



Acalanes Union High School District

**CALIFORNIA HEALTHY KIDS SURVEY
FALL 2013 ADMINISTRATION**

RESULTS, TRENDS AND NEXT STEPS



CALIFORNIA HEALTHY KIDS SURVEY

- ❖ Administration – November 2013
 - 90% of Grade 9
 - 86% of Grade 11
- ❖ Passive parental consent
- ❖ AUHSD has administered since 1999
- ❖ Anonymous self reporting



CALIFORNIA HEALTHY KIDS SURVEY

❖ 2013 Selected Modules

- Core
- Resilience & Youth Development
- Alcohol & Other Drugs (AOD) Use & Safety

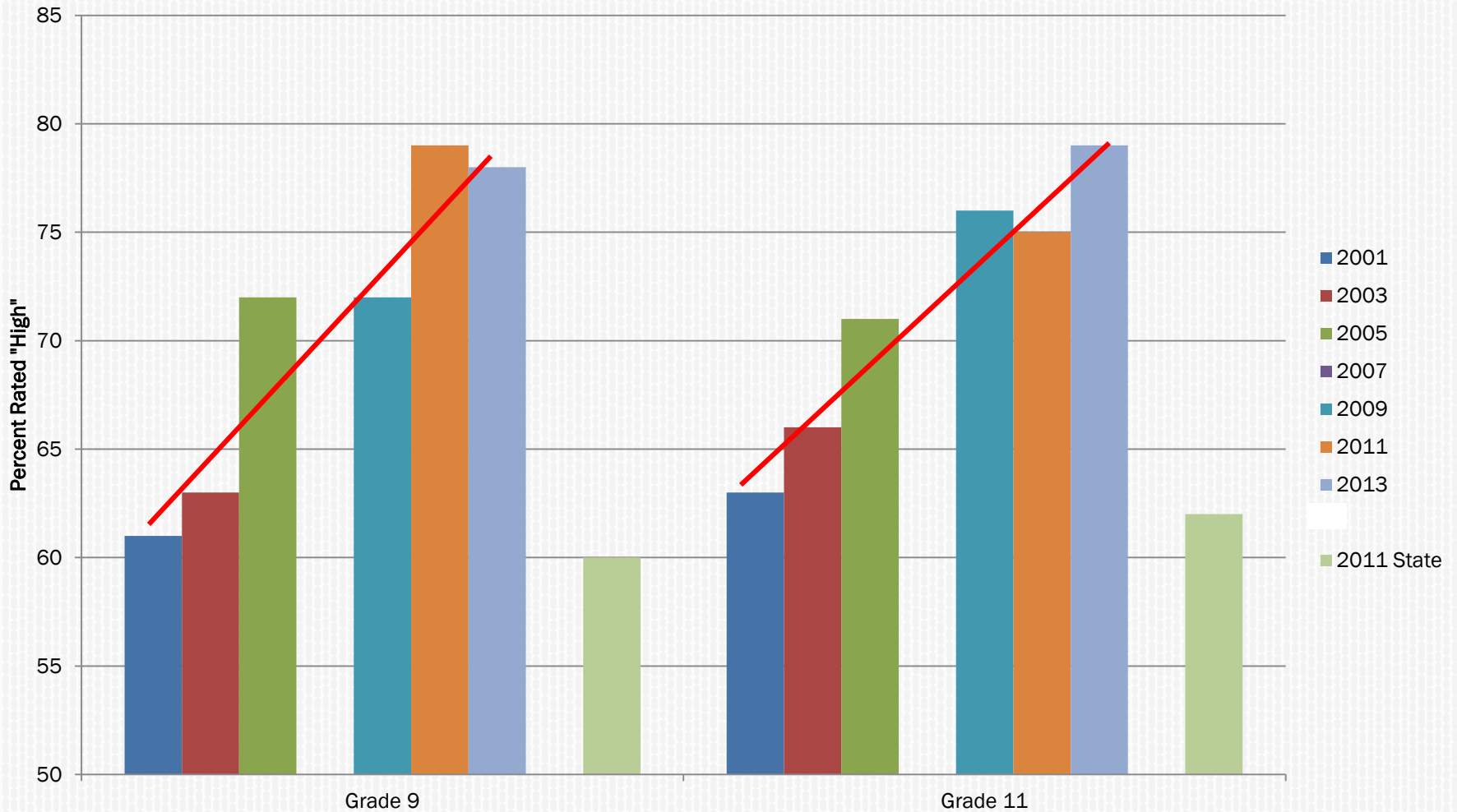
❖ Other survey

- California School Climate Survey
 - Administered - Reports pending
- California School Parent Survey
 - Administration pending



