



# RESPECT

## 3rd Grade Family Connection

PurposeFULL  
People

### Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways and we hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.

### In The Classroom

Looking at someone else's point of view is an important way for us to understand others. Alongside Respect, our focus in 3rd grade this month is perspective-taking. Perspective-taking is the ability to consider a situation from another person's point of view.

#### **Perspective-taking skills we are building include:**

- Working to understand what others may be seeing, thinking, or feeling in different situations
- Considering how best to respond after understanding other people's points of view

One way to practice perspective-taking with your student is asking questions like, "What was that like for you?" or "What do you think made you feel that way?"

### Conversation Starters

- Can you share or show what Respect means?
- How does perspective-taking help us when we are in a conflict with someone?



### Reflect:

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## PurposeFull Pursuits



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Have some fun connecting as a family this month while practicing Respect. Here are 3 “PurposeFull Pursuits” for you to complete together. How many can you do this month?

### Pursuit #1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the “Respect Rooster” on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

### Pursuit #2

Review Respect as a family! Remember that in our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward and commit to this practice at least 1 day each week!



### Pursuit #3

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Respect. Take turns sharing responses to the following prompts or make up your own! Remember to practice Respect as you listen to each other.

#### Celebration Prompts:



- What family member(s) do you want to celebrate for their Respect?
- Share about a time you practiced Respect by looking at a situation from someone else’s point of view.

