Spring 2022 Catalog Newtown **Continuing Education**

Your Lifelong Learning Hub

BASIC WATERCOLORS, KNITTING, FUSED GLASS & MORE ARTS & CRAFTS

YOUR LEARNING RUS





25% Discount for Adults Ages 62+ or 10% Early Registration Discount Exp.: 3/18/22

FUTURE & RETIREMENT PLANNING COURSES



COMPUTER CLASSES



Register Online: newtown-ce.revtrak.net P: 203.270.6190 | newtowncontinuinged.org



Newtown High School 12 Berkshire Road Sandy Hook, CT 06842

Discounts Exp: 3/18/2022

Summer 2022

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SUMMER 2022

We offer various summer camps to fit the different interests of children. Summer camps are Monday through Friday (unless otherwise specified. Summer Splash will also be offered to those enrolled in a half-day K-6 Summer School program.

SMART (Summer Music & Art)

An experience like none other, children will enjoy (3) different programs in their camp day, from clay to music, there's an art for every child's interest.

8:30 am - 1 pm at Newtown High School (2022)

Session 1: July 5 - July 15 \$ 319 **Session 2:** July 18 - July 29 \$ 355

Outdoor Explorers: Your child will experience the outdoors by

exploring the "backyard."

 Session 1: July 5 - July 8
 Session 2: July 11 - July 15

 Session 3: July 18 - July 22
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Camps for Grades 5 - 8: (Coming 2022)

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Enrollment/Itineraries available in March 2022

Registering Made Easy

Online Registration: www.newtown-ce.revtrak.net

By Mail:

Newtown Continuing Education at Newtown High School

12 Berkshire Road, Sandy Hook, CT 06482

By Phone: (203) 270-6190



SCAN ME

Contact Information

Give us a Like on Facebook!

@Newtown Continuing Education

Office Hours: Monday - Friday 8:30 a.m. to 3:30 p.m. In an effort to minimize traffic throughout our building, all office hours are by phone only. We encourage you to use our online or mail-in registration options to register.

Contact Us: Phone: (203) 270-6190

Email: ContinuingEd@newtown.k12.ct.us

Hablamos Español

Tel: (203) 270-6190

Si tiene preguntas sobre los cursos que ve en nuestro catálogo, llámanos y estaremos encantados de ayudarle.

Please Consider Prior to Booking:

Friendship Tours makes every effort to provide the trip as written. We are not responsible for any changes made in the arrangements (departure locations) or delays.

- All Trips are non-refundable, but maybe transferrable with sufficient notice (30 Days).
- Listed departure times are approximate.
- All trips must be booked 2 weeks in advance of departure date.
- Please check all state requirements prior to traveling to ensure you are up to date. Refunds for non-compliance cannot be given without 30 days notice.
- Once booked, if there is any change in the itinerary, we will notify you via email.

RHODE ISLAND FAMILY STYLE CHICKEN DINNER & TWIN RIVER CASINO!

Winner, Winner, Chicken Dinner-Wright's Farm-Blackstone Valley, RI The Ocean State is known for seafood. It also happens to be the chicken-dinner country! All around the Blackstone Valley, north of Providence, the nation's smallest state sports big restaurants that serve gigantic meals built around boundless bowls of roast chicken. For the culinary adventurer in America, one of these mighty meals-dished out family-style, all-you-can-eat is an essential rite of passage. One of the biggest restaurants on Earth, Wright's Farm serves this classic chicken dinner, all-you-can-eat. Your fabulous meal consists of dinner rolls, salad with Wright's Farm classic Italian dressing, pasta with red sauce, Wright's amazing French fries, and of course Wright's famous, tender and juicy baked chicken, leave room for ice cream! Visit the Gift Shop and keep up with our winning streak for a visit to Twin River Casino-with over 4,000 slot machines and live table games.

Course#: S22RI1 Price: \$112.00 Thursday, April 7, 2022 from NHS

Departure: 8:45 am from NHS

Estimated Return: 7:30 PM

BRONX ZOO

Come and experience life on the wild side! The Bronx Zoo's world-class exhibits such as Congo Gorilla Forest, the Wild Asia Monorail, Tiger Mountain, and Madagascar will get you eye-to-eye with majestic tigers, inquisitive gorillas, and so much more! Hailed as America's largest metropolitan zoo, the Bronx Zoo will take you on an adventure through the African Plains to the Himalayan Highlands. Come and escape for a day! Total Experience Zoo Admission ticket includes: Full Admission, Zoo shuttle, Wild Asia Monorail, Congo Gorilla Forest, Butterfly Garden, Bug Carousel, Jungle World, and the Children's Zoo. Bring your lunch or grab a tasty snack at one of the Zoo cafes. This trip is rain or shine

*Per current NYC Government mandatevisitors ages 5 & older must show proof
of one vaccination. Visitors ages 12 & older must show proof they have received
two vaccine doses. In addition, a photo ID is required for ages 18 & older. Masks
are required for rides and all indoor areas for all guests.

Course#: S22BZ1: \$110.00 Adult (12+) \$100.00 Child (8-12 years)

Saturday, June 4, 2022

Departs: 7:45 AM from NHS **Estimated Return:** 7 PM

<u>A Waiver will be required for all trips.</u> Masks will be required, at all times. Please visit Friendship Tours' website for information on how they are helping to ensure a Safe Journey for all.

Once booked, if there is an update or change to the itinerary, you'll be notified via email.



BLOCK ISLAND

Scenic ferry crossing from Point Judith, RI to beautiful Block Island. Lunch included at the famous National Hotel (advance choice of: Pan Seared Chicken Breast, Seafood Casserole, or Grilled Salmon). You will enjoy afternoon time on your own to explore the Island. *PLEASE NOTE: There is moderate walking involved on this tour and it is rain or shine.

Course#: S22BI1 Price: \$150 Saturday, June 25, 2022
Departs: 6:45 AM from NHS Estimated Return: 8:15 PM

ELLIS ISLAND & STATUE OF LIBERTY

From 1892 to 1954, millions of immigrants began their American dream here: The Great Hall, where the immigrants were processed, and the four rooms where immigrants were detained. The Statue of Liberty is an icon, a national treasure, and one of the most recognizable figures around the globe. Join us for a roundtrip ferry from Liberty Park, NJ to Ellis Island Immigration Museum and Statue of Liberty Island featuring the new Statue of Liberty Museum-two of the most visited spots in NYC. Enjoy an audio tour while visiting each island. Enjoy Lunch on your own, on Ellis Island or Liberty Island. (Entry to the Crown and Pedestal not included) PLEASE NOTE: This trip requires a moderate level of walking and is rain or shine.

Course#: S22EI1 Price: \$115 Saturday, May 14, 2022

Departure: 7:45 AM from NHS Estimated Return: 7:30 PM

SUMMER & FALL 2022 BUS TRIPS

Full itineraries & pricing will be available June 2022.

CT Lighthouse Cruise - August 20, 2022

Depart on a narrated Lighthouse Cruise aboard the Sea Jet catamaran out of New London.

Hudson Valley Wine Festival - September 10, 2022 Enjoy a celebration of wine and food at the Dutchess County Fairgrounds. The fest features wineries, craft brewers, cideries, distilleries, specialty foods, food trucks, jewelry and crafts.

Little Island- October 1, 2022

Explore Little Island, NYC's newest public park, built from 100 concrete pilings floating in the Hudson River.

Newport Playhouse-Holiday Show - December 2022

BEGINNER WATERCOLOR

In this course, students will learn the fundamentals and techniques of watercolor painting. The course information covered will include color theory, mixing colors, and the properties and techniques of using watercolor paint. Some basic drawing skills will also be included. The subjects we will be exploring are still life objects, botanicals, and simple landscapes. Participants should plan on supplying their own materials after the first class where we discuss the proper materials needed.

*Participants should plan on purchasing a pad of 140lb water-color paper, a brush or two, and a small set of watercolor paint. *Up to 25% Discount through 3/18/22*

Course#: S22BWC1 6 - 7:30 PM NHS 6 Classes **Price:** \$99

Thursdays, Feb 10, 17, 24, Mar 3, 10, 24

*No Class March 17 Kerri Swenson



REGISTER ONLINE NOW:

- Open your mobile's camera & < scan the code to your left
- Watch the link appear at the top of your phone
- Click the link & you'll be brought to our registration website



CREATING WITH CLAY

In this 2 hour workshop, participants will have the opportunity to learn the principles of throwing on the potter's wheel and/or making utility or decorative pieces using hand building with the slab roller, coils or pint pots methods. The pieces will be fired and glazed by the instructor, and collected 3 weeks after the class. Limited to 2-4 participants for each class. All materials are included.