RESILIENCY – ENVIRONMENTAL ASSETS

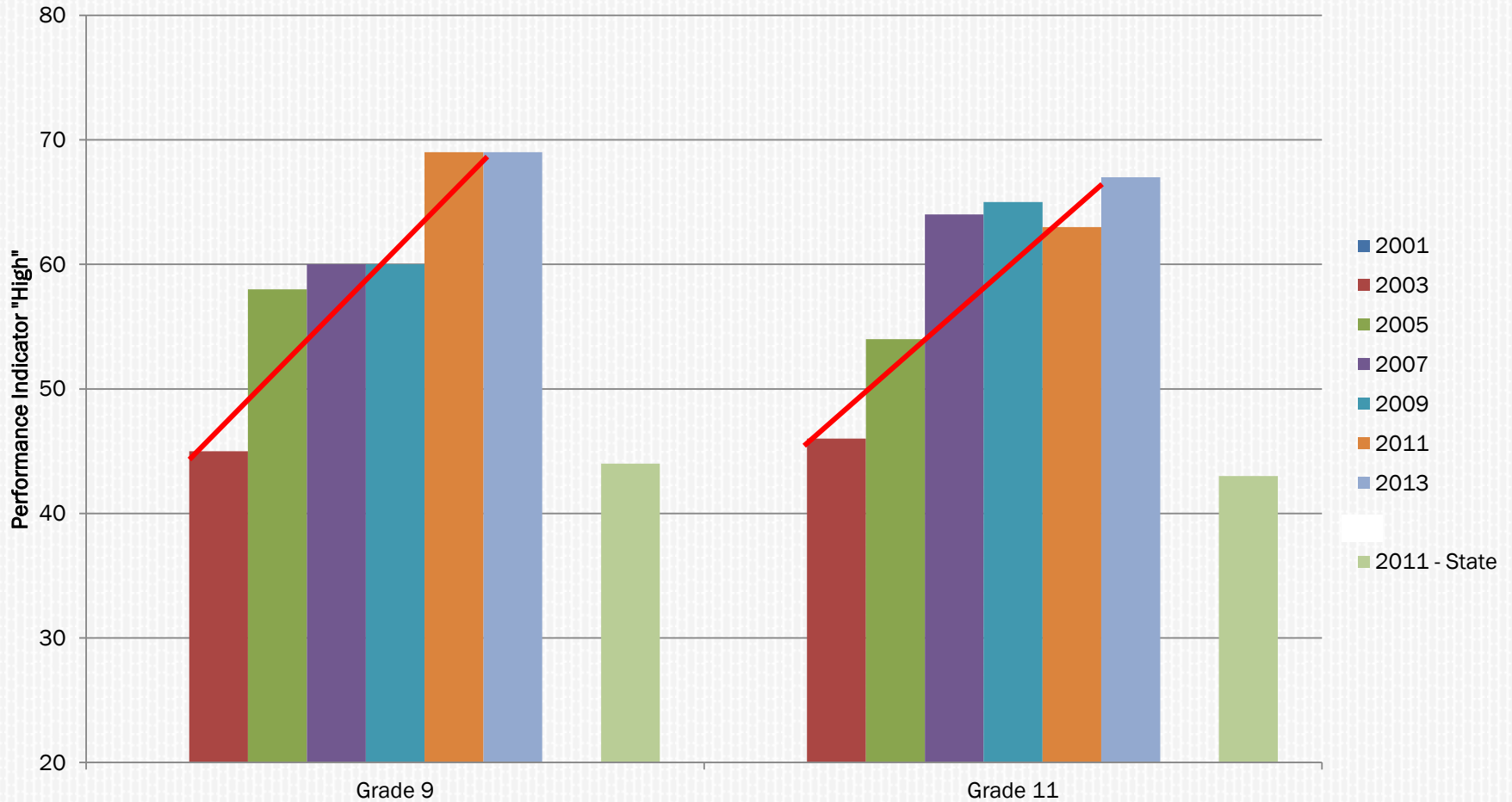
Total Environmental Assets





RESILIENCY – ENVIRONMENTAL ASSETS

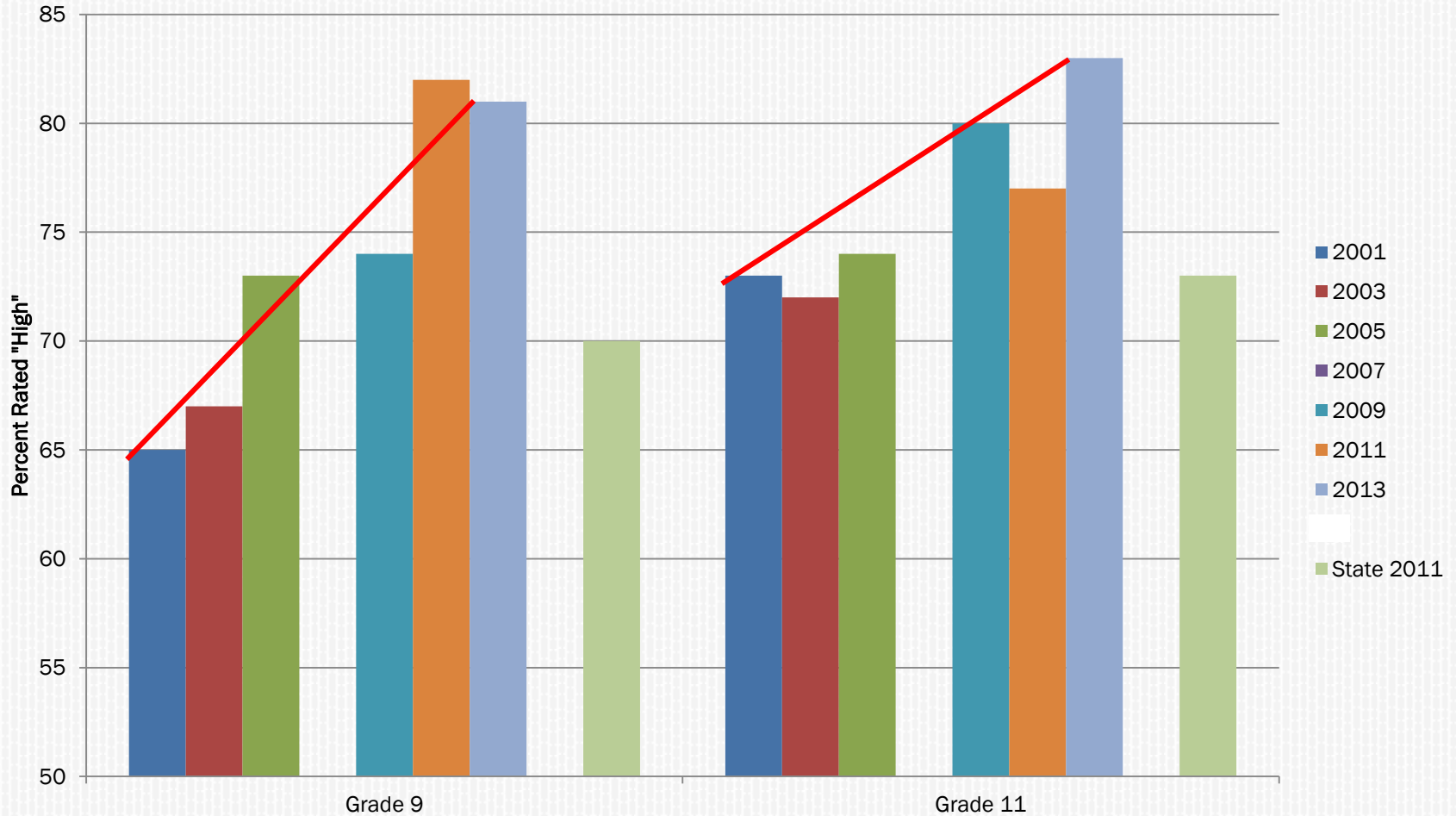
School Connectedness Scale





RESILIENCY – INTERNAL ASSETS

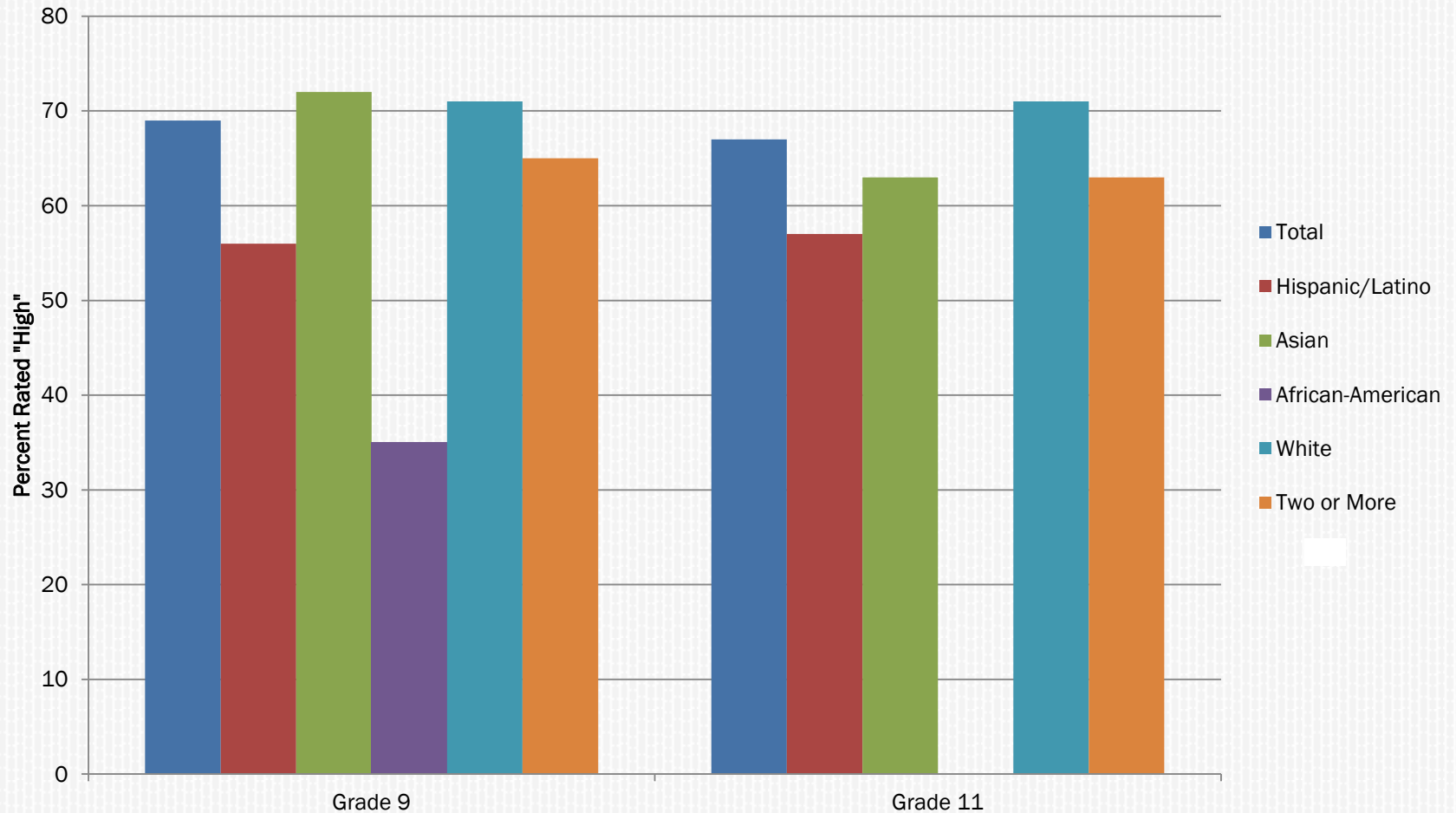
Total Internal Assets





RESILIENCY – ENVIRONMENTAL ASSETS BY ETHNICITY

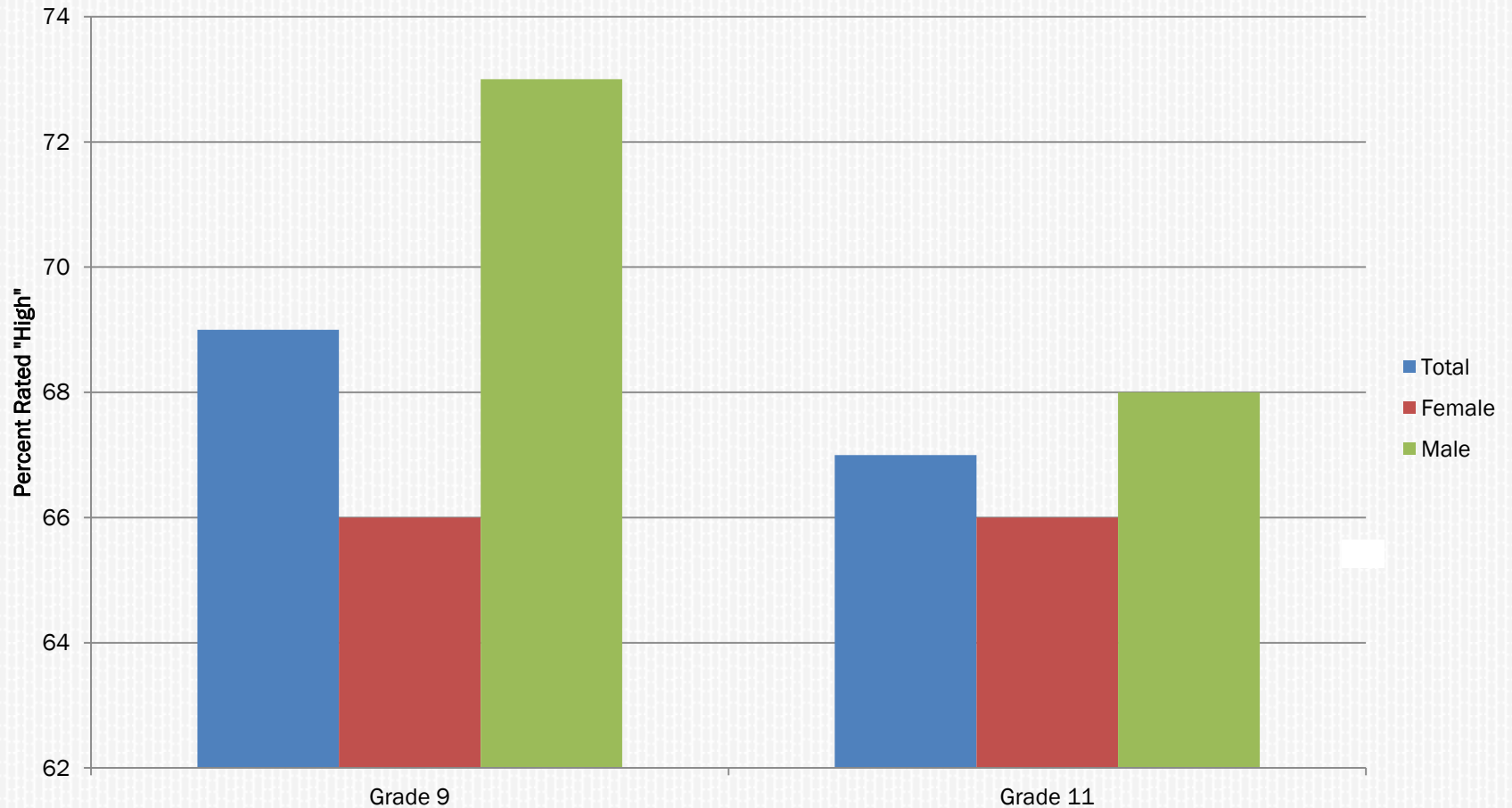
2013 School Connectedness - by Ethnicity





