



2100 Leron Avenue
Rowland Heights, CA 91748-3945

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2100 Leron Avenue • Rowland Heights, California 91748
Telephone: (626) 965-5975, ext. 1569 or 1567
Fax (626) 854-1191



RECREATION DEPARTMENT GENERAL INFORMATION

Refund Policy: Please plan carefully, as there will be **NO REFUNDS, CLASS TRANSFERS OR LETTER OF CREDIT.** If the class is canceled by the Recreation Department, a full refund will be processed and mailed to you.

Make up Classes: There are **NO Make up** classes if you miss a class. If a class is canceled due to weather or the instructor out ill, the Recreation Department will do its best to make the class up. The Make up class will be made up at the end of the current session. If there are not enough extra weeks to have the makeup on its scheduled day, it will be scheduled on a different day of the week. If a makeup day is offered and you cannot attend there will be no refund or letter of credit.

Class Changes: No class changes will be made once a student is registered.

Parent Responsibility: Parent **MUST** be sure instructor is on site before leaving child and **MUST** be on hand **PROMPTLY** at the close of class to pick up child as instructor cannot be required to remain beyond class hours or be responsible for a child's safety outside the specified class time. **A CASH CHARGE WILL BE ASSESSED FOR EARLY DROP-OFF & LATE PICK-UP.** \$10 for the first 15 minutes, \$20 for 30 minutes and \$30 for 45 minutes.

Parents Do Not Wait In Classroom Unless Noted In The Brochure.

Ages and Ability Level:
Ages for proper class placement are noted. Please register for correct age level.

Clothing: Participants in physical activity classes should wear proper shoes and clothing. Children in dance classes need proper footwear. Instructors discuss apparel requirement at first class meeting.

Please Note: This brochure is printed weeks in advance of program beginning and changes in the schedule may occur. We reserve the right to make changes as necessary. Thank you for your understanding and cooperation.

The Recreation Department reserves the right to refuse service or ask a participant to leave the program to anyone including; Parent, Grandparent or Student who is rude or disrespectful to any staff member. Remember treat one another as you wish to be treated, character counts!

The Rowland Unified School District does not discriminate on the basis of race, color, national origin, ethnic group identification, ancestry, religion, age, marital status, gender, sex, sexual orientation, physical mental disability, medical condition, and political belief or affiliation in admission or access to, or treatment of employment in, handicap, in its programs and activities including adult and vocational education.



Rowland Adult & Community Education

RECREATION DEPARTMENT
RECREATION.ROWLAND.K12.CA.US

(626) 965-5975 ext. 1567 or 1569



MISSION

The mission of the Rowland Unified School District, the progressive international community united in learning, is to empower students so that each actualizes his or her unique potential and responsibly contributes to a global society, through a system distinguished by rigorous academics, innovative use of technology, creative exploration, and nurturing learning experiences.

VISION

"The Rowland Unified School District promotes, expects, and accepts nothing short of excellence. We have collective commitment to be the best school district in California."

CORE VALUES

Integrity • Respect • Safety
Student-Centered Focus • Excellence
Responsibility with Accountability

REGISTRATION BEGINS:

Monday March 16, 2020
1:00-5:00pm

Saturday April 4, 2020
9:00-11:00am

RECREATION OFFICE HOURS:

Monday-Thursday: 1:00-5:00pm
Friday: 12:30-4:30pm

2100 Leron Avenue
Rowland Heights, CA 91748

Coordinator:

Colleen Bridgewater

Office Assistant:

Jordana Rivas

REGISTRATION / CLASS INFORMATION

***** ALL STUDENTS MUST BE REGISTERED AT THE RECREATION OFFICE BEFORE GOING TO ANY CLASS. *****

***** ONLY PARENT OR LEGAL GUARDIAN MAY REGISTER STUDENTS *****

Please note beginning date/time of your class which is listed on your receipt. All session fees must be paid at the time of registration regardless of attendance.

A \$5.00 NON-REFUNDABLE FEE WILL BE ASSESSED ON EVERY REGISTRATION.

Rowland Adult & Community Education Recreation Department reserves the right to cancel (without notice) any program due to lack of enrollment, in which case a refund will be issued. There will be **NO make up** classes if you miss a class. Rowland Adult & Community Education-Recreation Office reserves the right to make changes of day, time, location or staff.

There will be **NO IN-CLASS REGISTRATION.** All registrations are to be processed at the RACE Office, Mail or FAX.

REGISTRATION PROCEDURES

Walk-In: Rowland Adult & Community Office. 2100 Leron Avenue, Rowland Heights. Register during Recreation office hours. Fees can be paid in cash, check, Visa, Mastercard or American Express.

Email or Mail-In:

Email Registration – Complete the registration form located on the back page of this brochure with credit card payment and email to: rusd-recreation@rowlandschools.org

Mail in Registration – (Allow 1 week for mail delivery) Use the **Recreation Registration Form** located on the back page of this flyer. **Make check payable to: RUSD** (Rowland Unified School District) A **\$25 service charge** is applied to all returned checks, sorry, no exceptions.

Mail registration form & check to:
Rowland Adult & Community Education, 2100 Leron Avenue, Rowland Heights, CA 91748

FAX Registration: (626) 854-1191

Register by FAX - 1:00pm-5:00pm - Once Registration Begins. You must use your Visa, Mastercard or American Express credit card to pay registration fees.

Parent must completely fill out registration form located on the back of the brochure (PLEASE PRINT CLEARLY) and sign for the Credit Card Approval, Liability Clause and initial Refund Policy. FAX to the Recreation Office (626) 854-1191. Please call the recreation office at (626) 965-5975 ext. 1567 or 1569, Recreation, to confirm that we have received your FAX and the class you registered for is still available.

MAIL TO: ROWLAND ADULT & COMMUNITY EDUCATION
2100 Leron Ave, Rowland Heights, CA 91748

MAKE CHECKS PAYABLE TO: Rowland Unified School District (RUSD)

Student Name: _____	Birthdate: _____	Age: _____	Class Location: _____
Class#: _____	Title: _____	Day: _____	Time: _____
Fee: _____			
Student Name: _____	Birthdate: _____	Age: _____	Class Location: _____
Class#: _____	Title: _____	Day: _____	Time: _____
Fee: _____			
		Non-Refundable Registration Fee:	\$5.00
		Total:	_____

A FULL REFUND WILL ONLY BE MADE WHEN A CLASS IS CANCELED BY THE RECREATION DEPARTMENT. Remember to READ ... SIGN ... and DATE the waiver below. I voluntarily agree to participate or have my children participate in this program, including special events, excursions and recitals. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent supervisor is present. However, in the event of any injury to myself or my child, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activities, against the Supervisor, Department of Recreation Personnel and the Rowland Unified School District.

PRINT NAME of PARENT / GUARDIAN / ADULT REGISTRANT: _____ **DATE:** _____

SIGNATURE: _____ **EMERGENCY PHONE NO.:** _____

Please plan carefully as there will be NO CLASS REFUNDS or TRANSFER. Parent Initials: _____

EMAIL: _____

Address: _____ City: _____ Zip: _____

(CELL #1): _____ (WK.) Mom / Dad: _____ (CELL #2): _____

Method of Payment: Cash Check Charge My: Visa/Mastercard/AmEx Account# _____

Signature: _____ CVC# on C.C. _____ Exp. Date: _____



INSPIRING YOUTH THROUGH RECREATIONAL ACTIVITY

SPRING '20

THE ARTS

ART, DRAWING & PAINTING FOR CHILDREN - 8 Weeks

Students learn how to create a specific type of artwork using different techniques and materials. Classes include a brief lesson, and an introduction to the subject and medium.

