. These lessons are intended to help your child develop an awareness of the subject and make appropriate decisions that will help him/her lead a healthy life-style.

We will focus on the following objectives:

AWARENESS AND ATTITUDES - *The students will:*

- a. Be aware that almost everybody is sick sometimes.
- b. Talk with a trusted adult if worried about AIDS.
- c. Know that they do not have to be afraid of catching AIDS from casual contact with another child or adult who has AIDS.
- d. Develop positive self-esteem, which will reduce high-risk behavior.

HEALTH PRACTICES - *The students will:*

- a. Know where diseases originate.
- b. Know how diseases are spread.
- c. Learn about their immune system and how to strengthen it.
- d. Learn about AIDS as a special disease.
 - Understand the role of blood in AIDS transmission.
 - How to protect themselves.
 - Differentiate between facts and rumors.

I hope that you will also reinforce these attitudes and practices at home. Please complete the permission form below and return it to me by _____. If you have questions about these lessons, please feel free to call me or my principal.

Sincerely,

Child's Name: _____

Do you give permission for your child to take part in the AIDS lessons? ____YES ____NO

(Parent Signature)

(Date)