RESILIENCY – ENVIRONMENTAL ASSETS BY GENDER

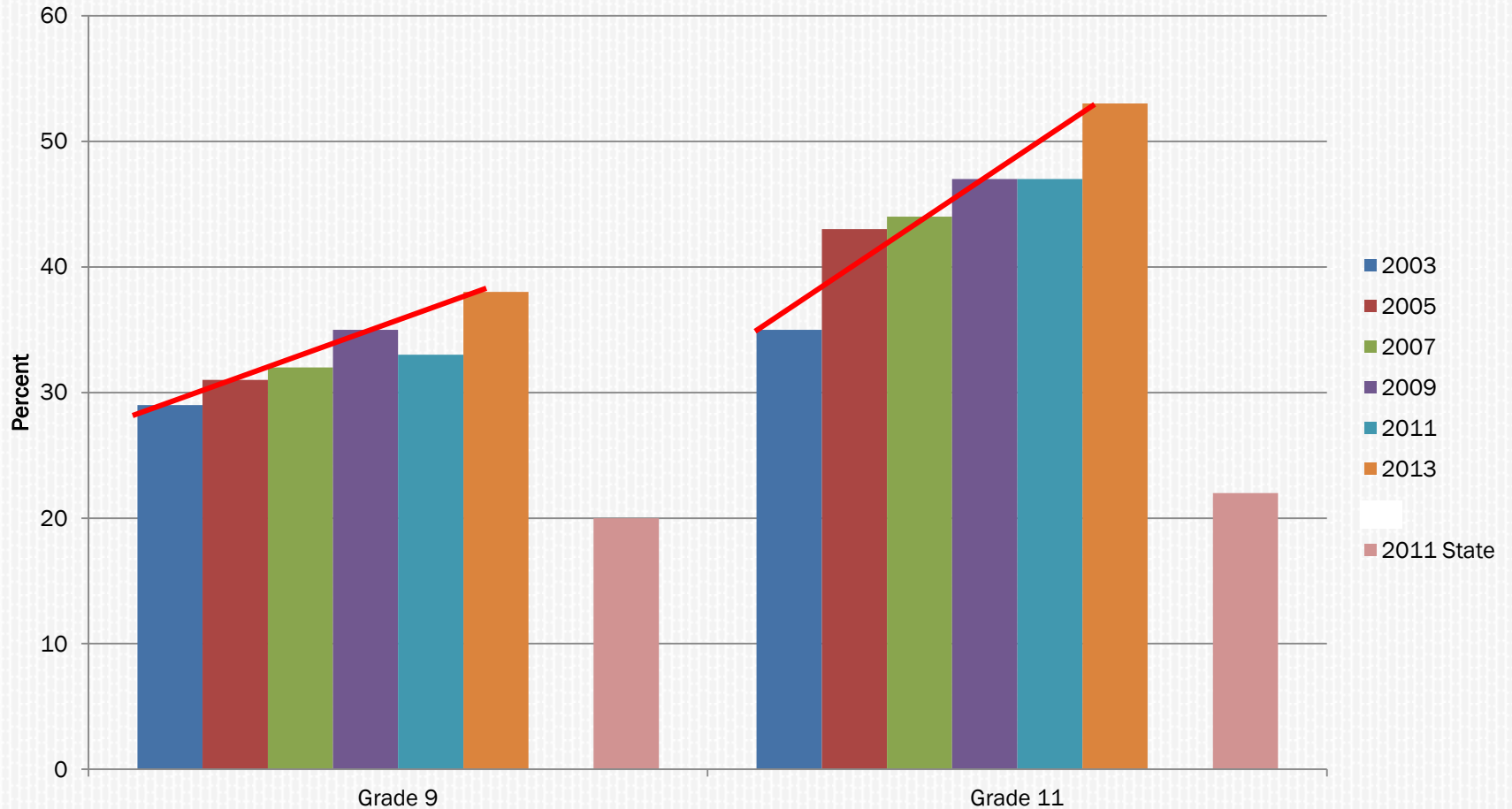
2013 School Connectedness - by Gender





SCHOOL SAFETY - PERCEPTION

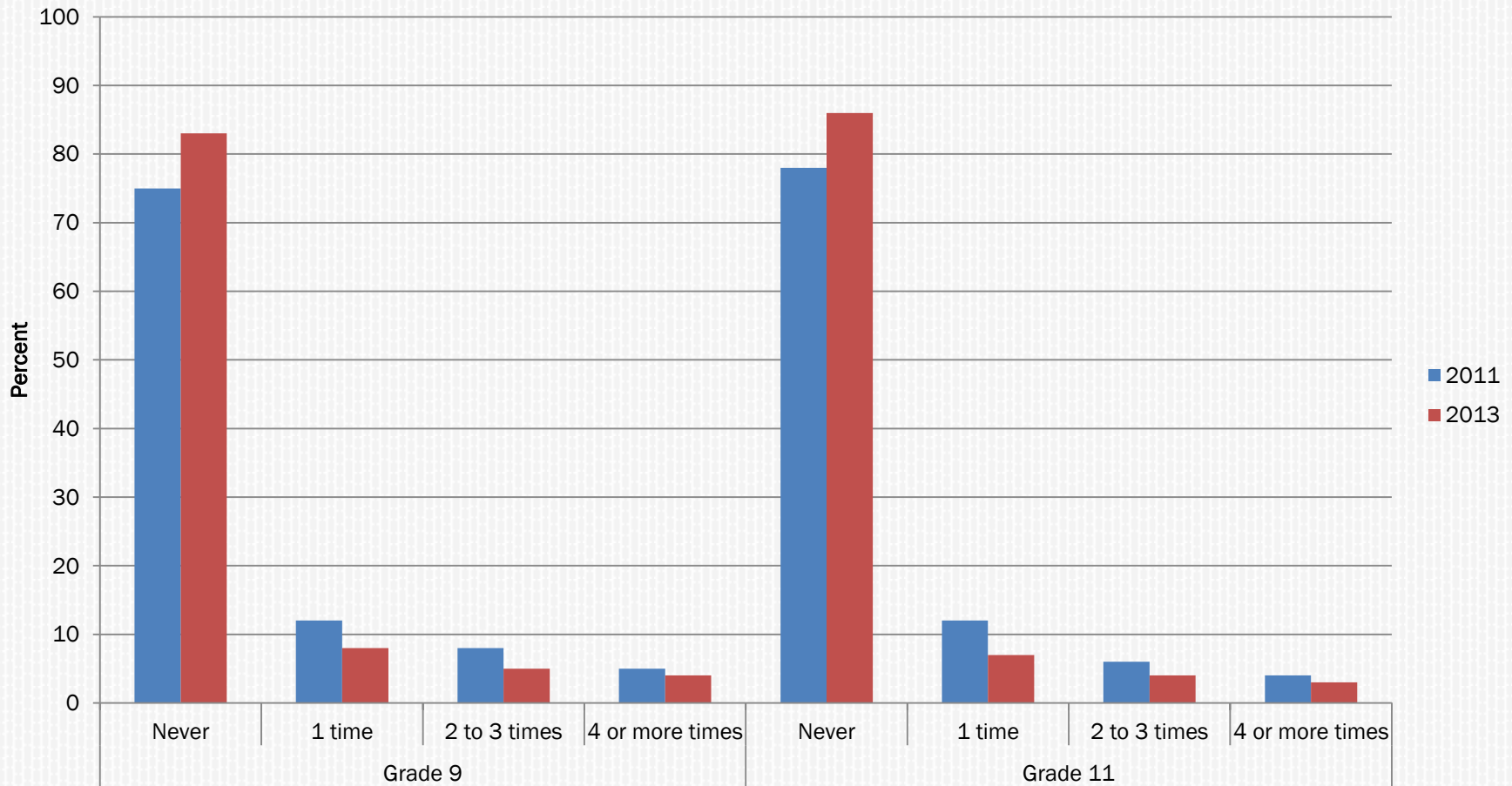
Felt "very safe" at school





SCHOOL SAFETY - CYBERBULLYING

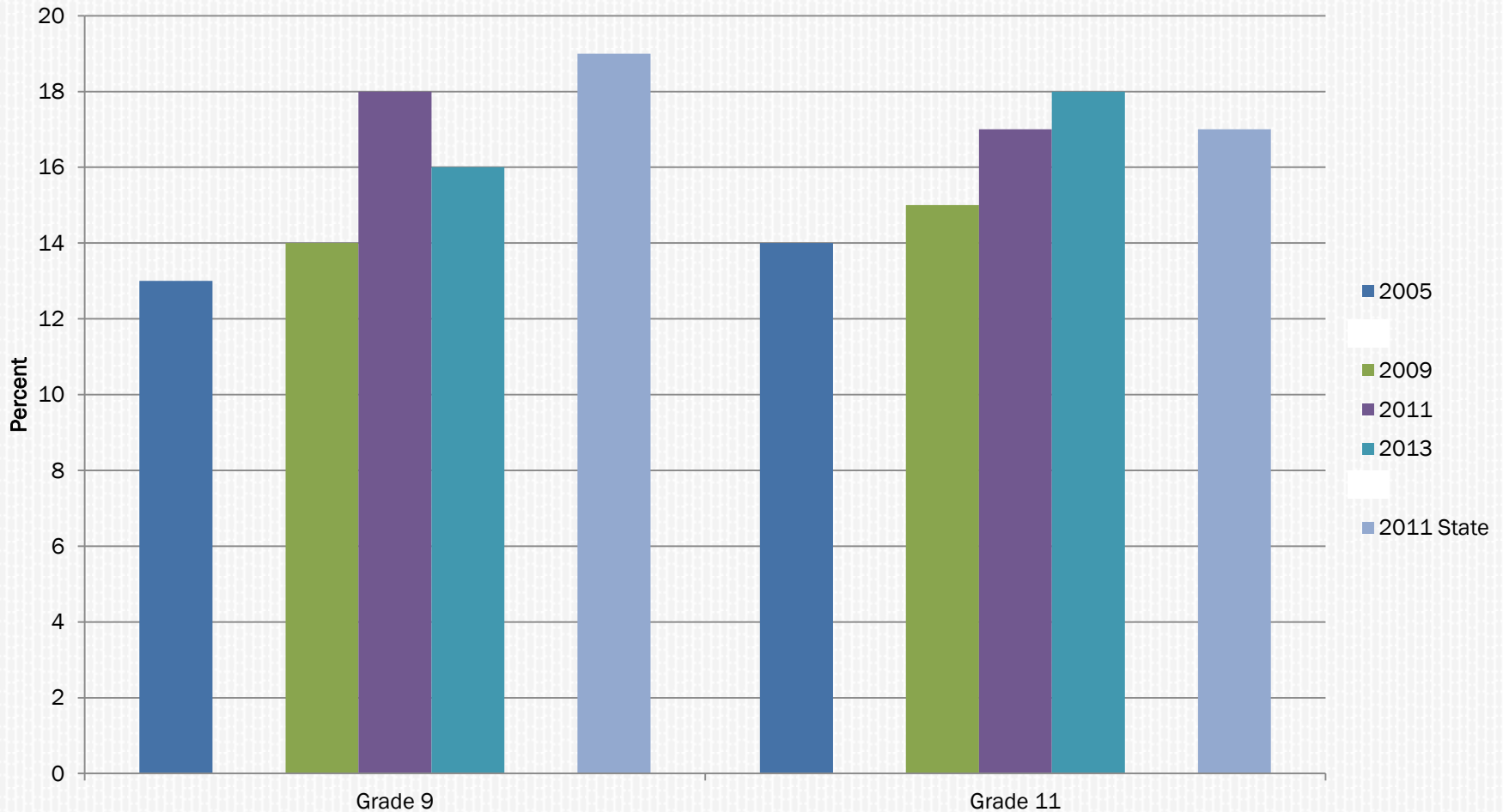
During the past 12 months, how many times did other students spread mean rumors or lies about you on the Internet (i.e., Facebook, MySpace, email, instant message)?





SUICIDE IDEATION

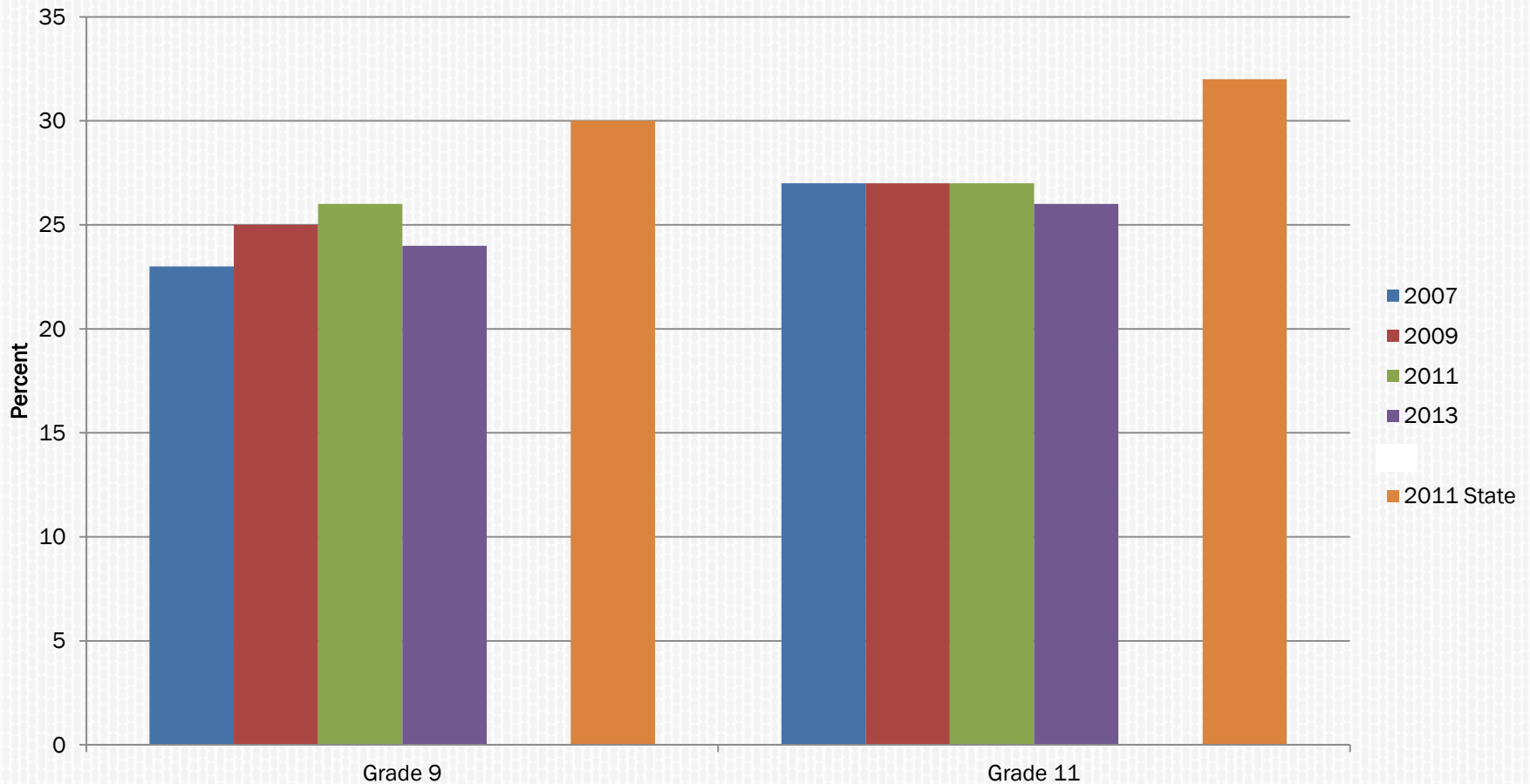
During the past 12 months, did you ever seriously consider attempting suicide?





CHRONIC SAD OR HOPELESS FEELINGS

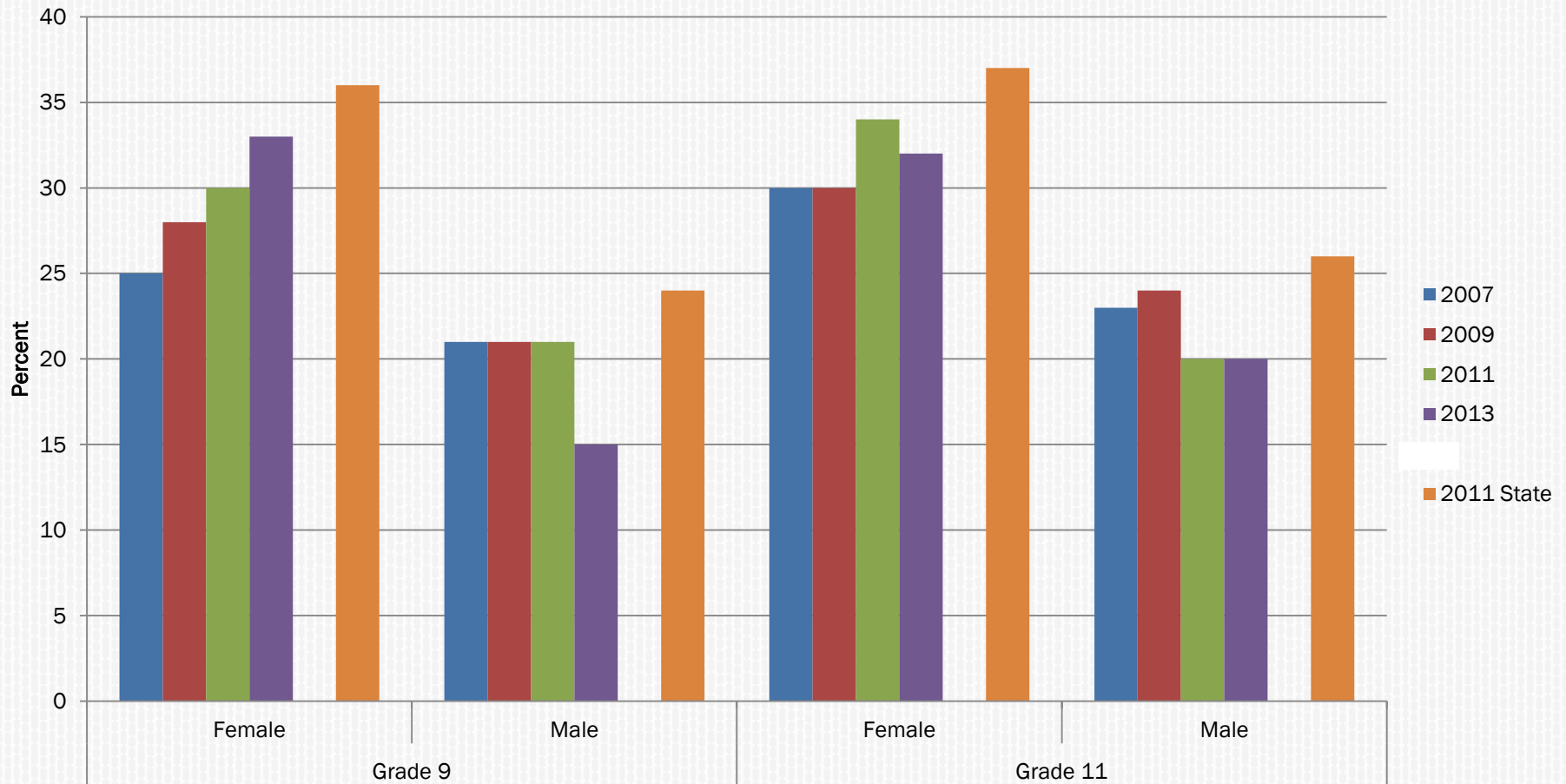
During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?





