



BELFLOWER MIDDLE/HIGH SCHOOL

BUCCANEER NEWSFLASH!

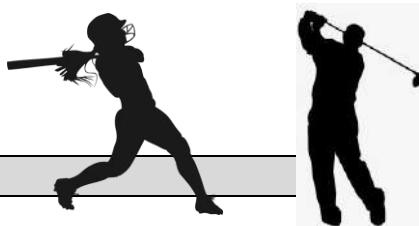


Daily Bulletin for: **03/24/23**

| <u>SHORTENED DAY</u> (MONDAYS) | |
|-----------------------------------|---------------|
| Period 1 / 2 | 10:00 - 11:09 |
| Snack | 11:09 - 11:18 |
| Period 3 / 4 | 11:24 - 12:35 |
| MS Lunch | 12:35 - 1:06 |
| HS Period 5 / 6 | 12:41 - 1:50 |
| MS Period 5 / 6 | 1:12 - 2:21 |
| HS Lunch | 1:50 - 2:21 |
| Period 7 / 8 | 2:27 - 3:36 |

**Because Unity Creates
Success**

Visit the BHS Website:
www.bellflowerhigh.org



| <u>REGULAR DAY</u> MAROON (1,3,5,7) / GOLD (2,4,6,8) | |
|---|---------------|
| Period 1 / 2 | 8:30 - 10:02 |
| Snack | 10:02 - 10:11 |
| Period 3 / 4 | 10:17 - 11:49 |
| MS Lunch | 11:49 - 12:20 |
| HS Period 5 / 6 | 11:55 - 1:27 |
| MS Period 5 / 6 | 12:26 - 1:58 |
| HS Lunch | 1:27 - 1:58 |
| Period 7 / 8 | 2:04 - 3:36 |

ACTIVITIES & ATHLETICS

- 03/24 - 9:45am – MS Band/MS Choral Field Trip to LBCC
- 03/24 - 1:30pm – Varsity Baseball vs. Gahr HS
- 03/24 - 3:00pm – COED Swimming/Diving vs. Gahr HS @ Cerritos Park East
- 03/24 - 3:15pm - Varsity Softball vs. Lynwood



CALENDAR

| MARCH | | | | | | |
|-------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| 1 | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

March 17 – End of Quarter

Lunch Menu: Pretzel Dog w/ bell pepper & onions, vegetarian chili, mayo & mustard pkts., cookie
Daily Options: Spicy Chicken Sandwich, or Bean & