



**Wiggins High School  
Athlete/Parent Handbook  
2020-2021**

**“Success is not given, it is earned.”**

**Superintendent: Trent Kerr**

**Principal: Michael Book**

**Athletic Director: Randy Wilson**

**Athletic Secretary: Michelle Baker**

## Home of the State Champion Tigers

### Baseball

**1985**

**1986**

**2002**

### Football

**1999**

### Wrestling

**1994 2000**

**1996 2001**

**1999 2002**

### Boys Basketball

**1965**

**1966**

### Track

**2007 (Boys)**

### Girls Basketball

**1992**

Colors: Black, Orange, White

Mascot: Tigers

School Song

Oh! My dear ole' Wiggins High! We'll always loyal be to you.  
We will do or die, in every game or contest too. And we'll stand  
by you to the end, as well as be your friend. So let's be fair, and  
always square, in every loss or victory. Faithful we'll be unto  
our colors ever true. Striving to win, in all that we attempt to do.

So raise a cheer for the school that we all love so dear. Oh

Wiggins High School we are proud of you!

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File AC-E-1

### **Nondiscrimination/Equal Opportunity**

In compliance with Titles VI & VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973, the Age Discrimination in Employment Act of 1967, the Americans with Disabilities Act, the Genetic Information Nondiscrimination Act of 2008 and Colorado law, Wiggins School District RE-50J does not unlawfully discriminate on the basis of race, color, sex, religion, national origin, ancestry, creed, age, marital status, sexual orientation, genetic information, disability or need for special education services in admissions, access to, treatment, or employment in educational programs or activities which it operates.

Complaint procedures have been established for students, parents, employees and members of the public. The following person(s) have been identified as the compliance officer for the district:

Superintendent of Schools  
Wiggins School District RE-50J  
404 Chapman Street  
Wiggins, Colorado 80654  
970-483-7762

The alternate compliance officer is:  
High School Counselor  
Wiggins School District RE-50J  
201 Tiger Way  
Wiggins, Colorado 80654  
970-483-7762

#### Outside Agencies

Complaints regarding violations of Title VI, (race, national origin), Title IX (sex/gender), Section 504/ADA (handicap or disability), may be filed directly with the Office for Civil Rights, U.S. Department of Education, 1244 North Speer Blvd., Suite 310, Denver, CO 80204. Complaints

regarding violations of Title VII (employment) and the ADEA (prohibiting age discrimination in employment) may be filed directly with the Federal Office of Equal Employment Opportunity Commission, 303 E 17<sup>th</sup> Ave., Suite 510, Denver, CO 80202 or the Colorado Civil Rights Commission, 1560 Broadway, Suite 1050, Denver, CO 80202.

Revised: February 6, 2008

Revised: November 5, 2008

Revised: March 1, 2011

Revised: August 1, 2012

Revised: November 7, 2012

Wiggins School District RE-50J, Wiggins, Colorado

### **Statement of Code of Ethics Colorado High School Activities Association**

In order to maximize effectiveness in serving and fostering the education of the students so entrusted to us and in promoting and supplementing the regular curriculum, it is the duty of all concerned with our secondary athletic activities programs to...

In order to be of maximum effectiveness in serving and fostering the education of the students so entrusted to us and in promoting and supplementing the regular curriculum, it is the duty of all concerned with our secondary athletic and activities programs to...

1. Cultivate awareness that participation in athletics and activities is part of the total educational process and as such, the coach/advisor should neither seek nor expect academic privileges for the participants.
2. Emphasize the proper ideals of sportsmanship, ethical conduct and fair play as they relate to the lifetime impact on the participants.
3. Develop a working awareness and understanding of all rules and guidelines governing competition, both in letter and intent.
4. Recognize that the purpose of athletics and activities is to promote the physical, mental, moral, social and emotional well-being of the individual participants.
5. Avoid any practice or technique which would endanger the present or future welfare or safety of any participant.
6. Adhere to policies which do not force or encourage students to specialize or restrict them from participation in a variety of activities.
7. Refuse to disparage an opponent, an official, an administrator or spectator in any aspect of the activity.
8. Strongly encourage the development of proper health habits: the non-use of chemicals, including alcohol, steroids, tobacco in any form and other mood-altering substances.
9. Exemplify proper self-control at all times, accepting adverse decisions without public display of emotion or dissatisfaction with the officials or judges.

10. Encourage all to judge the true success of the athletic and activities programs on the basis of the attitude of the participants and spectators, rather than on the basis of a win or loss.

### **Purpose**

The purpose of this handbook is to communicate to parents, athletes, coaches, and administrators the philosophies, standards, rules and expectations applicable to participants in the Wiggins School District interscholastic athletic program. The clear understanding and consistent application of these matters will help ensure that student athletes have the best possible experience in their respective athletic programs.

### **Mission of Athletic Department**

Our mission is to provide opportunities for student-athletes to enrich their high school experience through participation on competitive athletic teams. We are dedicated to providing experiences that promote character development, integrity, sportsmanship, and a strong work ethic, while complementing the academic curriculum

### **Athletic Philosophy**

Wiggins High School believes that a safe and dynamic athletic program is an integral part of the total educational process and is vital to the character and educational development of all student athletes. Wiggins High School's athletic programs provide a variety of experiences that aid in the development of favorable habits and attitudes in students that will prepare them for adult life, including physical development, coordination, a healthy self-concept, pride and good sportsmanship. Good sportsmanship practices have lifelong values. The athlete who acts fairly, who observes laws and customs, who treats others with consideration, and who takes adversity with dignity earns respect. Students in today's schools are tomorrow's community citizens, and as adults will demonstrate many of the attitudes they are now learning.

Wiggins High School's interscholastic athletic programs are in compliance with the constitution and bylaws of the Colorado High School Activities Association and affiliated leagues.

**Varsity**-level programs are the most competitive of the athletic programs and, for that reason, include the most skilled and/or well-prepared student athletes. The student athlete earns the privilege to make the team. It is the coach's responsibility to field the most competitive team available; starting position and athlete playing time is at the coach's discretion.

**Sub-varsity** programs are focused toward the development of skills necessary for participation on the varsity level. The student athlete earns the privilege to make the sub-varsity team. The coach of any sub-varsity program should emphasize development of areas needing improvement on an individual and team basis. The coach will be encouraged to play as many participants as possible.

## Open Letter to Parents

The role of the parent/guardian in the education of a student is important. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school in the classroom and through co-curricular activities.

There is a value system – established in the home, nurtured in the school – that young people are developing. Their involvement in the classroom and other activities contributes to that development. Integrity, fairness and respect are lifetime values taught through athletics, and these are the principles of sportsmanship. With them, the spirit of the competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

A true athlete is an effective leader within the school and the community. As a parent/guardian of a student, your sportsmanship goals should include the following:

Realizing that athletics are part of the educational experience and the benefits of involvement go beyond the final score of a game;

- Encouraging our students to perform their best, just as we would urge them on with their class work, knowing that others will always turn in better or lesser performances;
- Participating in positive cheers that encourage our student athletes; and discouraging any cheer that would redirect that focus;
- Learning, understanding and respecting the rules of the game, the officials who administer them, and their decisions;
- Respecting the task our coaches face as teachers and supporting them as they strive to educate our youth;
- Respecting our opponents as students and acknowledging them for striving to do their best;
- Developing a sense of dignity under all circumstances; and
- Being a fan...**not** a fanatic!

The parent/guardian has a major influence on the student athlete's attitude about academics and athletics. The leadership role taken by the parent/guardian helps create sportsmanship in the student athlete and will help influence our student athletes and our community for years to come. We look forward to serving you in the year ahead and appreciate your continued support.

### Role of Student Athlete

Student athletes who display sportsmanship are positive role models within our school and the community at large. A good sport knows that athletic competitions build character and shape lifetime attitudes. The student athlete experiences additional educational and leadership benefits that come from participation in sports.

Integrity, fairness and respect – these are the principles of sportsmanship. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

As a student athlete at our school, your sportsmanship goals should include the following:

- Developing a sense of dignity under all circumstances;
- Respecting the rules of the game, the officials who administer the rules, and their decisions;

- Respecting opponents as fellow students and acknowledging them for striving to do their best while you seek to do your best at the same time;
- Looking at athletic participation as a potentially beneficial learning experience, whether you win or lose;
- Educating other students and fans to understand the rules of the game and the value of sportsmanship; and
- Accepting the personal responsibility that comes with your actions on the field.

