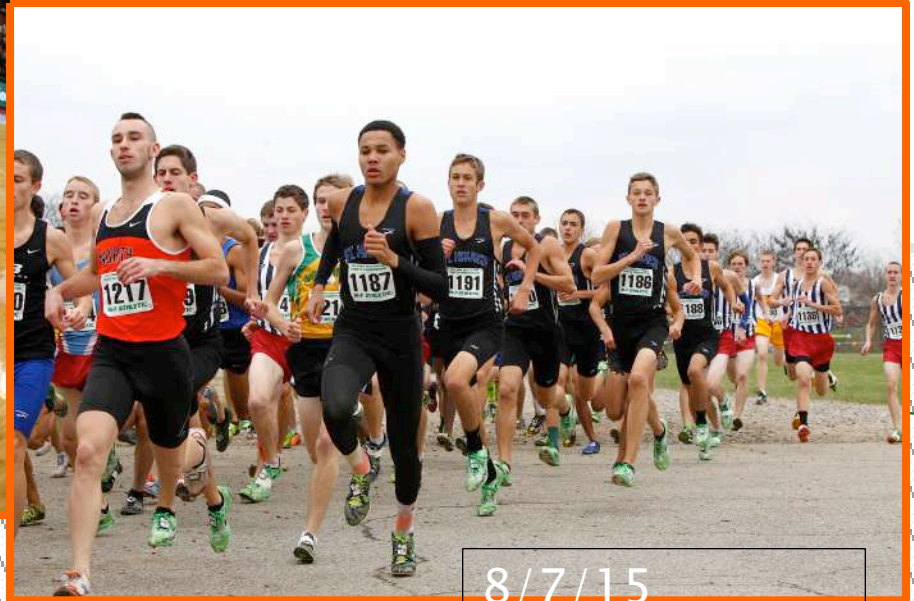




SCHOOL ATHLETIC

ASSOCIATION

Information for
2015-16 Preseason Meetings



8/7/15

Welcome to the 2015 - 2016 Fall Sports Season

Agenda for tonight's meeting:

- ❑ MHS Website (John Dragas, AD)
 - Announcements/Schedules/Directions/Forms
- ❑ 'Pay to Participate' Guidelines
- ❑ OHSAA Bylaws: Eligibility GUIDE (including grades)
- ❑ Sportsmanship Principles
- ❑ Injury Precautions: Concussions/Heat Exhaustion/
Skin conditions/ Return from injuries/ Treatments

❑ **Click to edit Master subtitle style**
This meeting is a mandatory requirement for the year
regardless of how many sports or if you don't play until
the winter or spring



Pay to Participate Guidelines

- ❑ No changes in fee structure for 2015–2016
 - refer to website on athletic home page
 - \$125/75/50 fees for three sport seasons

- ❑ One additional guideline was added last year:

Beginning with the 2014-2015 school year, the athletic fee for that sport must be paid in full for the upcoming season before an athlete can participate in the first contest of the regular season; Any fees from previous seasons must be cleared by graduation your senior year.

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Why Interscholastic Athletics & OHSAA Beliefs



8/7/15



• Why Interscholastic Athletics &

OHSAA Beliefs •

- Participation in interscholastic athletic programs:
 - Compliments your school
 - Fosters a sense of community and teaches lifelong lessons of hard work, teamwork, citizenship and discipline.
 - Promotes a lifetime appreciation for sports and healthy lifestyles.
- Participation in interscholastic athletic programs is a privilege, not a right.