*No Discounts Apply

 Course#:
 1 Class
 Price: \$62

 S22CC1: Session 1: Tuesday, February 22, 2022
 6:30-8:30 PM

 S22CC2: Session 2: Tuesday, March 8, 2022
 6:30-8:30 PM

 S22CC3: Session 3: Tuesday, March 22, 2022
 6:30-8:30 PM

 S22CC4: Session 4: Wednesday, April 6, 2022
 9:30-11:30 AM

 S22CC5: Session 5: Wednesday, April 20, 2022
 9:30-11:30 AM

 S22CC6: Session 6: Monday, May 9, 2022
 6:30-8:30 PM

 Roberta Ahuja Studio, 1 Great Ring Rd. Sandy Hook, CT 06482

ADULT BEGINNERS' KNITTING CIRCLE

Make time for yourself and learn to knit! If you've always wanted to knit, but didn't know where to start, or need to brush up on the basics, this course is for you! Learn to cast on, knit, purl and more, creating a fashionable project to start! Knitting is a great hobby that can be transported with you- knit at sports events, waiting rooms...using snippets of time! It's a very calming hobby. Learn about different fibers, try out different types and sizes of needles, and more! Crochet will also be taught. *Students need to bring in a skein of SUPER bulky-weight yarn (recommended: Lion brand Wool-Ease "Thick N' Quick" available at JoAnn's, Michaels, or Amazon) of their choice, and US size 13, or 15 knitting needles to start.

Course#: Teen Center 8 Classes Price: \$135

Session 1: S22BG1:

Wednesdays, Mar 30, Apr 6, 20, 27 May 4, 11, 18 & 25

6:45 - 7:45 PM *No Class April 13

Session 2: S22BG2:

Wednesdays, Mar 30, Apr 6, 20, 27 May 4, 11, 18 & 25

11 AM - 12 PM *No Class April 13

Nicole Christensen

ADULT KNITTING CIRCLE: INTERMEDIATE+

For those who can cast on and knit garter stitch, and are ready to build more skills (or have completed the beginner course). For intermediate students, projects will be created starting with an "oh so cute" hat that can be made in sizes from children to adults, as well as a seamless project "knitting in the round" on circular needles. In this comprehensive, step-by-step, fun class, you'll learn to read patterns, check gauge, master more difficult stitches (including cables) and more! Students need to bring in size 10 (longer length, preferably) straight needles and one skein (150 yards) of worsted weight yarn of their choice to start. Other materials needed are discussed in class. Advanced projects available, as well as students can bring independent projects for help and instruction, as well.

Course#: Teen Center 8 Classes Price: \$135

Session 1: S22KI1:

Thursdays, Mar 31, Apr 7, 21, 28, May 5, 12, 19 & 26

6:45 - 7:45 PM *No Class April 14

Session 2: S22KI2:

Wednesdays, Mar 30, Apr 6, 20, 27 May 4, 11, 18 & 25

12:15 - 1:15 PM *No Class April 13

Nicole Christensen

All Fused Glass classes take place at: Kelly Makuch Studio, 222 Brushy Hill Rd., Newtown, CT

FUSED GLASS-GARDEN MUSHROOMS

Using frit and bits of glass added to a pre-cut clear base, you will create a six inch mushroom cap of your own design. These adorable adornments are great for adding a little whimsy to your garden! They will be ready to install onto a wine bottle. Some optional ways to mount your cap will be discussed. Please wear closed heeled and toed shoes along with long pants. *Limited to 8 students*. **Classes are held at the Kelly Makuch Studio,** 222 Brushy Hill Rd. Newtown 10% Discount through 3/18/22

Course#: S22FGGM1 10:30 AM- 1:30 PM 1 Class **Price:** \$69

Sunday, May 22, 2022

Kelly Makuch Studio, 222 Brushy Hill Rd. Newtown, CT

MOSAIC GARDEN ART

As the weather warms, I am sure you are thinking of ways to decorate your garden! Well, in the warmth of my home-based studio, we will do just that! In this 3-session class you will create a lovely mosaic piece that can either be used as a stepping stone or house marker. This would make a lovely Mother's Day gift! There is a \$13.00 materials fee payable to the instructor at the class. All materials and tools provided. Limited to 8 students. Due to the duration of the class please feel free to bring your own lunch. Classes are held at the Kelly Makuch Studio in Newtown.

10% Discount through 3/18/22

Course#: S22MGA1 10:30AM - 2 PM 3 Classes **Price:** \$85

Wednesdays, April 13, 20 & 27

Kelly Makuch Studio, 222 Brushy Hill Rd. Newtown, CT

SANDBLASTED GARDEN PARTY LIGHTS

Learn sandblasting glass while creating a garden party light out of a recycled wine bottle. This project will surely add a delightful twinkle to any garden table! Samples will be available for inspiration! Please bring a clean, empty and dry, label-free wine bottle from home if you have a special color in mind or choose from available bottle choices at the studio. A great Mother's Day Gift idea! There is a \$9.00 materials fee payable to the instructor at the class. All materials and tools provided. Limited to 8 students.

10% Discount through 3/18/22

Course#: S22SGPL1 1:30 PM- 4:30 PM 1 Class **Price:** \$69

Sunday, May 1, 2022

Kelly Makuch Studio, 222 Brushy Hill Rd. Newtown, CT

IMPORTANT INFORMATION

Fused Glass classes are very popular and space is limited. We strongly recommend reserving your seat early. Prior to registering, please take into consideration that the studio is not ADA compliant, as there are stairs to access the studio. These classes may not be appropriate for those who have trouble working with their hands, as items are hand-crafted, with the use of some tools. The studio will send you an email in advance of your class (please check your emails/spam folders). The email will provide you with all details regarding what to wear, what to expect during your class and includes a waiver that will need to be signed.

Questions before enrolling? Please call Newtown Continuing Education at (203) 270-6190.



CREATING A RESUME

DEVELOPMENT & STRATEGY

No resume? No problem! Old resumes are great too! If you are a job seeker, career changer, or lifelong learner, this course will teach you how to strategically tailor your resume to your chosen position or field. Students will also receive 1-on-1 resume advice and leave with a fully functional resume. Please bring your laptops to the workshop.

10% Discount through 3/18/22

Course#: 6 - 8 PM NHS 2 Classes Price: \$100

Session 1: S22RW1: Tuesdays, Feb 8 & 15 **Session 2: S22RW2:** Tuesdays, May 17 & 24

Dave Bouton



ADULT & PEDIATRIC CPR/AED COURSE

Want to learn what to do during emergencies? Do you know that you have the power to save someone's life in cardiac, breathing, and medical situations? Positively Shocking LLC can teach you skills and provide you with a 2-year American Red Cross Certification in CPR in an easy and fun environment. This course is designed so that laypersons will react with confidence in an emergency situation. In addition to the one-night CPR/AED Class you can also register for a one-night First Aid Class.

*No Discounts Apply.

Course#: S22CPR1 6 - 8 PM NHS 1 Class **Price:** \$99

Thursday, March 3, 2022

Mary Sireci, Positively Shocking, Certified Instructor



REGISTER ONLINE NOW:

- 1. Open your mobile's camera & < scan the code to your left
- 2. Watch the link appear at the top of your phone
- Click the link & you'll be brought to our registration website

SELLING YOUR STRENGTHS:

LINKED IN & SOCIAL MEDIA FOR JOB SEEKERS

Ever wonder how people find jobs online without "applying"? They sell their strengths and skills! You can do the same to maximize the effectiveness of your own job search. Learn how to build an attention grabbing Linked-In profile, and learn how to identify strengths and keywords that will get you noticed! 10% Discount through 3/18/22

Course#: S22CW1 6 - 8 PM NHS 1 Class **Price:** \$40

Monday, March 28, 2022

Dave Bouton

SECURITY OFFICER TRAINING COURSE (Blended Learning)

The essential class everyone needs to become a security office in the State of CT.

Prepare for your Security Guard License. This dynamic course covers information about the Security Industry, how to be a Security Office and job exploration. CT laws pertaining to self-defense, the use of force, and citizen's arrest will be reviewed. Learn about the use of force continuum, fire safety, the history of security and work place violence, terrorism, communication skills and more. Upon successful completion of this course, you will be issued a training certificate, required to accompany your license application, to the Connecticut Department of Emergency Services and Public Protection.

*No Discounts Apply

Course#: 2 Classes Price: \$125

Session 1: S22SO1: Tuesday

Saturday, March 12, 2022 8AM - 3PM (Online) Tuesday, March 15, 2022 6 - 7 PM at NHS

Session 2: S22SO2:

Saturday May 7, 2022 8AM -3PM (Online) Monday, May 9, 2022 6 - 7 PM at NHS

Louis Bonito, LJB Security

FIRST AID

Want to learn what to do during emergencies? Do you know that you have the power to save someone's life in medical situations? Positively Shocking LLC can teach you skills and provide you with a 2-year American Red Cross Certification in First Aid in an easy and fun environment. This course is designed so that persons will react with confidence in an emergency situation. (A Separate CPR/AED Certification course is offered).

