

# Women's Best Marks for 2019 Season

## Jessica Albezar - 11th Grade

100 Meters	15.88PR	Mar 21	Temecula Valley @ Murrieta Valley
200 Meters	32.28PR	Apr 11	Murrieta Mesa @ Murrieta Valley
400 Meters	1:23.69PR	Mar 14	Murrieta Valley at Chaparral

## Victoria Alvarado - 11th Grade

High Jump	4' 6PR	Mar 14	Murrieta Valley at Chaparral
Long Jump	12' 10.5	Mar 14	Murrieta Valley at Chaparral

## Destinee Alvarez - 12th Grade

100 Meters	15.41	Feb 22	Atlas Invite
300m Hurdles - 30"	1:00.05	Feb 22	Atlas Invite

## Ella Bachmeier - 11th Grade

100 Meters	13.80 PR	Feb 22	Atlas Invite
400 Meters	1:05.60PR	Apr 11	Murrieta Mesa @ Murrieta Valley
100m Hurdles - 33"	15.96 PR	May 4	CIF-SS Division 1 Prelims
300m Hurdles - 30"	47.87PR	Apr 25	Southwestern League Championships

## Josephine Bennetts - 9th Grade

800 Meters	2:57.39PR	Feb 21	Murrieta Valley at Great Oak
1600 Meters	5:50.28PR	Mar 9	Irvine/Asics Track and Field Invitational
3200 Meters	12:37.58PR	Mar 9	Irvine/Asics Track and Field Invitational

## Caitlin Billman - 12th Grade

800 Meters	2:26.89	Apr 6	Irvine/Asics Distance Carnival
1600 Meters	5:21.17	Mar 9	Irvine/Asics Track and Field Invitational
3200 Meters	11:09.87PR	Apr 19	61st Annual Mt. SAC Relays (High School Day 1)

## Zoe Bordes - 9th Grade

800 Meters	3:02.56PR	Apr 11	Murrieta Mesa @ Murrieta Valley
1600 Meters	6:31.98PR	Apr 11	Murrieta Mesa @ Murrieta Valley

## Kayla Castonguay - 10th Grade

High Jump	4' 2PR	Feb 27	Paloma vs Murrieta Valley
Long Jump	14' 10PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Triple Jump	30' 3.5PR	Mar 14	Murrieta Valley at Chaparral

## Kyana Cook - 9th Grade

800 Meters	3:04.29PR	Mar 21	Temecula Valley @ Murrieta Valley
1600 Meters	6:35.24PR	Apr 11	Murrieta Mesa @ Murrieta Valley

## Jessie Davila - 10th Grade

100 Meters	13.55PR	Apr 18	Murrieta Valley vs Vista Murrieta
100m Hurdles - 33"	19.50 PR	Apr 13	Inland Empire Championships
300m Hurdles - 30"	49.39PR	Apr 13	Inland Empire Championships

## Madison Decker - 9th Grade

800 Meters	2:42.91PR	Apr 18	Murrieta Valley vs Vista Murrieta
1600 Meters	5:30.19PR	Apr 25	Southwestern League Championships

## Samantha Decker - 9th Grade

800 Meters	3:01.22PR	Mar 21	Temecula Valley @ Murrieta Valley
1600 Meters	6:15.43PR	Apr 6	Irvine/Asics Distance Carnival

**Evelyn Dibos - 11th Grade**

Shot Put - 4kg	15' 8	Mar 21	Temecula Valley @ Murrieta Valley
Discus - 1kg	53' 2	Mar 21	Temecula Valley @ Murrieta Valley

**Maddie Doolittle - 12th Grade**

Shot Put - 4kg	30' 3PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Discus - 1kg	109' 4PR	May 4	CIF-SS Division 1 Prelims

**Sara Doolittle - 11th Grade**

Shot Put - 4kg	19' 9	Mar 21	Temecula Valley @ Murrieta Valley
Discus - 1kg	58' 9	Mar 21	Temecula Valley @ Murrieta Valley

