

Question:

How do your feet know when to move when you want to walk?

Answer:

Your Nervous System

Neuroscience

 Neuroscience – is the study of the brain and the nervous systems, including structure, function, and disorders.

 Neuroscience is a relatively new field. New information is always being discovered and there are still many unexplained mysteries of the brain.

The Nervous System

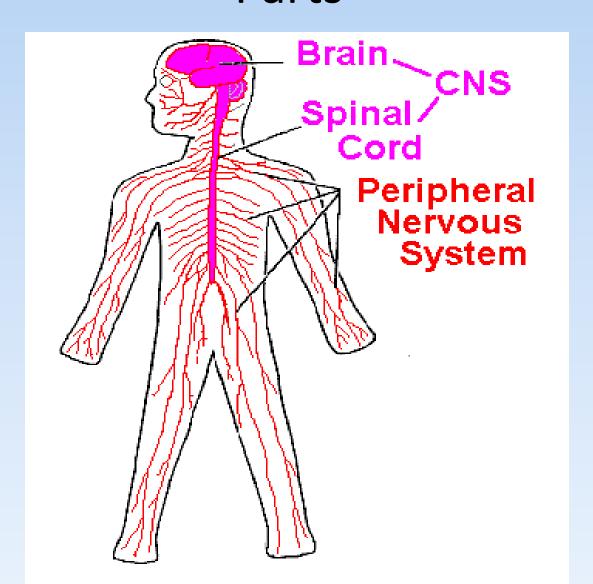
 The nervous system is the part of an animal's body that coordinates its voluntary and involuntary actions and transmits signals between different parts of its body.

The Nervous System

- Involuntary actions
 - Blinking
 - breathing
 - Digestion

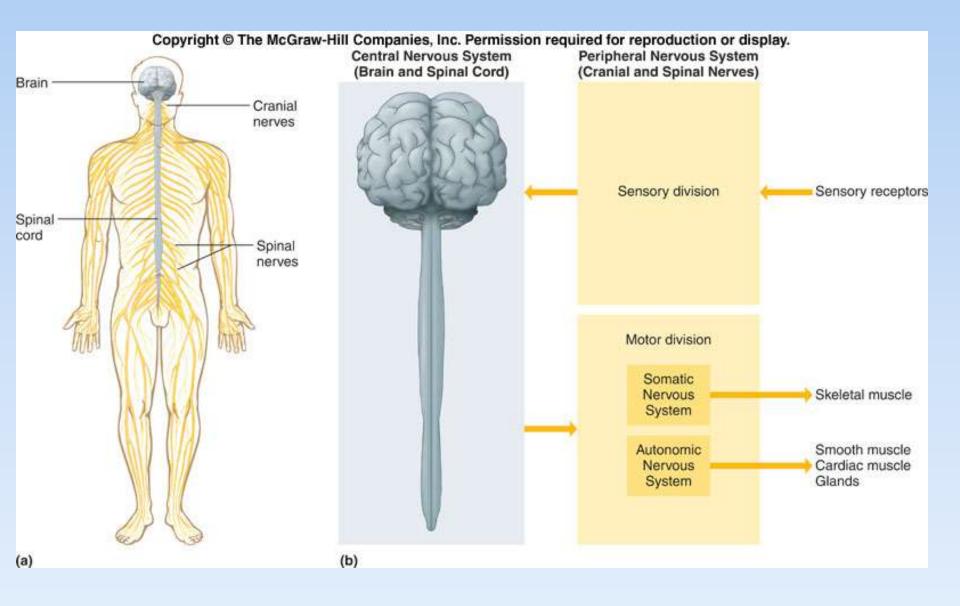
- Voluntary actions
 - Moving of the arms and legs
 - Eating

The Nervous System is Split Into Two Parts



The Nervous System

- The nervous system provides sensory, integrative, and motor functions to the body.
 - Motor functions can be divided into the consciously controlled somatic nervous system and the unconscious autonomic system.



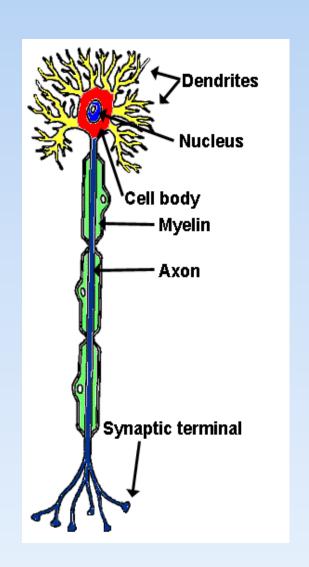
General Functions of the Nervous System

- Communication and coordination
 - Adapt and respond to changes from both inside and outside the body
- Site of reasoning- your brain

- Two main divisions
 - Central nervous system (CNS): brain and spinal cord
 - Peripheral nervous system- the nerves

The Neuron

- Basic structural unit of the nervous system is the Neuron
- Neurons are microscopic nerve cells that make up the brain, spinal cord, and nerves
- 30,000 Neurons can fit on a pinhead

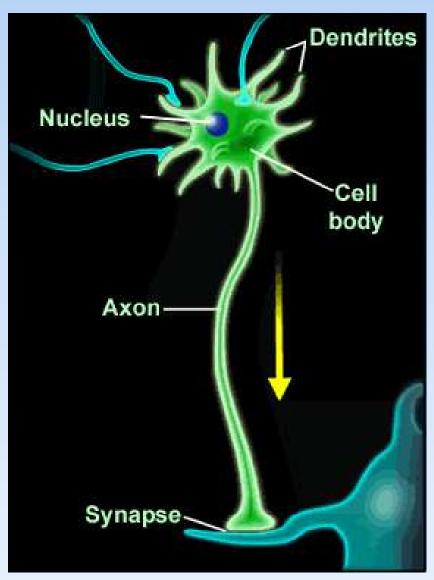


Anatomy of the Neuron

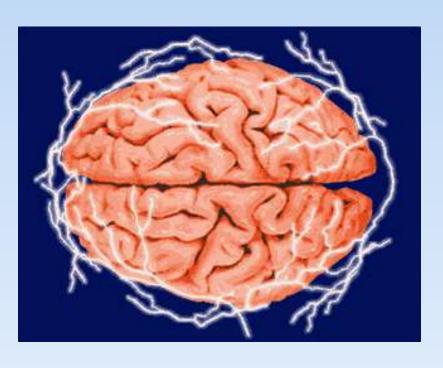
- Cell Body with Nucleus
- Dendrites- fibers that receive messages from other neurons
- Axon- fibers that send messages to other neurons
- Myelin sheath- Membrane around the axons

Anatomy of the Neuron

- Synapse -Neurons do NOT touch; there is a gap between them called a synapse
- Neurotransmitters Special chemicals that
 are send messages
 across the synapses



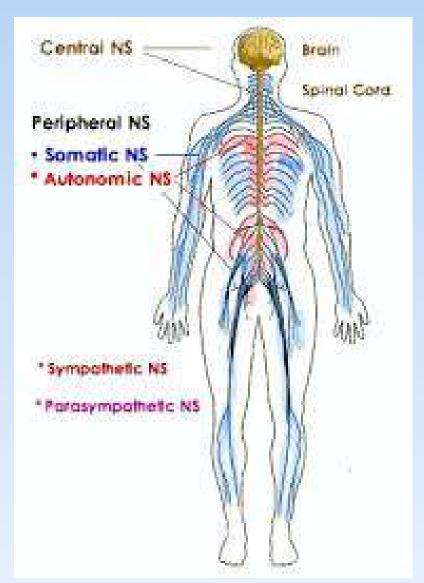
Communication Between Neurons



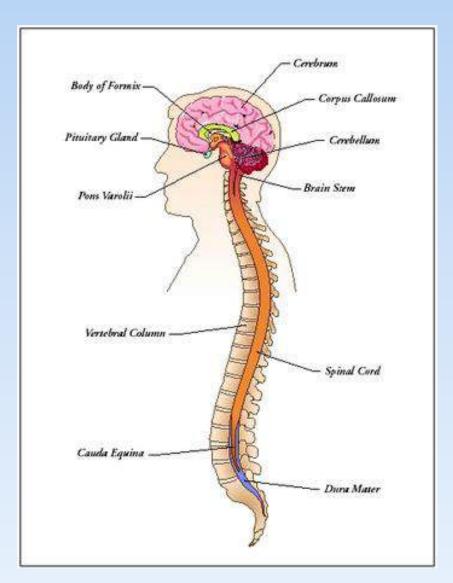
- The use of neurotransmitters causes an electrical current to be transmitted
- There is enough electrical current in the brain to power a flashlight

Two Parts of the Nervous System

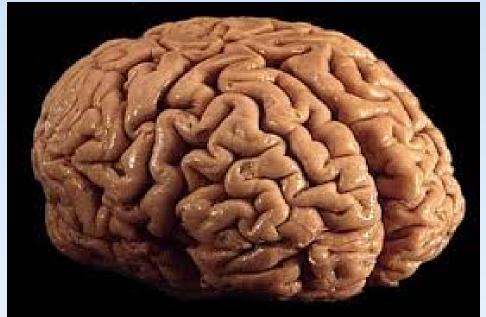
- The Nervous are split into two parts
 - The Central Nervous System (CNS)
 - Peripheral Nervous System (PNS)



- The Central Nervous System is composed of the brain and the spinal cord.
- It is the major information processing center of the body.