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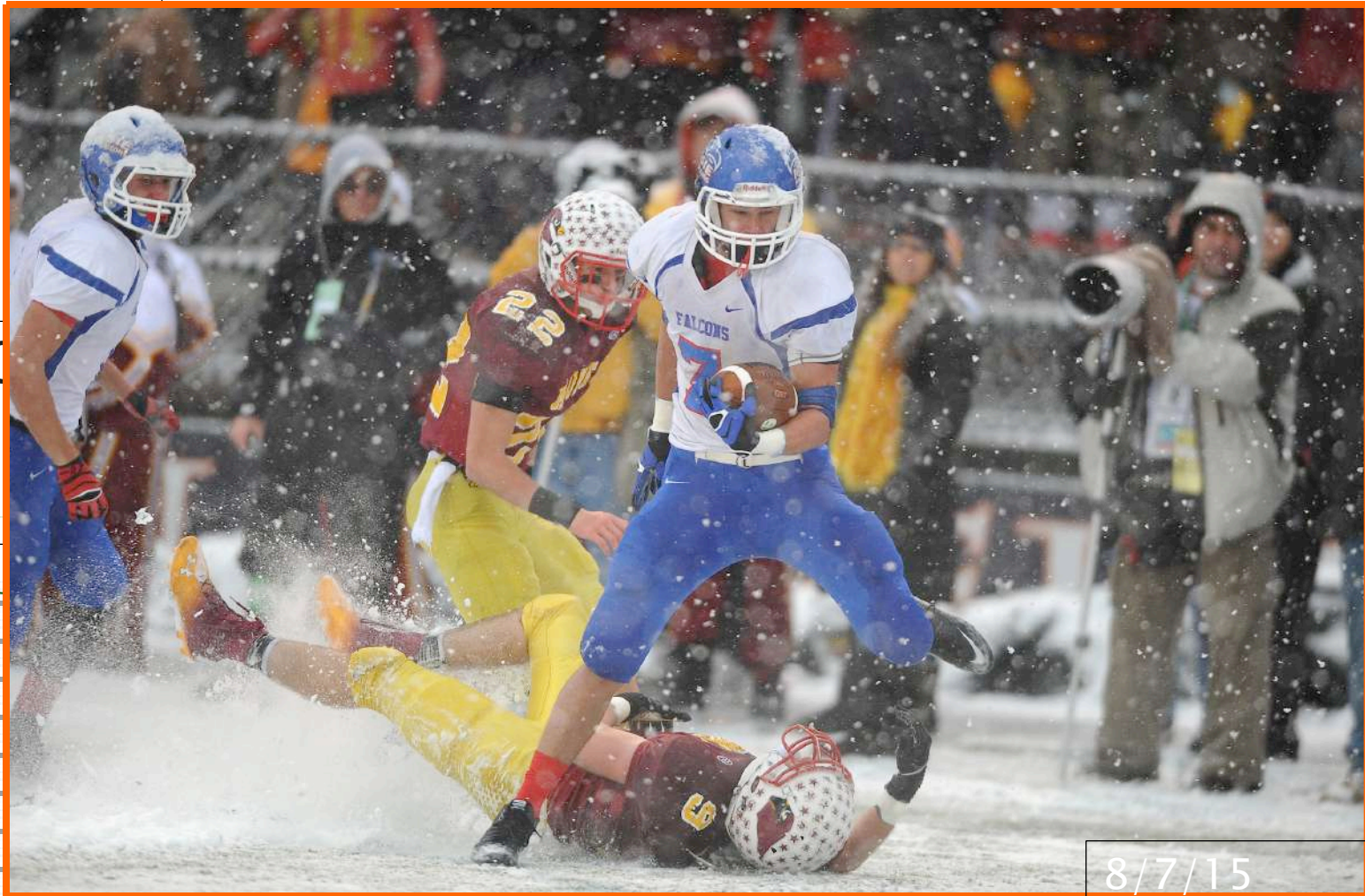
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Basic OHSAA Rules & Regulations



8/7/15



• General OHSAA Eligibility Standards

- Eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of education-based athletics.
- As a student-athlete, YOU are responsible for your compliance.
- Besides OHSAA regulations, your school has the authority to establish additional academic standards and codes of conduct.

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8/17/14



• General OHSAA Eligibility Standards

- **Click to edit the outline text format**
- ▶ In order to maintain eligibility, you must be officially enrolled in an OHSAA member school, or participating in accordance with state law, AND you must have both parents living in Ohio (or the parent with custody, due to divorce or having never been married, lives in Ohio).
- ▶ You will not be eligible if you are competing under a false name or have provided your school with an incorrect home address.
- ▶ You will not be eligible if you have been recruited to attend this school.

