



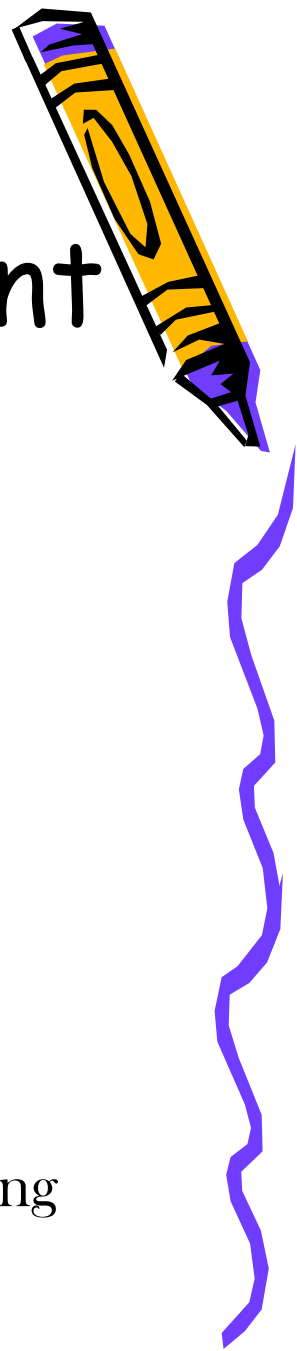
The Montgomery High
School Guidance
Department presents...



What's Coming
Down the Road



MHS Guidance Department



- Ms. Apel kapel@mtsd.us
- Mr. Glock kglock@mtsd.us
- Ms. Hamptonchampton hamptonchampton@mtsd.us
- Ms. Musial pmusial@mtsd.us
- Mrs. Pino hpino@mtsd.us
- Mrs. Ritson jritson@mtsd.us
- Ms. Conway mconway@mtsd.us



** Make an appointment through email, or speaking with a secretary.



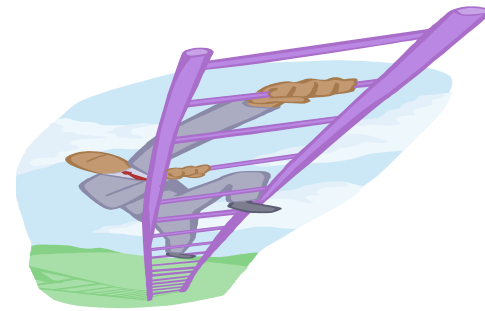
FRESHMAN YEAR



- *Take challenging classes in ENGLISH, MATH, SCIENCE, HISTORY, & a FOREIGN LANGUAGE
- *Get to know your school counselor
- *Visit teachers on after school help days
- *Participate in co-curricular activities
- *Support MHS school activities
- *Complete the NAVIANCE 'Learning Style Inventory'
- *Respect all students & cultures
- *Attend MHS every day
- *Visit 'Gradebook' on PARENT CONNECT
- *Read the tips in your 'MHS Agenda Book'



SOPHOMORE YEAR



- * Take challenging classes in core subjects
- * Do the “Career Inventory” on NAVIANCE
- * Become involved in school, after school, & community
- * Meet with your school counselor
- * Take the PSAT test
- * Attend after school teacher help days.
- * Pattern time management & study time.
- * Check “Parent Connect” frequently.

Read all homework and read “Student Agenda Book” for study tips.



MONTGOMERY HIGH SCHOOL TRANSCRIPT

STARTS IN NINTH GRADE—RECORD OF ALL COURSES & GRADES

Student name & address

Parent or Guardian name

Date of birth

Student ID & NJ State Student ID

Graduation date

List courses—by year—such as English I, Algebra I, Chemistry, Spanish II

Grades—final grade

Designations—semester(s); honors(H);advanced placement(AP)

GPA (grade point average) each year; weighted/unweighted

Credits earned—end of each course

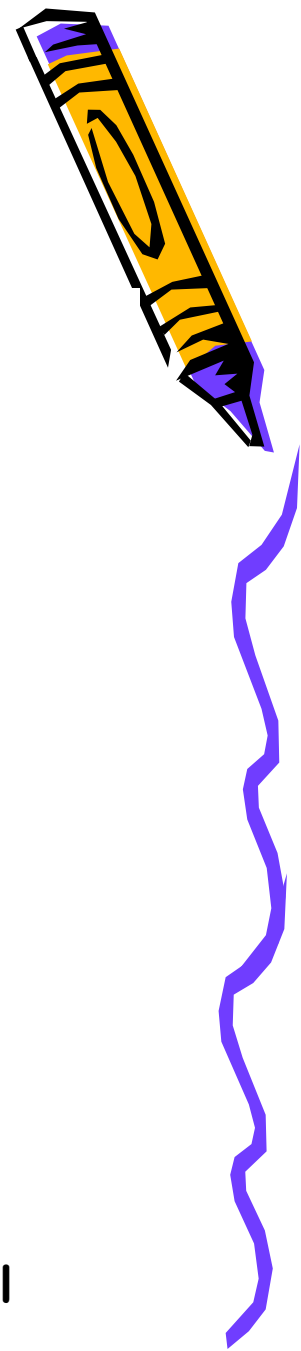
Supervisor of Guidance Signature, Date, School Seal

MHS does not calculate class rank

PCR= Pass, Credit Recovery

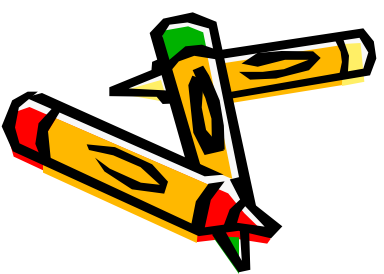
**"A NATIONAL BLUE RIBBON SCHOOL OF
EXCELLENCE"**

**School Accredited by State System & Regional
Accreditation Association**



Montgomery High School Transcript

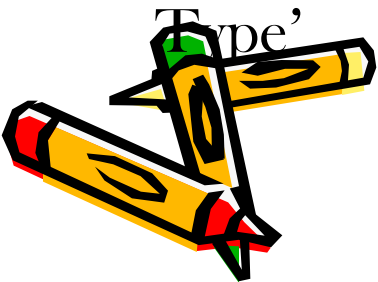
Student Name & Address		High School Name & Address Montgomery High School 1016 Route 601 Skillman, NJ 08558 609-466-7602			
Parent or Guardian	Student ID	Sex M	Date of Birth		
Guidance Counselor Watson, Cheryl	CEEB Code 311359	State Student ID	Withdrawal	Grad. Date	
Student Academic History					<input type="checkbox"/> Official Transcript
(H) Honors (AP) Advanced Placement					<input type="checkbox"/> Student Copy
Grade 09 Year 2007-08	Final Grade	Credits	Grade 10 Year 2008-09	Final Grade	Credits
Intro to Literature and Comp	87	5.000	Elements of Literature and Comp	90	5.000
Publ Speaking(S)	95	2.500	US Hist I	90	5.000
World Studies	84	5.000	Algebra II	83	5.000
Geometry	93	5.000	Chemistry	83	6.000
Physics	92	6.000	Spanish II	87	5.000
Spanish I	93	5.000	Architectural Design I S	98	2.500
Engineering Design and Materials Fab. I	99	2.500	Photography I S	95	2.500
Physical Education 9 (2 day)	100	3.000	Physical Education 10 2 day	97	3.000
Health 9	95	1.000	Driver Education	96	1.000
Weighted GPA 91.9143	Credits Earned	35.000	Weighted GPA 89.0714	Credits Earned	35.000
Grade 11 Year 2009-10	Final Grade	Credits	Grade 12 Year 2010-11	Final Grade	Credits
Elements of Comp II and American Lit	89	5.000	Senior Seminar Contemp Lit	86	5.000
U.S. History II	84	5.000	Art History - AP (AP)	90	5.000
Adv Algebra and Trig	88	5.000	CrimeandPunish S	100	2.500
Biology	91	6.000	Am Film and Cultr S	86	2.500
Spanish III	83	5.000	Statistics	93	5.000
Communication Tech - TV Production I	87	5.000	Environ. Sci.	94	6.000
Phys Ed 11 2D	98	3.000	Phys Ed 12 2D	95	3.000
Health 11	98	1.000	Health 12 2 day	94	1.000
Weighted GPA 89.8000	Credits Earned	35.000	Weighted GPA 92.6000	Credits Earned	30.000
Cumulative Data:	Credits Earned		GPA:	Weighted:	90.7815
	135.000			Unweighted:	90.5963
<p>"A NATIONAL BLUE RIBBON SCHOOL OF EXCELLENCE"</p> <p>School Accredited by State System & Regional Accreditation Association</p> <p>MHS does not calculate class rank. PCR = Pass, Credit Recovery</p>					
Supervisor of Guidance, Corie Gaylord		Date 12/07/2012		School Seal	