We expect you to take time to review these expectations and those included in the Wiggins High School Athletic Policies Handbook. These expectations give us a roadmap to follow a journey toward a more educational atmosphere for interscholastic athletics.

The student athlete is the spokesperson for Wiggins High School when participating in athletic competitions. Family and friends, opposing fans, the local community and media view your actions. Your display of sportsmanship will show the most positive things about you and our school and, hopefully, will remind us all that in the end, participation in sports is meant to be fun.

We hope the upcoming season will be a rewarding one for you, the student athlete.

### **Student Athlete Responsibilities FAQ's**

#### **(Before an athlete can participate)**

High School and Middle School Athletes/Parents:

- PlanetHS.com Account Created for Athlete and linked to separate parent account.
- Current signed physical uploaded
- Physical history form filled out and signed by the athlete and parent
- Parent permission form read and signed
- CHSAA Bylaws read and signed
- Warning to student and parents read and signed
- Proof of insurance
  - All of the above forms must be completed online at planeths.com by the student and the parent prior to any involvement in practice or participation
- Participation Fee Paid before participation in any competition.

1. All athletes are to report for practice the day that the first call is made for that sport. Athletes must advise the head coach of the excuse for not doing so.

2. If a participant has been in school, he/she must have permission from the head coach or sponsor to be excused from practice.



3. An athlete must be in school at least one-half day to participate in practice or competition for that day (one-half day constitutes four entire class periods).
4. Any athlete who leaves school after lunch will not be allowed to practice or play in a contest. Exceptions may be made for medical appointments, school activities, funerals, etc.; prior permission must be received from the Principal in order to participate.

### **E-Learning Attendance**

#### **Athletics/Extracurricular Activities**

**In order to deter abuse of our online learning system, Wiggins School District feels it is necessary to add the following amendment to the Athletics Handbook.**

**The Wiggins E-Learning opportunity through Google Classroom is intended for students who are at high risk of virus contraction, quarantining due to exposure, currently ill, or for a pre-arranged absence. Therefore, student-athletes should attend in person learning on campus for their high school/middle school classes in order to participate in athletic practices, competitions, or other extracurricular activities. This does not apply to courses through MCC. If extenuating circumstances exist, written permission must be obtained from the Principal or designee (Athletic Director) prior to the day of the activity.**

5. Athletes are to report all injuries to their coach so that an injury report and insurance claim can be filed in the Principal's office.
6. Insubordination to coaches will not be tolerated and will result in loss of eligibility.
7. Athletes who are consistently and habitually tardy to practice may be removed from the squad.
8. Profanity by athletes or participants at any time, or in any situation, will not be tolerated and may result in removal from the squad.
9. It is the athlete's responsibility for maintaining proper conduct at all times which is a credit not only to them, but to Wiggins High School. Athletes who cannot control their actions at all school-related activities will be disciplined.
10. Athletes are to be well groomed and dressed according to coaches.
11. Each participant shall meet the requirements of age, attendance and scholastic eligibility as set forth by the Colorado High School Activities Association.
12. Only in emergency or special circumstances will athletes be granted permission to travel other than on the bus to an athletic event. In such a situation, the parent/guardian should make a request at least one

day before the scheduled event. Request should be made to the Coach who will relay to Athletic Director and Principal request will be granted or denied at his/her discretion.

13. The athlete is responsible for his/her uniform once it has been issued to the athlete. The athlete is responsible for turning in the same uniform and equipment that was issued. If the athlete fails to turn in all equipment issued, he will be charged replacement cost for the lost equipment and will not be allowed to participate in any other extra-curricular activities until said equipment is returned or paid for.

14. Ineligible participants may not ride the bus to away contests.

15. Coaches will hold parent/athlete meetings at the beginning of each sports season. Rules, expectations, and a brief overview of the program will be presented.

16. When a problem arises, the athlete and/or parent must first contact the head coach to resolve the problem. The Athletic Director will be the next person to be contacted if the problem is not resolved.

17. Student vehicles are to remain in the school parking lot and are not to be used to transport athletes.

18. If there is early dismissal of school due to weather, there will be no practice. If there is no school due to bad weather, practice will be held only with Principal/Athletic Director approval.