CHRONIC SAD OR HOPELESS FEELINGS BY GENDER

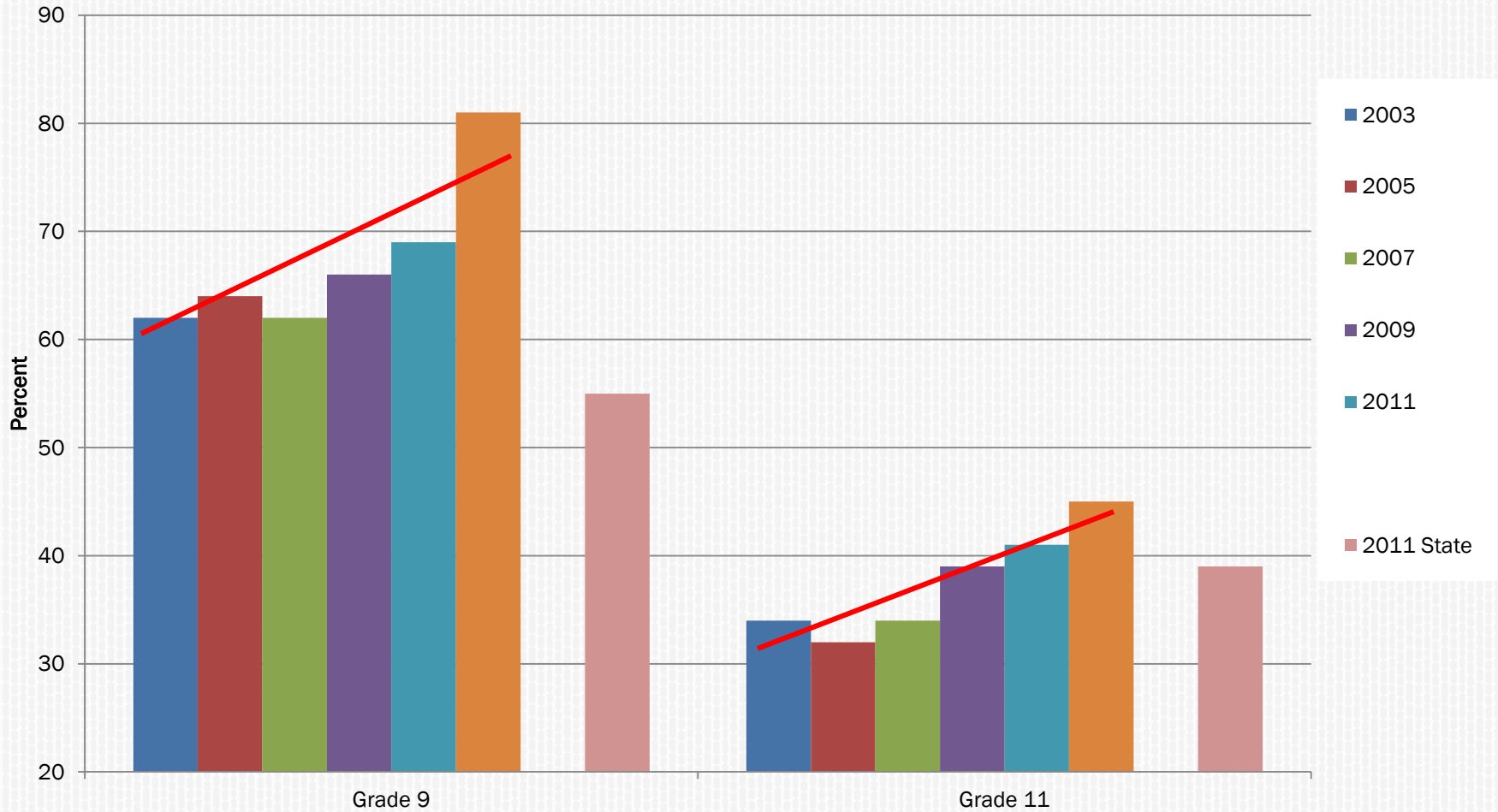
During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?





