

AUHSD Physical Education Pathway 2022-2023

Physical Education 9 (PE 9)

All students must take PE 9 to fulfill the AUHSD Graduation Requirements. Students will obtain 10 credits towards the PE graduation requirement.

Physical Fitness Test

All students are required to take the California Physical Fitness Test (PFT) in grade 9. The requirement to pass 5 out of the 6 PFT domains has been suspended during the pandemic. For the 2022-2023 school year, students will participate in a modified PFT and will be provided with raw scores in each domain tested.

10 Additional Credits towards Graduation:

Students may obtain additional 10 credits in the area of PE by completing one of the following options:

1. Enroll and complete a PE elective course (2 semesters, 10 credits) during 10th grade
2. Obtain PE credits by participating in a CIF approved sport offered at the AUHSD schools by enrolling in an Athletic PE course. Participation in sports outside of the school cannot result in PE credit. Completion of 2 seasons of sport, with the completion of the required paperwork will result in 10 PE credits. This option is not available to 12th grade students.
3. Obtain PE credits by participating in 1 season of CIF approved sport and one semester of PE elective course.