12701	Ages 11-15	Tuesday	4/7-5/26	3:30-5:00pm
Class Fee: \$100	Material Fee: \$15 due at first class meeting			
12501	Ages 5-7	Thursday	4/9-5/28	3:15-4:15pm
12601	Ages 8-10	Thursday	4/9-5/28	4:20-5:20pm

Class Fee: \$70 **Material Fee: \$10 due at first class meeting**
Location: RACE Room 103 **Instructor: Estela Mora**

MUSIC

THE ROWLAND HEIGHTS SCHOOL OF MUSIC & ARTS 19271 E. Colima Road, Suite H., Rowland Heights

PIANO FOR CHILDREN - 8 Weeks

A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. **There must be a minimum of 5 Students per class or classes will be combined.**

21400	Beg./Cont.	Ages 4-5	Tuesday	4/7-5/26	6:00-7:00pm
21402	Beg./Cont.	Ages 5-8	Wednesday	4/8-5/27	6:00-7:00pm
21501	Beg./Cont.	Ages 9-13	Thursday	4/9-5/28	6:30-7:30pm

Class Fee: \$125 **Material Fee: \$25 due at first class meeting**
Instructor: Yolanda Fresnoza **Location: Rowland Heights School of Music & Arts**

SATURDAY PIANO FOR CHILDREN - 8 Weeks

A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. **Minimum of 5 Students per class or classes will be combined.**

21502	Beg./Cont.	Ages 4-8	Saturday	4/11-5/30	2:00-3:00pm
21503	Beg./Cont.	Ages 9-13	Saturday	4/11-5/30	3:00-4:00pm

Class Fee: \$125 **Material Fee: \$25 due at first class meeting**
Instructor: Yolanda Fresnoza **Location: Rowland Heights School of Music & Arts**
You will need your own personal set of headphones with large prong adapter. Can be purchased at, Best Buy or Target.

INTRODUCTION TO GUITAR - 8 Weeks

Students will learn to read music, play chords, rhythm skills & proper technique of playing the guitar while enjoying this fun class. **Minimum of 5 Students per class or classes will be combined.**

24001	Beginning	Ages 5-13	Friday	4/10-5/29	5:30-6:30pm
24110	Beg./Cont.	Ages 5-13	Friday	4/10-5/29	6:30-7:30pm

Class Fee: \$120 **Material Fee: \$15 due at first class meeting**
Instructor: Brandon Harb **Location: Rowland Heights School of Music & Arts**
Students must bring a guitar (acoustic or electric).

SATURDAY INTRODUCTION TO GUITAR FOR KIDS - 8 Weeks

In this class students will learn to play popular songs on the guitar while simultaneously developing fundamental skills on the instrument. **Minimum of 5 Students, Maximum 12 Students**

24221	Beginning	Ages 6-13	*Saturday	4/4-5/30	11:15am-12:15pm
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Class Fee: \$110 **Material Fee: \$15 due at first class meeting**
Instructor: Matthew Brown **Location: RACE Room 106**
Students must bring a guitar (acoustic or electric). ***No Class 5/23**

SATURDAY INTRODUCTION TO UKULELE - 8 Weeks

Students will learn the fundamentals of playing the violin to include: Violin orientation, basic music theory, bowing techniques & finger position. **There must be a minimum of 3 Students for class to open.**

24222	Beginning	Ages 6-13	*Saturday	4/4-5/30	12:30-1:30pm
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Class Fee: \$110 **Material Fee: \$15 due at first class meeting**
Instructor: Matthew Brown **Location: RACE Room 106**
Students must bring a ukulele ***No Class 5/23**

ACADEMIC & COMPUTER CLASSES FOR CHILDREN

INTRODUCTION TO TYPING MICROSOFT WORD & POWER POINT - 7 Weeks

Students will develop proper typing skills to benefit them for a lifetime. Students will learn Microsoft Word for writing reports, homework, and basic communication skills. This class will cover formatting with fonts, paragraph alignment, clip art, tables, margins, spelling and grammar, bullets and numbering, columns and indents. Students will also learn PowerPoint for slide shows to apply to their academic work and school projects.