*No Discounts Apply

Course#: S22FA1 6 - 8:30 PM NHS 1 Class **Price:** \$99 Thursday, March 10, 2022

Mary Sireci, Positively Shocking, Certified Instructor

QUICKBOOKS DESKTOP

This class will cover the key features of this still very popular business finance software. Among the topics to be covered are setting up income and expense categories; adding balance sheet accounts; income and expense tracking; checking and cash accounts; credit card accounts; accounts receivable and accounts payable; customer and vendor lists; invoicing; reports; and more. (*Please note that* this course covers QuickBooks Desktop, not QuickBooks Online) Up to 25% Discount through 3/18/22

Course#: S22QB1 6:30 - 8:30 PM NHS 3 Classes Price: \$115

Thursdays, May 12, 19 & 26

Mike Ingber, Upward Business Systems



WORD: THE BASICS

Learn the basics to successfully use Microsoft Word, the best-selling word processing software. Learn how to create and edit documents, how to format your document, how to use spell-check and thesaurus, how to cut/copy/paste, and more. No prior word processing knowledge is necessary, but a basic knowledge of computers is helpful. Up to 25% Discount through 3/18/22

Course#: S22W1 6:30 - 8:30 PM NHS 2 Classes Price: \$69

Mondays, March 21 & 28

Mike Ingber, Upward Business Systems

EXCEL PART 1

Learn to use Excel, the spreadsheet most used by businesses, students and home-users. Spreadsheets are the best tool for working with rows and columns of information. We will cover working with text, numbers and dates. We will learn how to use formulas and functions, as well as many other features. You will be surprised at how versatile Excel can be and how easy it is to learn. Up to 25% Discount through 3/18/22

Course#: S22CE1 6:30 - 8:30 PM NHS 3 Classes Price: \$115

Mondays, April 25, May 2 & 9

Mike Ingber, Upward Business Systems

WORD: THE FEATURES

Explore some of the most used features in MICROSOFT WORD. In this class, we will dive deeper into the many useful features of Microsoft Word: bullet lists, number lists, headers and footers, custom tabs, multiple column layouts, page borders, watermarks graphics and more. Some prior knowledge of the Microsoft Word program is helpful for this class. Up to 25% Discount through 3/18/22

Course#: S22W2 6:30 - 8:30 PM NHS 2 Classes Price: \$69 Mondays, April 4 & 18 *No Class April 11

Mike Ingber, Upward Business Systems

EXCEL PART 2

Continue to learn more about the most popular spreadsheet product on the market. In this second part you will work with multiple sheet workbooks, charts, advanced formatting capabilities, filtering, validating, scenarios, and much more. Excel Part 1 or equivalent is a prerequisite. Up to 25% Discount through 3/18/22

Course#: **S22CE2** 6:30 - 8:30 PM NHS 2 Classes **Price:** \$69

Mondays, May 16 & 23

Mike Ingber, Upward Business Systems

POWERPOINT BASICS

PowerPoint is the most commonly used presentation program available, in school, business and for personal use. This hands-on session covers PowerPoint basics, which includes: adding slides; selecting slide layouts; choosing a presentation design and color scheme; using slide sorter to organize your presentation; adding text and bullet lists to your slides; formatting text and bullet lists; adding speaker notes; and more. Even if you have been using PowerPoint for a while, you are very likely to enhance your knowledge of the program with this course.

Course#: S22PP1 6:30 - 8:30 PM NHS 1 Class **Price:** \$45

Thursday, April 21, 2022

Mike Ingber, Upward Business Systems

Up to 25% Discount through 3/18/22

POWERPOINT FEATURES

This hands-on session picks up where the Basics class leaves off. We will cover adding pictures and shapes to your slides; adding "SmartArt" to your slides; adding tables and charts to your slides; setting up a slide show (including transitions and animations); and printing your presentation. The skills learned in this class will allow you to create much more dynamic presentations.

Up to 25% Discount through 3/18/22

Course#: S22PP2 6:30 - 8:30 PM NHS 1 Class **Price:** \$45

Thursday, April 28, 2022

Mike Ingber, Upward Business Systems



THE HISTORY OF TV WESTERNS (1950's - 1970's)

The period between 1950 and the early 1970's marked the golden age of American TV Westerns. Learn how radio shows of an earlier time would have an influence on American Television Westerns and their development into a weekly form of television this lesson will also discuss the careers of many of the television stars of this uniquely American form of entertainment.

Up to 25% Discount through 3/18/22

Course#: S22H3 6:30 - 8:30 PM NHS 1 Class **Price:** \$44

Wednesday, April 27, 2022

Leon DiMartino

THE HAUNTED HISTORY & FOLKTALES OF NEW YORK STATE Part ||

A continuation of Part I, this two part series of classes will discuss haunted sites and legends in relation to famous people and sites from the historical past of New York state. We will also discuss how a New York State supreme court ruling outlined what a haunted place is in relation to the sale of a homestead. Unique in that New York State is the only state in the nation to have such a ruling on its books. An interesting and fun class for those that love haunted folktales and legends.

Up to 25% Discount through 3/18/22

Course#: S22H6 6:30 - 8:30 PM NHS 2 Classes **Price:** \$85 Wednesdays, May 25 & Jun 1

Leon DiMartino

THE EARLY DUTCH SETTLEMENT OF NEW YORK STATE

(1609 - 1664)

New York state has a different cultural origin than the other 12 of the original 13 Colonies. Learn the story of how a Dutch trading post founded in the early 1600's would influence not just the development of the region, but would have an impact on the economic development of the United states on everything from government to literature to common American words of Dutch influence. This class would help to fill in some of the gaps in regional, as well as American history.

Up to 25% Discount through 3/18/22

Course#: S22H4 6:30 - 8:30 PM NHS 1 Class **Price:** \$44

Wednesday, April 20, 2022

Leon DiMartino

THE HAUNTED HISTORY & FOLKTALES OF NEW YORK STATE

Part I

This two class presentation will begin with a basic understanding of the idea of what creates a haunted place and why it is considered haunted. We will trace the origins of how haunted folktales became a popular form of entertainment. Considered one of the more haunted regions of the country. This class will trace the history of these colorful tales of haunted places from the early Dutch Settlement of the region, which includes stories of famous places and people. Haunted folktales will include stories of mansions, homesteads, forts, and even a haunted legend of a ship or two.

Up to 25% Discount through 3/18/22

Course#: S22H5 6:30 - 8:30 PM NHS 2 Classes Price: \$85

Wednesdays, May 4 & 11 2022

Leon DiMartino

THE LIFE & TIMES OF EDGAR ALLEN POE

Learn the story of this gifted early American writer and how he would have an influence on the many forms of American literature including American poetry, science fiction, detective stories, murder mysteries and of course horror stories. Long before Jules Verne, H.G. Wells, Sir Arthur, Conan Doyle and even Agatha Christie, Edgar Allen Poe was already writing an American form of literature that these others would become famous for in their writing. *Up to 25% Discount through 3/18/22*

Course#: S22H2 6:30 - 8:30 PM NHS 1 Class Price: \$44

Wednesday, April 6, 2022

RESEARCHING OUR ROOTS:

Leon DiMartino

Genealogical research is both rewarding and challenging. Have you hit a roadblock in your ancestral research? Are you not sure how to find more generations of your family? Join instructor Sarah Miller as she shares tips and tools to help you dig deeper into your family's past. Sarah will present a case study of how she solved a difficult family mystery, and will introduce international research. She will also discuss strategies to feel confident in sourcing your research. Please bring any family documents and information you have, as well as a tablet or laptop, for guided research time.

*No Discounts Apply

DIGGING DEEPER

Course#: **S22GE2** 6 - 8 PM NHS 1 Class **Price**: \$45

Monday, April 18, 2022

Sarah Miller

HISTORY & GENEALOGY

THE LIFE & TIMES OF BAT MASTERSON

Buffalo hunter, frontiersmen, gambler, lawman and sports-writer. Learn the story of how this hero of the American West would spend his final years in New York City and find out how this friend of an American president would influence everything from law enforcement to newspaper writing to early silent movie westerns of the last century.

Up to 25% Discount through 3/18/22

Course#: S22H1 6:30 - 8:30 PM NHS 1 Class Price: \$44

Wednesday, March 16, 2022

Leon DiMartino

RESEARCHING OUR ROOTS:

AN INTRODUCTION TO GENEALOGY

Are you interested in building your family tree? Join instructor Sarah Miller as she presents strategies to begin your ancestral research using a variety of online sources. We'll focus on American records available and how to locate them. The presentation is followed by guided research time with access to several paid genealogical subscriptions. Please bring family documents and information, as well as a tablet or laptop. This class is designed for those just beginning their ancestral research.

*No Discounts Apply

Course#: S22GE1 6 - 8 PM NHS 1 Class **Price:** \$45

Monday, March 7, 2022

Sarah Miller

ED 2 GO

We offer a wide range of highly interactive courses that you can take entirely over the Internet. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fast, convenient, and geared just for you. Offering courses for personal skill development *or* advanced career training.

Discounts for Ed 2 Go courses do not apply.

Explore Advanced Career Training/ Certification Catalog:

www.careertraining.ed2go.com/newtown/

Prepare for industry certification or a new career. Start anytime and receive in-depth study materials. Many complete in 6 months or less.

Explore the Personal Skill Development Online Catalog:

www.ed2go.com/newtown/
Interactive, instructor-led or self-paced, courses.

