



# CLIFTON HIGH SCHOOL

333 Colfax Avenue  
Clifton, New Jersey 07013

[www.clifton.k12.nj.us](http://www.clifton.k12.nj.us)

## **Course Description:**

Health Education focuses on critical issues, while fostering a desire for accurate information and responsible decision making. This course will expose students to a combination of classroom and activity-based learning experiences to increase their awareness and health behaviors. Personal and social skills will be developed to enhance a healthy lifestyle.

## **Topics to be discussed, but not limited to:**

First Aid  
Relationships/Dating  
Suicide / Depression  
Breast & Testicular Exam  
LGBTQ

## **Materials:**

You must bring the following to class every day.

- Folder
- Notebook
- Pencil/Pen
- You must be wearing your ID to class everyday

## **Grading**

**Quarterly 15%** - You will take a quarterly at the end of the marking period that will count for 15% of your grade. Throughout the course you will be given all of the information that will be given on the quarterly.

**Tests and Projects 40%**- This area will count for the largest percentage of your grade. You will be given a number of tests and projects to be completed during the marking period.

**Homework/Quizzes 20%**- This area will be decided on a class by class basis. There may be times when pop quizzes are issued. Homework will be issued on a topic by topic basis.

**Participation 15%** - Your participation in class will be paramount to you gaining the knowledge necessary in 12th grade health. During class discussion you need to be appropriate and engaged in order to get full credit.

**Miscellaneous 10%**- This will be a combination of any homework given, classwork given to be handed in and any work given by a substitute.

**Familiarize yourself with the following:**

Teen Health And Wellness - User Name: Cliftonschoools

Password: Health

**Classroom Rules**

- Come in quietly and sit in your assigned seat and start the Do Now right away.
- Respect yourself and others.
- Phones/Headphones are not allowed in class unless given special permission by the teacher
- When the teacher is talking students are not.
- No food will be permitted in the classroom
- Come to class prepared with a pen/pencil, journal/notebook, and any homework or projects that are due.
- If a student should miss a class on the day an assignment is due, they will be responsible for it on the next day they are in class in order to receive full credit. They are also responsible for any notes, handouts, and/or assignments for which they missed.
- RESPECT!! This is the most important expectation in the classroom. I expect EVERYONE to respect themselves, others and the opinions of others, and property at all times.
- Make sure your area is clean when leaving and push in your chair.

**HEATH IS A SEPERATE GRADE FROM PHYSICAL EDUCATION CLASS (IF YOU FAIL=SUMMER SCHOOL)**

**1 CUT or 4 TARDIES = DENIAL OF CREDIT**

If you have any questions, please email your instructor (first initial, last name @cliftonschoools.net). If you need further clarification, please feel free to contact Nicole Turi, Supervisor, @ 973-470-2305 or [nturi@cliftonschoools.net](mailto:nturi@cliftonschoools.net)