

Welcome to Mountain Brook High School!

We are anxiously awaiting your arrival but we need to select your classes first!

Here are a few helpful hints to guide you through the registration process:

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High School Schedule Info:

- Tenth grade students are also known as sophomores...just checking to make sure you know.
- **How the day is structured:** School begins 8:00AM and ends at 3:19PM.
The high school has 8 periods. Make sure when you are selecting courses that you select enough to fill 8 periods. One of those periods can be a free period.
- **Free Period (Independent Study):** You may have one “free period”. This will actually show up as Independent Study but everyone calls it a “free period”. You may eat lunch, visit in the mall, go to the library, sit in the outside mall, or visit available teachers during this time (by appointment). You do not earn a grade or credit for Independent Study (Free Period).
- **Lunch:** The lunchroom is open from 7:15 to 2:15 daily. You will find anything from a plate lunch and salad bar to grab and go snacks to a wide assortment of drinks. The high school does not have a specific lunch period like the junior high. Crazy but true...many teachers will allow you to eat in their classrooms! If you are taking Advanced Chemistry, you will also have time after Chemistry lab is over. At most, it will meet for a period and a half.
- **“The Mall”:** is an open area as you enter the high school where the lockers are located and students are allowed to sit and study, eat lunch, or just hang out with friends...did we mention study? The only shop located in the mall is the school store, “The Spot”.

Course Selection: Important Notes:

- **Alternates:** ALL students ***must*** select 4 alternate elective courses. These are courses that serve as back-up selection in the event that elective courses initially requested (and circled on the sheet) are not available or conflict with other classes. If students do not select alternate elective courses, then the administration will select courses for them.
- **Athletic Eligibility:** To remain eligible to participate in athletic teams, students must complete and pass 6 credits per school year. Only one PE course can count for this requirement (this is especially important for the football players who take the 2 period Advanced Chemistry course). PE Weight Training and 8th period PE-Football are both PE courses. AHSAA will only let you count one of these towards athletic eligibility so count your credits carefully. You may read more about athletic eligibility on page 11 of the course selection guide.
- **Summer School:** Summer school registration will begin on March 1. Summer school registration information and forms will be available on the web by March 1. Sophomore options include Driver’s Ed and Health but could also include Career Prep courses, Geometry and other classes if a set number of students register.
- **Powerschool:** Please do not forget to input all course selections in Powerschool. Please see the additional handout for instructions.

Mountain Brook High School Diploma Options

	Advanced with Honors	Advanced	Standard
Math	4 Geo, Alg II with Stats, Precalculus and 1 additional higher math	4 Geo, Alg II with Stats, Precal plus one additional- Alg 1 or a higher math	4 Geo, Alg II/Stats plus two additional math courses- Alg 1 and/or higher math(s)
Science	4 All Group 1- Bio and Chem or Physics Plus two additional	4 3-Group 1 1-Group 1 or 2 Bio and Chem or Physics Plus two additional	4 Bio and a Physical Science Plus two additional
English	4	4	4
Social Studies	4	4	4
*CTE/WL/ FA (3 credits total)	0	1	3
World Language	3-Same Language	2-Same Language	0**
Fine Art	1	1	0
Career Prep A & B	1	1	1
PE Kinesiology	1	1	1
Health	0.5	0.5	0.5
Electives	2.5	2.5	2.5
Total Credits	25	25	24

* CTE-Career Tech Education, WL-World Language, FA-Fine Art

**Many colleges require at least one year of a world language.

Requirements for All Diploma Types:

- **Core Four:** Each year you will select four required academic courses: English, Social Studies, Math, and Science. We call these the “Core Four.”
- **Additional Requirements:** Health (one semester), Career Prep A & B. These courses do not have to be completed during freshman or sophomore year but are required before graduation. Health is offered in summer school. Career Prep courses may be offered in summer school if a minimum amount of students enroll.
- **CTE (Career Tech), WL (World Language)/Fine Art Category:** Students must earn a total of 3.0 credits within these 3 categories. For students choosing the Advanced with Honors Diploma or the Advanced Diploma, an additional 1.0 credit of fine art must be earned.

Course Selection:

Course Selection: Four Core Sophomore Year:

Current ninth grade teachers will be providing counselors with a list of recommendations and your course selections will be verified by a counselor. If you have a question about a recommendation you may want to contact the ninth-grade teacher for specific information.

English

- **Everyone** will circle ***English 10 (regular)***
- Placements for Advanced English will be made by the first of March due to the portfolio process. Schedules will then be changed accordingly by the high school administration. Your current English teacher will guide you through this process.
- The additional courses listed under English are elective courses.

Social Studies

- All sophomores must take ***U. S. History to 1877 (regular or advanced)***. This is a required course for all 10th grade students. Advanced is taught very much like the 11th grade AP course.
- The additional courses listed under Social Studies are elective courses.