ALCOHOL - LIFETIME

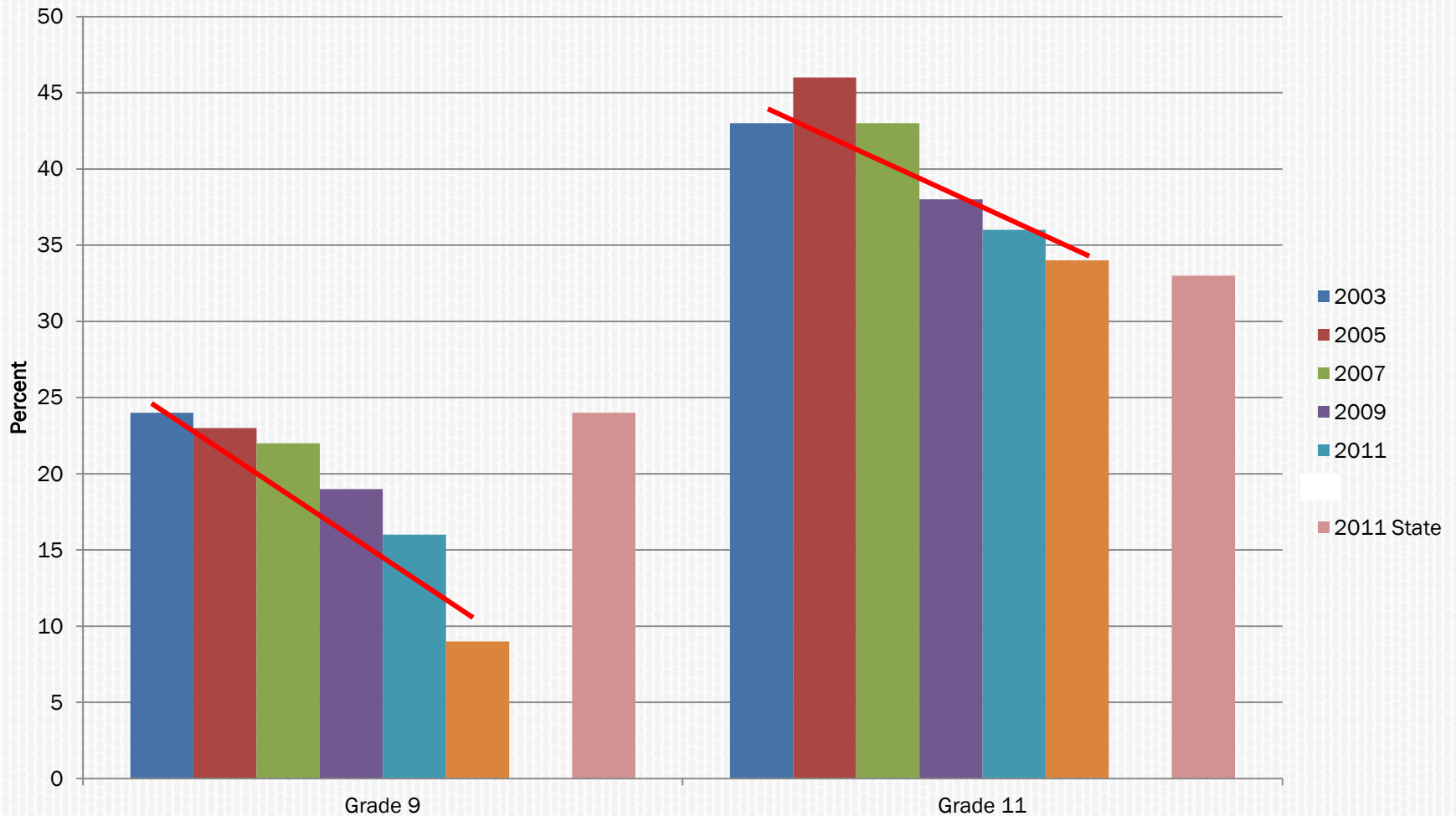
Alcohol - Zero times in lifetime





ALCOHOL- PAST 30 DAYS

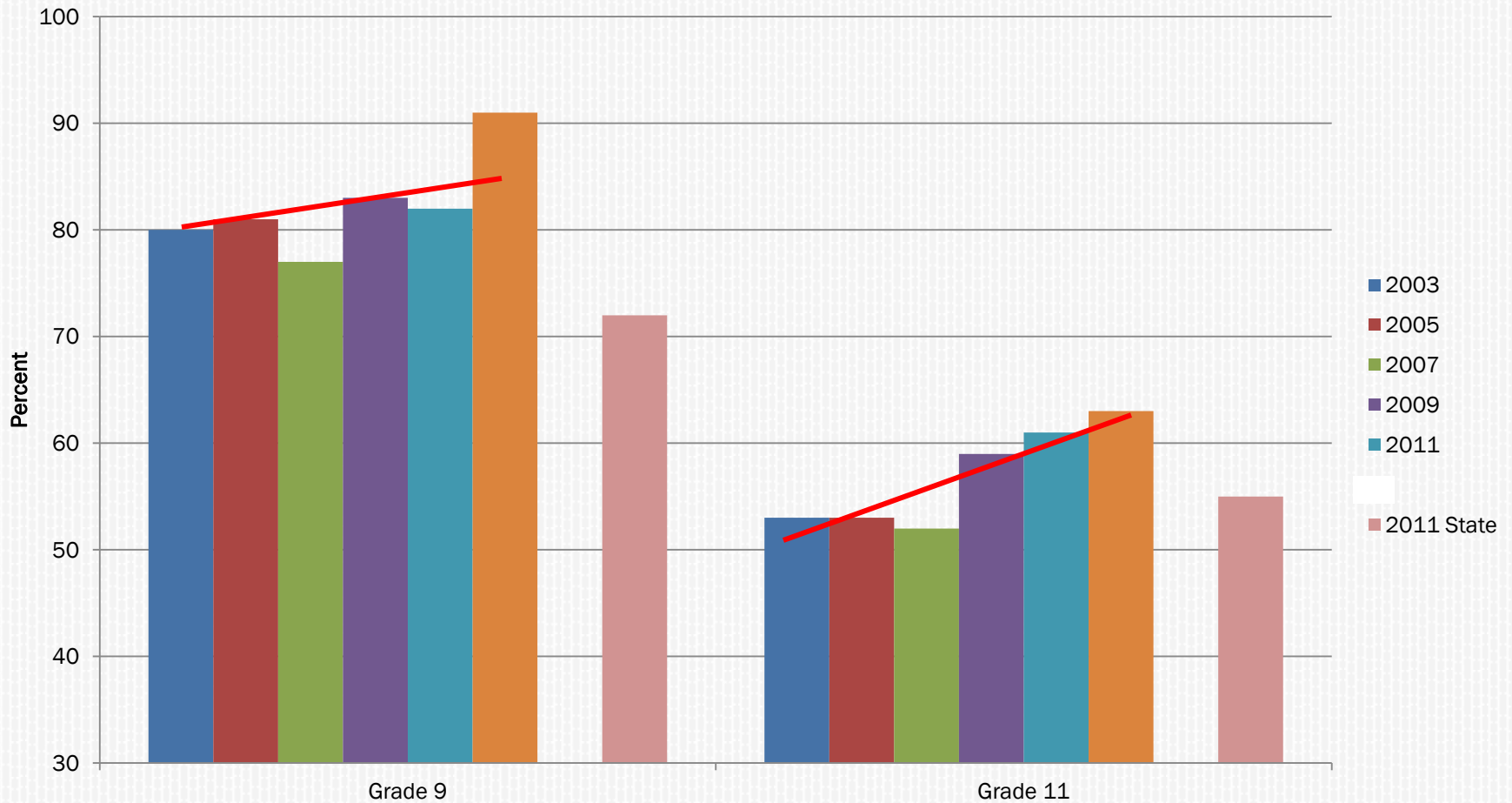
Alcohol - Use in past 30 days





BINGE DRINKING- LIFETIME

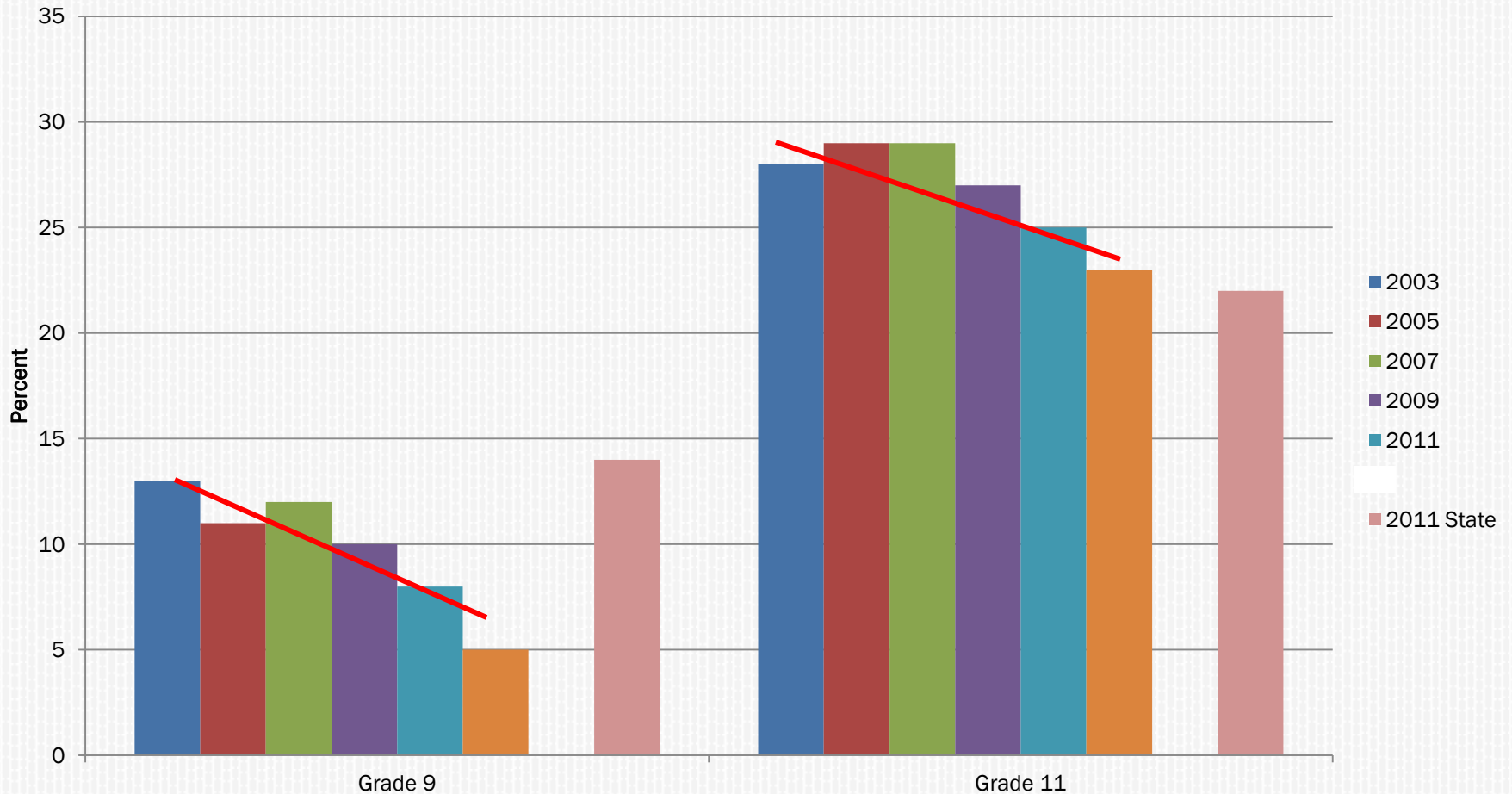
Binge drinking lifetime -
NEVER very drunk or sick after drinking





BINGE DRINKING- PAST 30 DAYS

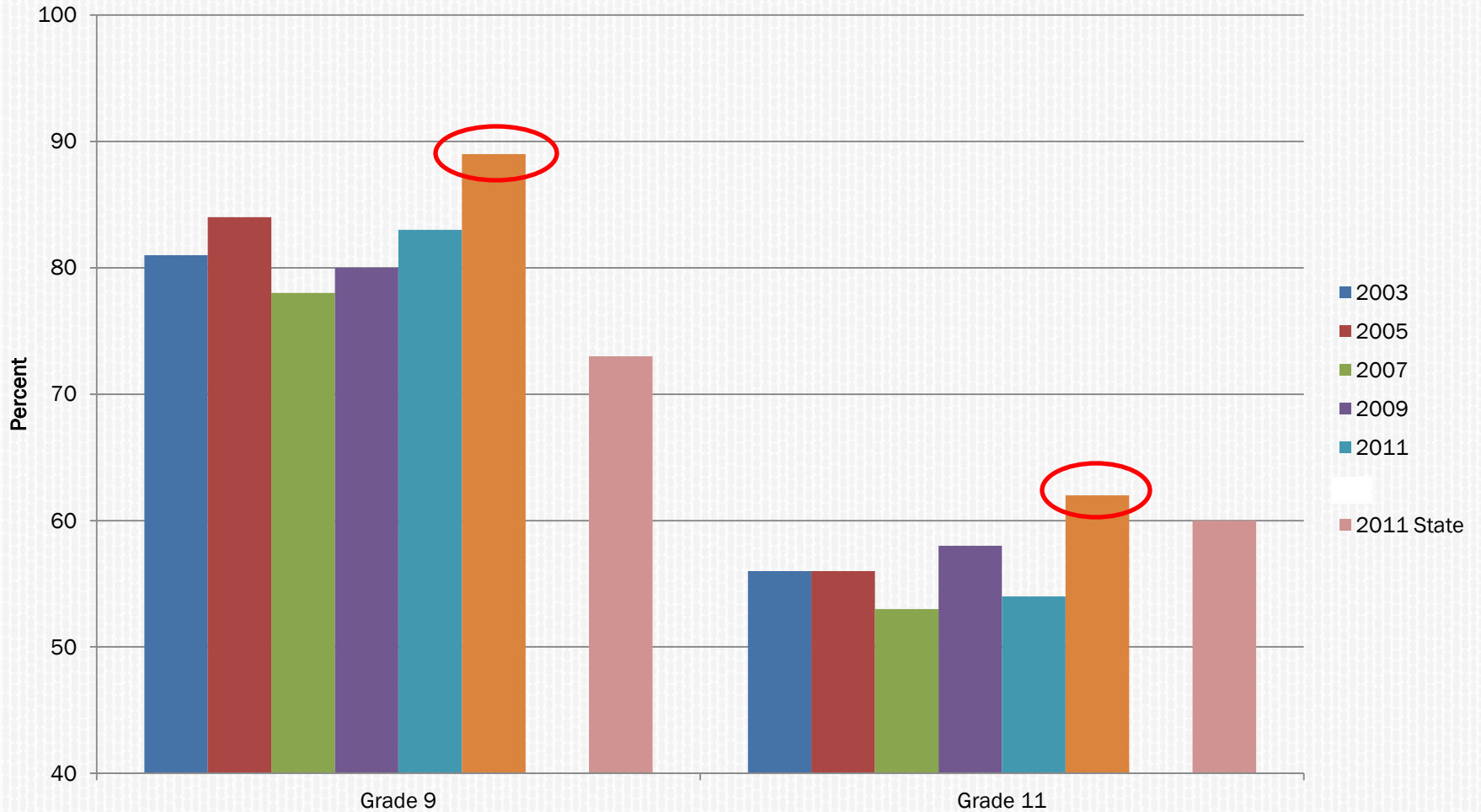
Binge drinking in past 30 days-
"five or more drinks of alcohol in a row, that is, within a couple of hours"