14012	Ages 6-14	Monday	4/6-5/18	5:00-6:00pm
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Class Fee: \$130 **Material Fee: \$10 due at first class meeting**
Instructor: AGI Staff **Location: Rowland Adult School Room 102**

MATH WORKSHOP - 7 Weeks

This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd – 8th graders. Whether students need help with homework assistance, or want to prepare for a test, AGI is here to help. This program not only helps your child's math skills improve, but will also help their overall success in school.

14008	Ages 8-14	Monday	4/6-5/18	6:00-7:00pm
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Class Fee: \$130 **Material Fee: \$10 due at first class meeting**
Instructor: AGI Staff **Location: RACE Room 102**

CRITICAL READING & WRITING EXPRESSION - 7 Weeks

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. Students will learn how enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to prepare for standardized tests.

14003	Ages 7-13	Monday	4/6-5/18	7:00-8:00pm
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Class Fee: \$130 **Material Fee: \$10 due at first class meeting**
Instructor: AGI Staff **Location: Rowland Adult School Room 102**

LEADERS LEARNING CENTER (LLC)

19228 Colima Rowland Heights, CA 91748

Minimum of 5 Students per class or classes will be combined.

MONTESSORI JUNIOR READING AND WRITING CLUB - 8 Weeks

The Montessori creative writing program is designed for kids from age 5 to 7 years old. Our program will encourage children to exercise their creative minds and practice using their imagination. Punctuation, word choice, word usage, spelling, and grammar are just some of the things children will practice as they write creatively.

16024	K-3rd Grade	*Monday	4/6-6/1	4:00-5:00pm
16028	K-3rd Grade	Wednesday	4/8-5/27	3:30-4:30pm

Class Fee: \$135 **Material Fee: \$20 due at first class meeting** **Location: LLC**
***No Class 5/25**

ACADEMIC & COMPUTER CLASSES FOR CHILDREN Cont . . .

MATH DEVELOPMENT FOR KIDS - 8 Weeks

The math class is a personalized system of math learning. Students will work on curriculum specific to their level. It will help students to develop their skills in problem solving and independent logical thinking. By using the specially designed manipulative tools, students learn math with fun and they understand the concept without pressure. Most importantly, children will enjoy and love learning mathematics.

16012	K-2nd Grade	Tuesday	4/7-5/26	3:30-4:30pm
16013	3rd-5th Grade	Tuesday	4/7-5/26	4:30-5:30pm
16018	3rd-5th Grade	Thursday	4/9-5/28	3:30-4:30pm
16019	K-2nd Grade	Thursday	4/9-5/28	4:30-5:30pm
16022	K-5th Grade	*Saturday	4/11-6/6	2:00-3:00pm

Class Fee: \$135 **Material Fee: \$20 due first class** **Location: LLC** ***No Class 5/23**

ROBOT BUILDING - Hands-On WORKSHOP - 8 Weeks

The Next Generation of engineers... With programmable robots created by MIT Media Laboratory, it makes learning fun. This class introduces multi-level topics in building and programming robots. Students will experience and practice mechanical design, construction, programming and teamwork skills. This class is project based lessons, which is good preparation for young engineers interested in robotic competitions at a league level or in joining their school teams.

16004	4th-7th Grade	*Saturday	4/11-6/6	2:00-3:00pm
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Class Fee: \$155 **Material Fee: \$20 due first class** **Location: LLC** ***No Class 5/23**

ROBOTICS FOR KIDS - Hands-On Learning - 8 Weeks

The hands-on solutions ignite children's natural desire to explore and discover. Learn robotics with the newest technology. Build snapping alligators, race cars, and spinning robots, then program them with the award-winning programming software. Students will learn subjects like math, science, technology, and engineering more effectively while improving and developing their 21st-century skills, like problem solving, collaboration and communication.