19. Athletes wanting to compete in more than one sport during the same season are not discouraged. Upon learning that an athlete would like to compete in more than one sport, a meeting will be set up involving the athlete, their parent(s), coaches of the sports involved and the Principal and/or Athletic Director. Items to be discussed will be practice schedule, contest priority, and overall feasibility. If at any time the athlete's name appears on the ineligibility list for having an F in a class, they will be asked to drop participation in one of the sports.

20. There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24<sup>th</sup> through December 26<sup>th</sup>. Practice may resume on December 27<sup>th</sup> through December 31<sup>st</sup>. No Practice can be scheduled on January 1<sup>st</sup>.

21. No high school interscholastic contests, practices for interscholastic contests, nor association between participants and coaches/directors of any activity from the student's school shall take place on Sunday at any time during the school year.

### **Communication Model**

Before the start of each sport, the head coach will conduct a mandatory parent's meeting regarding rules, regulations, and additional team rules beyond the Athletic Handbook.

A student athlete, parent, guardian, coach, or a member of the public with a concern or complaints should first try and resolve the matter directly and informally with the individual(s) concerned. This may be done either verbally or in writing to the individual(s) involved.

If the matter cannot be resolved informally at the initial level, the complainant should submit a written statement describing his/her concerns in a clear, specific and detailed manner to the athletic director.

### **Quitting or Dropping a Sport**

There will be times when some athletes find it necessary to quit playing a sport before, during, or after the season has started. Whatever the reason, an athlete must follow the steps listed below:

- The athlete should think the whole situation through and talk with the coaches to see if a solution can be reached.
- If an athlete decides to quit, the athlete must clean and turn in all equipment to the coach. If equipment has been damaged or if it is not turned in the athlete will have a fee added to their student account.
- If the athlete decides to quit one sport and join another, the athlete must receive written permission from both coaches and the athletic director before beginning the new sport.
- After 5 days the athlete will not receive a refund.
- If an athlete decides to quit, the athlete will not letter or be eligible for post season honors.

### **Individual Program Expectations**

Each program has expectations in addition to the items covered in the Wiggins Athletic Policies Handbook. The policies set forth in this handbook are the minimum standards of conduct for all student athletes and managers. Individual programs may set standards that exceed these policies provided the administration deems them appropriate and they are included in the coach's contract with the athletes. Coach contracts will be reviewed on an annual basis by the Athletic Director. It is important that all student athletes and parents/guardians understand these expectations and sign individual contracts per sport.

### **Trip and Behavior Expectations**

- All student athletes and managers are expected to follow all policies of the transportation department during all trips.
- All student athletes and managers are expected to ride the bus to and from all contests.
- In special circumstances
  - Student athletes must have a note approved by the coach if athlete will not be riding the bus to the contest.
  - Student athletes can **only** have **parents/guardian** sign them out at the end of contests to ride home with their parents. Best to make prior arrangements.
- All athletic teams are reminded that they represent their community and should conduct themselves in an honorable manner. Appropriate behavior is expected during entire trip.
- All athletic teams are expected to treat our opponent's facilities with respect at all times. Any damage caused by a student athlete will result in a fine being assessed to the athlete found liable.
- There may be times when teams will be allowed overnight trips. In these instances the athlete must:
  - Abide by the curfew set by the head coach
  - Not to be in different gender rooms at any time
  - Be aware that coaches may ask to check the athlete's bags before leaving and during the trip
  - Treat the hotel facility and staff with the utmost respect.

### **Varsity Letter**

1. If an athlete is injured, the number of quarters, halves, games, points, etc. required for lettering will be reduced accordingly.
2. The athlete must finish the season in good standing.
3. The coaching staff reserves the right to letter an individual who has not met the lettering requirements and also reserves the right to not letter an individual who has met the lettering requirements.

VOLLEYBALL – A player must play in at least 50% of the regular season varsity matches or in one post season match.

FOOTBALL – A player must play in 50% of the varsity game quarters (18 of 36) to qualify for a varsity letter or play in a postseason game.

CROSS COUNTRY- Must finish the season as one of the top seven varsity runners.

BASKETBALL (GIRLS & BOYS) – Any athlete that plays in 50% of the regular season varsity quarters. Any athlete who plays in a varsity postseason game (District, Regional, State).

WRESTLING – Any Athlete who earns 26 varsity points during the season.

