



*Vista Murrieta High School*

*Counseling Department*

*Presents*



[www.vmhs.net](http://www.vmhs.net)

# *Junior / Senior Parent Night*

Monday, September 28, 2015

# + Meet the Counselors



Shonda Burrus (A-Ce)

Marty Quisenberry (Ch-GI)

Aurora Padilla (Go-Le)

Karen Candaele (Li-O)

Eric Peterson (P-Si)

Claudia Gomez (Sk-Z)

Diana Ruiz (AVID)

Debbie Rausa— College &  
Career Center



*Need to see a  
counselor?*

Please contact:

- Kristi Tarman ext 6676
  - Aurora Padilla
  - Shonda Burrus
  - Diana Ruiz
  
- Jackie Moran ext 6690
  - Marty Quisenberry
  - Karen Candaele
  - Claudia Gomez
  - Eric Peterson

# + Agenda

- ✓ VMHS Graduation Requirements
- ✓ CCR/A-G Requirements
- ✓ Post Secondary Opportunities
- ✓ College Admission Testing
- ✓ Financial Aid
- ✓ College & Career Center
- ✓ Breakout Sessions



# + Breakout Sessions

**6:00 – 6:25 General Overview**

**6:30 – 6:55 Session I**

❖ CSU: Rosa Barr – PAC

❖ UC: Sheryl Blackshire – MPR

❖ MSJC: Heather Pomerence – P118

# + Breakout Sessions Continued...

## **Session II 7:00 – 7:25**

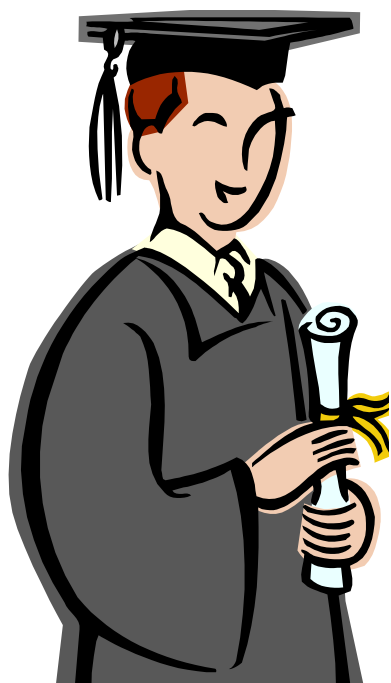
- ❖ CSU: Rosa Barr – PAC
- ❖ UC: Sheryl Blackshire – MPR
- ❖ MSJC: Heather Pomerence – P118
- ❖ Senior Exit Interview Info/Resources: Marty Quisenberry –  
Library Computer Lab

## **Session III 7:30-8:00**

- ❖ Financial Aid Presentation – Fantaya Willingham, MPR



# Graduation Requirements



VMHS Graduation Requirements <i>* with grade D or higher</i>		<u>Minimum Eligibility Requirements for Freshman University Admissions</u> <i>( must complete all courses with grade C or higher )</i>	
		California State University www.calstate.edu	University of California www.universityofcalifornia.edu
English	4 years 40 credits	4 years	4 years
Physical Education	2 years 20 credits		
World History	1 year 10 credits	2 years U.S. History/World History/Government	2 years U.S. History/World History/Government
U.S. History	1 year 10 credits	" " "	" " "
Government/Economics	1 year 10 credits	" " "	" " "
Mathematics	3 years 30 credits	3 years including: Algebra I, Geometry and Algebra II/Trig	3 years including: Algebra I, Geometry and Algebra II/Trig 4 years math recommended
Science	3 years 30 credits	1 year of lab science (including Biology and Chemistry or Physics) and 1 year of lab or non-lab science	2 years lab science including: Biology and Chemistry or Physics. 3 years recommended Biology, Chemistry and Physics
Health Computers/Careers	1 semester 1 semester 10 credits		
Visual/Performing Arts	1 year 10 credits	1 year of same UC/CSU approved Visual/Performing Art* (must be completed in same academic year) *refer to UC/CSU A-G list	1 year of same UC/CSU approved Visual/Performing Art* (must be completed in same academic year) *refer to UC/CSU A-G list
World Language	1 year 10 credits	2 years of same language other than English	2 years of same language other than English 3 years recommended
Electives	50 credits	1 Year UC/CSU approved Elective or can be any A-F course above minimum requirement	1 year UC/CSU approved Elective
<b>TOTAL</b>	<b>230 Credits</b>		