16001	K-3rd Grade	Friday	4/10-5/29	4:00-5:00pm
16002	K-3rd Grade	*Saturday	4/11-6/6	2:00-3:00pm

Class Fee: \$155 **Material Fee: \$20 due first class** **Location: LLC** ***No Class 5/23**

ESSAY WRITING IMPROVMENT - 8 Weeks

This class strengthens writing and reading enrichment and prepares students for higher level learning as they build up their confidence and ability to read and write. Students will be assigned passage and writing activities each week, in both fiction and non-fiction. Class is held in a small group ranges from beginning to all level learners.

16034	3rd-5th Grade	Wednesday	4/8-5/27	4:00-5:00pm
16036	3rd-5th Grade	Friday	4/10-5/29	4:00-5:00pm

Class Fee: \$135 **Material Fee: \$20 due at first class meeting** **Location: LLC**

PUBLIC SPEAKING CLASS- 8 Weeks

Your child will learn to write a speech and present it to their peers. It is a great opportunity to learn the basic elements of effective communication and competent presentation. Your child will learn to project, stand still, pronounce with a clear voice and engage their audience through effective eye-contact. Public speaking builds confidence and will help to improve your child's critical thinking skills.

16078	2nd-6th Grade	*Monday	4/6-6/1	4:30-5:30pm
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Class Fee: \$135 **Material Fee: \$20 due first class** **Location: LLC** ***No Class 5/25**

PROJECT BASED WRITING - 8 Weeks

Your child will have the opportunity to express their creative side through this new interactive writing class. Your child will use nonfiction literature readings from history, geography and science books and will learn to merge information from multiple disciplines to create imaginative posters and craft projects. This hands-on approach to learning results in better comprehension, creativity and understanding. Presentation of completed projects will help your child gain confidence and good communication skills.

16072	1st-3rd Grade	*Monday	4/6-6/1	3:30-4:30pm
16074	1st-3rd Grade	Wednesday	4/8-5/27	5:00-6:00pm

Class Fee: \$135 **Material Fee: \$20 due at first class meeting** **Location: LLC**
***No Class 5/25**

AFTERSCHOOL HOMEWORK HELP - 8 One Week Sessions Offered

Homework is one of the keys to academic success. Our experienced teachers are here to monitor your child's homework and provide help when needed. After homework is completed, we will provide extra assignments such as math, writing and reading enrichment.

16087	Week 1	1st-5th Grade	MTWTHF	4/6-4/10	3:00-6:00pm
16088	Week 2	1st-5th Grade	MTWTHF	4/13-4/17	3:00-6:00pm
16089	Week 3	1st-5th Grade	MTWTHF	4/20-4/24	3:00-6:00pm
16090	Week 4	1st-5th Grade	MTWTHF	4/27-5/1	3:00-6:00pm
16091	Week 5	1st-5th Grade	MTWTHF	5/4-5/8	3:00-6:00pm
16092	Week 6	1st-5th Grade	MTWTHF	5/11-5/15	3:00-6:00pm
16093	Week 7	1st-5th Grade	MTWTHF	5/18-5/22	3:00-6:00pm
16094	Week 8	1st-5th Grade	MTWTHF	5/26-6/1*	3:00-6:00pm

Class Fee: \$85 per week **Material Fee: \$10 per week** **Location: LLC**
***No Class 5/25**

YOUNG MINDS ACADEMY LEARNING CENTER (YMA)

17588 Colima Road, Rowland Heights

ENGINEERING CHALLENGES - 8 Weeks

During the engineering lessons, students design, create, test, and refine a variety of machines and mechanical systems. Students learn basics of fluid mechanics, simple machines, and other design and engineering concepts while constructing a marble run, egg-drop vehicles, and an incredibly fast air powered dragster.

15041	1st-3rd Grade	Friday	4/10-5/29	4:00-5:00pm
15042	4th-6th Grade	Friday	4/10-5/29	4:00-5:00pm

Class Fee: \$175 **Material Fee: \$20 due at first class meeting** **Location: YMA**

MATH - 8 Weeks

Prepare our students with authentic math problem-solving practice for today's standards-based tests. The lesson focuses on math questions that closely mirror the types of problems on standardized tests to improve test scores.