Do What You Are



- Do What You Are® is a Self Discovery Personality Type assessment for students. Successful completion of the assessment will generate a report that will provide you with important information about your personal characteristics, such as whether you may be Outgoing, Intuitive, Judgmental or Analytical.
- * Found under the 'About Me' tab, click on 'Personality



Do What You Are (cont.)



- In addition, the Do What You Are® Program will help you learn about careers that are matched to you, your personal strengths and blindspots, how you negotiate in your daily life, and a host of other useful information.
 - This includes using the knowledge to your benefit by marketing yourself better on college applications and job interviews.

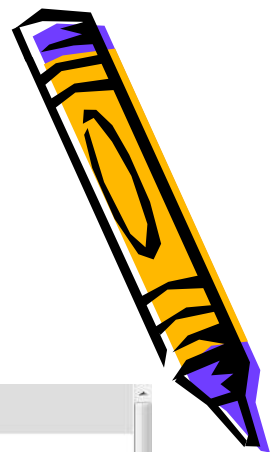


Personality Type

It is important to remember that the science of personality type is not an exact science. However, an understanding of your type can guide you in making better decisions for your future.



Bigfuture.org is another resource option

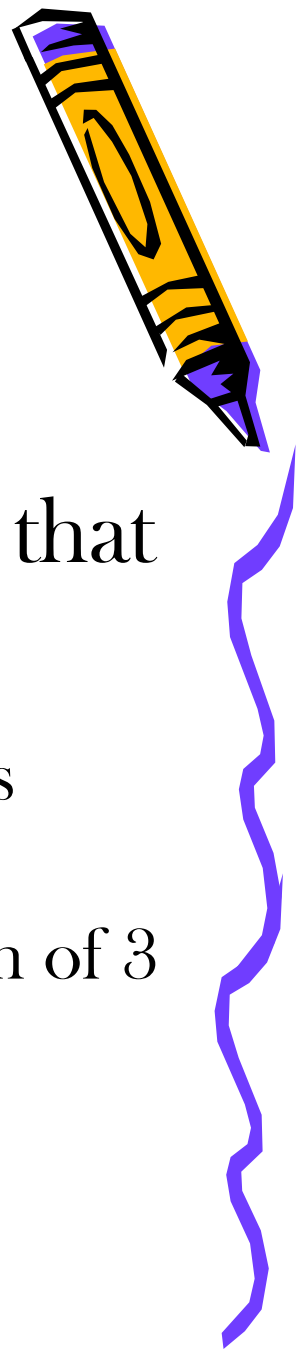


The screenshot shows the Bigfuture.org website. At the top, there is a navigation bar with links for College Planning, YouCanGo!, SAT, AP, PSAT/NMSQT, CLEP, For Educators, and More. The CollegeBoard logo is in the top right. Below the navigation bar is a search bar with the text "Find Colleges, Advice and More" and a "Search" button. The main content area features a large image of a smiling young man, Jonathan, with his arms crossed. To