MARIJUANA - LIFETIME

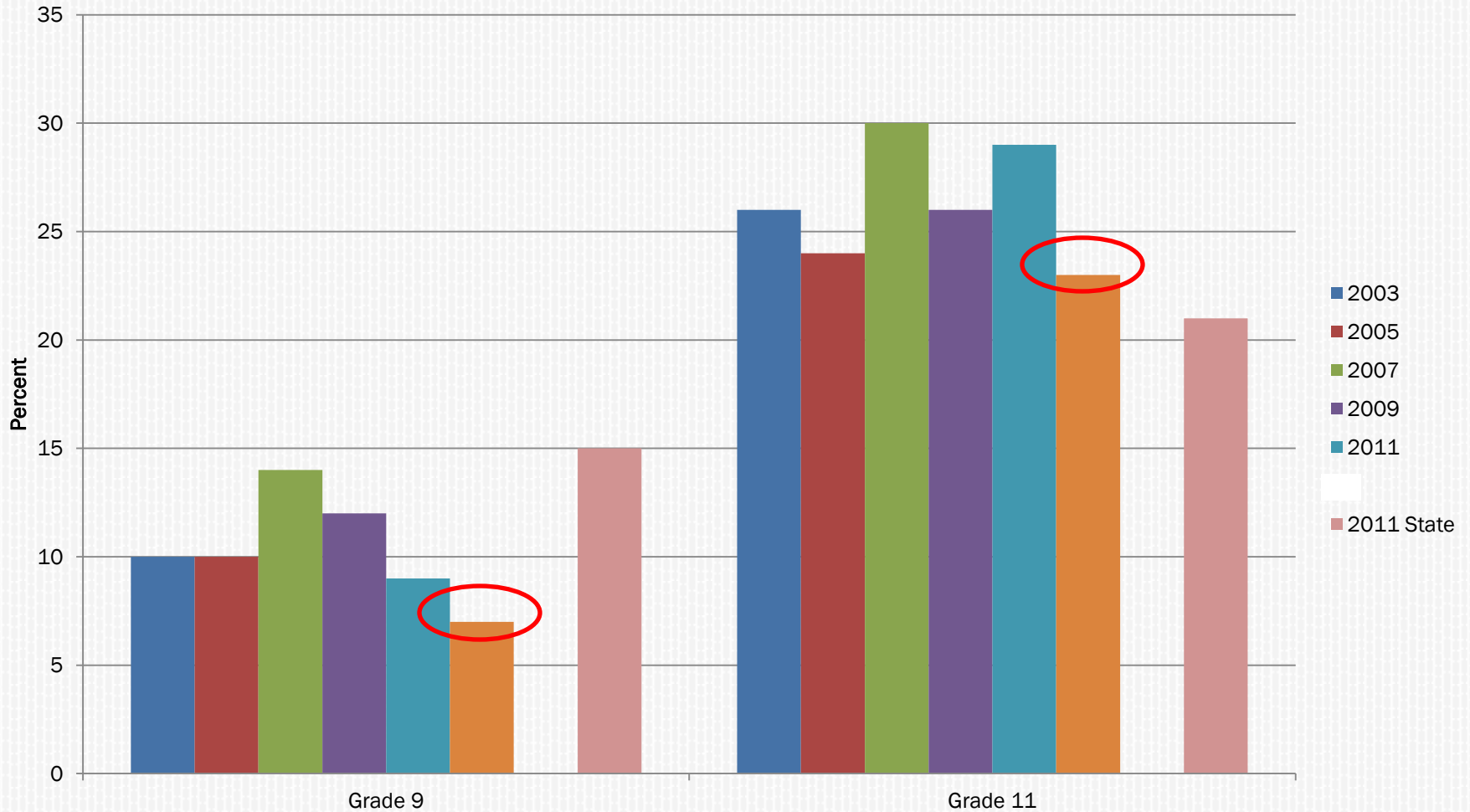
Marijuana - Zero times in lifetime





MARIJUANA - PAST 30 DAYS

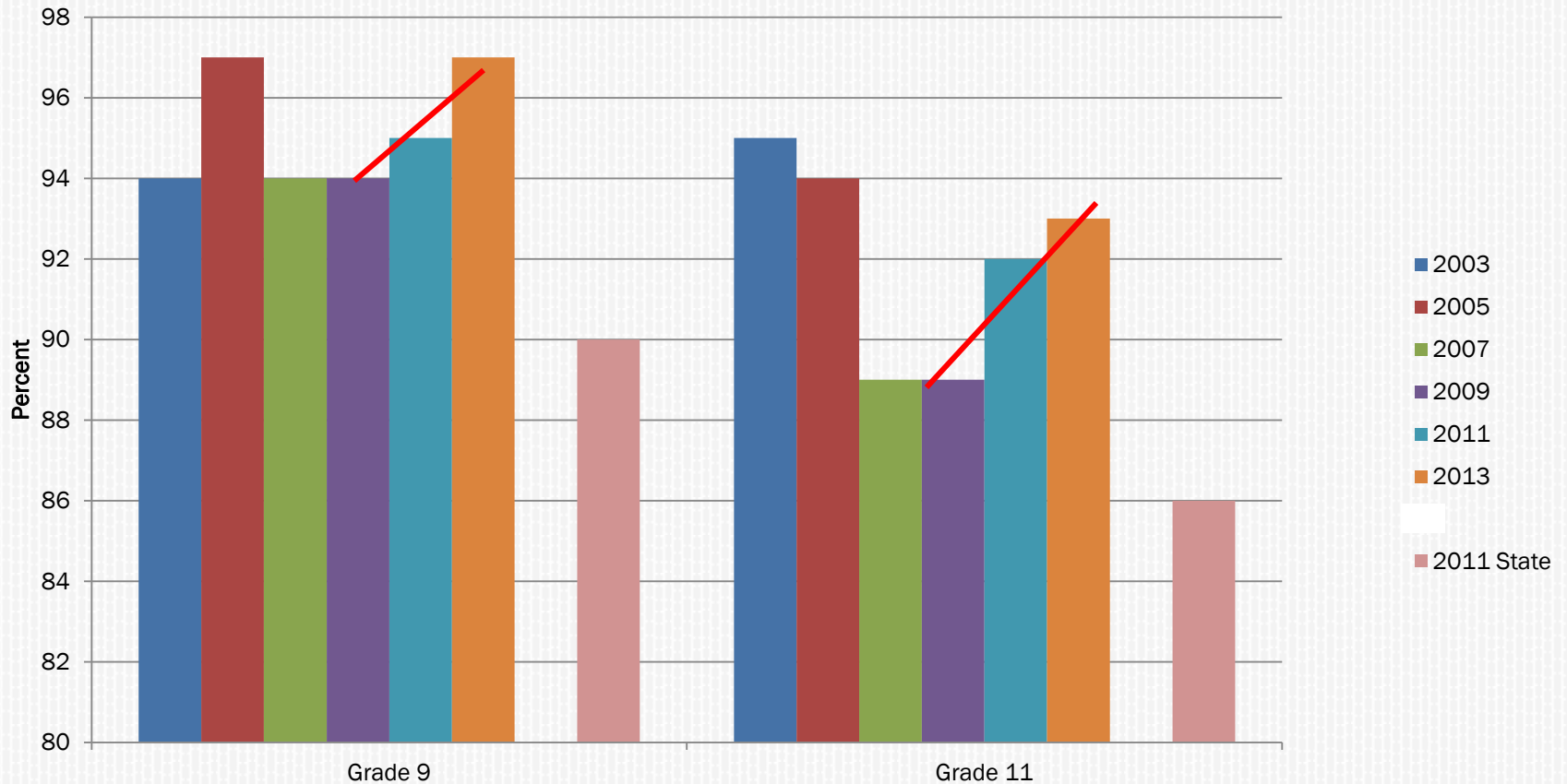
Marijuana - Use in past 30 days





ECSTASY – LIFETIME

Ecstasy - Zero times in lifetime

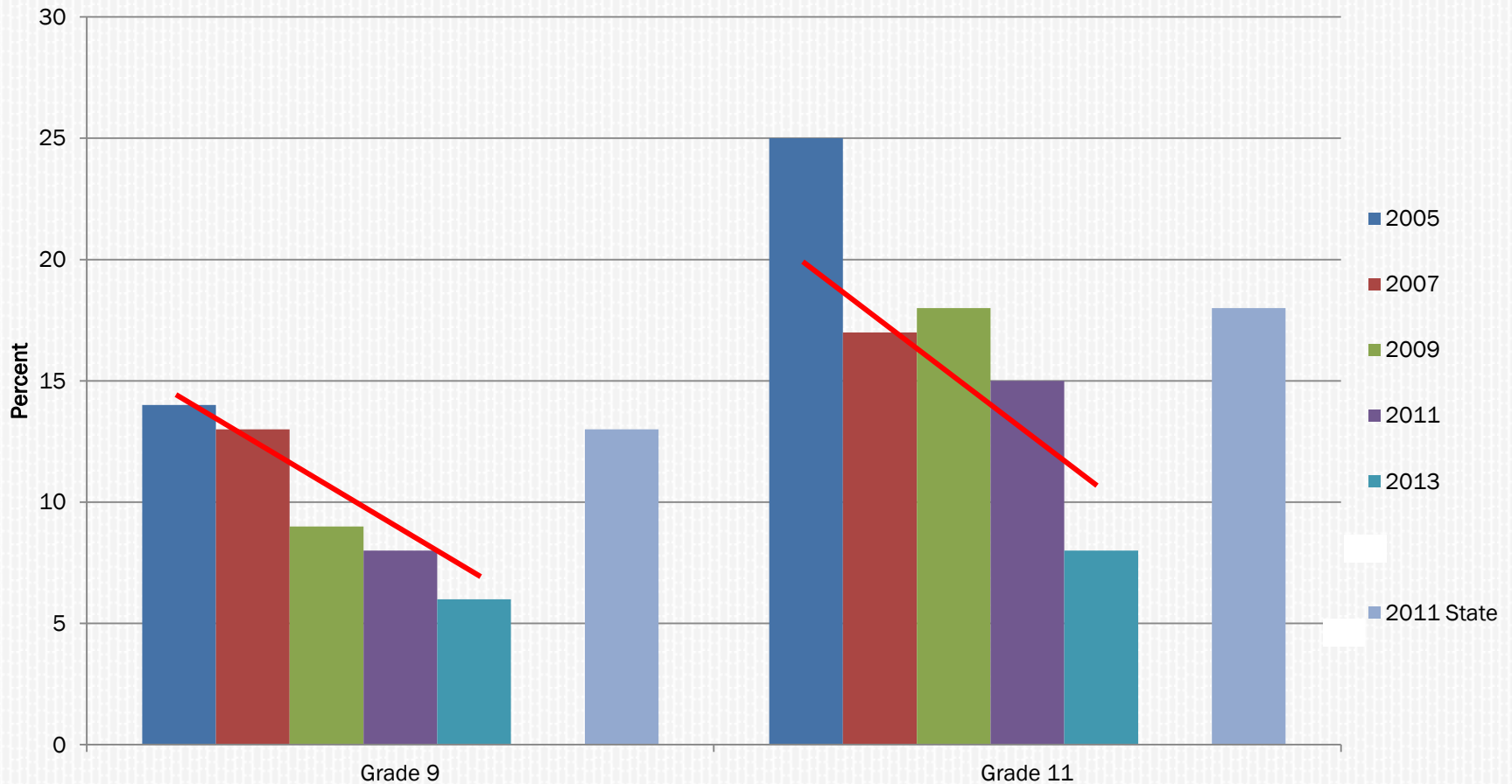




PRESCRIPTION PAINKILLERS- LIFETIME

Prescription Pain Killers - Tried in lifetime

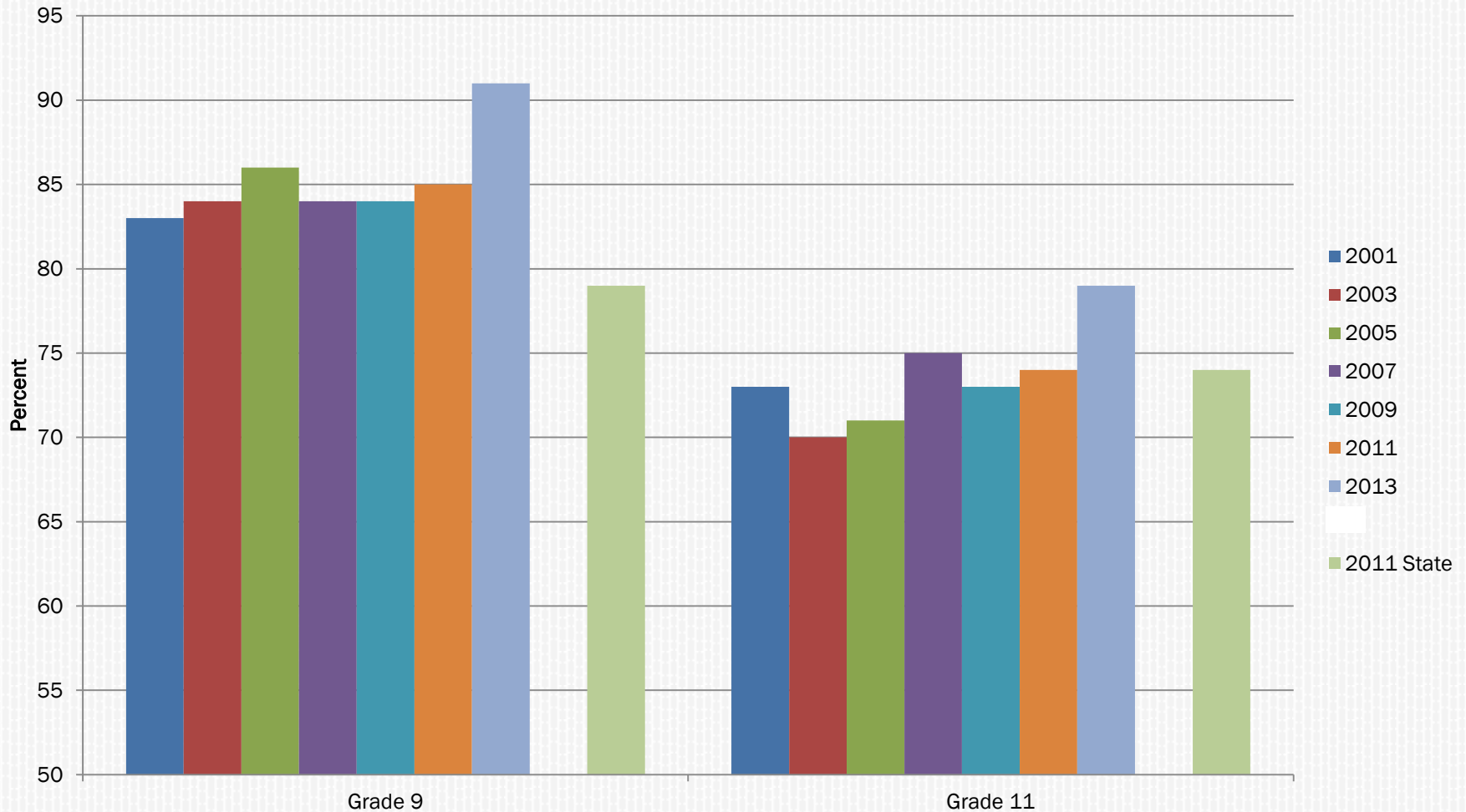
Pain killers (Vicodin, OxyContin, Percodan, Lortab), tranquilizers, or sedatives (Xanax, Ativan)





DRIVING – DUI - LIFETIME

In your life, how many times have you driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking? **"Never"**





PERCEIVED HARM — ALCOHOL AND MARIJUANA

People risk harming themselves “physically and in other ways” when using...

❖ **Alcohol** – *5 or more drinks once or twice a week*

- 9th Grade: AUHSD – 95% State – 84%