Courses In:

Arts & Design

Construction & Trade

Business

Language

Hospitality

Health & Fitness

Legal

Math & Science

Teacher Development

Professional Development



DANCE /FITNESS

COUNTRY WESTERN LINE DANCING:

Once you get moving, you will not be able to stop! This is a great cardio exercise. If you took this series already, some dances will be repeated, but there are always additional dances to learn! We will also talk about Country Dance technique and dance floor etiquette. Comfortable clothing and flat dance shoes are recommended.

10% Discount through 3/18/22

Course#: 7 - 7:55 PM 6 Classes NHS **Price:** \$95 **Session 1: S22LD1:** Wednesdays, Feb 23, Mar 2, 16, 23, 30 & Apr 6

*No Class March 9

Session 2: S22LD2: Wednesdays, Apr 20, 27, May 4, 11, 18 & 25

Cheryl Carpio

COUNTRY WESTERN LINE DANCING: Beginner

Learn four to five classic country western dances. No partner or dance experience needed. Fun and simple instruction for all. This is great cardio exercise! Once you get moving you may not be able to stop! Dance all the dances that you have learned the last week. Comfortable clothing and flat dance shoes recommended. 10% Discount through 3/18/22

Course#: 6 - 6:55 PM 6 Classes NHS **Price:** \$95 **Session 1: S22BLD1:** Wednesdays, Feb 23 Mar 2, 16, 23, 30 & Apr 6

*No Class March 9

Session 2: S22BLD2: Wednesdays, Apr 20, 27, May 4, 11, 18 & 25

Cheryl Carpio

BELLY DANCE FITNESS

Calling all shapes and sizes! Strengthen your core and sculpt your trunk, arms and legs while learning the basics of Middle Eastern Belly Dance! Basic choreography, along with Pop and traditional Middle Eastern music, will have you dancing away the calories. Beautiful hip scarves and silk veils provided. Workout clothes are recommended. Please bring a refillable water bottle.

10% Discount through 3/18/22

Course#: 6:30-7:30 PM 8 Classes NHS **Price:** \$99 **Session 1: S22BD1:** Tuesdays, Feb 1, 8, 15, Mar 1, 8, 15, 22, 29

*No Class February 22

Session 2: S22BD2: Tuesdays, April 19, 26, May 3, 10, 17, 24, 31, June 7

Suzanne Candee

SALSA

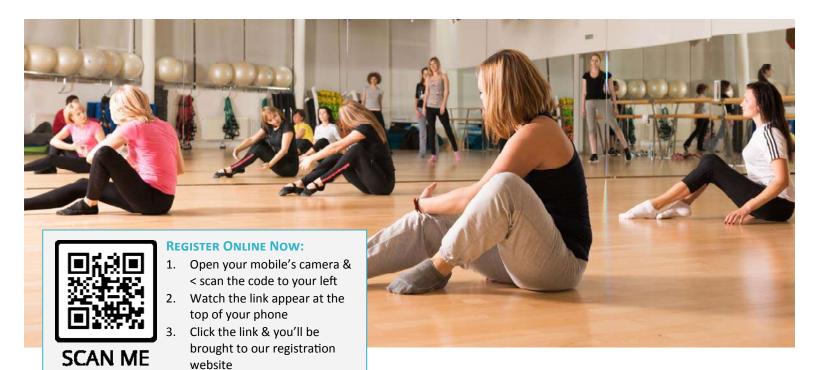
This Salsa class will prepare you to look great on the dance floor alone or with a partner. No partner necessary. Great cardio and a fun way to get in shape. Learn and practice basic rhythm, basic patterns and figures, with dance technique. Sneakers or flat shoes are recommended and wear comfortable clothing.

10% Discount through 3/18/22

Course#: 8 - 8:55 PM 6 Classes NHS **Price:** \$95 **Session 1: S22SSC1:** Wednesdays, Feb 23 Mar 2, 16, 23, 30 & Apr 6 *No Class March 9

Session 2: S22SSC2: Wednesdays, Apr 20, 27, May 4, 11, 18 & 25

Cheryl Carpio



CAT HERDING

Yes, You Can Train a Cat. You can teach your cat to sit. Learn how to make vet visits and or car rides easier. Have you ever tried to give a cat a pill? Imagine putting your cat into a carrier with ease. Tips, tricks and training will help. Training a cat will enrich its life, and make your life with a cat easier! There is no need to bring your pet (cat) to this class (we are unable to admit pets to the building).

Up to 25% Discount through 3/18/22

Course#: NHS 1 Class Price: \$30 Session 1: S22CH1: Tuesday, March 15, 2022

6 - 7:30 PM

Session2: S22CH2: Wednesday, April 20, 2022

7 - 8:30 PM Susan Johnson



HOUSEPLANTS 101

Many gardeners have great green thumbs when it comes to outdoor plants, but then have a difficult time with indoor plants. Do you struggle keeping your indoor plants healthy? Already a houseplant enthusiast? Expand your knowledge and know how. We will cover all sorts of houseplant situations and offer advice on how to keep your houseplants happy, what plants to choose (and what to avoid), where to place them, and how to maintain and overwinter indoor potted plants and when and what to put outside in warmer weather. From common varieties of houseplants to orchids, African violets, and more, we'll tackle the different challenges of indoor gardening and learn how to make your houseplants work for you!

Up to 25% Discount through 3/18/22

Course#: S22GAR1 6:30 - 8:30 PM NHS 1 Class Price: \$39

Monday, April 25, 2022 **Nicole Christensen**

HOME & GARDEN 11 PERSONAL DEVELOPMENT



BACKYARD BOUNTY: A GUIDE TO VEGETABLE GARDENING

You don't need to have a farm to keep a vegetable garden! In this class, we will go over what it takes to keep a great vegetable garden in our area. Learn what vegetables and herbs work best and where, when to plant and harvest throughout the entire season, what common pests and plant diseases can strike (and what to do when they do). From containers to raised beds, get ready for summer, and feed your family right from your own backyard! *Up to 25% Discount through 3/18/22*

Course#: S22GAR2 6:30 - 8:30 PM NHS 1 Class **Price:** \$39

Monday, May 9, 2022 Nicole Christensen

CANNING 101: A COMPREHENSIVE BEGINNER GUIDE TO CANNING & PRESERVING

Do you love to garden and find yourself with a bounty? Do you feel giddy at farmer's markets in summer and come home with more than you can possibly eat? This class is for you! We will cover everything the beginner canner and preserver needs to know. Learn what tools you need, how to choose the best vegetables and fruits, how to safely preserve your bounty through the seasons, along with great tips, recipes, and more!

Up to 25% Discount through 3/18/22

Course#: S22BC1 6:30 - 8:30 PM NHS 1 Class Price: \$39

Monday, May 16, 2022 **Nicole Christensen**

CHAKRADANCE ™ 7 Keys to Freedom Cycle

Get fit in a way only YOU can imagine! Burn calories, unwind, and find your inner compass, discovering your body-mind-spirit connection. Through guided imagery, spontaneous movement, and mandala art, each session restores balance to your energy Chakras which regulate your physical organs and emotional attitudes towards safety, sexuality, power, love, communication, intuition and self-realization. Bring a cushion. The Emotional Series focuses on the lower earth anchored chakras-root, sacral, solar plexus, and heart. The Intellectual Series focuses on the upper spiritually guided chakras-throat, third eye, crown-with a final integration session.

*No Discounts Apply.

Course#: 6 - 7 PM 4 Classes NHS Price: \$99

Session 1: S22ECD1: Emotional Series:

Wednesdays, Mar 2, 16, 23 & 30 *No class March 9

Session 2: S22ICD2: Intellectual Series: Wednesdays, Apr 20, 27 May 4, & 11

Audra Mace

INTRODUCTION TO TAI CHI EASY

Find out what all this Tai Chi buzz is about and in just one session you activate "the healer within" using traditional Chinese techniques to release your body's own medicine through gentle movement, selfapplied reflexology, meditation, and breathing providing simple and effective self-care skills that can be used throughout life and well into the "successful aging" process. Go home with a book with content that is practical and life transforming. You will leave feeling wonderful and will join the buzz about Tai Chi yourself! (\$17 materials fee payable to the instructor).

*No Discounts Apply.

Course#: 6 - 7:30 PM 1 Class NHS **Price:** \$29

Session 1: S22TC1: Tuesday, March 1, 2022 **Session 2: S22TC2**: Tuesday, April 5, 2022 **Session 3: S22TC3**: Tuesday, May 3, 2022

Audra Mace

EAT, MOVE, SLEEP ... REPEAT!

More than a NY Times, Best Selling book, <u>Eat, Move & Sleep</u> is a new way to live! Join veteran fitness coach, Linda Gottlieb in this two hour in person workshop where she will help you improve the three biggest measurements of optimal health-the impact of choices around eating, moving, and sleeping.

- With every bite you take, you will make better choices
- You will move a lot more than you do today
- And you will sleep better than you have in years.

