



Buchanan Elementary

# Blazer Newsletter

Jennifer Randel, Principal

Jim Curtis, Assistant Principal



December 2014



## School Office Hours

Mon - Fri

7:30am - 4:00pm

To report an absence,

Call 951-696-1428 and  
press 1 for attendance or  
send a note with your stu-  
dent

Stay up to date - Check  
out our School Website  
[www.murrieta.k12.ca.us/  
buchanan](http://www.murrieta.k12.ca.us/buchanan)

## Upcoming Friday Spirit

### Assemblies

Dec 5

Dec 19

Jan 16

at 8:30am

In the amphitheater



## School Notes

Buchanan Families,

As we begin this holiday season, let's take moment to reflect on the wonderful holiday spirit of giving our Buchanan family has shown for individuals both at home and abroad. Our annual canned food drive program collected enough items to create 32 food baskets (turkey included) to support our BES families in need. Our Adopt-a-Soldier campaign provided care packages for 38 men and women in the military who are deployed and will not be home with loved ones during the holiday season. It has been a month of many blessings because of our wonderful Buchanan family.

Did You Know.....

- BES Students and staff collected over 2000 items for our canned food drive!
- Our School Spelling Bee was held on December 3rd. Emily Nunez, Raymond Wilson and alternate Brooke Hamilton will represent Buchanan at the District Spelling Bee on January 28th.

We would like to wish everyone a happy, healthy, and joyful holiday season. Take time to appreciate your wonderful children, family and friends that make this community a caring place to live.

Happy Holidays, we will see you all back on January 13, 2015.

Good things are happening at Buchanan Elementary!

Jennifer Randel and Jim Curtis

## Safety in Our Front Loop

As we head into the cold and rainy season, please allow yourself more time to navigate the loop. Also, please be patient for loading and unloading of students as more parents will be driving their students to school.



## Winter Break

**No School - December 22nd through January 12th**  
**Students return on Tuesday, January 13th**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Early Release	2	3 TK/K Field Trip 5 <sup>th</sup> Grade Band 3pm Spelling Bee	4 Drama Club 6pm ELAC Meeting	5 Spirit Assembly 5 <sup>th</sup> Grade Band	6
7	8 Early Release	9 School Site Council	10 5 <sup>th</sup> Grade Band	11 Drama Club 7pm 5 <sup>th</sup> Grade Band Concert	12 5 <sup>th</sup> Grade Band	13
14	15 <b>NOT</b> Early Release	16	17 5 <sup>th</sup> Grade Band	18 Drama Club	19 Early Release Spirit Assembly	20
21	22	23	24	25	26	27
	Winter Break – No School					
28	29	30	31			
	Winter Break – No School					



## MILITARY CORNER

PTA is hosting a potluck dinner for Military families on December 12th. Please contact Melissa Mendez at [momamendoza@yahoo.com](mailto:momamendoza@yahoo.com) for details and to RSVP.

Tutor.com is free to Military Families. For more info go to [www.tutor.com/military](http://www.tutor.com/military)

## Warm Springs Middle School Turkey Trot

Nineteen of our 5<sup>th</sup> grade students represented Buchanan Elementary school in the Warm Springs Middle School Annual Turkey Trot on Friday, November 21, 2014. We had 4 students place in the top 4 places. Our boys took all three medal places with **Landon Morris** finishing 1<sup>st</sup>, **Logan Morris** 2<sup>nd</sup> and **Adrien St. Germain** 3<sup>rd</sup>. **Lesley Cabrera** came in 2<sup>nd</sup> for our girls division. Congratulations to all who participated! Way to go Blazers!!!!!!!



## Positive Behavioral Supports Moment

### Disagreeing Appropriately

Anyone with a brother or sister of a similar age remembers what it was like to disagree inappropriately. When in a disagreement with that sibling we yelled, shoved, or the worst, told dad or mom. Sometimes these disagreements grew so much that we would mistakenly tell our siblings we hated them. Can you imagine? Why did we do that to the brother or sister we are now best friends with as adults? Over time, with the help of our parents, we learned to communicate our opinions in a way that our siblings could accept, well, most of the time.



The key was that we learned how to disagree appropriately. At Buchanan we are trying to assist our students to learn these same skills in social situations. Whether it be in the classroom, on the playground, or when that classmate moves in front of another in the lunch line; we cannot assume that students know how to voice their disagreement. Like with our brother or sister they will yell, shove, or run to the nearest adult. Of course there are times when an adult must be notified, but there are also times when our students can work things out between themselves.

This month Blazer Bob is focusing on the steps to disagreeing appropriately. In simplified form the students are learning to:

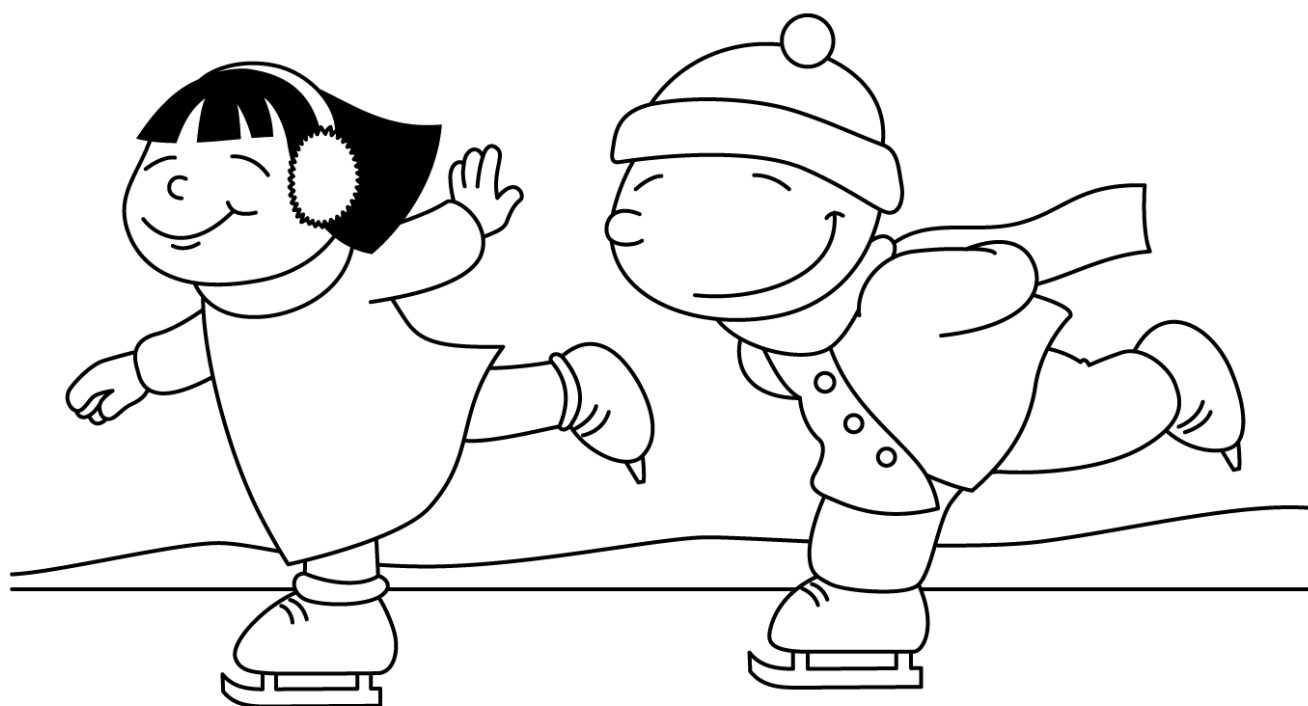


1. **Look at each other**
2. **Use a nice tone of voice**
3. **Listen to the other person nicely**
4. **Think of respectful reasons for your point of view while accepting the other's point of view as well.**

It has been amazing to watch how by simply changing their tone of voice students have been able to work through their disagreements with others.

Happy Holidays and maybe this will help when that same brother or sister we disagreed with in our youth comes to visit this holiday season.





## Buchanan Elem – January Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
	Winter Break – No School					
4	5	6	7	8	9	10
	Winter Break – No School					
11	12 No School for Students Staff Development	13 Students Return	14 5 <sup>th</sup> Grade Band	15 Drama Club	16 Spirit Assembly 5 <sup>th</sup> Grade Band	17
18	19 Martin Luther King Holiday No School	20	21 5 <sup>th</sup> Grade Band	22 Drama Club	23 5 <sup>th</sup> Grade Band	24
25	26 Early Release	27	28 5 <sup>th</sup> Grade Band	29 Drama Club	30 5 <sup>th</sup> Grade Band	31

## Jog –a –thon

Our second annual Jog-a-thon was another huge success. The money raised will provide field trips and other activities that our students can enjoy. A special shout out to our Jog-a-thon team for organizing a fun and healthy event where all proceeds come directly back to our school.



Top Winners of pledges brought in were honored at our November 21st Friday Spirit Assembly.

Kindergarten - **Nicolas Torres**

First Grade – **Alexis Strand**

Second Grade **Layla Nguyen**

Third grade – **Emma Novak**

Fourth Grade – **Chloe Eyman**

Fifth Grade – **Brinley Mangrum**



## Reading Incentives Program - October Results

October was an exciting month for reading around Buchanan Elementary. Students read 257,886 minutes during our first month. All students who turned in their pledge sheet on time and met their grade level reading goal were given a gift certificate to Famous Dave's BBQ. At our Friday Spirit assembly a raffle was held and the following students received a book bag, reading book and light.

Kindergarten – **Valerie Calderon**

1<sup>st</sup> grade – **Alexis Strand**

2<sup>nd</sup> grade – **Sojorn Vanderhoof**

3<sup>rd</sup> grade – **Mitchell Kaplan**

4<sup>th</sup> grade – **Tyler Schantz**

5<sup>th</sup> grade – **Corven Neal**

## PTA SNOW TIME SHOP

Students will attend with their class December 8-11. Information about the Snow Time Shop and a budget envelope will come home from your child's teacher with the date and time the class will be attending.



### A Note from the Health Office

Head Lice - It is common at this time of year to have outbreaks of head lice in the community. The following information can help to prevent the spread of head lice.

Head lice are small insects that are generally found on the scalp, around the ears, and at the back of the neck. The adult louse is about the size of a sesame seed, and can be the color of your hair. Nits (eggs) are smaller and silver in color. Nits stick to the hair shaft and do not easily flake off hair.

Head lice do not transmit disease. Head lice are not a sign of poor hygiene. Lice cannot jump and cannot fly. Lice may spread from one person to another if there is direct head to head contact, or by sharing of personal items such as combs, brushes, hats, or helmets. Lice usually die within two days without a human host.

The most common symptom of head lice is itching and head scratching, particularly at night. Redness or sores from scratching may also be noticed. If you suspect that your child has head lice, we suggest you contact your health care provider. Safe and effective products to treat head lice are available both over the counter and by a doctor prescription. It is important to follow the directions carefully. In addition, use a fine-tooth comb or special nit comb to help remove the nits. You can also check your child's scalp weekly when the hair is wet to see if there are any new head lice. Wash in hot water all recently worn clothing, hats, used bedding and towels. Personal care items such as combs, brushes and hair clips should be washed in hot water. Toys, such as stuffed animals, can be put in a tightly closed plastic bag for fourteen days or placed in a hot dryer for 30 minutes.

Notify the School Health Office if your child has head lice. The best treatment is prevention.



# Lost and Found

Coats, jackets, hats, lunch boxes, etc. are placed in the lost and found containers outside the office. Small items are taken into the office. Please remember to label your student's items so they can be returned. Please check the lost and found often for missing items.



## Author and Artist of the Month

The following students were honored at our November 21st Friday Spirit Assembly. Their work is being showcased in our Library.

### Artist of the Month

Kinder: Bobby Candelaria (McKenzie)	1 <sup>st</sup> : DJ Holden (Dimler)	2 <sup>nd</sup> : Sara Najera (Ogawa)
3 <sup>rd</sup> : Daniela Flores (Morgan)	4 <sup>th</sup> : Kylie Sissung (Zeitman)	5 <sup>th</sup> : Evan Miller (Williams)

### Author of the Month

Kinder: Isabella Nguyen (McKenzie)	1 <sup>st</sup> : Brady Brogdan (Dimler)	2 <sup>nd</sup> : Krutika Dhuri (Ogawa)
3 <sup>rd</sup> : Jillian Aspan-Martin (Morgan)	4 <sup>th</sup> : Sarah Leano (Zeitman)	

## Student Lunches and Cafeteria Meals

Due to parent concerns and health/food allergies, students and parents should not share lunches with other students. Parents who join their student during lunch time will eat with their student at the tables under the blue canvas cover.

Student Meal Prices:	Breakfast - Full Pay \$1.50	Reduced price \$.30
	Lunch - Full Pay \$2.50	Reduced price \$.40
	Milk or Juice - \$.50	Bottled Water - \$.75



Free and reduced lunch applications are to be completed online at [www.fma.murrieta.k12.ca.us](http://www.fma.murrieta.k12.ca.us)

Parents can make payments to lunch accounts at [www.myschoolbucks.com](http://www.myschoolbucks.com)



## Buchanan Elementary SSC Meeting December 9, 2014 Agenda



- I. Call Meeting to Order
- II. Approval of Minutes and Agenda
  - Minutes of October 7, 2014
  - Agenda of December 9, 2014
- III. Action Items
  - Review of 2014 - 2015 School Plan for Student Achievement (SPSA)
- IV. New Business
  - Review 2014 - 2015 Parent Involvement Plan
  - Next Meeting date - February 10<sup>th</sup>
- V. Adjourn

# TENAJA CANYON ACADEMY

*Complex Thinkers, Effective Communicators & Academic Achievers*

## **Elementary school Independent Study program**

Tenaja Canyon Academy offers an Elementary School Independent Study Program for Murrieta Valley Unified School District students in grades 1st-5th who prefer an alternative to the regular school setting. At this time, students will meet at Lisa J. Mails Elementary School.



***What are the educational and social benefits?*** One-on-one support from highly qualified teachers; personalized education; opportunities to learn individually or in group setting;

***Is independent study right for your student?*** Is your student willing to work for 5 hours daily on their studies with parental monitoring? Are you as parents willing to assist in the supervision and education of your child? Do you have a cooperative relationship with your child? Do you feel confident that with the assistance from teachers, you can support your child? Would your child desire and benefit from being taught at home? Do you want to facilitate your child's education at home?

If you answered yes to all of the above questions, then Tenaja Canyon Academy is the program for you! Feel free to contact us at 304-1661 for more information.



**Tenaja Canyon Academy,  
24150 Hayes Ave.,  
Murrieta, CA 92562**

**(951) 304-1661**

**<http://www.murrieta.k12.ca.us/tenaja>**





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**FREE  
over-the-phone mathematics  
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Grades 4–12**

**[askhmc.org](http://askhmc.org)**

**6–9 p.m.  
Sunday–Thursday**

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