

Physical Education 9 (PE 9)

All students must take PE 9 to fulfill the AUHSD Graduation Requirements. Students will obtain 10 credits towards the PE graduation requirement.

Physical Fitness Test (PFT)

All students must participate in Physical Fitness Testing. Students are expected to pass 5 of 6 PFT areas.

Passed 5 of 6
PFT areas

Did NOT pass
5 of 6 PFT

Students may obtain additional 10 credits in the area of PE by completing one of the following options:

1. Enroll and complete a PE elective course (2 semesters, 10 credits) during 10th grade
2. Postpone PE course enrollment until 11th or 12th grade.
3. Obtain PE credits by participating in a CIF approved sport. CIF approved sports are sports offered at the AUHSD schools. Participation in sports outside of the school cannot result in PE credit. Completion of 2 seasons of sport, with the completion of the required paperwork will result in 10 PE credits. *This option is not available to 12th grade students.*
4. Obtain PE credits by participating in 1 seasons of sport and one semester of PE elective course.

Student must enroll in a PE course in grade 10. This can be any of the offered AUHSD PE electives.

Students will have at least two opportunities to retake the portions of the Physical Fitness Test which they failed on the first try. Should a student pass the testing components resulting in the overall 5 out of 6 passing score, they may obtain PE credits by completing any of the options listed to the left.