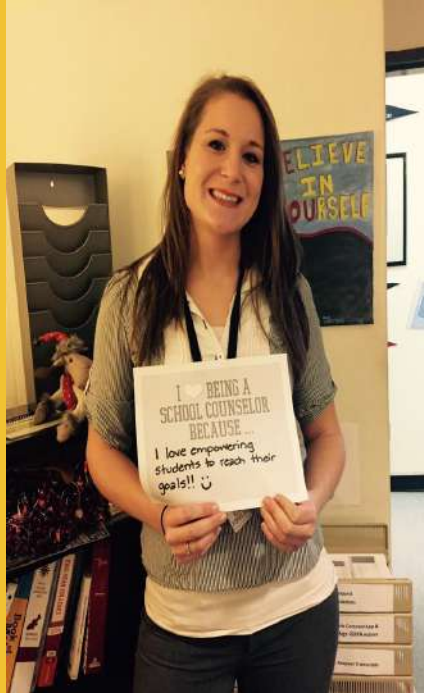
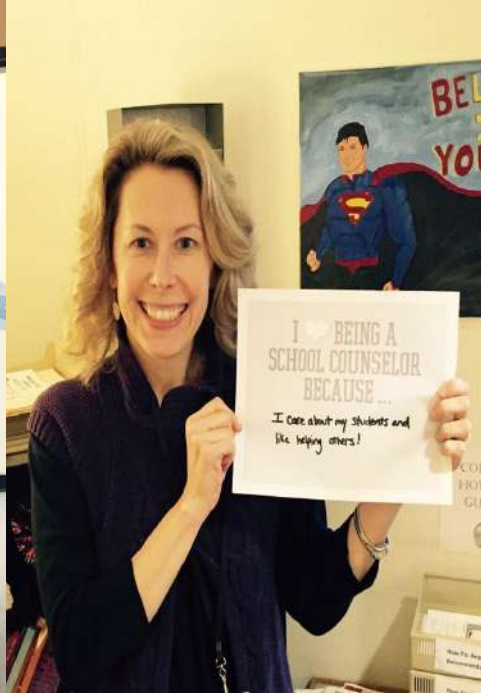


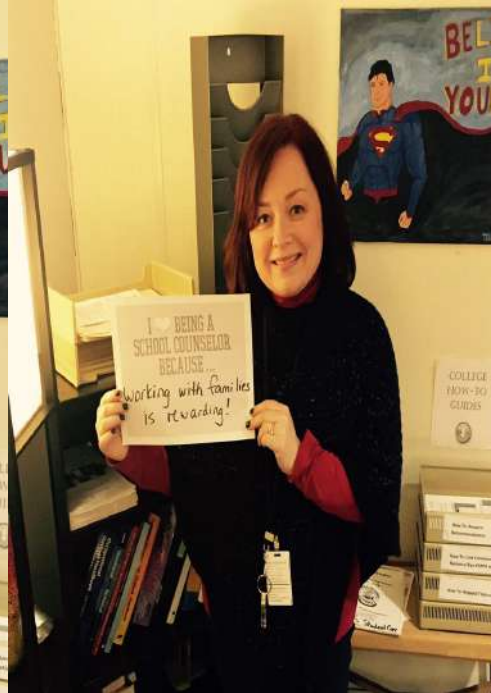
Who will be my School Counselor at Sheehan?



Ms. Cerny



Ms. Eaton-Soto



Ms. Distante



Ms. Pecoske

Purpose of Today



- Discuss credit and graduation requirements
- Outline the process of course selection
- Explain the community service requirement

What are our **Core Values** at Sheehan?



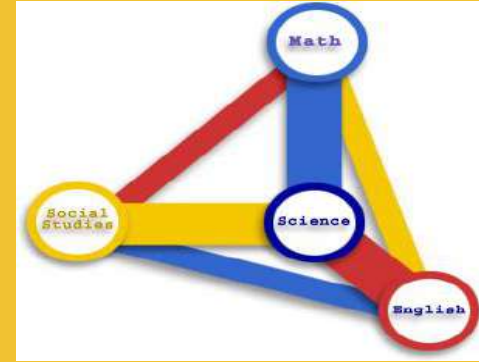
We provide a challenging and supportive environment that inspires students to be:

- critical thinkers
- effective communicators
- responsible, contributing members of a global society