- 11th Grade: AUHSD – 97% State – 89%

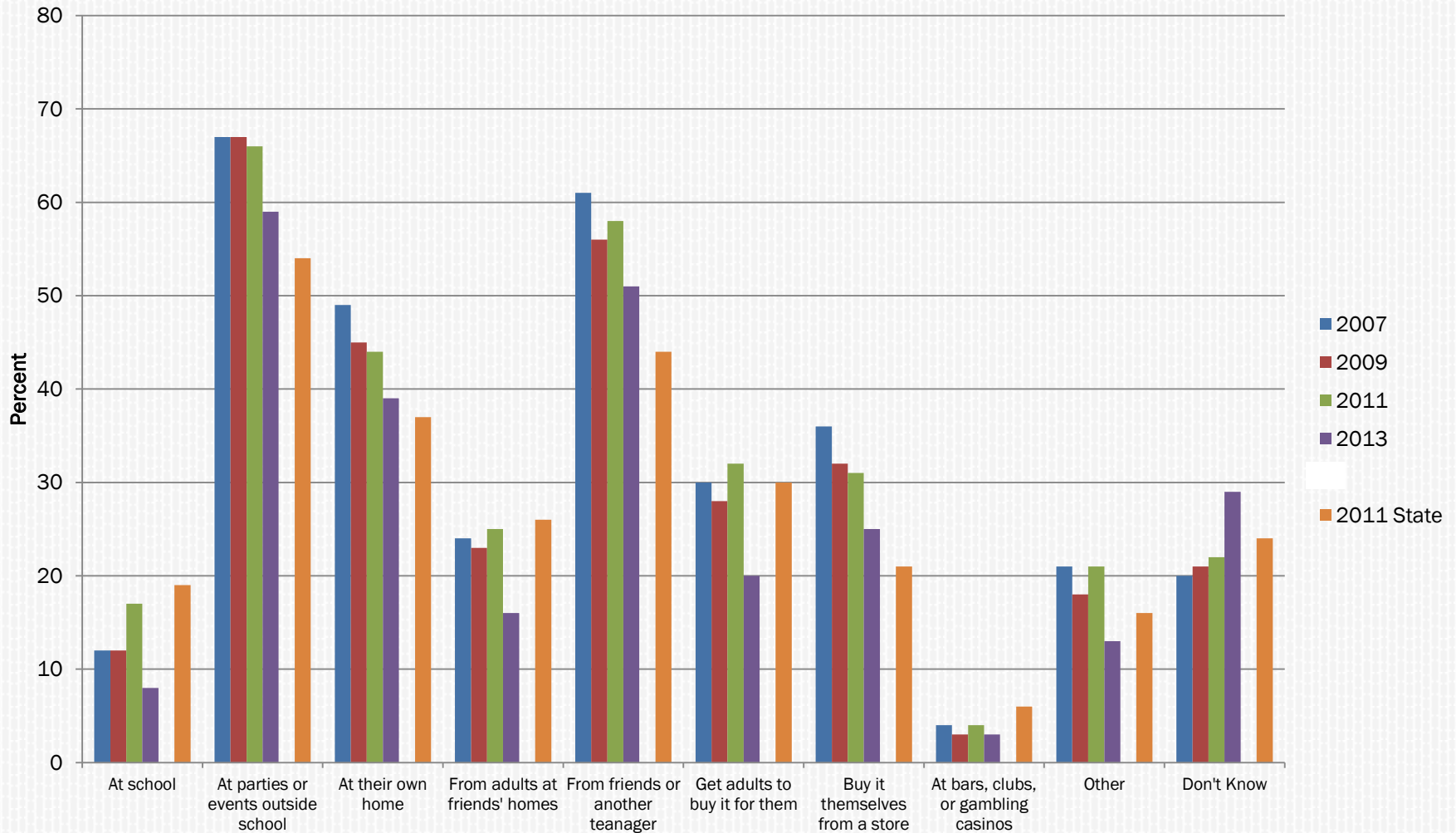
❖ **Marijuana** – *smoke once or twice a week*

- 9th Grade: AUHSD – 91% State – 81%
- 11th Grade: AUHSD – 83% State – 81%



SOURCES FOR OBTAINING ALCOHOL

How do most kids at your school who drink alcohol get it?





PROGRAMS TO SUPPORT HEALTHY BEHAVIORS AND LIFESTYLES

- ❖ Student/Parent/Staff review of CHKS
- ❖ LCAP Goals and Actions – “ENGAGEMENT”
- ❖ New Student Study Team and Student Review Team procedures/systems
- ❖ Comprehensive School Counseling Program Plan
- ❖ Mental Health Services
- ❖ WASC action plans and ASB efforts toward inclusive campuses
- ❖ Anti-bullying programs
- ❖ Co- and extra-curricular programs
- ❖ Health programs on campuses
- ❖ 9th Grade Health
- ❖ AUHSD Parent Connections and Parent Education Programs
- ❖ Challenge Success Committees



CALIFORNIA HEALTHY KIDS SURVEY

QUESTIONS?