Get proven and practical ideas that are comprehensive yet simple and begin to put YOUR customized plan in place to take immediate action. *Up to 25% Discount through 3/18/22*

Course#: S22EM1 6 - 8 PM NHS 1 Class **Price:** \$25

Wednesday, May 25, 2022

Linda Gottlieb

What to Bring for Mind & Body/Fitness Classes:

Water Bottle—Workout Clothing/Comfortable Clothing— Comfortable Sneakers/Flat Shoes

MINDFULNESS, MEDITATION & YOGA

Join Shyria (Certified Meditation and Yoga Instructor) as she teaches beginner mindfulness, meditation and a half hour of Yoga for beginners each class. This class is designed to meet you where you are with awareness and acceptance, with which we can advance in mindfulness, meditation and practice the gentle flow of yoga. We find our still quiet place and in this place we can choose love over fear within ourselves, family and ultimately the world. Bring your Yoga mat, blanket and meditation pillow. Visit: Yogaaccesories.com or Amazon.com if you need to order! 10% Discount through 3/18/22

Course#: S22MMY1 6:30 - 7:30 PM NHS 7 Classes **Price:** \$ 70

Mondays, Mar 7, 14, 21, 28, Apr 4, 18 & 25

*No Class April 11 Shyria Barker

MINDFUL TEA WITH SHYRIA

Join Shyria for an informative and relaxing workshop. While you enjoy a cup of tea you will discuss and explore what Mindfulness and Meditation is and how they work together. Please bring your favorite tea mug to the workshop, Shyria will supply the rest! *Up to 25% Discount through 3/18/22*

Course#: 6:30-7:30 PM NHS 1 Class Price: \$15 S22MTS1: Session 1: Thursday, February 10, 2022 S22MTS2: Session 2: Thursday, March 24, 2022 S22MTS3: Session 3: Thursday, April 7, 2022 S22MTS4: Session 4: Thursday, May 19, 2022

Shyria Barker

Please Consider Prior to Registering:

Most exercise classes involve laying down, knee movements, use of hands and back, and though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees.

If you have questions as to whether you should be exercising you may want to consult with your doctor before registering, as refunds cannot be given for these circumstances, without two-weeks' notice.



SCAN ME

REGISTER ONLINE NOW:

- 1. Open your mobile's camera & < scan the code to your left
- 2. Watch the link appear at the top of your phone
- 3. Click the link & you'll be brought to our registration website



TAROT FOR PERSONAL GROWTH

Instead of trying to predict the future, learn to read tarot cards for insight into yourself, your choices, your relationships, and all the situations that arise in your life. This series is designed to help you grow personally through contact with your own inner wisdom. Whether you are completely new to tarot or have been studying it for years, this series will give you tools to make better decisions in both your personal and professional life. This class is perfect for anyone interested in tarot and personal growth. Please obtain the Osho Zen Tarot Deck, if possible, prior to class, or bring whatever deck(s) you wish to work with.

Up to 25% Discount through 3/18/22

Course#: S22TPG1 6 - 7:30 PM 3 Classes NHS Price: \$45 Wednesdays, April 6, 20, 27
*No Class April 13

Uma Bode

INSTANT INSIGHT WITH NUMEROLOGY

Get instant insight into the disposition of acquaintances, co-workers, your beloved friends and family. Learn to calculate personality and forecast numbers revealed by birth name and date using simple addition. Ideal for supervisors, teachers, therapists, police officers, personal trainers, retailers, parents, speed daters, and anyone wanting to understand and relate to people better. Numerology is an ancient metaphysical science that reveals the blueprint of every human being's life and is still one of the most accurate and powerful self-help tools available today. Go home with resources that expose your daily relationship with numbers.

*No Discounts Apply.

Course#: S22IN1 6 - 7:30 PM NHS 1 Class **Price:** \$39

Tuesday, March 15, 2022

Audra Mace

LIVE THE LIFE YOU LONG FOR

Are you tired of feeling stuck in any aspect of your life? This program will help you get through those stuck places so you can live a more meaningful and authentic life. Through a series of exercises and class discussions, you will learn a new way to think about your life and what's possible for you. Tap into your inner wisdom. Develop self-compassion. Chart a new course for your life that is aligned with your heart and soul. The class will include homework exercises and practices that you will be able to utilize for the rest of your life. *Up to 25% Discount through 3/18/22*

Course# S22LLF1 6 - 7:30 PM NHS 3 Classes Price: \$45 Wednesdays, March 2, 16, & 23
*No Class March 9
Uma Bode

IMPLEMENTING THE GENIUS CREATIVE SKILLS OF LEONARDO DA VINCI

As a recognized and published researcher in the area of cognitive psychology. I have completed a manuscript on Leonardo's 'mental operacy'. I would like to share some of the unknown secret skills that Leonardo developed that produced incredible new understanding of scientific phenomena and remarkable works of art. This seminar could help you seek out new insights and perceptual skills that develop creative thinking. It is imperative that we use innovative methods to provoke our minds to raise 'the quality of our thinking' *No Discounts Apply.

Course#: S22GLL2 6 - 7:30 PM NHS 3 Classes **Price:** \$99

Wednesdays, April 20, 27 & May 4, 2022

Dr. Rudy Magnan

MIND & BODY





Please Consider Prior to Registering:

Most exercise classes involve laying down, knee movements, use of hands and back, and though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees. If you have questions as to whether you should be exercising you may want to consult with your doctor before registering, as refunds cannot be given for these circumstances, without two-weeks' notice.



Do you want to move comfortably and reduce pain? Set aside some time for a stretch class that lengthens muscles and aids in mobility. Move with greater range of motion, and less back and body pain. Learn to stretch hard to reach muscles. Students in the class will learn how to increase flexibility as well as when to use dynamic and static stretches. This class is for any interested person as modifications are made for each level. This class involves laying down, knee movements, use of hands, and back and though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees. You may want to consult with your doctor before registering. A yoga mat is recommended for this class.

Up to 25% Discount through 3/18/22

Course#: S22SS1 6:30 - 7:30 PM NHS 6 Classes **Price:** \$70

Mondays, Feb 28, Mar 7, 14, 21, 28, Apr 4

Mary Sireci

BUFF BONES® PILATES CLASS Pilates with Rose

Buff Bones® is a medically-endorsed, full body workout for bone strengthening and balance. It integrates Pilates, strength training, functional movement and rehabilitative exercise to improve the health and longevity of your bones and joints. It's adaptable to varying levels and is safe for those with osteoporosis. Rosemary Larkin is a licensed Buff Bones® Instructor. Bring a mat and light weights (2-3 lbs), wear flexible, fitted clothing. *No Discounts Apply.

Course#: 5:45 - 6:45 PM 6 Classes NHS **Price:** \$130 **Session 1: S22PRB1:** Mondays Feb. 7, 14, 28, Mar 7, 14 & 21

*No Class February 21

Session 2: S22PRB2: Mondays Apr 4, 18, 25, May 2, 9 & 16

*No Class April 11

Rosemary Larkin, Licensed Instructor

YOGA WITH KAREN PIERCE

Unwind from a stress-filled day with a relaxing evening of yoga. Transform from tense and tight to mellow and limber. This yoga practice is designed to lengthen and stretch the body, breath and brain! Karen is a master yoga teacher, yoga therapist, and yoga teacher trainer; she will teach you how to create an authentic personal practice. Wear sweatpants and bring an exercise/yoga mat (as well as a yoga strap and yoga blocks if needed.) This class involves laying down, knee movements, use of hands, and back and though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees. You may want to consult with your doctor before registering. Up to 25% Discount through 3/18/22

Course#: 6:30 - 7:30 PM NHS

Session 1: S22YK1: Wednesdays 10 Classes Price: \$100

Feb 16, 23, Mar 2, 16, 23, 30, Apr 6, 20, 27, May 4

*No Class March 9 & April 13

Session 2: S22YK2: Wednesdays 5 Classes Price: \$55

Feb 16, 23, Mar 2, 16 & 23

*No Class March 9

Session 3: S22YK3: Wednesdays 5 Classes Price: \$55

Mar 30, Apr 6, 20, 27 & May 4

*No Class April 13
Karen Pierce

PERSONAL PILATES WITH ROSE: Mat or Reformer Virtual or in-studio A personalized or group mat Reformer Pilates method session, originally created by Joseph Pilates as Controlology. Together we'll build your strongest balanced body keeping the spine flexible, the core strong and the mind focused. Special attention given to form and proper alignment with the teacher's eyes on you for a successful execution of Pilates exercises. All levels are welcome. Benefits include the teacher's eyes on you for proper form and alignment. Virtual private or group (with or without Pilates equipment) or in studio. By appointment only. To register for this class or for more info, contact Rosemary Larkin, Cer-

tified Pilates Instructor, directly at (203) 417-6026 or via email at

rizzzi001@gmail.com

PHOTOGRAPHY 15

EDITING WITH PHOTOSHOP (ELEMENTS) & LIGHTROOM (Part II)

Are you wondering how to make photos really pop? Have you ever wanted to remove an unwanted object in an image? Want to add a reflection? You can even turn that frown upside down in a family portrait. In this class, learn the tips and tricks to add finishing touches to your photos. Although this class will demonstrate how to use Photoshop Elements to edit, if you have Photoshop, you can still pick up tips to help you edit your photos because Photoshop will have the same or similar editing features. Since this is a remote class, you will be able to edit alongside the instructor and ask questions as you work. Photos for practice editing will be provided. In addition, you can send photos in for the instructor to edit to get some ideas on how others might choose to edit them. If you have been wondering why you can't quite get your photos to look the way you want them to, then this class is for you. Photoshop or Photoshop Elements and Lightroom are helpful to have for this class, or if you are considering getting them and you want to see what they can do, you might also want to join. You'll also need access to Microsoft Teams to join. A phone, tablet or computer will allow you to join via Teams. Hope to "see" you there! 10% Discount through 3/18/22

Course#: S22PS2 6 -7 PM Virtual 3 Classes Tuesdays, March 8, 15 & 22

Melissa Bilotta

Price: \$89

Virtual



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- Open your mobile's camera & < scan the code to your left
- 2. Watch the link appear at the top of your phone
- Click the link & you'll be brought to our registration website





INTRO TO PHOTOSHOP (ELEMENTS) & LIGHTROOM (Part I)

If you want to learn the tools in Photoshop (Elements) and Lightroom, then this is the course for you. You will learn how to use various tools like the clone stamp and healing brush, as well as different selection tools to help you make adjustments to parts of your image. There are also some tools hidden with the menus in Photoshop that can help enhance a photo. We will explore some of those, too. This class will help prepare you to learn how to edit with Photoshop and Lightroom. Photoshop or Photoshop Elements and Lightroom are helpful to have for this class, or if you are considering getting them and you want to see what they can do, you might also want to join. You'll also need access to Microsoft Teams to join. A phone, tablet or computer will allow you to join via Teams. Although it is not necessary to take Part One to join the Part Two course, it will be helpful to become familiar with the tools before learning how they are used to edit. Please see Part Two to learn more. Hope to "see" you there!

Up to 25% Discount through 3/18/22

Course#: S22PS1 6 - 7:30 PM Virtual 1 Class

Tuesday, March 1, 2022

Melissa Bilotta

ss Price: \$30
Virtual

PHOTOGRAPHY BOOT CAMP

This course is an introduction to digital photography. Students will learn digital camera basics, such as the memory card, battery, lens, shutter speed, aperture, and ISO. Other camera features can be explored in-depth, as well, based upon interest of the attendees. *Up to 25% Discount through 3/18/22*

Course#: 6 - 8:30 PM 1 Class NHS Price: \$55 S22PBC1: Session 1: Wednesday, February 23, 2022 S22PBC2: Session 2: Wednesday, March 16, 2022 S22PBC3: Session 3: Wednesday, April 20, 2022 S22PBC4: Session 4: Wednesday, May 11, 2022 S22PBC5: Session 5: Wednesday, June 1, 2022 Benjamin Schultz



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REGISTER ONLINE NOW:

- Open your mobile's camera & < scan the code to your left
- Watch the link appear at the top of your phone
- Click the link & you'll be brought to our registration website



INFLATION, MARKET RISK & YOUR RETIREMENT

There are Four Critical Components to a successful retirement: Inflation: Can erode the "purchasing value" of your money for everyday needs if you are not keeping pace. Social Security: When do I elect, how can I maximize? What is the solvency of social security, and will benefits exist or be reduced? Taxes Now & In Retirement: Taxes in retirement accounts can eat away at the value when I need it most. Will taxes rise in the future and will that change the success of my retirement? Market Volatility and Income Needs: Loss in the market and creating lifetime income can have a big impact.

Up to 25% Discount through 3/18/22

Course#: S22FP1 6 - 7:30 PM NHS 1 Class **Price:** \$29

Tuesday, March 8, 2022

Michael Alimo, USA Financial and Tax Services

ESTATE PLANNING 101

This course will review the basic estate planning documents everyone should have, including a Last Will & Testament, durable Financial Power of Attorney, Healthcare Power of Attorney, and Revocable Living Trusts. We will also discuss how to "avoid" probate and protect assets.

Up to 25% Discount through 3/18/22

Course#: S22EEP1 6 - 7:30 PM *Via Zoom* 1 Class Price: \$29

Tuesday, February 22, 2022

Nicole Camporeale, Wiley Etter Doyon, LLC

ELDER LAW: PROTECT YOUR ASSETS AS YOU AGE

Anyone can require long-term care as we age, and it can be financially ruinous. Learn how to protect your home and life's savings from Medicaid (Title 19) in case you need long-term care. Elder Law Attorneys Thomas E. Murphy and Michele F. Murphy of Danbury will address these urgent questions: If I don't plan, what will Medicaid "take"? How can I protect my assets and still keep control over them? How can a trust protect my assets? How can I get income from Veterans Affairs? How can I avoid probate? Preserve your life's savings and lifestyle, and protect your assets as you age. Attorneys Murphy explain using trusts and other techniques to protect your assets and income and qualify for Medicaid benefits (for home care, assisted living, or nursing home), VA Aid & Attendance pension (up to \$2,295/month) and Probate Avoidance through Revocable Living Trust. Up to 25% Discount through 3/18/22

Course#: S22EL1 6:30 - 8 PM Google 1 Class Price: \$29 Wednesday, May 18, 2022 **Virtual**

Thomas E. Murphy Esq. and Michele F. Murphy RN, MSN, Esq., Danbury Estate Planning and Elder Law Attorneys

Disclosure:

Virtual

You should consult with your own financial advisor and or attorney prior to making any investments, decisions or changes based on specific or general information presented by our instructors.

PROTECT YOURSELF WITH TRUSTS: ASSET PROTECTION TRUSTS & REVOCABLE LIVING TRUSTS

Avoid probate, minimize estate taxes, protect assets from Medicaid, preserve IRA funds, provide for disabled family members, and protect your estate from your children's creditors. Trusts keep you in control: You say what goes in, what comes out, and who does what. Avoid conservatorship during incapacity, litigation over your estate, costs of probate, and Medicaid forfeitures. Topics to be covered include: Revocable Living Trusts, Asset Protection Trusts, IRA Trusts, Special Needs Trusts, and Testamentary Trusts. Up to 25% Discount through 3/18/22

Course#: S22APT1 6:30 - 8 PM Google 1 Class **Price:** \$29 Wednesday, March 9, 2022 Virtual

Thomas E. Murphy Esq. and Michele F. Murphy RN, MSN, Esq., Danbury Estate Planning and Elder Law Attorneys

FINANCIAL STRATEGIES FOR SUCCESSFUL RETIREMENT

With financial independence, retirement can be the most fulfilling time of your life. This class covers important money management concepts and issues that are valuable to people near or at retirement. Topics include how to reduce pressure on your retirement income and which assets are appropriate for retirement income. A "hear it, see it, read it, write it" teaching method makes it easy for you to understand and remember the practical information. No products or investments will be promoted or offered. By condensing up-to-date financial information into three classroom sessions, this seminar gives you the answers you need. A \$30 material fee is payable to the instructor at the first class. You may bring a spouse for, "free," please include their name under "Special Considerations" when registering so we can get an accurate attendance number (only register one attendee). Up to 25% Discount through 3/18/22

Course#: S22FPR1 6:30 - 8:30 PM NHS 3 Classes Price: \$39 Tuesdays, May 10, 17 & 24

Steven Jacques, CETERA Advisor Networks, LLC

SOCIAL SECURITY PLANNING: DO YOU KNOW WHAT STRATEGY IS BEST FOR YOU?

Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute virtual presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits. We will discuss how to minimize taxes on Social Security benefits and how to coordinate your Social Security with your other sources of retirement income. We welcome your questions about Social Security benefits as you explore your own personal options in making this financial decision.

Up to 25% Discount through 3/18/22

Course#: 6:30 - 8 PMVirtual 1 Class **Price:** \$29 Session 1: S22FPSS1: Monday, March 14, 2022 **Virtual**

Session 2: S22FPSS2: Thursday, April 21, 2022 Session 3: S22FPSS3: Wednesday, May 11, 2022 Charles Yannich, Retirement & Money Strategies

RETIREMENT PLANNING 17

(UNDER FUTURE & FINANCIAL PLANNING COURSES ONLINE

TAXES: UPCOMING CHANGES & RETIREMENT

Taxes have been a concern for many Americans for decades now. With rising deficits, debt on the federal, state and municipality level where does that leave the taxpayer? As we head towards retirement most Americans have squirreled away a fair amount of assets "taxdeferred". At this educational workshop you will learn how taxes can change the outcome of your retirement. We will discuss current tax law, potential changes to tax law and strategies to get to as close to "tax-free" in retirement as you can. Samples of retirement analysis and strategies to transition to a more favored tax position with your savings and "tax-free" legacy concepts to consider.