Math

- Your math recommendation is based on placement and outcome in current and previous math classes. Additional placement information has been gathered from testing data. Please refer to the teacher recommendation.

Science (placement based on math classes, grades, and teacher recommendation)

- If you earned less than an 80 in Geometry or Biology, ***you will circle Physical Science***.
- If you earned an 80 or higher in Geometry and Biology, ***you may circle Chemistry***, however this is not an automatic placement. Please refer to your teacher recommendation.
- Prior or concurrent enrollment (10th grade) in ***Adv Alg II/Stats or higher-level math course*** is the basic requirement for being recommended for ***Advanced Chemistry***. This is not an automatic placement. Please refer to your teacher recommendation.

Course Selection: PE Beginning Kinesiology (formerly PE Life):

- This credit is REQUIRED by the state of Alabama for graduation.

*******All students MUST register for *one* of these PE Kinesiology Options*******

- ☐ PE Kinesiology class (gym class with a health course component)
- ☐ PE Athletics-fall and PE Athletics-spring (AHSAA Approved Sports Teams)
- ☐ Men's Honor Choir or
- ☐ Women's Concert Choir
- ☐ Marching Band
- ☐ Cheerleading
- ☐ Dorians (Dance Team & Color Guard)

- **All 10th grade students must meet the PE Beginning Kinesiology requirement.**
- Please make sure to fill out the PE Kinesiology information at the bottom of the course selection sheet. If by some chance you do not make your PE athletic team, we need to know how you are going to complete this credit.
- All students enrolled in an option other than the PE Kinesiology course will be required to complete an additional short PE Kinesiology online course via Canvas as well and fitness testing as supervised by their coach or director. This meets the curriculum requirements specified by the state to receive PE Kinesiology credit.
- Sophomores who, for whatever reason, drop their PE Athletic Course (sports team) after the fall semester will be placed in the PE Kinesiology course for the spring semester.
- Coaches have the final approval on who may be placed in their 8th period athletic classes.

Miscellaneous Information regarding Electives:

- **World Language.** We strongly recommend taking at least one year of a world language even if you are planning to earn a Standard Diploma. Many colleges require at least one year.
 - The Advanced with Honors diploma requires 3 consecutive years of a world language (for example, Spanish I, II, and III).
 - The Advanced diploma requires 2 consecutive years of a world language (for example French I and II)
- **Football.** If you are on the football team, you will register for PE Football and PE Advanced Weight Training for both fall and spring semesters (every year except senior spring).
- **Track.** If you are on the cross country and/or track teams, you will register for PE Track both semesters and may also take Advanced Conditioning (with coach approval).
- **Driver's Ed** is not a required class but many students decide to take it because it is a great way to learn all DMV driving rules and may help with the cost of automobile insurance. The first half of the semester is classroom lessons while the second half is driving appointments. Once requirements are met, students will earn a certificate to waive the driving appointment with the DMV. Driver's Ed is also offered in summer school.

Sample Sophomore Schedules

These are only a few of the possibilities. The possibilities are endless!

Customize the courses to fit the student.

(Courses are not listed in period order; numbers are just listed to remind we have 8 periods to fill)

Football Player taking Adv. Chemistry:

- 1-English 10
- 2-US History
- 3-Math
- 4-Adv. Chemistry
- 5-Adv. Chemistry (only select once in Chalkable)
- 6-World Language*
- 7-PE Adv. Weight Training
- 8-PE Football/PE Basketball

Football Player taking one period science:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science or Chemistry
- 5-World Language*
- 6-PE Adv. Weight Training
- 7-PE Football/PE Baseball
- 8-Independent Study (Free Period)

Band Student:

- 1-English 10
- 2-US History
- 3-Math
- 4-Chemistry
- 5-Photo I-Photo II*
- 6-Driver's Ed/Art I-A*
- 7-Marching/Symphonic Band (fulfills PE Kinesiology requirement)
- 8-Independent Study (Free Period)

Student Interested in Art:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science
- 5-Driver's Ed/Health*
- 6-Draw Paint/Adv Draw Paint*
(can jump to these courses if Art Foundations or Art I taken at the JH in 8th or 9th grade)
- 7-PE Beginning Kinesiology class
- 8-Independent Study (Free Period)

Track Student:

- 1-English 10
- 2-US History
- 3-Math
- 4-Chemistry
- 5-World Language*
- 6-Adv. Conditioning *
- 7-PE Track
- 8-Independent Study (Free Period)

Choir Student with additional activity:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science
- 5-World Language*
- 6-Men or Women's Concert Choir (fulfills fine art requirement)
- 7-Dorians (fulfills PE Kines. requirement)
- 8-Independent Study (Free Period)

* Or other elective-World Language, Fine Art, Business, or other elective course (see course selection guide for course listings, requirements, and descriptions)