his right, there are three circular callouts: a green one with the text "My parents weren't sure if they could afford the best education for me. Jonathan's parents wanted him to attend college, but they didn't know how to pay for it." and a "Watch" button; a pink one with "Not sure where to start? Go"; and a blue one with "Find out how you can afford college too." Below the image, there are three main navigation buttons: "find colleges", "pay for college", and "make a plan". At the bottom, there is a footer with "Welcome!" and buttons for "Sign up" and "Sign in", along with links for "Me", "My Colleges", and "My Plan". A small text box in the footer says "Not sure you can go to college? See how students in your shoes made it and get help overcoming obstacles. Go to the YouCanGo! site." The browser's address bar shows "Internet | Protected Mode: Off" and the zoom level is set to 110%.



- * Know Yourself
- * Find Colleges
- * Find Careers

Learning Styles



Everyone has a learning style. Learning styles are the ways we study and learn that help make every student successful.

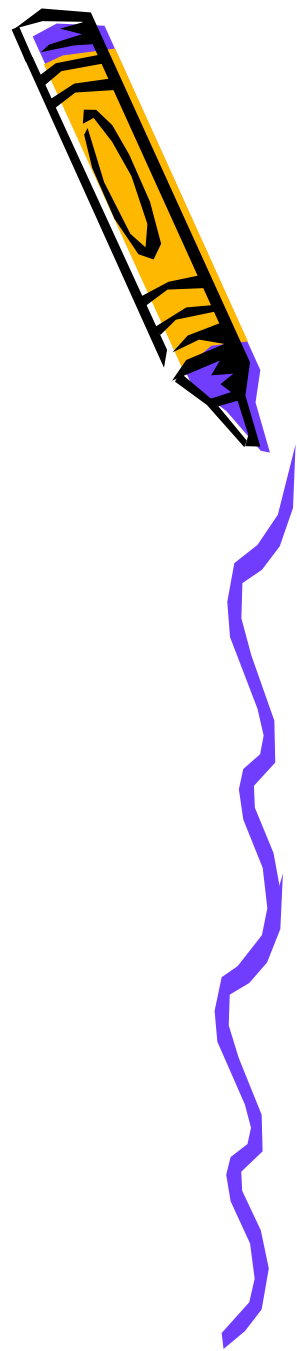
A learning style is the way a person learns

A learning style is part of who a person is

Most people learn through a combination of 3 primary learning styles



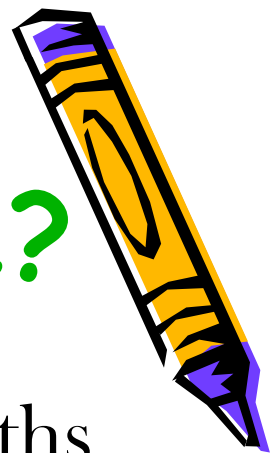
Examples of 3 of the Common Types of Learning Styles



- Auditory
- Visual
- Kinesthetic/Tactile



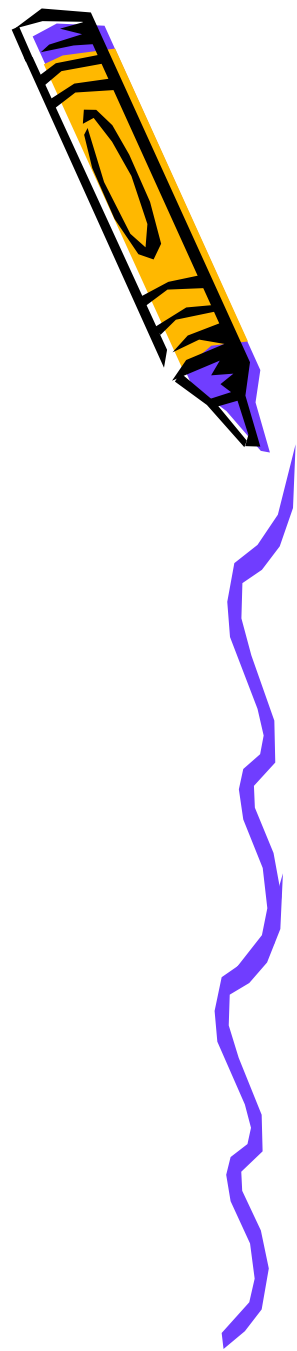
Why is it important to know your learning style?