TRACK (GIRLS & BOYS) – Any athlete who acquires 20 points during the season or qualifies for State. Being ineligible for the week will result in the loss of 5 points toward lettering.

BASEBALL – Any athlete that plays in 50% of the regular season varsity innings. Any athlete who plays in a varsity postseason game (District, Regional, State).

### **Letter Award**

1<sup>st</sup> Year--**W Letter** (only awarded the first time lettering in High School), Sports Emblem, Certificate

2<sup>nd</sup> Year--Bar, Certificate

3<sup>rd</sup> Year--Bar, Certificate

4<sup>th</sup> Year--Bar, Certificate

Manager/Statistician--**W Letter** (only awarded the first time lettering in High School), Manager or Statistician Pin (each year they letter), Certificate

### **Eligibility/Dual Sport Athlete**

Coaches are to go over eligibility requirements and the policies for Wiggins High School, CHSAA, and their program with athletes at the beginning of each sport season.

All policies and guidelines relating to eligibility as stated by CHSAA will be followed. These include but are not limited to the following:

1. The athlete must not be failing more than one class.
2. The athlete must not be 19 years old prior to August 1.
3. The period of eligibility is limited to eight consecutive semesters.
4. No athlete shall participate in more than four seasons in any one sport.
5. Nine-Day Team Practice Requirement--Each athlete must have had a minimum practice period of nine days (exclusive of Sundays) before competing in a scrimmage or contest.
6. Students must be enrolled in courses which offer a minimum of 2.5 Carnegie units of credit per semester (Five Classes).

7. Any athlete who fails two classes during the 2<sup>nd</sup> Semester may attend summer school and regain his eligibility for the fall sports season. Classes must be approved by the Principal and be in the same subject as the ones that were failed.

#### **Wiggins Eligibility Requirements:**

1. Wiggins High School will issue a weekly eligibility list to coaches during the season. Eligibility will be taken the first school day of the week at 10 a.m. Those athletes with two or more failing grades will not be eligible for contests taking place for 7 days.
2. Quarter grades will determine eligibility for the 1<sup>st</sup> week of the 2<sup>nd</sup> and 4<sup>th</sup> Quarters.
3. Eligibility is cumulative through the Semester.
4. A point system will determine if a student is eligible. If a student has 4 points or more they will be ineligible. D= 1 point F= 2 points
5. A student may be declared ineligible because of discipline or other infractions of school rules subject to approval of the Principal.
6. Suspension, unexcused absences, and truancies forfeit the right to participate in any activity that day or the following if it is a Saturday.
7. Ineligible athletes are not to travel with the team.
8. Home School students must turn in weekly eligibility forms to their coach on Monday. Failure to do so will make those students ineligible for that week (eligibility forms may be picked up at the Athletic Director's office).

#### **Dual Sport Athletes**

It is encouraged by Wiggins high school administration and coaches for our athletes to be involved in as many activities as possible. In order to have the best experience for all parties involved these policies must be adhered to.

1. A student who chooses to participate in two sports simultaneously must declare their number one sport prior to the beginning of the season. If any conflict should arise the athlete will attend their declared number one sport.
2. A practice and game schedule will be created for the dual sport athlete by the coaches of each sport, the athletic director and the student athlete before the first contest takes place.
3. If the student athlete receives an F at any eligibility check during the season he/she must withdraw from their declared second sport.
4. The dual sport athlete must maintain weekly communication with his/her coaches.

#### **Athletic Council**

- a. The Athletic Council will determine if a student is in violation of the training rules.

The five voting members will represent the following areas: one administrator, Athletic Director and 3 staff members. The Athletic Director is designated as the chairman of the Athletic Council.

Members: 2020-2021

AD- Randy Wilson

Principal- Michael Book

Coach HS – Michelle Baker

Coach MS- Erin Epple

Coach MS/HS- Corey Stumpf

### **Philosophy of Training Policies**

Training policies of athletics are neither numerous nor difficult for any participant to follow. Teams that train well generally have a strong team discipline and great team morale.

### **Athletic Department Training Rules**

- The use or possession of alcoholic beverages is prohibited **at all times**.
- The use or possession of tobacco/nicotine in any form is prohibited **at all times**.
- The use or possession of illegal drugs or narcotics is prohibited **at all times**.
- The use or possession of inhalants is prohibited **at all times**.
- Attendance at a party or get together where underage consumption/use of alcohol or illegal drugs is taking place is prohibited **at all times**.

