



*Strive for the impossible, and be extraordinary!*

Dear Parents,

September 23, 2016

The sports seasons wrapped up this week and ACP was well represented. Our baseball teams made tremendous growth over the course of the season. Our flag football team ended its season with the best record in the history of ACP. Our girls' volleyball teams both advanced to the EVC Championships being held on Monday. The 7<sup>th</sup> grade volleyball team will play the Bogle Bulldogs at ACP-Erie at 4:30 pm. The 8<sup>th</sup> grade volleyball team will travel to Payne to take on the Panthers at 4:30 pm on Monday as well. We will do our running of the champions on Monday to send our girls off to the championship game in style. We are going to have a PURPLE out on Monday to show our support for these tremendous student athletes. Please make sure you have your purple ACP Polo ready for Monday.

We are very excited to say that our Healthy Families, Healthy Youth night event for 7<sup>th</sup> grade students and parents is back on for Thursday October 27<sup>th</sup> from 5:30-8 pm. We're planning a great event that will include valuable and relevant presentations on early youth substance use prevention and healthy choices. Dinner and dessert will be provided along with super fun incentives for the students who come. Spots will fill up fast so please click on the link below to sign up or contact Mr. Alcalá for more information at [alcala.antonio@cusd80.com](mailto:alcala.antonio@cusd80.com) or 480-224-3939.

<https://goo.gl/forms/1VdxnWsUA5vfavC02>

We also had our first parent book study of the year. A huge thank you to Ms. Grimes and Mr. Alcalá who helped facilitate an event that celebrated our parents desire to be lifelong learners. We will keep you posted on the book selection for our next book study which is scheduled to take place in April. If you have a suggestion for a book, please shoot me an email and I will add it to the list of books that we are investigating.

Speaking of books and thinking about the end of the 1<sup>st</sup> nine weeks of school, I would like to share with you a small finding from Angela Duckworth's book *Grit*. Grit is the quality that some people have to be resilient and to bounce back when things get tough. How do we teach that? We tell our new families that it takes about nine weeks for students to incorporate the lessons we teach in our academic lab class, figure out time management, and learn how to utilize the Cornell notes to study for tests. I think it's the break that helps crystalize students' understanding of what they need to do to be successful. Why?... I think it has to do with the fact that they start over.

When students step back on campus in October, they have all A's again. It's a good opportunity to hit the reset button and apply all of the learning that they obtained from the missteps that they have taken along the way. Dr. Duckworth says students will get the most out of this "reset" period by applying one simple human attribute - EFFORT. In fact, she has come up with an equation that helps define how essential effort is to achievement. Dr. Duckworth states that Talent X Effort = Skill. Talent is a starting point. However, the amount of effort we apply multiplies our talent to provide us with the skills that we are trying to learn. In addition, Dr. Duckworth states that Skill X Effort = Achievement. That means that effort counts twice.



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If you want to do a little algebra and practice some substitution you get:  
 $Achievement = Talent \times Effort^2$ . We can't control the amount of talent we start off with, but we can control our effort. Helping students focus on what they can control, effort, will result in huge gains later in life.

Students will struggle at some point in school, career, or personal life. Focusing on what you can control was one of the ways that you can develop a growth mindset. *Mindset* by Carol Dweck was the topic of our first parent book study. The sooner they realize that the only thing that they can control is their effort, the sooner they take ownership of the obstacles that stand in their path. I believe it is why John Wooden, UCLA's basketball coach from 1948-1975, was such a powerful coach and educator. He is a leader that our students studied on our early release day. He encapsulates the need for effort in one of my favorite quotes: "If you don't have time to do it right, when will you have the time to do it over?" If you want to see how educators are using the work of Duckworth and Dweck, I encourage you to look at the latest nova special entitled, *School of the Future*. If you are not proud of your geek heritage and don't DVR Nova, you can find a link to the program here:

<http://www.pbs.org/wgbh/nova/body/school-of-the-future.html>

We should be looking forward to the upcoming break and the realization that we are about to hit the reset button. Coach Wooden has a quote for that too: "Today is the only day. Yesterday is gone."

Sincerely,

Jayson Phillips  
Principal – ACP Oakland



# Arizona College Prep - Oakland Campus

Upcoming Events: Sept 26 thru Sept 30 2016

Buy Your Yearbook Online Now thru 12/31/2016 Go to: [www.JostensYearbooks.com](http://www.JostensYearbooks.com)

**Please Note - Student's Must Sign-up To Attend Power Hour Prior to Attending**

Monday September 26 2016	Event:	Time(s):		Location:	Notes:
	7th - Girls Volleyball Game	4:30	Home	Erie	Tournament vs Bogle
	8th - Girls Volleyball Game	4:30	Away	Payne	Tournament vs Payne
	<b>Come Support ACP in the Championship Game!</b>				

Tuesday September 27 2016	Event:	Time(s):		Location:	Notes:
	Power Hour	2:50	3:50	Room M2	Magel's Room
	Quarter 1 Sports Reception	5:30	6:30	Cafeteria	ACP Oakland

Wednesday September 28 2016	Event:	Time(s):		Location:	Notes:
	Power Hour	2:50	3:50	Room 20	Oliden's Room
	Banquet for Volleyball Teams			Cafeteria	

Thursday September 29 2016	Event:	Time(s):		Location:	Notes:
	Power Hour	2:50	3:50	Room 9	Kaiser's Room

Friday September 30 2016	Event:	Time(s):		Location:	Notes:
	<b>Quarter 1 Grading Period Ends</b>				

## On The Horizon:

- \* 10/19 Students Return from Fall Break
- \* 10/19 & 10/20 No Block Days