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• OHSAA Scholarship Standards •

- ▶ All incoming ninth graders must have received passing grades in a minimum of five of the subjects in which they received grades in the immediately preceding grading period.
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- ▶ To maintain eligibility, high school students must have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period.
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*Does your schedule meet OHSAA
eligibility requirements??*

- ❑ There is a TWO prong test at the beginning of each quarter:
 - 1) Each student has to have passed 2.5 credit from the previous quarter (4th);
 - 2) Each student must be carrying at least 2.5 credits in the current quarter (1st);



• OHSAA Scholarship Standards •

▶ Students taking College Credit Plus must comply with OHSAA scholarship standards.

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▶ All students participating via state law that permits home educated, non-public, community and STEM school students to participate at public schools must also comply with OHSAA scholarship standards.

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▶ Semester and yearly grades have no effect on OHSAA eligibility.

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• OHSAA Scholarship Standards •

- ▶ To attempt to regain OHSAA eligibility, summer school grades may NOT be used to substitute for failing grades received in the final grading period of the regular school year or for lack of enough courses taken the preceding grading period.
- ▶ If you drop a course or change your schedule, it is critically important that you contact your principal or athletic administrator to see if this affects your eligibility.
- ▶ The OHSAA has no minimum grade point (GPA) requirement, thus issues regarding eligibility when only the state-mandated GPA is of concern are strictly a local school district matter and not an OHSAA matter.

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• OHSAA Semester Standards •

- ▶ No high school student will be eligible if he or she has been enrolled in high school for more than eight semesters.
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- ▶ No 7th–8th grade student will be eligible if he or she has been enrolled in 7th–8th grade for more than four semesters.
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• OHSAA Age Standards •

- ▶ High school students will be ineligible whenever they turn 20 years old.
 - ▶ Seventh- and eighth-grade students who turn 15 before August 1st are also ineligible for 7th and 8th grade sports but ARE eligible to participate in high school athletics.
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• OHSAA Non-School Team & Out-of-

Season Standards •

- ▶ You will be ineligible if you are competing on a non-school team in the same sport during your school team's season (example: soccer season).
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- ▶ Coaches and schools cannot require that you participate in an open gym/open facility OR in a conditioning or instructional program. Violations of this regulation will result in penalties.

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• OHSAA Non-School Team & Out-of-

Season Standards •

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- ▶ There are certain restrictions regarding tryouts, practices and competitions with non-school teams before, during and after the school season.
- ▶ There are also restrictions for instruction you can receive from school coaches outside of your season.
- ▶ Before participating with a non-school team or receiving instruction outside the season from your school coaches, meet with your athletic administrator or visit the OHSAA website (www.OHSAA.org) to ensure all regulations are being followed.

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• OHSAA Amateur Standards •

- ▶ You could lose your amateur status and forfeit your eligibility if you compete for money or other monetary compensation OR capitalize on your athletic fame by receiving money, merchandise or services or by entering into an agreement with a professional team or agent.

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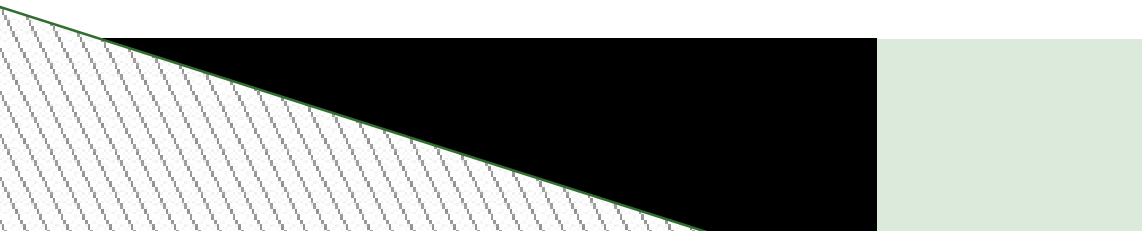
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• OHSAA Transfer Standards •

- ▶ Once eligibility has been established at a member high school and you transfer to another school, you will be ineligible for all contests until the first 50 percent of the maximum allowable regular season contests have been competed in any sport in which you participated during the previous 12 months.