To see all UC/CSU approved courses, go to [www.ucop.edu/doorways](http://www.ucop.edu/doorways)

VMHS students must complete 10 hours of community service learning for each school year attended, the total of which must be completed before graduation.  
Students must also pass the California High School Exit Exam (CAHSEE) and complete the Senior Exit Interview in order to receive a diploma.

*\* Private and out of state colleges will vary in their entrance requirements.  
Some testing is required (SAT I, ACT and/or SAT II Subject Tests).*

# + Short on credits?

- Murrieta Valley Adult School
- Approved Online Courses\*
- Credit Recovery (listed as Academic Seminar)

\*For more information please contact your student's assigned Counselor







# College/Career Readiness

## A-G Requirements

- ✓ **A: History/Social Science** - 2 years required
- ✓ **B: English** - 4 years required
- ✓ **C: Mathematics** - 3 years required, 4 recommended
- ✓ **D: Lab Science** - 2 years required, 3 recommended
- ✓ **E: Foreign Language** - 2 years required, 3 recommended
- ✓ **F: Visual and Performing Arts** - 1 year required
- ✓ **G: College Prep Elective** - 1 year required





## 11<sup>th</sup> grade:

- Career Clusters Survey- **Career Planning**→**Learn about Yourself**→**Career Clusters Survey**→**Get Started**
- Saved Careers- **Save from Career Clusters results**
- Scholarship Finder- **Financial Aid Planning**→ **Find Scholarships**→ **Scholarship Finder**



## 12<sup>th</sup> grade:

- Scholarship Finder- **Financial Aid Planning** → **Find Scholarships** → **Scholarship Finder**
- Saved Careers- **Career Planning** → **Explore Careers** → **Career Finder (under Career Exploration tools)**
- Brag Sheet (i.e. Saved Experiences and Activities)- **Your Portfolio** → **Your Profile** → **Experiences and Activities**



- To Enroll you must:
- Have a high school diploma or equivalent
- Or be 18 years or older



- Apply Online
- Apply as soon as Fall 2016
- Complete Assessment Process
- Meet with MSJC Counselor
- Apply for Financial Aid, Jan 1, 2016

**College Kick Off  
Oct 14, 2015**





# Vocational/Trade School



- A secondary school that offers instruction in skilled trades; and/or vocational school. For a list of California Trade School please visit, [www.trade-schools.net](http://www.trade-schools.net)
- School of Career of Education  
<http://www.riversidesce.org/index.php>
- Career Fair: April 13<sup>th</sup> VMHS





# Career Technical Education / CTE



Program that helps students to prepare to enter the job market by developing their specific job skills.

## Courses on Campus:

- TV/Video & Adv. TV/Video
- Audio Technology
- Medical Terminology/EMR
- Forensic Science/CSI
- Law Enforcement
- Sports Medicine
- Child Development
- Computer Programming

# + Military

If interested in joining the military, speak with your parents about your interest and do your research. Visit [www.military.com](http://www.military.com) for more information or talk to your local recruiter.

- NJROTC Scholarship Program
- You could be eligible for tuition & financial benefits up to \$180,000
- Commission as an officer upon graduation
- Monthly Stipend
- ASVAB exam scheduled for Feb. 10<sup>th</sup> & 11<sup>th</sup>, 2016, please sign up in the College Career Center





# College Admission Process



- ❑ Research your schools of interest early
- ❑ Seek help early throughout the application process
- ❑ Complete all application material and letters of recommendation before the published deadline
- ❑ Check your email and university portals often
- ❑ Order official transcripts from the guidance techs in a timely manner
- ❑ Follow all instructions regarding placement tests
- ❑ Call college admissions office for advice when you aren't sure what to do next







# Ready to apply to a 4 year University?



- Familiarize yourself with the A-G requirements & your transcript
- Sign up for SAT and or ACT
- Know the difference between UC, CSU, Private & Community Colleges
- Know the application deadlines & apply early
- Do you need a recommendation letter?



# College Admission Testing



**SAT Reasoning:**  
Used to measure verbal, math, and writing abilities.

**ACT:**  
Measures English, Math, Social Science, & Natural Sciences.

**SAT2 Subject:**  
Specific subject tests (i.e.-Social Sciences, Sciences, Foreign Languages, etc. )\*

\*No longer required for UC schools. May be required for a supplemental application for the major you are applying to.

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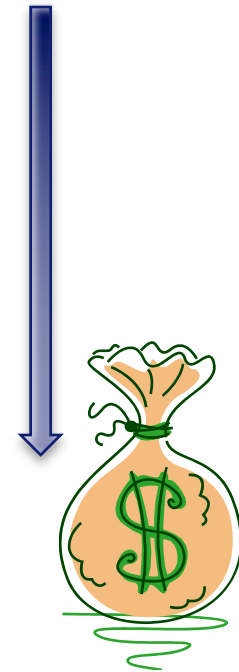


# Current SAT vs. New SAT

	<b>Current SAT</b>	<b>New SAT</b>
Format	3 Sections = Math, Critical Reading, Writing (Essay)	2 Sections = Math, Reading/Writing (Essay is optional)
Points	2400 = Math 200-800, CR 200-800, Writing 200-800	1600 = Math 200-800, R/W 200-800
Essay	Required, 25 minutes, beginning of test, personal stance	Optional, 50 minutes, end of test, analysis of source text
Vocab	Knowledge of isolated terms	Knowledge of terms within context
Content	Aptitude of broad range of concepts	Assessment of concepts specific to college readiness
Scoring	1 pt. for each correct answer, ¼ pt. deduction for each incorrect answer	1pt. for each correct answer, no deductions for incorrect answers
Fees	\$54.50	\$54.50 w/ essay, \$43 w/out essay

# + Test Prep Options

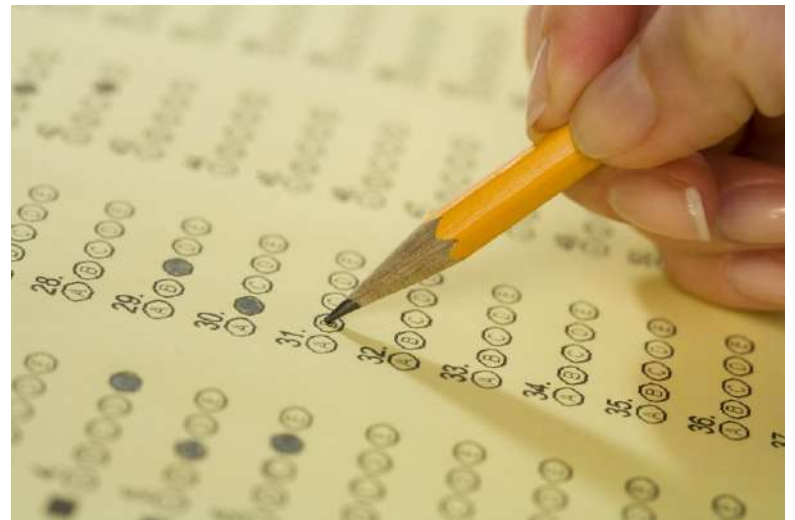
Free Test Prep	Fee Based
Shmoop SAT/ACT <a href="http://www.vmhs.net">www.vmhs.net</a> Click on Shmoop in Site Shortcuts	Be SAT Wise <a href="http://www.besatwise.com">www.besatwise.com</a> SAT/ACT
Khan Academy SAT <a href="http://www.khanacademy.org">www.khanacademy.org</a>	University of San Diego SAT: <a href="http://www.sandiego.edu/SAT">www.sandiego.edu/SAT</a> ACT: <a href="http://www.sandiego.edu/ACT">www.sandiego.edu/ACT</a>
	The Princeton Review <a href="http://www.princetonreview.com">www.princetonreview.com</a>