**Zoe Ebron - 11th Grade**

100 Meters	13.10 PR	Apr 25	Southwestern League Championships
200 Meters	28.59PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Shelby Glaser - 11th Grade**

100 Meters	14.85PR	Apr 18	Murrieta Valley vs Vista Murrieta
100m Hurdles - 33"	20.61PR	Mar 21	Temecula Valley @ Murrieta Valley
300m Hurdles - 30"	57.61PR	Mar 14	Murrieta Valley at Chaparral

**Ashley Glenn - 9th Grade**

800 Meters	2:51.41PR	Feb 27	Paloma vs Murrieta Valley
1600 Meters	5:51.28PR	Apr 25	Southwestern League Championships

**Gizelle Gomez - 11th Grade**

100 Meters	15.95 PR	Feb 27	Paloma vs Murrieta Valley
200 Meters	36.08 PR	Feb 27	Paloma vs Murrieta Valley

**Jennifer Gutierrez - 11th Grade**

Shot Put - 4kg	22' 4PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Discus - 1kg	60' 8PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Andrea Hayward - 11th Grade**

200 Meters	31.60	Feb 27	Paloma vs Murrieta Valley
400 Meters	1:10.68	Mar 21	Temecula Valley @ Murrieta Valley

**Rebeca Hernandez - 11th Grade**

Long Jump	12' 8	Mar 14	Murrieta Valley at Chaparral
Triple Jump	29' 10.5PR	Feb 21	Murrieta Valley at Great Oak

**Dakota Hirst - 11th Grade**

800 Meters	2:31.64	Apr 6	Irvine/Asics Distance Carnival
1600 Meters	5:38.80	Mar 16	Asics Laguna Beach Trophy Invitational

**Deanna Irwin - 9th Grade**

High Jump	4' 2PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Pole Vault	8' 4PR	Apr 25	Southwestern League Championships
Long Jump	12' 5PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Triple Jump	27' 0.5PR	Mar 14	Murrieta Valley at Chaparral

**Autumn Johnson - 11th Grade**

100 Meters	14.20PR	Apr 11	Murrieta Mesa @ Murrieta Valley
200 Meters	30.32	Mar 21	Temecula Valley @ Murrieta Valley

**Gwendelyn Johnson - 10th Grade**

100 Meters	14.41 PR	Feb 27	Paloma vs Murrieta Valley
200 Meters	30.65PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Madison Kast - 12th Grade**

Pole Vault	12' 0	Apr 18	Murrieta Valley vs Vista Murrieta
------------	-------	--------	-----------------------------------

**Savannah Kessler - 12th Grade**

200 Meters	29.55	Mar 21	Temecula Valley @ Murrieta Valley
400 Meters	1:05.03	Feb 21	Murrieta Valley at Great Oak

**Audrey Lee - 12th Grade**

Shot Put - 4kg	19' 10PR	Mar 21	Temecula Valley @ Murrieta Valley
Discus - 1kg	56' 1PR	Feb 27	Paloma vs Murrieta Valley

**Ajauna Levells - 11th Grade**

200 Meters	32.64 PR	Feb 27	Paloma vs Murrieta Valley
400 Meters	1:11.00PR	Mar 14	Murrieta Valley at Chaparral

**Diana Llamas - 11th Grade**

100 Meters	13.42PR	Apr 18	Murrieta Valley vs Vista Murrieta
100m Hurdles - 33"	17.15PR	Apr 18	Murrieta Valley vs Vista Murrieta
300m Hurdles - 30"	49.57PR	Apr 13	Inland Empire Championships

**Daphne Mendez - 10th Grade**

100m Hurdles - 33"	16.68PR	Apr 18	Murrieta Valley vs Vista Murrieta
300m Hurdles - 30"	46.17PR	Apr 25	Southwestern League Championships

**Jazmine Mendez - 10th Grade**

100 Meters	13.58 PR	Feb 22	Atlas Invite
100m Hurdles - 33"	17.41 PR	Apr 13	Inland Empire Championships
300m Hurdles - 30"	48.44PR	Mar 21	Temecula Valley @ Murrieta Valley