### **Training Policies Purpose**

- To build character, morality, and responsibility into WHS athletes
- To create uniformity of discipline action throughout the athletic program
- To give WHS athletes a consistent set of training regulations to follow

### **Definition of terms of Substance Abuse Policy**

- **Controlled substance is any illegal substance or drug, in any form as defined under Colorado Law, including alcoholic beverages, tobacco (including vape pens), intoxicants, inhalants, and marijuana, and shall include any other substances represented as a controlled substance (look a likes) even if it is not actually a controlled substance.**

### **Scope of Substance Abuse Policy**

The substance abuse policy shall apply to all Wiggins High School students enrolled in grades 7-12. The provisions and penalties of this policy shall be imposed without regard to whether the violation was related to a school event and regardless of the day of the week on which the violation occurred. All

provisions and penalties of the substance abuse policy shall be cumulative in nature and should apply throughout the students' enrollment in Wiggins High School whether continuous or not.

### Substance Enhancement Policy

Possession, use or distribution of substances or supplements used or intended for use for abnormal enhancement of athletic performance and/or may atypically alter a body's physiological function are not permitted. This may include, but are not limited to narcotics, stimulants, anabolic agents, diuretics, hormones, masking agents, and other such items. Penalty will be the same as for possessing tobacco products.

### Training Rules

1. For the benefit of the individual and every activity, it is necessary that certain rules be followed. The responsibility of abiding by these rules rests with the individual and the parents. Training rules will be enforced from the beginning of the first sport season of the school year and continue until the conclusion of the school year; and year round if a ticket from police is issued.

- a. The use/possession of tobacco, nicotine, alcohol and any illegal drug is prohibited.
- b. Attendance at parties or functions, where alcohol or illegal drugs are present and consumption of alcohol or use of drugs is the intent, is prohibited.
- c. For purposes of this policy, controlled substances include but are not limited to narcotic drugs, hallucinogenic or mind-altering drugs or substances, amphetamines, barbiturates, stimulants, depressants, marijuana, anabolic steroids, any other controlled substances as defined by law, or any prescription or nonprescription drug, medicine, vitamin or other chemical substances not taken in accordance with the Board policy and regulations on administering medicines to students.

#### 2. Penalties

a. First offense – suspension for 50% of the number of scheduled contests the athlete would have participated in:

##### *High School*

Volleyball-----	12 Matches
Football-----	5 Games
Cross Country-----	6 Meets
Basketball-----	10 Games
Wrestling-----	6 Dates
Baseball-----	12 Games
Track-----	6 Meets

##### *Middle School*

Volleyball-----	5 Matches
Football-----	4 Games
Basketball-----	6 Games
Wrestling-----	5 Dates
Track-----	3 Meets

(1). A sport season ends on the day of that sport's last contest and the following day is the first day of the next sport season. Example: A football team's last game was on October 31<sup>st</sup>; the next sport season

begins on November 1<sup>st</sup> (If the athlete only plays football, his football season for the next year begins Nov. 1<sup>st</sup>).

(2). If the number of suspended contests cannot be met during the sport season, penalties will be enforced during the athlete's next sport season, even if it continues into the next school year (an athlete must complete his/her next sport season to have fulfilled the penalty).

(3). Upon suspension, the athlete is expected to take part in all practices, meetings and team functions if asked to do so by the coach.

b. Second offense – Suspension for one calendar year.

c. Third offense – Dismissal from Wiggins athletic program.

### **Theft and Vandalism**

A student athlete shall not vandalize property at school or at other schools or have in their possession any stolen items from any source, including uniforms or equipment from WHS or other schools.

· **Violation of Theft or Vandalism Policy** - a student committing this offense will be addressed on a case by case basis. A mandatory meeting with the student athlete, parent, Athletic Director, and Head Coach will determine the consequences of this infraction.

### **Terms of Suspension**

**The athlete must schedule a session with the high school counseling department prior to being reinstated. This session will include: how to deal with the issue in a positive way, how to set goals in the relationship to becoming eligible again, awareness of infraction, and information on positive choices.**

· All suspended student athletes must be in good standing during their suspension. This means attending all practices, meetings, and functions as required by their coach. Any unexcused practices or misbehavior during their suspension time will result in dismissal from the squad and time served for suspension being revoked. The student athlete would have to start their suspension over in the next sport in which they participate.