# + Testing Dates

- Vista Murrieta High School Code: 053004
- PSAT Date: Oct. 14 (VMHS location) 11<sup>th</sup> \$25
- SAT Dates: Oct. 3 and Nov. 7 (VMHS location) Dec. 5 register at <http://www.collegeboard.org>
- ACT Dates: Oct. 24, Dec. 12 register at <http://www.actstudent.org>

Schools will not accept scores on exams taken after the December test date of senior year.



# + Where do I apply?

➤ **California State University:**

[www.csumentor.edu](http://www.csumentor.edu)

Application window is Oct. 1 – Nov. 30

➤ **University of California:**

[www.universityofcalifornia.edu](http://www.universityofcalifornia.edu)

Application window is Nov. 1 – Nov. 30

➤ **Private Universities**

[www.commonapp.org](http://www.commonapp.org)

[www.send.edu](http://www.send.edu)

[www.wiche.edu/wue](http://www.wiche.edu/wue)

Application deadlines may vary. Research each school you are interested in applying to individually.

Early admission/Decision deadlines vary between Sept. – Dec.



# + California State University Admission Profile

## ■ CSU Eligibility Index:

GPA (10-12, weighted) x 800 + SAT CR + SAT Math

2900 minimum to qualify

Target score = 3500+

## ■ Reality

San Diego State = 4250+

CSU, Long Beach = 4050+

CSU, Fullerton = 3900+

CSU, San Marcos = 3200+ (local area)

# + University of California Admission Profile

## ■ UC Eligibility:

SAT CR, Math, Writing

ACT w/ writing

3.0 (academic GPA) minimum to apply

Other factors: extracurricular activities, school/community involvement, personal statement, rigor of academic schedule

## ■ Reality

UC Berkeley = 4.18 GPA, CR=665, M=696, W=674, ACT=29

UC Riverside = 3.58 GPA, CR=536, M=576, W= 576, ACT=24



# + CSU & UC Application Workshops

## October CSU/UC Application Workshops location: Room SS18

- October 14 afterschool 2:30-3:45pm
- October 20 afterschool 2:30-3:45pm
- October 22 afterschool 2:30-3:45pm
- October 28 both lunches 11:15-11:45; 12:15-12:45

## November CSU/UC Application Workshops location: Room SS18

- November 3 afterschool 2:30-3:45pm
- November 5 afterschool 2:30-3:45pm
- November 17 afterschool 2:30-3:45pm
- November 18 both lunches 11:15-11:45; 12:15-12:45
- November 19 afterschool 2:30-3:45



# + Financial Aid

1. Please apply for your FAFSA PIN as early as today
2. School submits non social security Cal Grant GPA Verification
3. Official name must match school records, please verify with registrar
4. Complete the FAFSA, applications for 2016-17 available after January 1, 2016. Deadline is March 2, 2016 [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
5. Apply for scholarships
6. Attend Financial Aid Parent Night & Workshops:
  - Financial Aid Night for Parents & Students - December 7, 2015 6:30 pm
  - FAFSA Presentation & Workshops – Feb. 9<sup>th</sup> & Feb. 17<sup>th</sup> 2016 6-8pm



# + College & Career Center

- ✓ Get familiar with your College & Career Center
- ✓ Meet Mrs. Debbie Rausa
- ✓ Search Local & General Scholarships
- ✓ College application assistance
- ✓ FAFSA submission assistance
- ✓ College & Career Presentations
- ✓ Sign up for College Rep Visits
- ✓ Sign up to meet with local recruiters & ASVAB
- ✓ Request your official Transcript (Official Transcript requires 2-3 days notice)

