# Miramonte High School Counseling Services

# **Counseling Services**

Each student is given individual counseling based on alpha groups that connect student and counselor throughout their four years of high school. Incoming freshmen and parents meet with the student's counselor to discuss appropriate course selection and scheduling, transition to high school and together a four year high school plan is developed. Counselors deliver classroom presentations on grade level curriculum. Transcripts are given to student for tracking graduation progress and college eligibility. Individual appointments are set for each grade level to offer academic support, transcript evaluation, cover graduation requirements, evaluate progress on 4 year plan, and discuss college applications and career interests. Computer based college/career explorations to assist with post-secondary vocational/ college planning are available through the Naviance website as well as in the College & Career Center. Counselors communicate with middle schools on course and program recommendations, monitor graduation status and consult with school administrators, psychologists and nurses for at risk students.

Site counselors communicate with parents through parent education meetings, school bulletins, e-mailed newsletters, website/blackboard announcements, and in the student handbooks. They are available by phone or e-mail and individual appointments by request.

## Yearly class visit schedule:

**Seniors:** fall visit to review graduation credit and college application process

# Freshman, sophomores, juniors:

February: review transcript/graduation credit, remediation options, college eligibility & course selection.

Yearly grade level appointment schedule:

8<sup>th</sup> grade: Spring registration appointment 9<sup>th</sup> grade: Fall: review quarter grades, study skills and adjustment to high school; January: Testing tips for finals

**10**<sup>th</sup> **grade**: Spring: review grades, course selection, progress on 4 year plan & transcript.

11<sup>th</sup> grade: Early Spring: review graduation credit and college eligibility, senior year course selection, remediation options and discuss prospective college list.

**12<sup>th</sup> grade:** Early Fall: review graduation credit, college eligibility, college list, application process and letters of recommendation.

### Transition to High School

Counselors visit local public middle schools to meet with students in classes, to deliver registration materials and to review course selection, transition to high school, the and registration process. Parents and students meet individually with their assigned counselor in the spring of 8<sup>th</sup> grade to personally review the student's course selection.

#### **Personal Counseling Services**

Personal Counseling Services include, but are not limited to:

- · Individual/small group meetings with all students grades 9-12.
- · Appointments available for ALL students upon request
- · Teacher/Student appointments
- · Parent/Student appointments
- · Interventions before disciplinary action
- · Follow up counseling for academic

# honesty violations

- Monitor student progress through progress reports and report cards
- · School and District-wide crisis intervention

· Personal Counseling and referrals for outside services

# **Support/Crisis Counseling**

2 qualified therapists are available to meet with students to help with academic, social and emotional issues. Students are referred by Counselors, teachers or parents, or they may sign up to see a support counselor.

#### **Academic Intervention**

Miramonte High School has implemented a process to develop and monitor intervention plans for at risk students. Staff will guide struggling students to services available, i.e. teacher contact/tutoring, peer tutoring, after school library hours, summer school, adult education intersession, alternative education opportunities, and community resources and monitoring progress reports.

#### Academic Intervention Services include:

- · Student Review Team and Intervention Plans
- Student Study Team
- · IEP and 504 participation
- · SART (School Attendance Review Team) and SARB (School Attendance Review Board) participation
- · CAHSEE notification
- · Meeting the Juniors and Seniors and their parents who haven't passed the CAHSEE
- · Referral to school tutorial programs

#### **Career/Vocational Orientation**

Miramonte provides opportunities for students to investigate and pursue career and vocational interests. The annual Rotary Career night is a long-standing event which brings in members of the community to give seminars to students about possible careers. Students may investigate possible careers through self-interest inventories, personality surveys and career interest profilers on the Naviance/Family Connection site.

# College/Career Center

A wide variety of college and career research and planning materials and activities are available to assist students through the well-staffed College and Career Center. These services, materials and activities include:

- · Career/Vocational information
- · College application workshops
- · College catalogs
- Standardized Test prep materials
- · College rep visits
- · College search and college planning materials
- · Scholarship lists
- Job Board
- · Summer programs and opportunities
- · Study abroad and foreign exchange programs
- · Senior Follow up study
- · Tutor Lists
- · Community service projects