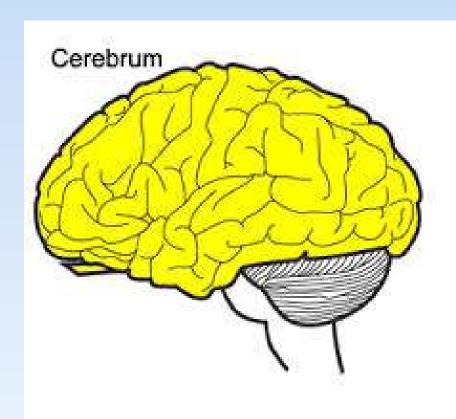
- Brain a mass of 100 billion neurons located inside the skull
- Learning occurs as more and stronger connections are made between neurons



 The brain is both the integrator and director of information through our bodies.

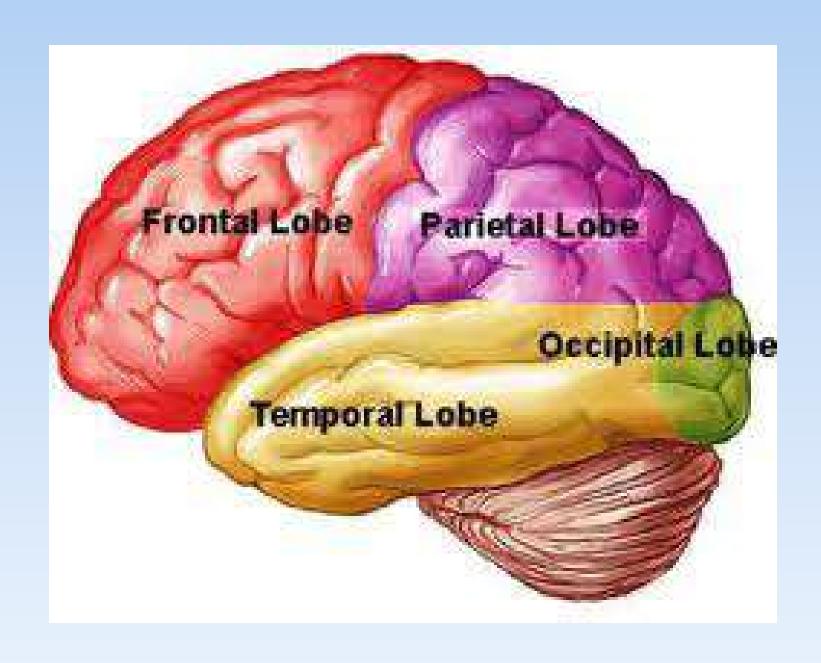
 Our brain devotes most of its considerable volume, energy, and computational power to processing various sensory inputs.

- Parts of the Brain
 - Cerebrum : largest part of human brain
 - Responsible for:
 - Thought
 - Language
 - Senses
 - Memory
 - Voluntary movement

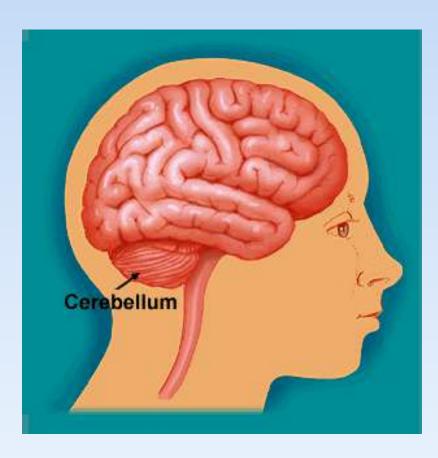


- The Cerebrum is further split into four parts
 - Frontal Lobe
 - Control of voluntary muscles
 - Concentrating, planning, and problem solving
 - Planning
 - Speech
 - Temporal Lobe
 - Combines visual and auditory information

- Occipital Lobe
 - Visual recognition
- Parietal Lobe
 - Understanding Speech
 - Receives sensory information

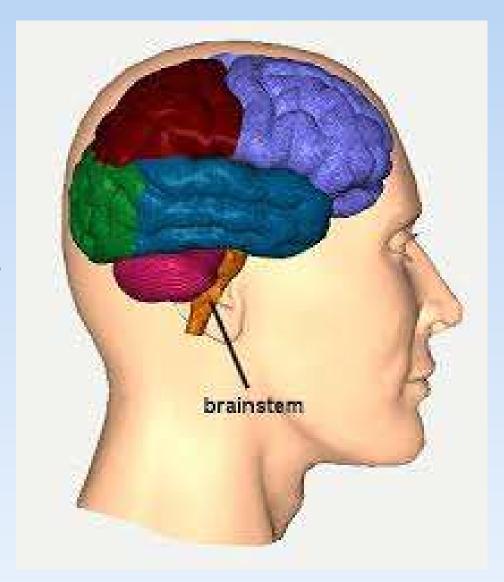


- Cerebellum is located at base of brain
 - Responsible for:
 - Muscle coordination
 - Balance
 - Posture



The Central Nervous Center

- Brain Stem beneath the cerebrum and in front of the cerebellum.
- Connects the brain to the spinal cord; controls life functions
 - circulation, breathing,
 digestion, sleeping,
 heart rate and controls
 all involuntary muscles



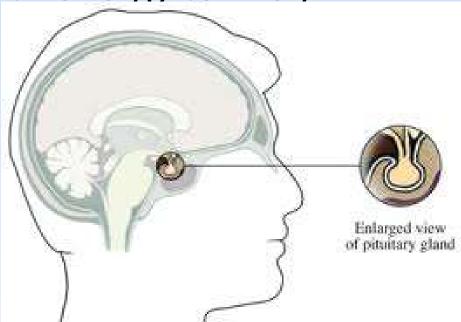
- Spinal Cord Column of nerves from brain to tailbone – protected by vertebrae of spine
 - Responsible for:
 - Conducting impulses between the brain and the rest of the body

*Impulses may travel as fast at 268 miles/hr

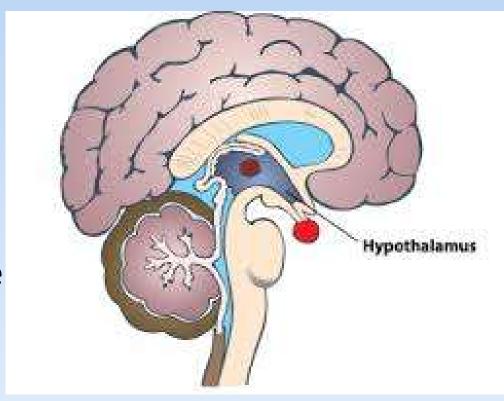
 Pituitary Gland: pea size; produces and releases hormones for growth and puberty.

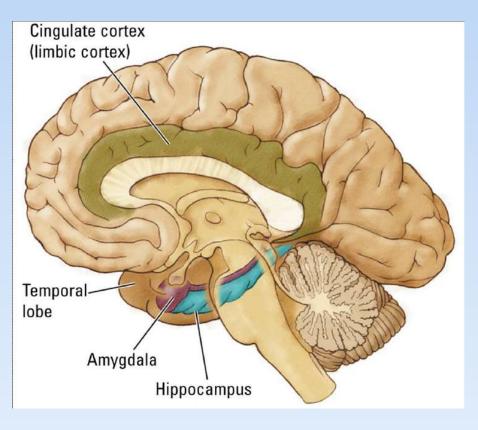
Also important for metabolism (supplying your

body with energy to live.)



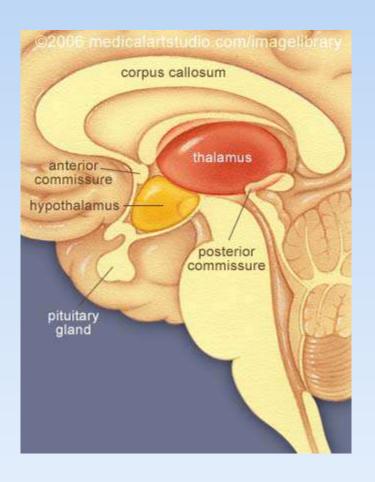
- Hypothalamus: like a thermostat, controls body temperature to approximately 98.6
- Makes you sweat or shiver to get back to the right temperature.

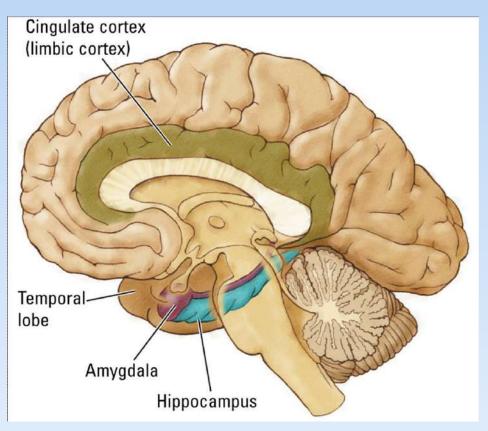




- Hippocampus: lies deep inside your brain; important to memory and learning.
- It's where the brain converts to long-term memory.

- Thalamus: On top of the brain stem; it's a two-way relay station;
- Takes information to/from the spinal cord and the cerebrum

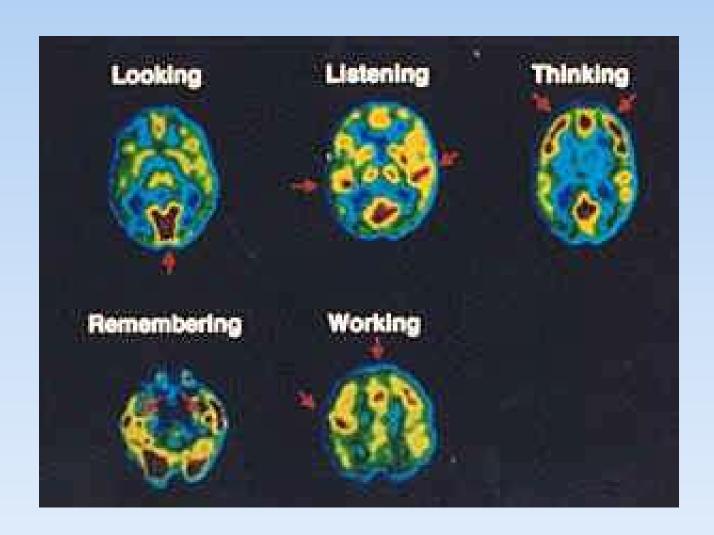


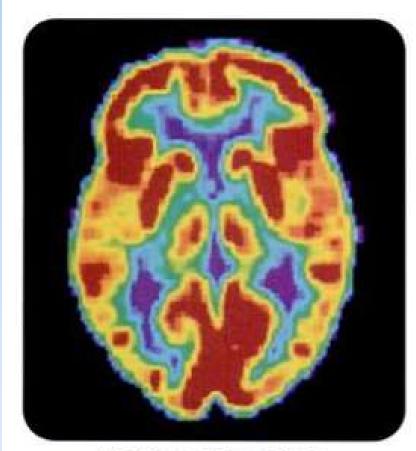


- Amygdala: a cluster of cells on each hemisphere of the brain.
- Controls emotions, especially fear, anger, and fight or flight/stress reaction.

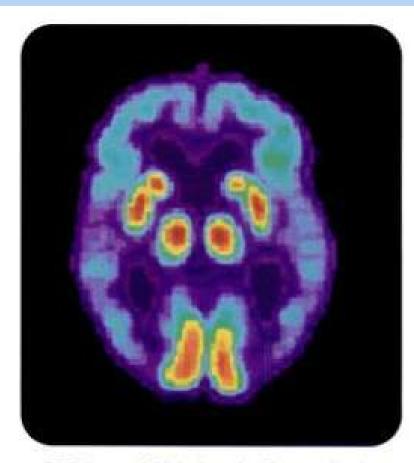
 Not all of the body's motor responses travel through the brain for processing.

 The spinal cord alone is able to direct simple reflex actions, such as a knee jerk reflex.

