

# Rainstick



For 4<sup>th</sup> and 5<sup>th</sup> grade  
continue working on those recorder  
songs if you haven't passed all of the  
levels – this activity can be a fun  
change of pace. 😊

# In this lesson you will learn:

- What is a Rainstick?
- Where do they come from?
- Learn to make a Rainstick
- Play along



# What is a Rainstick?

There are many cultures around the world that often included the use of rainsticks, to help summon rain because it mimics the sound of rain.

Listen here



Rainsticks were made from items from the environment like dead cactus tubes, cactus spines and tiny pebbles. Let's look inside – click the video link.



# How to make your own Rainstick?

## Materials:

- Paper towel or toilet paper cardboard tube
- Tape or rubberbands & piece of fabric
- Corn kernels, dry beans, small dry pasta or rice, small pebbles
- Small piece of foil
- Optional: crayons, markers, or paint to decorate your rainstick

Here is a video you can watch to learn how to make your rainstick:

<https://youtu.be/FrsxnYIUMPs>

Find a song you can playalong with your Rainstick!

For an extra challenge – what other instruments could you make to go with your rainstick?

Can you make a family rhythm band?

What would change if you found a longer tube?

I'm sure Mrs. Ledin would also love to see your creativity with your rainstick – send us a picture or video!

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