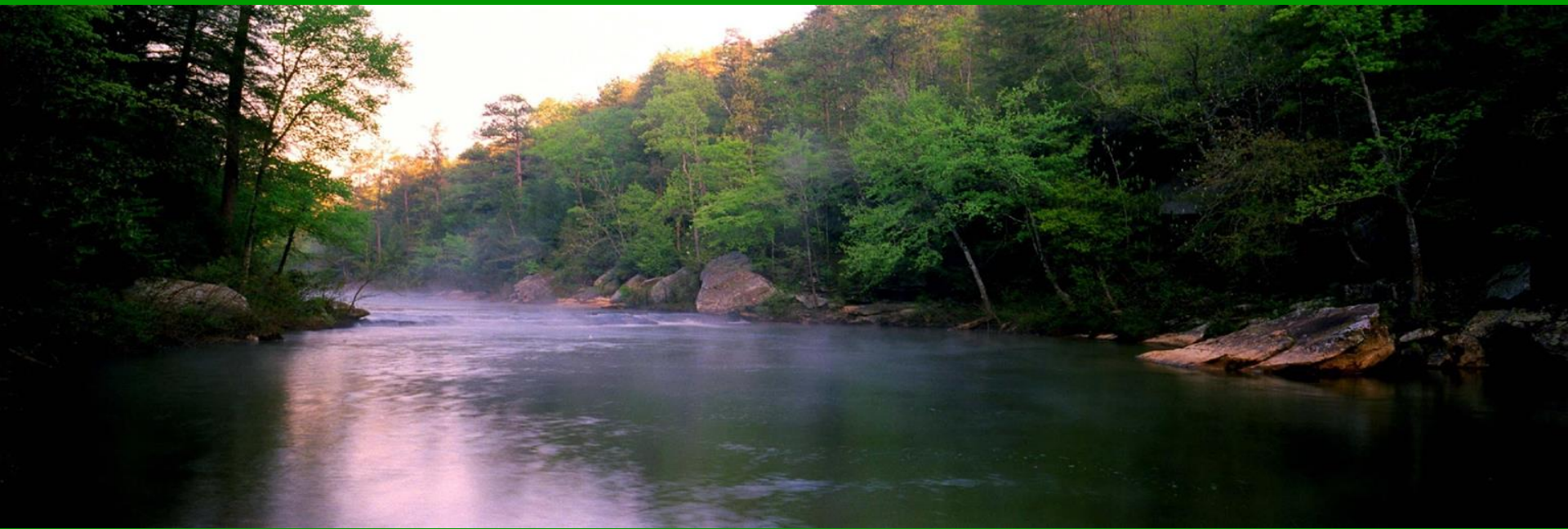


# Camp McDowell Environmental Center



Alabama's Premier Environmental  
Education Program

# Mill Creek 5th Grade

Our field trip to Camp McDowell will be Monday, May 11 through Wednesday, May 13.

This presentation will give you the camp information. Questions can be submitted on the Google form link. [Camp McDowell Questions](#)

# Mission Statement

The Mission of Camp McDowell Environmental Center is to connect people to their environment, teach respect for the Earth and its beings, and encourage lifelong learning.



Camp McDowell encompasses 1,140 acres of diverse forests, meadows, streams and canyons. The camp is located at 105 DeLong Road, Nauvoo, AL. in Winston County.

# Monday, May 11 Procedures

- ❖ All campers are to report to the cafeteria at 7:45 a.m.
- ❖ Students are not permitted to ride bus with luggage and can not go through car line.
- ❖ Parents are to park in back and walk then to the crosswalk area. An employee will let them cross. Parents are **not** permitted in the cafeteria due to safety issues.
- ❖ Campers will sit at tables labeled by cabin with luggage.
- ❖ Buses are scheduled to leave at 8:15 a.m.

# Wednesday, May 13 Return Procedures

- ❖ Buses will be leaving Camp McDowell at approximately 11:50 a.m.
- ❖ A sack lunch will be provided to each student as we board the bus to return to school.
- ❖ We are scheduled to return at approximately 1:45-2:00 p.m. Buses will return to the car line area by the cafeteria.
- ❖ Every student will need someone at school to pick them up at this time..