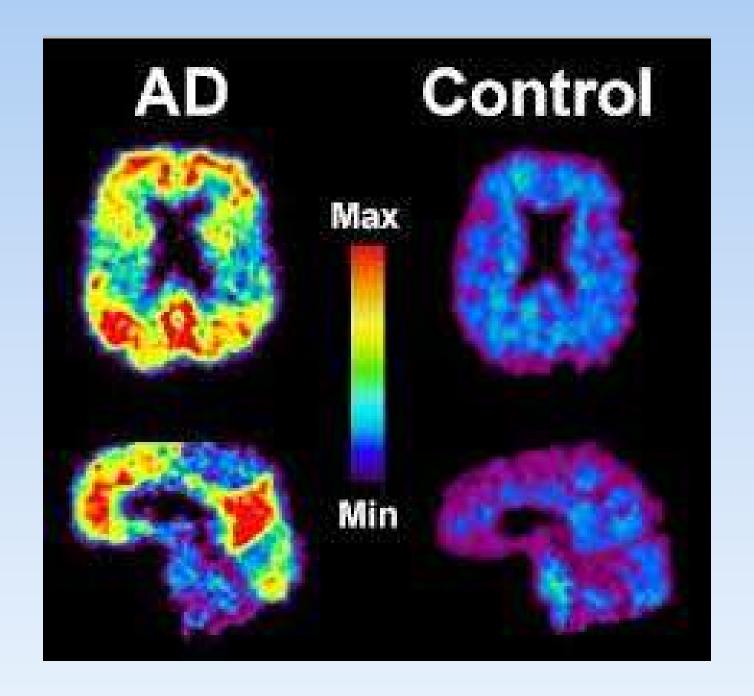


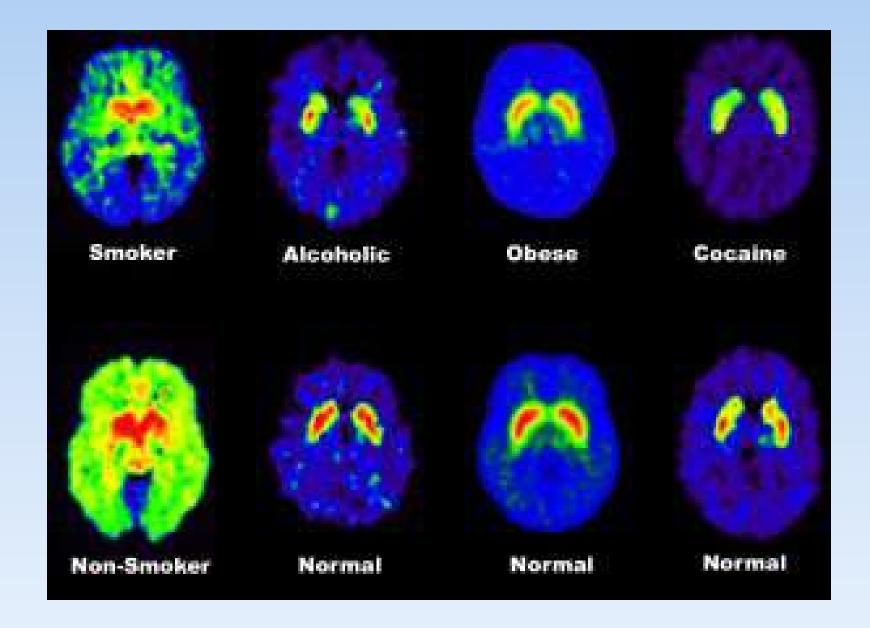


PET Scan of Normal Brain

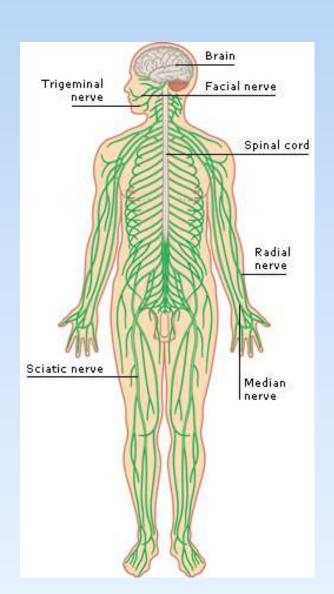


PET Scan of Alzheimer's Disease Brain



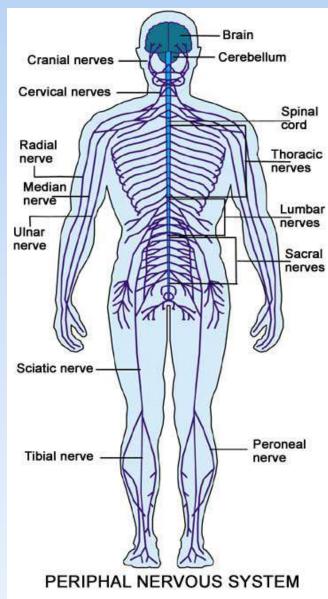


The Peripheral Nervous System



- The Peripheral Nervous
 System (PNS) is composed
 of the nerves that are
 located outside the Central
 Nervous System parts of
 your body
- The PNS delivers information between the body and the CNS.

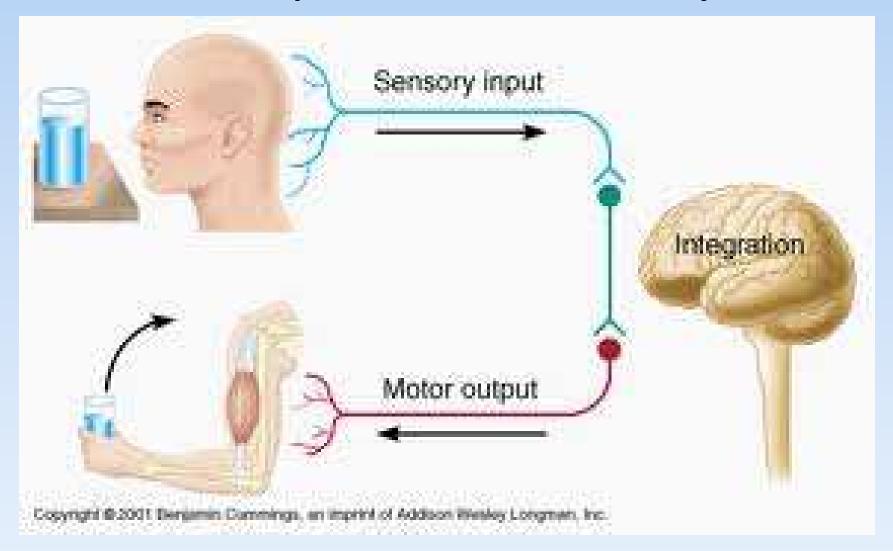
- Parts of the Peripheral Nervous System
 - Nerves visible bundles
 of axons and dendrites
 that extend from the
 brain and spinal cord to
 all other parts of the
 body



Types of Nerves:

- <u>Sensory nerves</u> - carry messages from body to brain (pain, pressure, temperature)

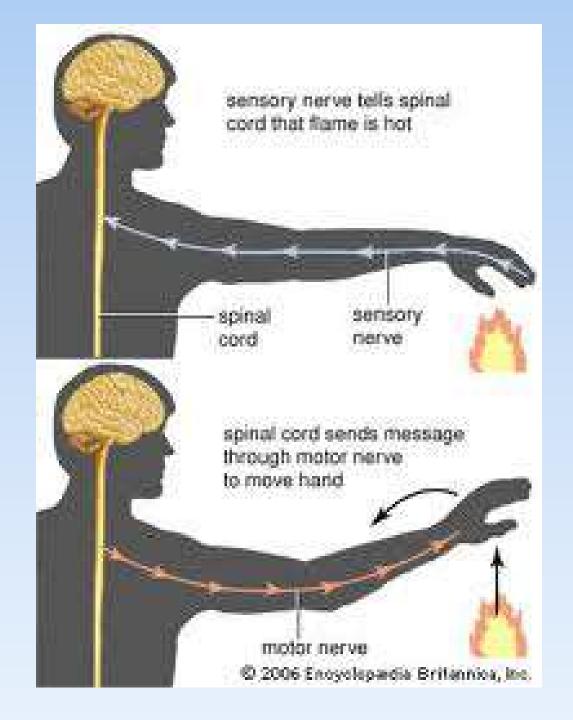
 Motor nerves – carry messages from brain to body to respond



- PNS is divided into two parts
 - Somatic Nervous System
 - Autonomic Nervous System