**Brenda Morales - 12th Grade**

100 Meters	15.98 PR	Feb 27	Paloma vs Murrieta Valley
200 Meters	33.83 PR	Feb 27	Paloma vs Murrieta Valley

**Annah Ortiz - 11th Grade**

Shot Put - 4kg	27' 8PR	Mar 21	Temecula Valley @ Murrieta Valley
Discus - 1kg	75' 3PR	Apr 18	Murrieta Valley vs Vista Murrieta

**Jennifer Puzio - 11th Grade**

100 Meters	12.77 PR	Apr 25	Southwestern League Championships
200 Meters	27.77PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Veronika Ramirez - 11th Grade**

100 Meters	16.51 PR	Feb 21	Murrieta Valley at Great Oak
200 Meters	34.97 PR	Feb 21	Murrieta Valley at Great Oak

**Alexa Ruelas - 9th Grade**

200 Meters	31.53PR	Apr 11	Murrieta Mesa @ Murrieta Valley
400 Meters	1:17.73PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Alexandria Ruzek - 11th Grade**

800 Meters	2:54.51PR	Apr 11	Murrieta Mesa @ Murrieta Valley
1600 Meters	6:20.13PR	Apr 6	Irvine/Asics Distance Carnival

**Samantha San Jose - 12th Grade**

High Jump	4' 6	Apr 18	Murrieta Valley vs Vista Murrieta
Long Jump	13' 9	Apr 25	Southwestern League Championships
Triple Jump	29' 11	Apr 11	Murrieta Mesa @ Murrieta Valley

**Lexis Sanchez - 11th Grade**

200 Meters	33.07PR	Apr 11	Murrieta Mesa @ Murrieta Valley
400 Meters	1:16.74PR	Mar 21	Temecula Valley @ Murrieta Valley

**Lydia Smith - 10th Grade**

Long Jump	13' 6	Apr 11	Murrieta Mesa @ Murrieta Valley
-----------	-------	--------	---------------------------------

**Yazmine Thompkins - 11th Grade**

100 Meters	13.50	Feb 27	Paloma vs Murrieta Valley
200 Meters	29.25	Mar 14	Murrieta Valley at Chaparral
400 Meters	1:04.60PR	Mar 14	Murrieta Valley at Chaparral
Long Jump	13' 3	Feb 21	Murrieta Valley at Great Oak

**Zoe Vilchez - 9th Grade**

High Jump	4' 0PR	Feb 21	Murrieta Valley at Great Oak
Long Jump	12' 5PR	Apr 11	Murrieta Mesa @ Murrieta Valley
Triple Jump	27' 9.5PR	Apr 18	Murrieta Valley vs Vista Murrieta

**Lucy Weiland - 11th Grade**

100 Meters	15.25 PR	Feb 27	Paloma vs Murrieta Valley
200 Meters	32.37PR	Mar 14	Murrieta Valley at Chaparral
400 Meters	1:11.50PR	Apr 11	Murrieta Mesa @ Murrieta Valley

**Victoria Williams - 12th Grade**

100 Meters	14.17PR	Apr 18	Murrieta Valley vs Vista Murrieta
100m Hurdles - 33"	18.15PR	Apr 11	Murrieta Mesa @ Murrieta Valley
300m Hurdles - 30"	54.01PR	Mar 21	Temecula Valley @ Murrieta Valley

**Abby Wright - 10th Grade**

High Jump	4' 2PR	Mar 14	Murrieta Valley at Chaparral
Long Jump	14' 9PR	Apr 18	Murrieta Valley vs Vista Murrieta
Triple Jump	30' 1.5PR	Apr 18	Murrieta Valley vs Vista Murrieta

**Isabella Zaragoza - 10th Grade**

100 Meters	13.81	Feb 27	Paloma vs Murrieta Valley
100m Hurdles - 33"	17.06 PR	Apr 25	Southwestern League Championships
300m Hurdles - 30"	51.31PR	Apr 13	Inland Empire Championships