

LAMP INDOOR TRACK SEASON, 2022 - 2023		
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All meets are at the Birmingham Metro CrossPlex		
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Saturday	Dec. 3, 2022	Magic City Invitational #1
Saturday	Dec. 10, 2022	Holiday Invitational #1
Saturday	Jan. 7, 2023	Ice Breaker #1
Monday	Jan. 16, 2023	Martin Luther King Indoor Track Classic #1
Saturday	Jan. 28, 2023	Last Chance #2
Fri-Sat	Feb 3-4, 2023	AHSAA State Meet