

Effects of Negative Habits!

Just follow these simple steps to negativity.....

OWNERSHIP/RESPONSIBILITY

1. Never Admit Responsibility.

If anything goes wrong in your life, always blame someone else. You got a bad grade because the teacher hates you. You were rude because someone ticked you off. All your problems can really be traced back to your parents. You are really the victim....

WISE CHOICES

2. Never Consider the Consequences.

Always live for the moment – it's all about the thrill – do whatever you want. Why waste time worrying about what could go wrong? You're young – it will work out....

TIME MANAGEMENT

3. Procrastinate

Why rush to do the boring stuff? There's always tomorrow. You really do better "under" pressure.....

COOPERATION

4. All for one and one for one....

Don't be a "team player". It's a myth. Why should you compromise when you know no one else will? Always focus on what is good for you only because no one else has your back....

CHOOSING FRIENDS

5. Hang around with losers.

They're always more fun and available because they don't really have to be anywhere or do anything. Besides, you'll look so much better in comparison....

SELF-ADVOCACY

6. Let problems fix themselves.

Why waste time looking for quick solutions when everything always takes care of itself?

DECISION MAKING

7. Shoot from the hip.

When you need to make important decisions just do the first thing that occurs to you. Weighing the pros and cons is aggravating and only gives you a headache....

FINDING A BALANCE

8. Function in overdrive.

What better time than when you're a teenager to spend the majority of your time on what you enjoy doing the most? You know you won't have any fun when you're old so take advantage of your youth. Your school work and family will always be there.....

