

Olentangy Berkshire Middle School

SEVENTH Grade Course Request Sheet 2022-2023

Student Last Name: _____ First Name: _____

REQUIRED FULL-YEAR CORE COURSES: The following 4 CORE courses will automatically be scheduled.

1) INTEGRATED ENGLISH 7 2) SOCIAL STUDIES 7 3) SCIENCE 7

4) MATHEMATICS: Place a checkmark next to the math course for next year.				
	Mathematics 7			
	Acc. Mathematics 7/8*	Recommended	Not Recommended	Current Teacher Signature:

**Math placement is based on successful completion of the previous math course studied and teacher recommendation.*

REQUIRED UNIFIED ARTS COURSES: 7th grade students are given 2 Unified Arts (UA) periods with 6-week rotations. One of the UA periods will be automatically scheduled with the following 6-week elective courses.

Exploring French 7	Family/Consumer Science 7
Exploring German 7	Modular Technology 7
Exploring Spanish 7	Physical Education 7

ELECTIVE COURSES: The second Unified Arts (UA) period, students will choose the elective courses. Some elective courses are 6 weeks long; others are 36 weeks long (full-year courses). Students may take more than 1 six weeks of PE 7: Fitness for Life, PE 7: Sports for Life and/or study hall. Students need to choose elective courses for a total of 36 weeks. **Follow the Steps below to choose your elective courses.**

Students will be allowed to change elective course choices up until May 26, 2022. After this date: NO elective schedule changes will be accepted.

HEALTH

Health 7 (6 weeks)

PERFORMING ARTS/MUSIC

Band 7 (36 weeks)

Choir 7 (36 weeks)

Strings 7 (36 weeks)

Band 7 and Choir 7 (36 weeks)

Band 7 and Strings 7 (36 weeks)

Choir 7 and Strings 7 (36 weeks)

PHYSICAL EDUCATION

PE 7: Fitness for Life (6, 12 weeks)

PE 7: Sports for Life (6, 12 weeks)

STUDY HALL

Study Hall (6, 12, 18, 24, 30, 36 weeks)

VISUAL ARTS

Art 7 2-D (6 weeks)

Art 7 3-D (6 weeks)

STEP 1 - Are you taking a Performing Art(s)?

a) If Yes, circle the Performing Art(s) -

BAND

CHOIR

STRINGS

a. If you chose a Performing Art(s), you are finished, **DO NOT** move on to STEP #2

b) If No, move on to STEP #2

STEP 2 - Choose 6 elective courses & write them on the lines below.

Elective #1

Elective #2

Elective #3

Elective #4

Elective #5

Elective #6

Please input courses into PowerSchool & return sheet to OBMS GUIDANCE by Feb. 4th

Student Signature: _____

Date: _____

Parent Signature: _____

Date: _____

OLENTANGY BERKSHIRE MIDDLE SCHOOL
7th Grade Elective Classes

VISUAL ARTS

Art 7 2-D: (6 weeks) -- By taking two-dimensional art, students will have the opportunity to work with a variety of art media on paper including graphite, acrylic paint, ink, colored pencils, and markers. Possible projects include: portrait painting, realistic eye drawing, perspective drawings using drafting, printmaking, and others. This course will be helpful if you plan to take drawing and/or painting in 8th grade.

Art 7 3-D (6 weeks) -- Students will use various 3-D materials to create works of art. Students will work with clay as well as additional materials such as papier-mâché, plaster, Styrofoam, found objects, etc. Students will focus on abstract work as well as functional and decorative pieces of art for their projects. This course will be helpful if you plan to take ceramics and/or sculpture in 8th grade.

HEALTH / PHYSICAL EDUCATION

Health 7 (6 weeks) -- Living in a fast-paced, ever-changing world, our students in this day and age need healthy living skills which will help them adapt to all of the changes that will help them throughout adolescence and adulthood. This 7th grade health education course will help students focus on their physical, emotional/mental, and social changes that will occur during adolescence. Students will dive into social-emotional health, diversity, communication, empathy, critical thinking, problem solving, peer relationships, and how to manage stress. Instructional activities in the course will include team activities, presentations, lectures, and hands-on learning. This is an elective course, which is not required for 7th graders to complete.

PE 7: Fitness for Life (6, 12 weeks) -- Fitness for Life is offered as an elective course for 7th grade students. The goal in this course is to help students learn more about personal fitness, introduce them to a variety of different exercise methods and activities, and to encourage them to take responsibility for their own physical fitness. Several team sport activities are included to continue skill development in the areas of team building and fitness. The grading is reflected by our state standards as well as participation and ability to demonstrate positive sportsmanship.

PE 7: Sports for Life (6, 12 weeks) -- Sports for Life is offered as an elective course for 7th grade students. This course was designed to integrate cooperative skills in the areas of technique and strategy as they pertain to team sports. Students will learn rules, strategies, techniques, and fundamentals of each team sport. Fitness concepts and activities will be incorporated throughout the six-week section. Grading for this class is reflected by our state standards as well as participation and ability to exhibit positive sportsmanship.

Please note: The availability of all elective courses is determined by the number of students who request placement into these courses. It may be necessary to select an alternate course if your first choice is no longer available.