

Monday	Tuesday	Wednesday	Thursday	Friday
<u>MARCH</u> 23	24	25 <u>First Practice</u>	26 Practice	27 Practice
30 Practice	31 Practice	<u>APRIL</u> 1 Practice	2 Practice	3 Practice
6 Practice	7 Practice Event Sign-up	8 Practice	9 <u>3:45 Track Meet @ Stocker Stadium</u>	10 Practice
13 Practice	14 Practice Event Sign-up	15 Practice	16 <u>3:45 Track Meet @ Stocker Stadium</u>	17 Practice Event Sign-up
<u>3:45 Track Meet @ Stocker Stadium</u> 20	21 No Practice	22 Practice	23 Practice	24 Practice Event Sign-up Picture Day
27 Practice	28 Practice	29 <u>District Finals Meet @ Stocker Stadium</u> <u>1:00 Field Events</u> <u>2:30 Running Event</u>		

Important Information

- ✓ Practice starts at 3:20 & ends at 4:35 at Fruita 8/9 track. A bus will bring all 7th grade athletes over to the 8/9 after school for practice.
- ✓ **BRING WATER & SUNSCREEN EVERYDAY!!!**
- ✓ Students are to walk home immediately after practice or **pick up at Fruita 8/9 on the North side - main entrance by 4:45.**
- ✓ Athletes may participate in up to 4 events at each track meet.
- ✓ Students ride a bus from FMS to Stocker Stadium on meet days. There are **NO RETURN BUSES** for track meets. Athletes must have own ride home & parents must sign athletes out with a coach at the meet.
- ✓ No entrance fee for track meet except District Track Meet will be \$2 for 19-64 age group and \$1 for 8 – 18 and over 65.
- ✓ Track meets begins at 3:45 except for District Finals on May 1.

7th Grade Head Coach: Carroll
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8th Grade Head Coach: Decker
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 Asst Coaches: Mabley, Vassen