· A student athlete who transfers into WHS while serving suspensions at his/her previous school will serve out the remainder of his/her penalty at Wiggins. The previous school's penalty will be honored in full and will not be increased or decreased in length.

### **Appeal Process**

Any athlete has the right to appeal removal from a team. A student athlete and his/her parents/guardians have the right to a hearing on the removal from the participation pertaining to violations of the handbook. Parents may appeal handbook violation removals by notifying the Wiggins Athletic Department by phone or in writing within five (5) school days after the removal. The right of appeal is forfeited if this is not required within five (5) school day limit. The purpose of the appeal hearing is to inquire into the student athlete's alleged violation and all the student athletes and parents/guardians to present evidence on behalf of the student athlete. The removal from participation will remain in effect during the appeal process. The student athlete must show just cause to be reinstated. If the reinstatement is rejected by administration, the student athlete must wait an additional 60 days to repeat the process. If the student athlete is reinstated, the athlete will be placed on a probationary contract in which any future violations



will result in loss of athletic eligibility at Wiggins High School for the remainder of their Wiggins High School career.

### **Social Media**

Wiggins High School Athletics Department recognizes and supports its student athletes' rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student athlete and coach must remember that playing and competing for WHS is a privilege, not a right. As a student athlete you represent the high school and are expected to portray yourself, your team, and the high school in a positive manner at all times.

#### **Guidelines**

If you participate on a social networking site, you must keep the following guidance in mind:

- Everything you post is public information - any text or photo placed online is completely out of your control the moment it is placed online - even if you limit access to your site.

Information may be accessible even after you remove it.

- Limit information about your whereabouts or plans to minimize the potential of being stalked, assaulted, or the victim of other criminal activity.

- What you post may affect your future. Many employers and school admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information

- Similar to comments made in person, the Athletics Department will not tolerate disrespectful comments and behavior online, such as:

- Derogatory or defamatory language
- Comments that create a serious danger to the safety of another person or that constitute a credible threat of serious physical or emotional injury to another person
- Comments or photos that describe or depict unlawful assault, abuse, hazing, harassment, or discrimination; selling, possessing, or using controlled substance; or any other illegal or prohibited conduct, including violating WHS's policy on Prohibited Harassment and Discrimination.

Student-athletes in WHS are required to abide by rules set forth in these guidelines.

The failure to do so will be considered a violation of the student-athlete code of conduct and/or the WHS Athletic Handbook. The violation may result in disciplinary action by the athletics department and the campus.

- **1st Offense** - Parent meeting with the head coach. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

- **2nd Offense** – Parent meeting with the head coach and the campus Athletic Director.

Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

- **3rd Offense** – Parent meeting with the head coach and Athletic Director. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

### **Hazing and Harassment**

Wiggins High School policies do not allow for any form of harassment, hazing, intimidation, or bullying. Hazing activities of any type are inconsistent with the educational process. All such activities are prohibited at any time in school facilities, on school property, and at any school corporation sponsored event. Hazing is defined as performing an act, or coercing another person to perform any act of initiation into any class, group, or organization that causes or creates a risk (mental, emotional, or physical harm.) Permission, consent or assumption of risk by an individual subjected to hazing shall not exempt the policy. No form of harassment or hazing (such as unwelcome words, physical contact, written notes, or electronic technical activities which inflict physical or mental harm or anxiety of which demeans or degrades or disgraces a person, regardless of location, or intent of participants) will be allowed at Wiggins High School. Any student that feels he/she is a victim or witness or hears about a hazing or harassment incident should immediately report the activity to a coach, athletic director, or principal.

#### **NCAA Clearing House Information**

The **NCAA Clearinghouse** is an organization outside of the **NCAA** which performs academic record evaluations to determine if a prospective student-athlete is eligible to participate at an **NCAA** Division I or II college as a freshman student-athlete.

#### **[NCAA Eligibility Center](#)**

[www.eligibilitycenter.org/](http://www.eligibilitycenter.org/)

The Official Web site of the **NCAA** Eligibility Center. Explore **NCAA** Divisions I and II initial-eligibility requirements and register to participate.