15068	1st-2nd Grade	Tuesday	4/7-5/26	4:00-5:00pm
15069	3rd-6th Grade	Tuesday	4/7-5/26	4:00-5:00pm
15070	1st-2nd Grade	Thursday	4/9-5/28	4:00-5:00pm
15071	3rd-6th Grade	Thursday	4/9-5/28	4:00-5:00pm

Class Fee: \$175 **Material Fee: \$20 due at first class meeting** **Location: YMA**

WRITING - 8 Weeks

This writing program interweaves the writing standards with grade-level science and social studies themes to develop thoughtful, analytical writers. Through teacher-led instruction that fosters independence, students engage actively with source texts, learning to research for evidence and acquiring writing strategies.

15072	1st-2nd Grade	Wednesday	4/8-5/27	4:00-5:00pm
15073	3rd-6th Grade	Wednesday	4/8-5/27	4:00-5:00pm
15074	4th-6th Grade	*Saturday	4/11-6/6	1:00-2:00pm

Class Fee: \$175 **Material Fee: \$20 due first class** **Location: YMA** ***No Class 5/23**

SPORTS

BASKETBALL for Boys & Girls - 8 Weeks

In these clinic format classes, the instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stay near facility.

FRIDAY BASKETBALL CLASSES

31001	Beginning	Ages 4-6	Friday	4/10-5/29	3:15-4:00pm
31301	Beginning	Ages 7-10	Friday	4/10-5/29	4:00-4:45pm

Class Fee: \$70 **Instructor: Adam Sandoval**
Location: Killian Elem. South Court

SATURDAY BASKETBALL CLASSES

31701	Beg./Cont.	Ages 5-6	*Saturday	4/4-5/30	9:00-9:45am
32001	Beg./Cont.	Ages 7-8	*Saturday	4/4-5/30	9:45-10:30am
32501	Beg./Cont.	Ages 8-10	*Saturday	4/4-5/30	10:30-11:15am
32801	Cont./Inter.	Ages 7-12	*Saturday	4/4-5/30	11:15am-12:00pm

Class Fee: \$70 **Instructor: Adam Sandoval**
Location: Killian Elem. South Court ***No Class 5/23**

CAMPUS BASKETBALL INDOOR GYM - 7 Weeks

Campus Basketball is designed for players to develop their skills while building on fundamentals. Our basketball program focuses on all levels of basketball competitions. Participants test their new skills and strategy through interactive group activities. We are dedicated to making your basketball experience first class and enjoyable.

31302	2nd-5th Grade	Sunday	4/12-5/24	1:00-2:30pm
31303	6th-8th Grade	Sunday	4/12-5/24	2:30-4:00pm

Class Fee: \$180 **Location: 20510 Earlgate Street, Walnut**

SOCCER for Boys & Girls - 8 Weeks

In these clinic format classes, the instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6 must stay near facility. **Students need to wear Shin Guards.**

33201	Beg./Cont.	Ages 4-5	*Saturday	4/4-5/30	9:00-9:45am
33301	Beg./Cont.	Ages 4-5	*Saturday	4/4-5/30	9:45-10:30am
33401	Beg./Cont.	Ages 6-9	*Saturday	4/4-5/30	10:30-11:15am
33501	Beg./Cont.	Ages 9-12	*Saturday	4/4-5/30	11:15am-12:00pm

Class Fee: \$70 **Instructor: Joseph Gayton**
Location: Killian Elem. South Field ***No Class 5/23**

PRIVATE TENNIS LESSONS - 8 Weeks

ALL TENNIS STUDENTS MUST BRING TWO CANS OF UNOPENED TENNIS BALLS (Wilson or Penn) AND A TENNIS RACQUET

This class is for fun and fitness. Students will develop techniques for ground strokes, serve & volley along with footwork and coordination. Drills are emphasized, along with basic fundamentals, rules and scoring.