Course#: S22FPT1 6 - 7:30 PM **Price:** \$29 NHS 1 Class

Thursday, March 10, 2022

Up to 25% Discount through 3/18/22

Michael Alimo, USA Financial and Tax Services



MEDICARE BASICS

Designed for those approaching 65 and or those new to Medicare, this educational workshop will cover many aspects of this somewhat daunting and complex subject. A few of the topics included are Medicare Part A, B & D, benefits, costs and various related Medicare solutions. "Medigap," plans (Medicare Supplements), Medicare Health Plans (Medicare Advantage/MAPD), Medicare Savings Plans, Extra Help, discount drug cards and how Medicare works with other health insurance. The goal is to learn about Medicare and to reduce the cost of healthcare. Up to 25% Discount through 3/18/22

Course#: 6:30 - 8 PM 1 Class NHS **Price:** \$29

Session 1: S22MB1: Thursday, February 10, 2022 Session 2: S22MB2: Thursday, March 10, 2022 Session 3: S22MB3: Thursday, April 7, 2022 Session 4: S22MB4: Thursday, May 12, 2022

Suzanne Candee, HIQS Group

NHS SAT PREP CLASS

This 24-hour program is given by certified teachers who have been carefully screened for their SAT expertise and ability to present the information and test-taking skills in a professional manner. Knowledge of the test format and a review of test material are very helpful for your student's success. Emphasis will be on basic testtaking techniques, to aid students with the test taking process.

Math Overview: Beginning with sample questions and progressing through Math itself. Discussion includes strategies and pinpointing the common mistakes students fall into when purposely "tricked" by the SAT.

English Overview: Sample writing, vocabulary and approaches to narrowing down answers. Familiarizing students with the vocabulary and reading content in the SAT. Focus on increasing reading speed. Barron's Books strategies are outlined.

Prepare for the June SAT (June 5)

Tue/Thur Prep: March 8 - May 10, 2022 6 - 7:30 PM Tuesdays, March 8, 15, 22, 29, April 5, 19, 26, May 3, 10 Thursdays, March 10, 24, 31 April 7, 21, 28, May 5 *No March 17, April 12 & 14 Classes are held at Newtown High School

*In the event of inclement weather or school closure, classes will resume via Google Meet at the scheduled date/time.

Classes are not given over Google for illness or absences. This course is in preparation for the SAT exam, and does not include the SAT Testing. You must enroll to take the SAT through proper channels of registration. No discounts apply.



LENTZ & LENTZ SAT PREP

Designed to benefit students of all ability levels. This 30-Hour program is divided equally between English and Math and covers all facets of the SAT. Previous SAT type problems are used in conjunction with our own copyrighted curriculum. Positive scores on the SAT and PSAT could translate into thousands of dollars in scholarships and savings.

Class features: Test taking techniques, preparation for the essay, practice SAT(s), advanced math and shortcut math, vocabulary development, speed-reading and online lesson podcasts for supplemental review. Extra Help: At no charge, course materials and 6 Hours of complimentary refresher sessions are included in the tuition. Lentz & Lentz teachers have been specifically trained to teach this program and all our instructors have a background in teaching. Flexible Make Up Classes: Lentz & Lentz allows students the flexibility to attend live, make up classes, just contact Lentz & Lentz. Lentz & Lentz Guarantee: Money back guarantee within three calendar days after lesson one if the student is not satisfied with the program. No refunds will be issued after that point in time. If the student does not attend the first session, regardless of any reason, there will be an \$85 charge. There is a \$25 processing fee for refunds. *No Discounts Apply

SAT PREP COURSES 18

These classes are *just the prep classes* and do not INCLUDE THE ACTUAL SAT TESTING



PRINCETON REVIEW:

SAT ESSENTIALS COURSE

Led by a Princeton Review expert, you'll review all of the content tested on the SAT and master our exclusive test-taking strategies through extensive in-class practice and drills. This Ultimate course is our most popular comprehensive prep course. Includes 18 hours of live classroom prep, plus three full-length practice tests. Interactive whiteboard, engage with other students, and receive live online instruction. Receive a personalized study plan, practice tools & more.

Please visit the Princeton Review's website for different options, schedule, fees and to enroll.

Website: Princetonreview.com/NewtownCT

Prepare for May SAT Classes held at Newtown High School

March 19 - May 5, 2022 Thursdays 6 - 9pm

Thursdays, March 24, 31, April 7, 21, 28, May 5 * No April 14

Saturdays, (Remote Testing) March 19, April 2 & 23

Price: \$949 \$711.75 if you use the PROMO CODE for 25% OFF

Promo Code: Newtown25%

LENTZ & LENTZ CLASS SCHEDULE

Prep for the May SAT (Saturday's) Prep for the May SAT (Mon/Tue) Begins March 12, 2022 Starts March 14, 2022 English: 9 - 10:30 AM Mondays: English 6 - 7:30 PM Math: 11 AM - 12:30 PM

2) March 19 1) March 12 3) March 26 4) April 2 5) April 9 6) April 23 7) Testing 8) April 30

Prep for the May SAT (Sundays)

Begins March 13, 2022 **English:** 5:30 - 7 PM Math: 7:30 - 9 PM

1) March 13 2) March 20 3) March 27 4) April 3 5) April 10 6) April 24 7) Testing 8) May 1

Tuesdays: Math 6 - 7:30 PM **English**

1) March 14 2) March 21 3) March 28 4) April 4

5) April 11 6) April 25 7) Testing 8) May 2

Math

1) March 15 2) March 22 3) March 29 4) April 5 5) April 12 6) April 26 8) May 3 7) Testing

Course Price: \$465

Classes are via Zoom

DRIVER'S EDUCATION 1

THE NEXT STREET: The Full Driver's Ed Course typically earns you a discount with your insurance company and you can even add on the option to take the test with The Next Street.

Need Help with your Permit Test?

Take the FREE practice test with questions straight from DMV's database. Each time you take the test, you'll get 25 new questions, so keep taking it. If you can take it 3 times, scoring at least an 80%, you're ready for the DMV.

Access the Practice Test: Thenextstreet.com/practice

Courses & Enrollment:

New Offering*

Safe Driving Course: Price: \$139 8 Hours of Classroom Instruction

Safe Driving Course

This is an affordable option created just for you. This course meets the state requirements, however, there is a 6 month waiting period for your license. This course typically does not qualify you for an insurance discount and does not include driving lessons (can be purchased separately).

Most Popular*

Full Driver
Education
Course

Full Driver Education Course

(Popular Choice) **Price:** \$599
30 Hours of Classroom Instruction & 8 Hours of Private Driving Lessons This course typically qualifies you for an insurance discount through your insurance company and there is only a 4 month waiting period for your license. This is the most popular course available for HS students.

*Price increase coming June 2022

Add-on to the Safe Driving Course

License Testing:

Test at The Next Street: \$150

Avoid the DMV completely and take your license test with The Next Street. To qualify for this option you must enroll in the full program OR purchase at least (2) driving lessons for the Safe Driving Course.

Driving Lessons: (call for pricing)

These private driving lessons are (2) hour appointments. Driving lessons are available and protocols to ensure the safety of clients and staff are being taken.



Safety Protocols are being taken to ensure client and staff safety.

Spring 2022 courses are being given over ZOOM.

To Review Safety Protocols in Place Visit: thenextstreet.com/health-safety-protocol

Online:

Thenextstreet.com/newtownhs

Call:

(860) 631 - 4292

Enroll

Let them know

Newtown Continuing Education
sent you and that you are a

ent you and that you are a Newtown HS student.

WERACE: WESTERN CT REGIONAL ADULT & CONTINUING EDUCATION

Registration, textbooks & materials are FREE for <u>mandated classes</u>.

Must be a Newtown Resident and present a valid ID.



For adult learners who need basic reading, writing and numeracy skills.

Classes are offered in math and reading.

ABE classes begin Monday, February 8th

(Evening Classes)



Prepares students to pursue citizenship through the prescribed Immigration and Naturalization Service process.

- Valid photo ID, proof of residency, and social security number are required.
- Registration for all new students includes a placement test. Please plan on a two-hour visit.
- New Students are encouraged to set up a pre-registration appointment prior to registering.
- All students will be required to attend a virtual, student orientation.

For more information visit:

www.Danbury.k12.ct.us

To Register for classes:

Step 1: Download the *Registration*Forms from the **Danbury.k12.ct.us** website under **Schools > Adult Education/**WERACE

Step 2: Complete the Registration Forms - found online.

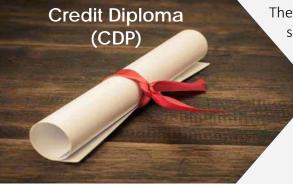
Step 3: Call (203) 797-4731 to complete your registration. All students must attend a virtual orientation. Registration is first come, first served. Register early.

General Equivalency
Diploma (GED)

GED preparation program to help students prepare for the GED examination. Classes prepare students for all sections of the exam with a focus on reading, writing and mathematics. Students may also enroll in Adult Basic Education (ABE) classes then progress to GED classes when ready.

Students who are 17 years old must submit documentation that a parent or guardian has signed them out of a CT high school and that they have been out of school at least six months. Students who are 18 years old must submit an official letter from the last Connecticut high school attended certifying that their class has graduated, or that they have been withdrawn from school for at least 6 months.

