

**3rd GRADE Jr. TOSA BASKETBALL
PROGRAM RULES AND REGULATIONS**



PROGRAM OBJECTIVE:

The primary purpose of the program is to offer boys and girls in 3rd grade an opportunity to participate and enjoy a recreational experience in a healthy competitive setting. The emphasis is upon participation, character development, good sportsmanship, and enjoyment. The program is conducted under the supervision of the Wauwatosa Recreation Department.

SCHEDULE:

1. The program will run for twelve weeks; three weeks of practice followed by nine weeks of practice and game play.

CANCELLATIONS:

1. When the Wauwatosa School District cancels class and/or extracurricular activities, all Recreation Department activities are also cancelled. News of these cancellations will be carried on local radio and television stations.

PROGRAM:

1. Following the first three weeks, skill instruction will be conducted for the first 35-45 minutes. On-site instructors will teach skills and drills. It is the volunteer coach's responsibility to help their team during the drills. **Any team that is found to be practicing during the week will result in dismissal from the league.**
2. Each session will conclude with a 24 minute game.

COACHES RESPONSIBILITIES:

1. All coaches serve in a voluntary capacity.
2. A coach or adult assistant (18 years of age or older) must be present with each team at all team practices and games.
3. Coaches are responsible for conduct of players and parents during practice time and game play; coaches are equally responsible for insuring that spectators do not interfere with the conduct of the game.
4. By the act of participating, coaches and players acknowledge that they are acquainted with and will abide by the program rules.
5. The officials have been instructed to deal harshly with profanity and un-sportsmanlike conduct by any player, coach or spectator.

The supervisor or game official can eject any coach, player, or spectator or forfeit the game at any time if circumstances warrant.

UNIFORMS:

1. Team t-shirts will be provided and must be worn each week.
2. Gym shoes must be worn.

GAME RULES

CLOCK:

1. The game will consist of four (4) six (6) - minute quarters, with one minute between quarters, and three (3) minutes at halftime. No overtime periods, games will end in a tie.
2. Continuous clock, but, clock will stop for shooting fouls and time-outs, the last minute of the game and/or when the officials request to stop the clock, e.g., retrieving the ball.

SUBSTITUTIONS:

1. Each player must play a minimum of 6 minutes (1 quarter) and can play a maximum of 12 minutes (2 quarters). Emphasis is on learning the game; no standings will be kept.
2. Substitutions can ONLY be made at the end of each quarter, with the exception of injury, illness, a player fouling out or if a team has more than 10 players, they may choose to sub at the 3 minute mark of each quarter. Players must play the entire 6-minute period with the exceptions stated previously.

GENERAL RULES:

1. WIAA rules shall govern all games, except as otherwise specified by the rules herein listed.
2. Basketball size: 3rd grade boys / girls – Junior ball (with 9' baskets).
3. The bonus rule will NOT be in effect.
4. Each team is allowed two (2) 30 second time-outs per game.
5. A jump ball will be used to start the game. In all other jump ball situations, alternate possession rule will be in effect.
6. The three (3) point shot will not be in effect.
7. Free throws will be shot from the 10' mark (this distance may change, if we realize it is too far).
8. **No zone defense..... man to man defense only. When, in the judgement of the official a team is playing an illegal zone defense, the following will occur:**
 - **A. 1st offense Warning**
 - **B. 2nd offense Team assessed a 2-shot technical and awarded the ball out of bounds**

9. "Clear-out" offenses where players are intentionally positioned out of the normal flow of the offense in order to allow another player to isolate a defender is not in the spirit of the league and will not be permitted.
10. Pressing is not allowed. (The team has 10 seconds to advance the ball from the back court)
11. TBL administrative staff, reserves the right to exercise final authority in all league matters not specifically covered by these rules.

Game referees will take whatever action necessary in regards to the sportsmanship and conduct of the coaches, players and spectators.

Have a Great Season!