***Saturday 4/4-5/30** 45 minute classes \$175. Arrange time at the Recreation Office.
Private Lesson Instructor: Mr. Bill Davis ***No Class 5/23**

KARATE & KUNG FU

KARATE - 8 Weeks

Karate teaches the development of physical and mental health. Students build self-esteem, courtesy, self-discipline, and respect for self and others.

35101	Ages 4 & up	Wednesday	4/8-5/27	4:00-4:45pm
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Class Fee: \$70 **Instructor: Tim Ruggio** **Location: Killian Cafeteria**

KUNG FU - 8 Weeks

Advance Martial Arts Academy was established in 2012 by International Wushu Champion Coach Lu. In these classes students will learn self-defense, improve concentration, increase their confidence, strength and flexibility. They will also learn hand form, sword, staff, nunchaku, kick boxing and sparring.

35102	Ages 4-6	Thursday	4/9-5/28	4:00-4:50pm
35103	Ages 7-12	Thursday	4/9-5/28	5:00-5:50pm
35104	Ages 4-6	Saturday	4/11-5/30	2:30-3:20pm

Class Fee: \$120 **Martial Arts Training Shoes: \$20**
Instructor: Xining (Nancy) He
Location: Advance Martial Arts, 19159 Colima Road, Rowland Heights

JR. GOLF

JUNIOR GOLF - Two 6 Week Sessions

It's golf superiority, guaranteed! This class will introduce the mechanics of golf namely: grip, address, alignment, stance, and swing-tempo; as well as pitching, chipping, and putting. Students will gain exposure to the sport while learning responsibility, respect, integrity, and honesty. **Minimum 5 students, maximum 16.**

32822	Ages 5-17	Saturday	4/11-5/16	11:30am-1:00pm
32824	Ages 5-17	Sunday	4/12-5/17	11:30am-1:00pm

Class Fee: \$120 per session **Instructor: Roland Barrientos**
Students must bring a putter, pitching wedge, 9-iron and #1 club.
Weekly Ball Fee: \$3 Small Basket, \$9 for a large basket or \$10 for jumbo basket.
Location: Rowland Heights Golf Center, 18927 Daisetta Steet, Rowland Heights

DANCE

These dance favorites will be taught in a way that children are sure to enjoy. Your future star will gain flexibility, coordination, self-esteem and learn the basic fundamentals of dance. Students will learn fun routines, enjoyable for even the youngest dancers. Your child will become familiar with proper terminology and classroom etiquette and will enjoy learning in this warm and welcoming environment. **All Dancers must wear Ballet or Jazz shoes. No Socks or Tights Only.**

BABY BALLET, TAP & JAZZ - 8 Weeks

44001	Baby Ballet	Ages 3-5	Wednesday	4/8-5/27	4:15-5:00pm
44004	Ballet, Tap & Jazz	Ages 6+	Wednesday	4/8-5/27	5:00-5:45pm

Class Fee: \$70 **Instructor: Mary Enriquez** **Location: Killian Elem Cafeteria**

INSTRUCTORS NEEDED: If you can teach any of the classes in our brochure or have a specialty area which might fit in with the R.A.C.E.-Recreation Department, please call the Recreation office @ (626) 965-5975.

SWIMMING

LIFEGUARD TRAINING

Requirements for Successful Completion: Participants must attend all scheduled class dates and times, demonstrate proficient land and water skills, and pass the written exam with a score of at least 80 percent.

Prerequisites: Participants must be at least 15 years old, able to swim 300 yards, without stopping, using the front crawl and breaststroke, be able to retrieve a 10 lb weight from 7 feet underwater then swim 20 yards with the weight using legs only. **NO REFUNDS once the course fee has been submitted.**

This Includes: participants who do not successfully attend all three days and times, those who do not pass land and water skills with proficiency or those who do not pass the written exam with a score of at least 80%.

71101	Lifeguard Training	Saturday & Sunday	3/21 & 3/22	8am-5:00pm
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Class Fee: \$170 **Instructors: Stephanie Lui**

ROWLAND RACERS SWIM TEAM/WATER POLO - 8 Weeks

This class is for the