GED Testing (Evening & Day Classes)



The Credit Diploma Program offers students the opportunity to earn a high school diploma through the accumulation of credits. WERACE graduates must earn 23 credits in specific academic and elective areas and may transfer earned credits from other high schools. Students have the opportunity to participate in teacher-facilitated classes, as well as earn credits through online platforms. Credits for work, military experience, job training, or community service may also be awarded.

CDP Testing (Evening & Day Classes)

English as a Second Language (ESL) Designed for adults who have limited English language skills. There are three levels of ESL instruction: Beginning, Intermediate and Advanced. ESL classes help students to improve their listening, speaking, reading and writing skills so they are better able to find employment, become involved with their children's schooling, and make use of community resources.

(Evening & Daytime Classes)

SHARE YOUR TALENT WITH OUR COMMUNITY

DO YOU HAVE A TALENT OR INNOVATIVE IDEA?

Do you have a **new** or **exciting** course you would like to bring to the Newtown Community through Newtown Continuing Education?

We are always looking for innovative instructors to bring their talent to us. We offer a *competitive salary*, as well as an opportunity to meet and engage with other members of our community and provide the space to do so.

Full Name:	Phone:
Email:	
Program Name:	Dates/Times:
Brief Description:	

Submit this form through Mail or Fax: (203) 270-6190

Mail to: Newtown Continuing Education at Newtown High School - 12 Berkshire Rd. Sandy Hook, CT 06482



SMART CAMP Session 1: July 5 - July 15 Session 2: July 18 - July 29

SUMMER SCHOOL JULY 5 - JULY 28 (Mon—Thur., first week will be Tue-Fri)

OUTDOOR EXPLORERS: 4 SESSIONS: JULY 5 (TUE-FRI), JULY 11, JULY 18, JULY 25 (MON-FRI)

GRADES 5-8: CARTOONING. ROBOTICS. LEGOS & CARTOONING & MORE BEING OFFERED THIS

SUMMER

POLICIES 22

Cancellations: In order to provide the best program possible, we need a commitment at least **two weeks prior** to your scheduled class. Refunds will not be given without two weeks' notice.

Refund Policy:

- A \$15 processing fee is assessed to all refunds. Refunds are issued with two weeks' notice.
- Cancellations accompanied by a doctor's note will be considered. Please contact us as soon as possible.
 Email: continuinged@newtown.k12.ct.us

(Please be sure to review our procedures for Make Up Classes).

Discounts: The Senior Discount and Early Registration discounts may not be combined, and are for use on select programs. *Discounts do not apply to Ed2Go online classes, Driver's Ed, SAT Prep Courses, or Bus Trips. Discounts must be applied prior to payment processing, otherwise you forfeit your discount.*

Fees:

- A \$15 fee will be accessed for any and all cancellations, regardless of reason.
- Returned checks are subject to a \$10 charge.

Make Up Classes: Make up classes will be offered, either in-person or virtually, depending on circumstance. Neither refunds, credits, nor proration's will be given for your absence in a make-up class; regardless of reason. Make up classes are usually added on to the last week of your session date, or moved to another date.

Arrival for Programs:

- Please arrive no earlier than 5 minutes prior to your scheduled class. Should you arrive earlier; please wait in your car.
- There is no on-site registration, please pre-register online or via phone.
- Please do not wander the building.

Age Requirements:

- Most classes are open to students ages 16 and older, unless otherwise noted.
- Bus Trips are offered to anyone over 14 years of age, unless otherwise noted or with special permission from NCE.
- Currently, State of Connecticut Guidelines suggest individuals over the age of [65] or
 with other health conditions should continue to stay home and stay safe. Please consult with your primary care physician if you have any concerns.

Web Courses:

- You are to provide your own device. All Newtown Board of Education policies should be complied with while attending online courses.
- Materials will not be provided, unless previously specified.
- If you are asked to leave due to inappropriate behavior, neither a credit nor refund will be issued.

COVID-19 Response: We take the safety of our participants and staff seriously. We have implemented safety guidelines and cleaning procedures in response to the COVID-19 circumstance. Please take a moment to review.

Face Coverings: All instructors and participants are required to wear and supply their own facemask or other cloth face covering that completely covers the nose and mouth, unless doing so would be contrary to his or her health or safety due to medical conditions, for which a medical note for exemption will be required in advance of attending a program. Neither credits, nor refunds will be issued for classes missed due to not having a face covering.

Maximum Class Size: All in-person classes will be limited to 10 students or less, and one instructor.

Visitors: Visitors will not be permitted in the building. Only those that have *pre-registered* for a program or are instructing, will be given admittance into the building. Childcare is not provided and children are not allowed to sit in on classes, nor outside in the hallway for their safety.

We appreciate your continuous support, understanding and cooperation during these unprecedented times.

School Closings & Policies Weather Related:

- If day time classes are cancelled because of inclement weather, there will be NO evening classes. (please see make up sec)
- WLAD Danbury 800, FM WDAQ 98.3, FM WEZN 99.9 and WTNH News Channel 8 broadcast school closings.
- Our **Facebook Page**: *Newtown* Continuing *Education* is updated with closures.

Extenuating Circumstances:

- If schools are closed to the public at the discretion of the Board of Education or State of Connecticut, make up classes will be given. At times make up classes will be given virtually or in a blended learning style (computer, PSAT/SAT, Mind and Body, Personal Development, Communication, Photography, History, Driver's Ed, and crafting classes, etc.).
- We are not responsible for providing devices to attend virtual classes, some instruction will be given on access to the virtual "classroom," through Zoom or Google Meet, prior to your scheduled class. For seminars, you can join in via phone if another device is not available.
- Bus excursions are subject to cancellation, and will be at the discretion of
 Friendship Tours or any of their participants. Refunds for bus trips will be on a
 case-by-case basis.

Smoking & Board of Education Policies:

All public school buildings and grounds are non-smoking areas, per policy of the Newtown Board of Education. This policy also applies to virtual courses. Participants are expected to adhere to all District policies, regardless of whether they are attending programs in-person or virtually; with the exception of wearing a mask and social distancing for virtual programs.

Non Discrimination Policy:

Newtown Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation or religion, mental or physical disability or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

Register for an Adult Ed Class

Full Name:				Date of Birth (MM/DD/YY):	
Address:					
Address.				Register Online at:	
	City	State	Zip	newtown-ce.revtrak. net	
Email:			*We se	end email notifications for updates/cancellations	
Phone#:		Alt. Ph	one#:		
Designated Emerger	ncy Contact:				
Name:			Phone:		
Course Registrat	ion :			WOWN	
Course#/Name:		Fee:		Chamaring sold	
Course#/Name:		Fee:			
Course#/Name:		Fee:		AONS TEYRNISC SAR	
Course#/Name:		Fee:		Grand Total:	
Liability Waiver: I, unde hereby, waive, release, ab organizers, sponsors, etc. to in-person participation or injury, the participant a disability, and death, that any injury, illness, loss, or third parties, or other pers premises, from acts of war	solve indemnity, and agree to hold harml for any claim arising out of injury to myse in a Newtown Continuing Education prog nd/or his/her family or others in the Partimay occur as a result of in-person particip damage to the Student and/or his/her farsons not under the control of Newtown Cor or terrorism, or from acts of God or nature.	dental to such particip ess the Newtown Add If. Participation is at a ram, participant(s) ur icipant's household, i pation in the Activity. mily or others in the Sontinuing Education a ure (including, but no entional misconduct	pation in the Newtow ult Continuing Educa my own risk. There is iderstand that they a ncluding serious illno The District/Newto itudent's household, nor the District, from t limited to, COVID-1 of the District, its off	vn Adult Continuing Education activity; and I tion Department and the program instructors, is no medical coverage. In voluntarily agreeing are assuming sole responsibility for any illness less, damage, loss, temporary or permanent wn Continuing Education is not responsible for whether resulting from acts or omissions of the operation or condition of facilities or 9), except to the extent that the injury, loss, or icers, trustees, faculty, employees, agents, or Date:	
		Js Your Regist			
Email: continuing	ged@newtown.k12.ct.us <u>or</u>	Mail Check/Fo	orm: 12 Berk	shire Rd. Sandy Hook, CT 06482	
<u>Payment Informa</u> Credit Card Numb		t Card (Visa/Mas	sterCard/Amex/	'Discover)	
CVV:	Exp.:		Signature:		
Checks Payable to: N	Newtown Continuing Education		Mailed to: 12 B	erkshire Rd. Sandy Hook, CT 06482	

Listings are updated Regularly.

Online Webstore:
Newtown-ce.revtrak.net



Nonprofit Organization
U.S. Postage
PAID
Newtown, CT 06470
Permit #12

Postal Customer



Spring 2022 Adult & Continuing Education Catalog

Register Now:

Simply open your phone's camera and follow the link that appears, Registration Website: **newtown-ce.revtrak.net**



Newtown Continuing Education

Located in Newtown High School 12 Berkshire Road | Sandy Hook, CT | 06482 Phone: (203) 270-6190