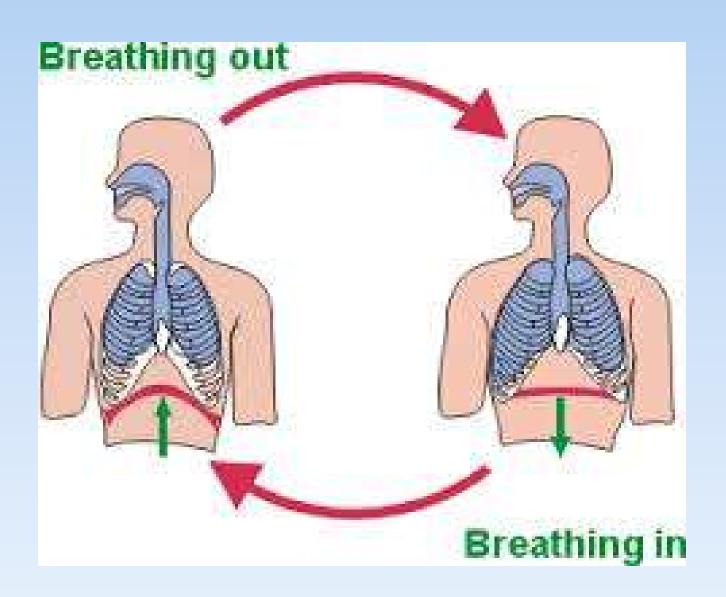
The Somatic Nervous System

- Carries messages between the CNS and the body's sensory organs and voluntary muscles.
- It allows us to detect changes in the world around us, and it delivers information related to actions that we decide to perform.



The Autonomic Nervous System

- Carries messages between the CNS and our internal organs.
- It delivers information related to automatic tasks such as the regulation of breathing and digestive functions.



1. Neuron is stimulated

- Temperature
- Touch
- Sound

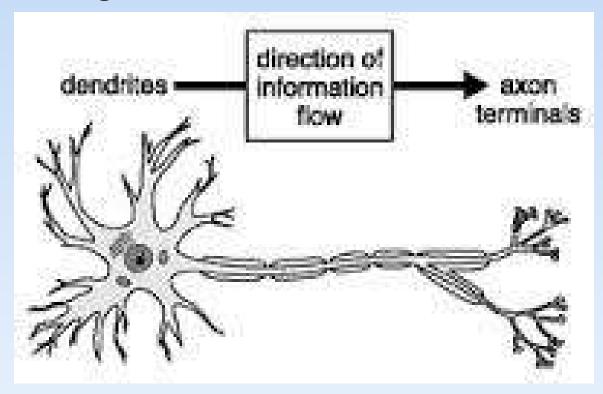
Some other message



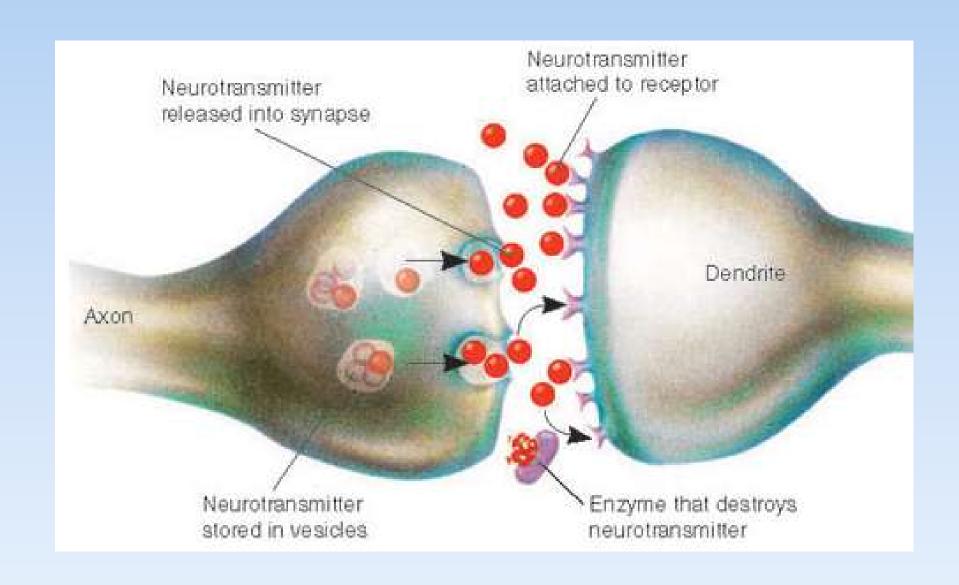
- 2. Neuron begins to generate a tiny electrical pulse
 - A electrical impulse flowing along the length of a neuron is called a nerve impulse



- 3. The pulse travels the length of the neuron.
 - Moving from dendrites to axon



- 4. Once the information arrives at the synaptic gap, neurotransmitters send information across the gap to the next neuron.
 - The cells do not touch one another



- 5. The chemicals trigger a nerve impulse in the next neuron.
 - This cause a reaction that takes the information from the point of stimulation to the brain or spinal cord.
 - The brain or spinal cord then sends a message telling the body what to change.
 - The brain or spinal cord sends information back the same way.