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• OHSAA Transfer Standards •

- ▶ Should you have transferred to this school, you must ensure all required paperwork has been submitted to the OHSAA AND the state office has granted approval for eligibility.

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- ▶ Immediate eligibility will be granted only if one of the exceptions to the OHSAA transfer regulation has been met.

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- **General OHSAA Eligibility Standards**

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- ▶ There ARE exceptions to some regulations. If you believe you qualify for an exception or you have questions pertaining to your eligibility of the regulations, please consult with your school principal or athletic administrator.
- ▶ Ask your school principal or athletic administrator to discuss any unresolved issues with the administrators in the OHSAA office who handle eligibility issues.



Your Health & Safety



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8/7/15



• Your Health & Safety •

- ▶ Before the season's first practice, you must have had a physical examination within the past year AND an examination clearance form must be on file at the school.
- ▶ You and your parents are highly encouraged to work with your certified athletic trainer and/or athletic administrator to complete an electronic preparticipation evaluation form that was developed for the OHSAA by PrivIT and called the PrivIT Profile. This Profile is now the OHSAA standard.

[\(http://privit.com/privit-products/privit-profile/\)](http://privit.com/privit-products/privit-profile/)

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• **Your Health & Safety** •

- ▶ In addition, you will not be eligible to compete for your school if you have not signed the OHSAA Authorization Form, the OHSAA Eligibility & Authorization Statement and the Ohio Department of Health's concussion information form, all of which must be on file at your school. These forms can be e-signed within the PrivIT Profile.
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• Concussions •

- ▶ It is EXTREMELY important for everyone involved in school sports to recognize the potential dangers associated with concussions and review their responsibilities in protecting student-athletes.
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- ▶ Concussions are NOT just a problem in football; concussions can happen in just about any sport!
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- ▶ A concussion is a traumatic brain injury that interferes with normal function of the brain. “Dings” and “bell ringers” are SERIOUS brain injuries and you do NOT have to have loss of consciousness for it to be considered serious. Young athletes are at increased risk for serious problems.
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• Concussions •

- ▶ In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems shall be **IMMEDIATELY** removed from the contest or practice and shall not return to play that same day.
- ▶ Thereafter, the student shall not return to practice or competition until cleared with **WRITTEN AUTHORIZATION** from a physician or healthcare provider approved by the local board in accordance with state law.

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• Concussions •

- ▶ Each school is required to review its concussion management protocol with you and your parents.
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- ▶ In addition, you and your parents must review and sign the Ohio Department of Health's "Concussion Information Sheet" prior to participation, and you are highly encouraged to review a short presentation on concussions available at no cost (www.nfhslearn.com).
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• Concussions •

- ▶ While return-to-play policies are very important, parents must also work with school administrators and teachers in developing concussion management guidelines for student-athletes who have been concussed and are returning to the classroom (i.e. Return to Learn).

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Questions, concerns or further information . . . Please contact:

Sherrie Northrup, Athletic Trainer
from Lake Health systems
(440) 813 - 4648 (cell #)

8/7/15



• Additional Health & Safety

Guidelines •

- ▶ The OHSAA does not permit the use of any form of alcohol, tobacco or illegal drugs.
 - ▶ Besides the health risks involved, use of any of these items will result in students being disqualified from contests and violators likely facing additional school and legal penalties.
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• Additional Health & Safety

Guidelines •

- ▶ Another prominent issue is the use of performance enhancing supplements.
- ▶ The increased availability of these items allows students easy access to a wide variety of products aggressively marketed to include promises — endorsed by faulty research claims — of extraordinary weight loss, explosive power or tremendous strength gains.
- ▶ It is important for parents to educate themselves about what substances their child may be using and about the potential risks involved with uneducated supplement use.

