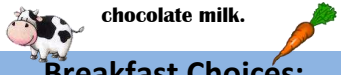




Student Nutrition

Offered every day with your school breakfast & lunch: 100% fruit juice, low-fat white milk & fat-free chocolate milk.



CHS LUNCH

February 19-20



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Choices: Breakfast Pizza, Sausage Biscuit, Fruit Parfait, Assorted Pastries, Cereal & Cheese, Bagel & Cream Cheese, and Cooks Choice	3 Chicken with Alfredo Sauce and Pasta Broccoli	4 Chicken Quesadilla Black Bean and Corn Salsa	5 Mandarin Orange Chicken and 'Fried' Brown Rice	6 Spaghetti with Meat Sauce and Bread Stick	7 Western Bacon Cheeseburger
Every day choice: Menued Item PB & J Sandwich Deli Sandwich Spicy Chicken Sandwich	10 Home Made Chili and Macaroni and Cheese	11 Chicken Bacon Ranch Pizza	12 Chicken Caesar Salad Wrap (Chicken, Caesar dressing, romain lettuce, frenchies onions, shredded parmesan cheese wrapped in a tortilla)	13 Turkey Mashed Potato Bowl and a Dinner Roll	14 St. Valentine's Day Cooks Choice and a Cookie
Additional Choices by Day: Monday/Wednesday/Friday Pizza Crispy Chicken Sandwich	17 President's Day	18	19	20	21
Tuesday/Thursday Cheeseburger Chicken Nuggets Fill your tray with a seasonal rainbow of dark green, red and orange, beans and peas, starchy, and other vegetables as well as an array of fresh and canned fruits offered daily!	24 Corn Dog and Fries	25 Chicken Parmesan (garlic toast topped with crispy chicken & marinara sauce)	26 Chimichangas Pico de Gallo	27 Tornados Rice and Beans	28 Buffalo Chicken Pizza
Meal Prices Breakfast: 9th-12th grade - \$1.75 Lunch: 9th-12th Grade - \$3.25	2 March	3 March	4 March	5 March	6 March



NO SCHOOL

PLEASE NOTE: Menu subject to change. This institution is an equal opportunity provider