# Wednesday, May 13

## Return Procedures Continued

- ❖ Students will be required to unload the bus and enter the cafeteria. They will be sitting by homeroom teacher at this point.
- ❖ There will be a sign out sheet and table by the back entrance.
- ❖ Parents are to show drivers license and sign out their child.
- ❖ Luggage will be placed outside in the carline area.
- ❖ All prescription medication will need to be signed out at this time.



**Home Sweet Home**





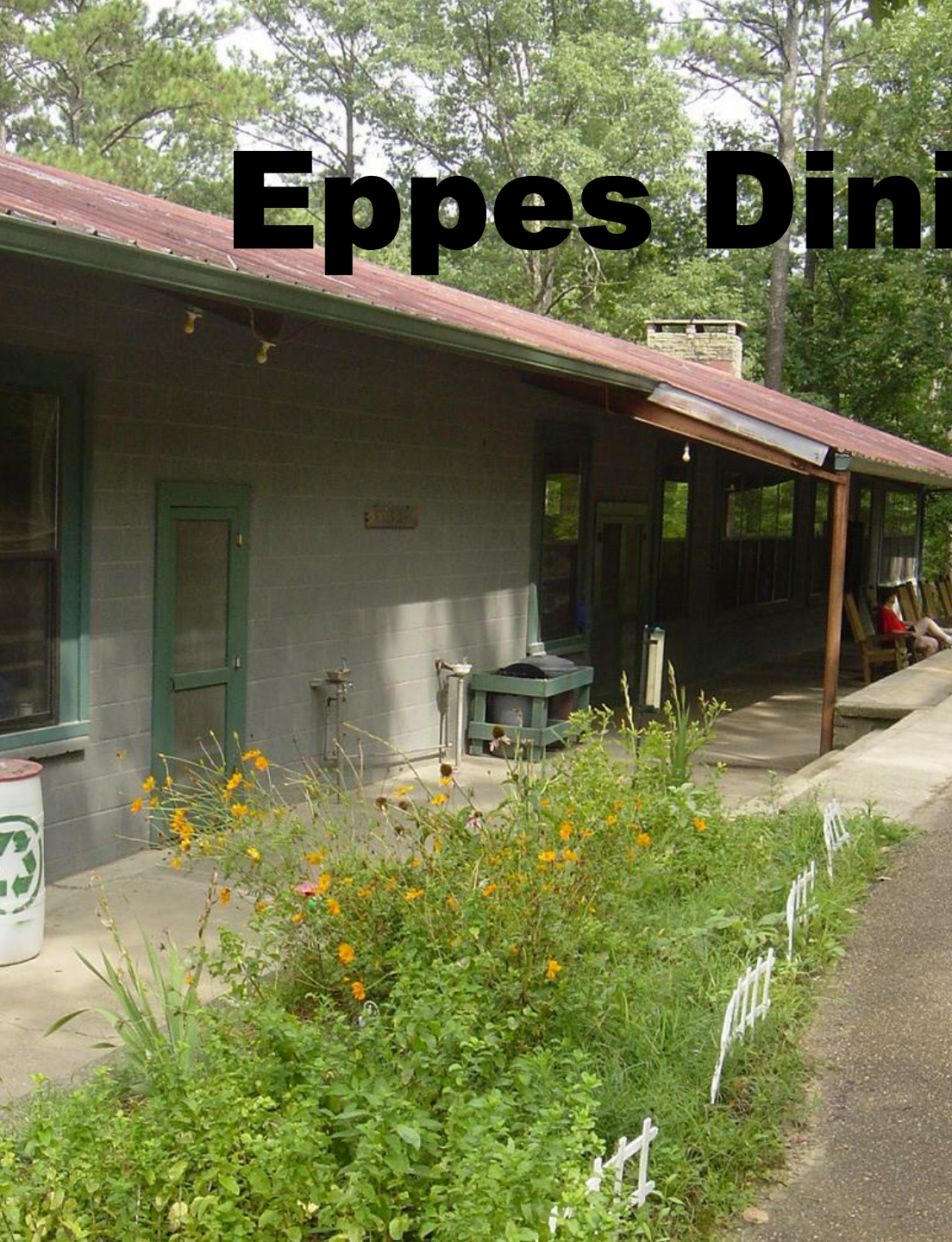


**These cozy cabins will be your home away from home.**

Sleeping arrangements will be assigned by chaperones. Some of the cabins have bunk beds. All beds are twin size. Students have to provide bedding (sleeping bag and/or sheets).



# Eppes Dining Hall



# Meals

Students will need to eat breakfast prior to our trip to camp.

Camp fee includes three meals and two daily snacks.

There is a place to note special diets on the health registration sheet.



Each table will have two chaperones to supervise the meals. Meals are family style. All students remain at their table during the meal.

# Food for Thought



Meals at Camp McDowell are educational. We learn about making wise choices with food and natural resources.

# Health Hut



A resident nurse is on-call for medical emergencies and medication administration. The camp nurse will house all medications unless it is deemed the teacher/chaperone carry it. The local hospital is 15 miles away.



# Medication Procedure

If you are sending medications for your child to use at Camp McDowell:

- Each medication, over-the-counter (OTC) or prescribed, **must be accompanied by a “SCHOOL MEDICATION PRESCRIBER/PARENT AUTHORIZATION”** form.
- Forms for OTC medication do not have to be signed by a doctor.
- Forms for prescription medication **Must Be Signed By The Prescribing Physician.**

# Prescription Medication

All prescription medicines must be in their **original containers** (count out the number of pills needed at camp and keep the rest at home) and **have a prescription label containing:**

- Student name

- Name of prescription drug

- Strength of prescription drug

- Administration directions (“give as directed” is NOT acceptable)

**\*Place all medication in a labeled Ziploc bag**

# Health and Medication Forms

- ✓ If the student has prescribed medication in the clinic you have already completed the form and that medication will be sent to camp.
- ✓ The forms can be obtained from teacher and email.
- ✓ This form will sent out closer to the field trip date.

# Over the Counter (OTC) Medication

All OTC medications must be in new/unopened packages.

Please remember that Camp McDowell cannot provide over-the-counter medicines for students. Some items that camp will provide are: ibuprofen, Tylenol, Benadryl, cough drops and Tums. |

On the health form, there will be a place to indicate the nurse may provide these items if needed.

**\*Place all medication in a labeled Ziploc bag**

# Medication Drop-off Procedure

Date to be determined

**No medication** will be accepted on the day of the trip.

Students are not permitted to carry medication in their bags. (Same policy as school)

# Expectations/Rules

- ✓ MCES school rules do apply at camp.
- ✓ Students must follow the Madison City Schools dress code.
- ✓ If there is an issue, parents will be contacted to come pick up their child.
- ✓ A quote used at camp: “If you can’t say something nice....Don’t say nothing’ at all.”  
- *Thumper*, from *Bambi*

# Camp McDowell Rules

- ✓ Campers are to never leave their group without chaperone approval. Campers must immediately check-in with chaperone upon return.
- ✓ Always use a buddy system.
- ✓ Staff must approve the collection of any plants, animals or other natural things.
- ✓ No walking sticks.

# Camp McDowell Rules

- ✓ No chewing gum is permitted.
- ✓ Check daily for ticks.
- ✓ Shake out clothing and check shoes for scorpions.
- ✓ Walk – don't run.
- ✓ Bare feet and sandals are only permitted in the cabins.



# Camp McDowell Rules

- ✓ Do not enter another cabin without permission from each chaperone.
- ✓ Playground and Recreation Hall may only be used with adult supervision.
- ✓ No cell phones or electronics

# Example of Daily Schedule

8:00 am Breakfast

8:45 – 11:45 am Morning class

12:00 noon Lunch

1:00-4:00 pm Afternoon class

4:15-4:30 pm Canteen and Snack

4:30-5:30 pm Recreation

5:45 pm Dinner

7:00 – 8:30 pm Evening class

8:30 pm Bedtime snack

9:00 pm Cabin time

10:00 Lights out

# Bring Along List

- Students received this list in their registration and instructional packet.
- \*\*\*Flashlights are not optional. Students will need this to see during our night events.
- Students may want to bring cards or something very small to play in the cabin.

# BRING-ALONG LIST



Please carefully look over the following checklist and check each item as it is packed. When arriving at McDowell Environmental Center, participants should come prepared to spend the day outside.

## Helpful hints for packing:

- Limit packing to one suitcase or duffel bag and a rolled up sleeping bag. You will carry your belongings from the bus to your cabin.
- Put your name on everything.
- Bring OLD clothes and shoes. You will get wet and muddy.
- Pack a raincoat or poncho (and warm clothes if applicable). Classes are held outdoors rain or shine.

## REQUIRED:

- 2 water bottles (20 oz or larger)
- raincoat or poncho
- 4 pairs of socks
- 2 pairs of closed-toe shoes
- 3 pairs of underwear
- 3 shirts
- 2 pairs of long pants
- 3 pairs of shorts
- sweatshirt or fleece
- pajamas
- towel & wash cloth
- soap, toothbrush & other toiletries
- sleeping bag (or sheets & blankets - single bed)
- pillow
- sunscreen
- pen or pencil
- small backpack

## OPTIONAL:

- hat & sunglasses
- flashlight & extra batteries
- camera
- souvenir money (max. \$40)
- sandals for shower
- journal
- bug repellent (non-Dhet. only)

## COOL WEATHER ADDITIONS:

Wool and synthetic clothing work best!

- warm knit hat
- warm gloves
- thick socks
- long underwear/thick tights
- heavy jacket

**\*DO NOT BRING:** food, gum, candy or knives!

# Possible Classes

Canoeing

Pond

Compass Skills

Survival Skills

Native Americans & Earth

Forest Connections

Rock Climbing

Radical Raptors\*

Songs, Sparks & Stories\*

Hop, Slither & Slide\*

\*Evening Classes



# Identifying Living Things in Pond and Stream – Students enjoying a class









**Hands  
on!**



**Enjoying  
our  
classes**



# Wow!

Big Dave showing students how to make fire.















# Canoeing on Clear Creek



Students learn how to canoe. All participants are required to wear a life jacket and listen to the instructions during the class. This is one of my favorite things at camp.





# Afternoon Canteen



# Afternoon Canteen

A drink and snack is provided with the camp fee. Students may purchase additional items with parent approval.

Also, gift shop items are available for purchase during Canteen time.

# RECREATION!

Arts & Crafts



Hiking



Basketball



Shelter-find

Field Games

# Cost

The cost per student and chaperone is \$170.00.

A \$25.00 non-refundable registration fee is required.

The balance can be split into two payments (\$70 and \$75) Payment 1 due on February 28. Payment 2 due on March 27

Also, camp can be paid for in full.

All of this went home with the registration items.



# Cost

Cash, Check and Payment Online (school website)

Driver's license number will need to be on checks.

Potential scholarships - students may come see if interested

Sponsor a camper – if you would like to sponsor a child at camp please let me know

# Documentation For Students

- Permission Form
- Health Form
- Risk Waiver Form
- Out of town notarized form(I can use those from the Chattanooga Aquarium field trip.)

# Chaperones

Chaperones will be notified via email if selected.

Several factors come into play when determining the chaperones. (ratio male/female, cabins bed available, number of students attending etc.)

Chaperone cost is the same as the students. \$170

Thank you to everyone that has volunteered.

# Documentation For Chaperones

- School Background Check
- Health Form
- Medication Form (you may keep medication with you but the nurse is required to know your medication)

Thank you for viewing the  
information.

Please complete the Google form at the beginning with questions. I will gladly respond with the answer.

Also, there are students staying back. They will be placed with a 5<sup>th</sup> grade teacher who is not attending camp.