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• Additional Health & Safety

Guidelines •

- ▶ Beyond performance enhancing supplements, there are additional issues related to illicit drugs, such as anabolic steroids and some prescription drugs used with the goal of aiding performance.

- ▶ The OHSAA website (www.OHSAA.org) provides a wealth of information to assist parents, coaches, students and anyone interested in learning more about sports medicine and healthy lifestyles.

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Sporting Behavior



8/7/15

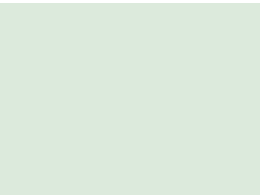
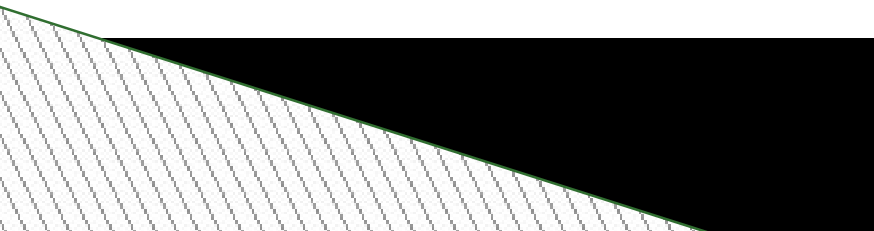


• Respect The Game •

▶ The OHSAA's vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, contest officials, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the value of ethics, integrity, equity, fairness and respect.

▶ As a student-athlete, you must always remember to Respect The Game!

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• Respect The Game •

- ▶ That means you are expected to accept the responsibility and privilege of representing your school and community while participating in school sports. You are expected to:
 - Treat opponents, coaches and officials with respect.
 - Ensure that your actions do not indicate a lack of respect for other participants or attempt to embarrass, ridicule or demean others.



More on the OHSAA

Click to edit





• **Organization Helping Student-**

Athletes Achieve •

- ▶ Like the other 825 public and non-public high schools and approximately 800 7th and 8th grade schools, your school has volunteered to become a member of the Ohio High School Athletic Association.
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- ▶ Ohio is one of the top ranked states in the country with over 350,000 high school students competing in 24 sanctioned sports.



• Organization Helping Student-Athletes Achieve •

▶ For many of you, playing on your school teams may be the last time you will participate in competitive athletics.

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▶ The OHSAA wants to make sure your time as a high school student-athlete is meaningful and memorable.

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• Organization Helping Student-Athletes Achieve •

- ▶ Key OHSAA initiatives:
 - Establishing and regulating regular season and tournament standards in order for competition to be fair and equitable
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 - Administering exceptional post-season tournaments.
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 - Fifth Outline Level



• Organization Helping Student-

Athletes Achieve •

- ▶ Other key OHSAA initiatives:
 - Providing annual scholarships totaling over \$100,000 to students who excel in athletics and academics.
 - Licensing, registering and training nearly 17,000 contest officials.
 - Ensuring coaches are certified to work with student-athletes through an ongoing coach education program.

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Outline



Organization Helping Student-Athletes Achieve

- ▶ The OHSAA has had a tradition of excellence for over 100 years, with our ultimate purpose to promote fair play, good citizenship, academic success, ethics and fair play in safe and sporting environments.
- ▶ For more information and additional resources, visit the OHSAA website (www.OHSAA.org) and follow us on Twitter (twitter.com/OHSAASports) and Facebook (facebook.com/OHSAA).
- ▶ Have a great season!

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LOCATIONS to meet w/coaches

Football – Gym

Volleyball – Lecture Hall

Boys Soccer – Cyber Café

Girls Soccer – 101

Girls Golf – 103

Boys Golf – 202

Girls Tennis – 204

Boys/Girls CC – 173

Cheerleaders – Choir Room

MMS – Mr. Dragas (Café)

***Sign-up for BINGO – Mrs. Mann (Café)

8/7/15