- Helps you make the most of your strengths and improve limitations
- Improves performance on tests when study habits are consistent with styles
- Your learning style may be the single most important key to improving your grades
- Helps you work more effectively in groups



Learning Styles Inventory

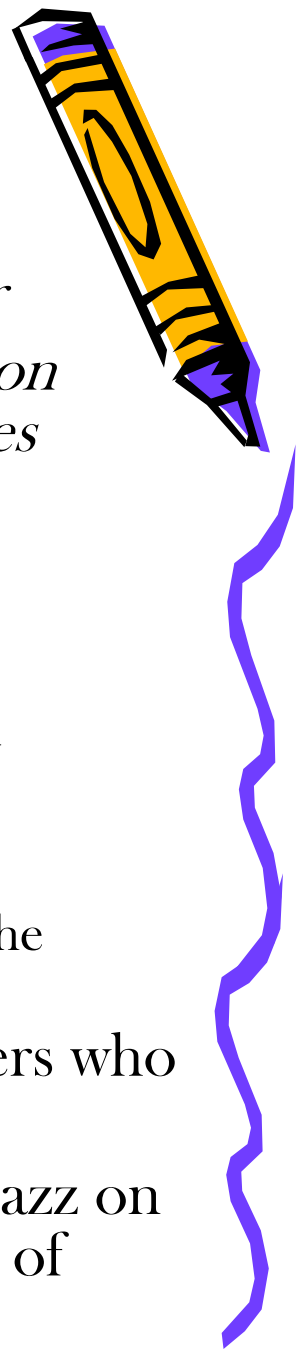


- In Naviance
- Under 'About Me' tab
- Click on 'Learning Style'



Study Skills

Everyone is different. Different methods work for different people; the following are only suggestions on improving upon your current studying techniques



- Space out your studying
- Have all of your study material in front of you
- Find a comfortable and quiet place to study with good lighting and few distractions
- Start out by studying the most important information
 - Learn the general concepts first, don't worry about learning the details until you have learned the main ideas
- If you choose to study in a group, only study with others who are **serious** about the test
- Listening to relaxing music such as classical or jazz on a low volume can relieve some of the boredom of studying



Study Skills



- Be effective in class
 - If a teacher posts a PPT online, do not spend the class writing down exactly what is on the PPT, instead write down the name of the slide and take notes that *make sense to you*
 - You can supplement your notes with the actual PPT information later
- Review material while it's still fresh



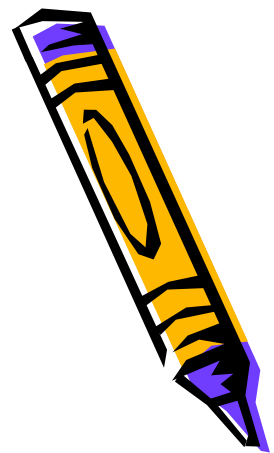
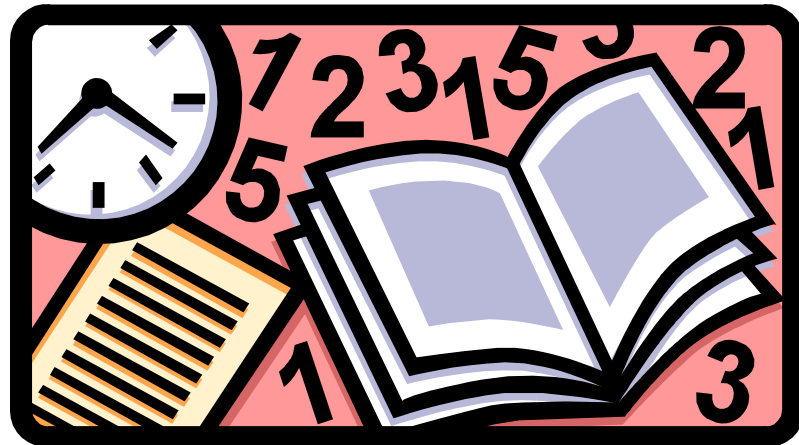
TESTING

