

# Friday Freiler Announcements

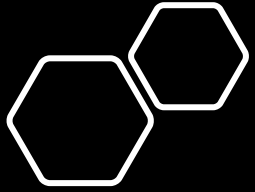


The background is black with several decorative elements: a large light green circle in the top left containing a white zigzag pattern; a light green circle in the bottom left; a light orange circle in the top right; a large light orange shape in the bottom right; and a series of white diagonal lines in the bottom right corner. A white rectangular frame with rounded corners is centered, containing the text. The frame has a light green border on the left and bottom, and a light orange border on the top and right.

**Welcome  
Back!!**



**Next Spirit  
Day  
January 21  
Nerd Day**



# Character Counts

- 1<sup>st</sup> grade  
Habil from Mrs.Steffens  
Mallah from Ms.Sedillo
- 2<sup>nd</sup> grade  
Rabani from Ms.G  
Aria From Mrs.Azama
- 3<sup>rd</sup> grade  
Giulio from Mrs.Rogers  
Omra from Mrs.Rogers
- 4<sup>th</sup> grade  
Mikala from Mrs.Debus  
Jay from Mrs.Debus
- 5<sup>th</sup> grade  
Imrit Kaur from Mrs.Williams
- Middle School  
Shahzad Noori



# Social Emotional Learning Quote!

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Being positive and optimistic can help improve your mental health and performance in school or work activities. When you are positive, you can influence others around you to be positive too. Life will seem more enjoyable.

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"Positive thinking is more than just a tagline. It changes the way we behave. And I firmly believe that when I am positive, it not only makes me better, but it also makes those around me better." -Harvey Meckey



A Siamese cat with light cream fur and dark brown points on its face, ears, and paws is shown sleeping peacefully on a white, textured surface. The cat's eyes are closed, and its head is tilted slightly back. The background is dark and out of focus.

**RELAX !!**

*It's The Weekend!*

Have a Good Weekend Everyone!