LOCAL WELLNESS POLICY: Triennial Assessment Summary

Section 1. General Information

School (s) Included in the assessment:

Jasper City

Month and year of current assessment May 2020

Date and last Local Wellness Policy revision: May 2019

Website address for the wellness policy and/or information on how the public can access a copy:

Section 2. Wellness Committee Information

How many times per year does your school wellness committee meet? Annually

Designated School Wellness Leader

Name	Job Title	Email Address
Beckie Martin	CNP Director	bmartin@jasper.k12.al.us

School Wellness Committee Members

Name	Job Title	Email Address
Betty Odom	Special Education Director	bodom@jasper.k12.al.us
Dr. Ann Jackson	Superintendent	ajackson@jasper.k12.al.us
Lutis Moore	Principal	lmoore@jasper.k12.al.us
Vickie Lyle	Health-Science Teacher	vlyle@jasper.k12.al.us
Beckie Martin	CNP Director	bmartin@jasper.k12.al.us
Ann Trotter	Physical Education Teacher	atrotter@jasper.k12.al.us
Jonathan Jordan	Athletic Director	jjordan@jasper.k12.al.us
Jennifer Willingham	School Nurse	jwillingham@jasper.k12.al.us
Mary Jo Gunter	Public Representative	mjgunter53@gmail.com
Ashley Aaron	Parent Representative	aaron@jasper.k12.al.us
Anna Kathe Azbell	Student Representative	205-878-0921
Erica Williams	Parent	205-300-1833
Ann Quinn	CNP Manager-Maddox	rquinn@jasper.k12.al.us

Section 3. Comparison to Model School Wellness Policies

Complete the <u>WellSat 3.0 assessment tool</u> and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:
Alliance for a Healthier Generation: Model Policy
_X_WellSat 3.0 example policy language
Other
Describe how your wellness policy compares to model wellness policies.
Meet standards.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet Alabama education standards and USDA smart snack guidelines	х			continue

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet	х			continue
Alabama standards				

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet USDA standards and state guidelines	х			continue

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet USDA smart snack standards	х			continue

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet	x			continue
USDA smart snack and				
state standards				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Continue to meet USDA smart snack standards	Х			continue

Include any additional notes, if necessary.