Standardized Test Scores

PSAT

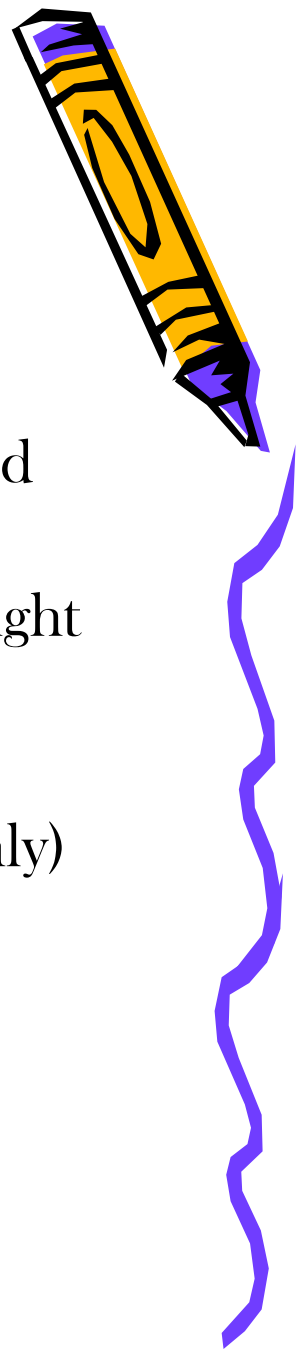
SAT and SAT II

ACT



PSAT

(The Preliminary SAT)



Offered to 10th and 11th grade students every October
The PSAT is a practice test for the SAT, it is not required
Reasons for taking the PSAT:

- * See how your performance on an admissions test might compare with others
- * Help prepare for the SAT
- * Enter for scholarships from NMSC (grade 11 only)

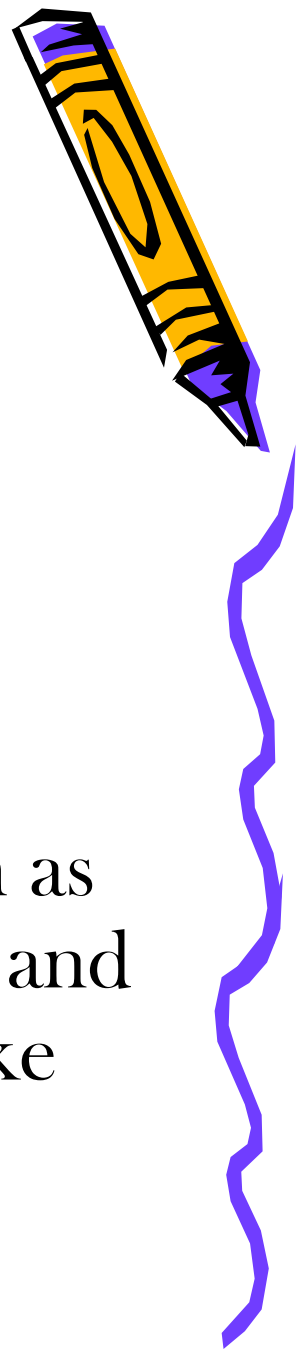
The PSAT measures:

- * Critical Reading Skills
- * Math Problem-Solving Skills
- * Writing Skills

Registration forms are available in the guidance office beginning in September.