Sheehan Graduation Requirements ~ 26 Credits Total

- Humanities (9)
 - English (4)
 - Social Studies (3)
 - Business, English, Fine Arts, Family & Consumer Science, Social Studies, World Language (2)
- PE (2)
 - ½ credit each year
- Health & Safety (1)
 - ½ credit Grade 9
 - ½ credit Grade 11
- STEM (9)
 - Math (4)
 - Science (3)
 - Business, Math, Science, Technology Education (2)
- World Language (1)
- Mastery Based Diploma Assessment (1)
- Electives (3)

Course Level Recommendations are based on the following:



- 8th grade teacher recommendation
- Performance task scores
- Standardized test results, where available
- Current grades earned in core classes

Course Levels

- Advanced Placement (AP)
 - Honors
 - CCP1 (A)
 - CCP2 (G)



Course Load Requirements

- Minimum of 6.5 credits per year
- **Recommend 7 credits per year**
- Maximum of 8 credits per year

1 credit = 1 full yr. course

.5 credit = $\frac{1}{2}$ yr. course

2 credits = full yr. course meets every day

1.5 credits = full yr. course with lab

Prerequisite - a course you must take before taking another course (ex. Art Foundations before Art Studio)

Career Pathways

- Students have/will complete interest inventories in Naviance to identify possible career paths.
- Possible future careers and interests should be taken into consideration when choosing electives.



Course Registration in Powerschool

All incoming 9th grade students will register for their 2020-2021 courses in Powerschool.

The online student registration period is:
February 13 to February 21, 2020

**Step by step instructions for online registration will be provided via e-mail.*

A Day	Time	B Day
Period	84 min/ class	Period
1	7:30-8:54	1
2	8:59-10:27	2
3	10:32-12:26 (Lunch)	3
4	12:31-1:55	4

NCAA Eligibility



- For division I and II sports in college, you need to register with the NCAA Eligibility Center (Junior year). Request transcript in Naviance.
- Refer to the NCAA website to see the list of approved Sheehan courses

Community Service

- **30 hours** of Community Service must be completed by May 1st of Senior year
- Can be started the summer before 9th grade
- Forms and suggested locations are available in Sheehan School Counseling Office



Mastery Based Diploma Assessment

An experiential project/ Capstone of your choice that focuses on an interest, career path, or academic pursuit



Get Involved!!



Art Club
Choral Club
Computer Club
C.R.E.W
Debate Club
Dramatic Arts Society
Drama Club
Environmental Action Club
French Club
Future Educators Club
Gay-Straight Alliance
German Club



Interact Club
Italian Club
Math Team
Mock Trial
Media Club
National Honor Society
Positive Impact Club
Titan Times Newspaper
S.A.D.D. Club
Spanish Club
Ski Club
Student Council



Tri-M Honor Society
Ultimate Frisbee
Indoor Track
Visions Magazine
Varsity Club
Weightlifting Club
Yearbook
Baseball
Basketball
Cheerleading
Cross Country
E-Sports
Field Hockey

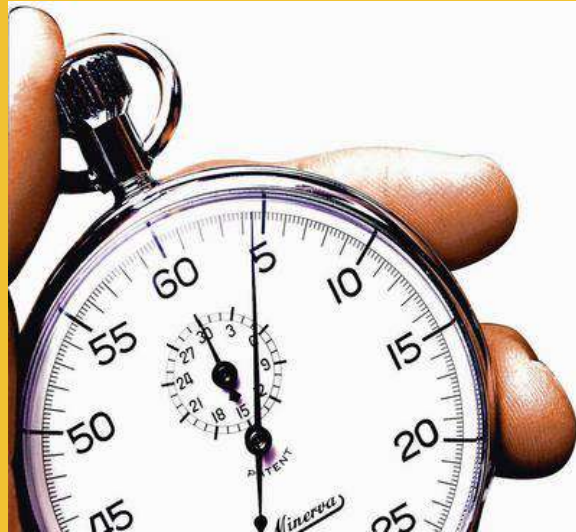
Football
Golf
Ice Hockey
Lacrosse
Soccer
Softball
Swimming
Tennis
Track & Field
Volleyball



Time Management

School

Work



***Activities/Athletics/
Volunteering***

Friends & Family

Freshman Orientation

- End of August
- Receive your schedule
- Try your locker
- Student-led tours
- Review rules/policies
- Meet Student Council members



What will your first day of school look like?

(Click the link above to watch a short video made by Sheehan's Media Club!)

How can I learn more about Sheehan?

- Follow us on Twitter @MTS_Counselors
- Online Curriculum Planning Guide
- Attend Freshman Orientation in August

Questions?? Call Sheehan High School
Counseling Office at 203-294-5915

