

Preschool, kindergarten, 1st grade and 2nd grade

| Time | Activity |
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| 8am - 9am | Breakfast/Get ready (Yes. Change out of PJs) |
| 9am - 9:30am | <p>Khan Academy Kids (ideally doing it while sitting next to a parent or older sibling giving them positive feedback for effort). Khan Academy kids starts at the basics of letters, numbers, and social emotional learning and goes through the first grade standards in math, reading, writing and social emotional learning.</p> <p>For students with stronger literacy and motor skills: Khan Academy Kindergarten, 1st grade and 2nd grade math can be appropriate. Ideally a parent or older sibling sits next to them while doing this. One practice that we've seen teachers use to great effect is to have all students start on Kindergarten and then move to 1st grade, 2nd grade, etc. This helps ensure that older students are filling in any knowledge gaps that may have accumulated. It also helps build momentum and confidence.</p> <p>Course challenges and unit tests can be used to accelerate through material. For students with minimal gaps, they should be able to get through a previous year's content in 1-3 hours.</p> |
| 9:30am - 10am | Play. Ideally outside if weather permits. |
| 10am - 10:30 am | <p>Reading time. Ideally this would be time to read next to a parent or sibling. If students are ready, they can read on their own.</p> <p>Suggested books (by reading level):</p> <ul style="list-style-type: none"> • There are 100+ books that students can read or have read to them on Khan Academy Kids • The ALSC summer reading list is also a great resource |
| 10:30am - 11:20am | Break. Ideally run around and play outside. Have a snack. |
| 11:20am - 12pm | <p>Writing practice</p> <ul style="list-style-type: none"> • Write and illustrate a story about someone having a funny adventure when they stay home sick. • Draw a picture of what you think a virus looks like. Tell about the different parts and how you think they work. |
| 12pm - 1pm | Lunch - Listen to an educational podcast! Try Wow in the World! If you like science, Stories Podcast or Circle Round to hear a story, or Noodle Loaf to learn about music! |

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| 1pm-7pm | Relax, go outside, play, time with family. |
| 7-8pm | Lights out, time to sleep! |