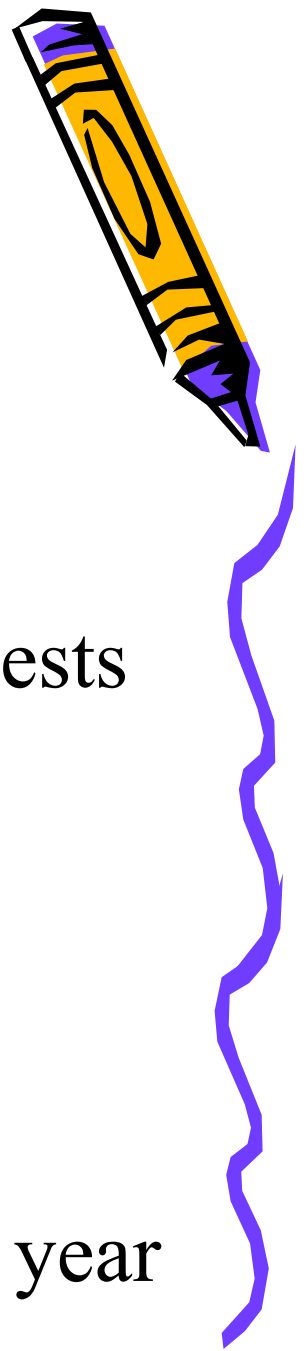
Register for the Test



- Recommended beginning in January of Junior Year
- For SAT/ACT Register online - www.collegeboard.com and www.act.org
- Websites also have useful resources such as practice tests, questions of the day, study and test-taking tips, college searches, etc...Take advantage of them!



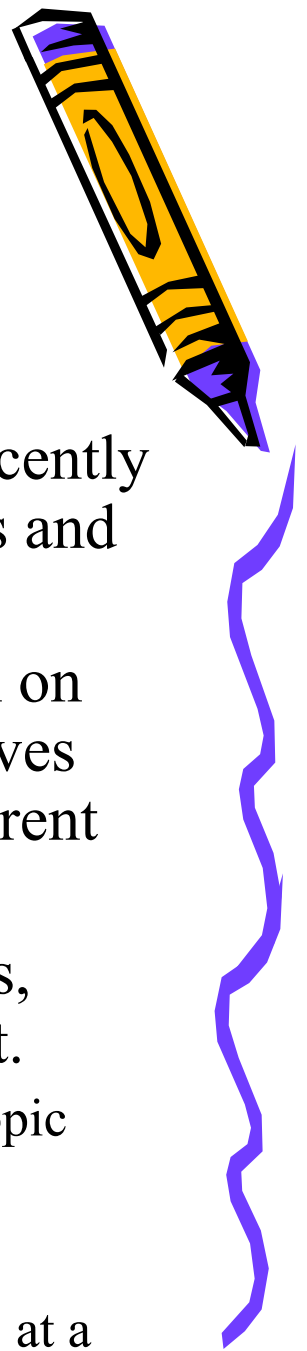
SAT II - Subject Tests



- The Most Selective Colleges require Subject Tests for admission
- 1 hour in length (Can take up to three tests on one test date)
- Score Range 200 – 800 per section
- All tests are not offered on all dates –
be sure to plan ahead
- Recommend taking in May of the year the course was taken



Test Prep/Coaching Programs



- PSAT Score Report Plus and test booklet were recently returned. Great way to identify specific strengths and areas of need.
- Collegeboard and ACT offer free test preparation on their websites. Students can familiarize themselves with the tests and with the directions for the different sections.
- Many different individual, small and large classes, handbooks and computer programs on the market.
 - Effectiveness of books and classes is a hotly debated topic
 - Can be costly and time-consuming
 - Results vary
 - Princeton Review and Revolution Prep offered at MHS at a discounted rate



Testing - Helpful Hints



- Become familiar with the test!
- How do you learn best? Invest time into that strategy!
- People who read well – score well!
- Take timed practice tests!
- **READ READ READ**

