



BELFLOWER MIDDLE/HIGH SCHOOL BUCCANEER NEWSFLASH!



Daily Bulletin for: **03/01/23**

<u>SHORTENED DAY</u> (MONDAYS)	
Period 1 / 2	10:00 - 11:09
Snack	11:09 - 11:18
Period 3 / 4	11:24 - 12:35
MS Lunch	12:35 - 1:06
HS Period 5 / 6	12:41 - 1:50
MS Period 5 / 6	1:12 - 2:21
HS Lunch	1:50 - 2:21
Period 7 / 8	2:27 - 3:36

Because Unity Creates Success

Visit the BHS Website:
www.bellflowerhigh.org

<u>REGULAR DAY</u> MAROON (1,3,5,7) / GOLD (2,4,6,8)	
Period 1 / 2	8:30 - 10:02
Snack	10:02 - 10:11
Period 3 / 4	10:17 - 11:49
MS Lunch	11:49 - 12:20
HS Period 5 / 6	11:55 - 1:27
MS Period 5 / 6	12:26 - 1:58
HS Lunch	1:27 - 1:58
Period 7 / 8	2:04 - 3:36

ACTIVITIES & ATHLETICS

- 03/01 - 3:00pm – Boys Golf @ Lakewood Golf Course
- 03/01 - 3:15pm – Boys Varsity Volleyball vs. Sonora HS @ home
- 03/01 - 4:45pm – Boys JV Volleyball vs. Sonora HS @ home

CALENDAR

MARCH						
S	M	T	W	Th	F	S
1			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March 17 – End of 1st Quarter



Lunch Menu: Pizza Hut Day!!! Pepperoni & Cheese Pizza w/ romaine salad, sweet potato fries, BUSD ranch cup
 Daily Options: Spicy Chicken Sandwich, or Bean & Cheese Burrito, or Mini Twin Cheeseburgers with Fruit Variety
 Vegetarian Option: Pizza Hut Cheese Pizza w/ same sides

Breakfast for 03/02: French Toast Sticks w/ syrup pkt. or Strawberry Nutrigrain Bar
 Breakfast Daily Options - Whole Fruit, Yogurt, Cheese Sticks

NEW ANNOUNCEMENTS:

Attention Bucs !! If you haven't heard Bellflower Baseball is taking on Mayfair HS on Friday, March 10 at **ANGEL STADIUM**. If you are interested in going, pick up a permission slip in the ASB Office. Spots are on a first come, first serve basis. Permission slips are due WED. 3/8. GO BUCS!!!

Hey, you! Are you sophomore or junior? Are you interested in being a Link Crew Leader? Come pick up an application from room 900, 913, or 707. Applications due March 17th.

Lets Congratulate our FCCLA Culinary Arts students Sandra Barrientos, Carla Klee, Mia Melendez, Sergio Silva, David Garcia, Leonardo Macias, Zackary Ponting, & Leslie Trejo on a job well done at their Region competition this past Saturday. All Students advanced to State Competitions, which will be held in Riverside, CA on April 23rd

Attention all 7th grade! Are you interested in visiting Washington DC? How about New York City? We will be hosting a parent information night for your 2024 spring trip on Thursday March 9th, 6Pm in room 713. See Mrs. Kawashima or Ms. Toal for details. See you then!

Friendly reminder that 8th grade promotion photos will take place during PE classes on Thursday, March 2 and Friday, March 3 in the gym. Be sure to Dress to Impress!

Attention Kaiser Permanente HCP MIDDLE SCHOOL students, please wear your Kaiser t-shirts and arrive at 7:30AM for this Saturday's Field trip to the USC Keck School of Medicine. Stop by Mrs. Ellis' Room 603 to pick up a permission slip!

Hey BUCS, we have an excellent experience available this summer through Cerritos College!

Cerritos College will be offering a dual enrollment culinary arts course for our students who are interested.

It will be held at Bellflower High School in the culinary arts lab and taught by a Cerritos College teacher. Students will learn to cook healthy foods. This will be a four hour a day course for 14 days only.

If you are interested come by the Career Center to sign up and for more details.

Bellflower High School Choral Department is proud to present this year's Spring Concert titled, "They Say It's Spring..." on March 9th at 7 pm! This concert will feature Choir, Angels, and Vocal Ensemble, performing in an All-Jazz program.

Tickets will go on sale on March 3rd at the ASB office for only \$5.

Come hear these amazing singers perform some of the most iconic Jazz pieces on March 9th at 7 pm in the Newman Theater!

Are you 16 or older? Please join our lifesaving mission and schedule an appointment today to donate blood at our annual blood drive this Friday, March 3rd! Stop by Mr. Smith's room (210) or look for one of our lunch-time tables this Tuesday, Wednesday or Thursday for more information.

The Class of 2023 General Scholarship Application is now open!

Every year various community organizations in Bellflower provide scholarships to graduating seniors who plan to attend college or trade school. We created a general scholarship application to apply to for these scholarships. All seniors are encouraged to complete the scholarship application. **Deadline to submit the general scholarship application is Friday, March 17th.** Visit the College & Career Center to get the link to the application.

Attention seniors, the deadline to submit the FAFSA and California Dream Act Application (CADAA) is on March 2nd. Remember, if you plan to attend college in the fall of 2023 and want money to pay for college then you need to complete the FAFSA or CADAA as soon as possible! The College and Career Center is hosting a FAFSA/CADAA Workshop on Wednesday, March 1st from 3:45pm to 7:00pm. This is a great opportunity for you and your parents to get help completing the FAFSA or CADAA. See Ms. Campos or Ms. Ochoa to find out what information is needed for the FAFSA or CADAA.

Attention all 7-11th grade students interested in joining the Bellflower Middle/High School cheer team: Tryouts are just around the corner, March 6th through the 10th. Packets available in the front office. Gooooooo BUCS!

(Please READ Today – (read every other day)

Attention 9th through 12th grade students - The Bellflower Parks and Recreation are hiring for Spring and Summer. They are hiring part-time recreation leaders for: Parks, Adaptive Recreation, and Lifeguard. They are also looking for students to participate in the LEAD Job Training Program. The Program is open to students in 9th-12th grade. Deadline to apply for the LEAD Program is March 1st. Visit the College and Career Center in Room 401 for more information and to pick-up a flyer.

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STAFF ANNOUNCEMENTS: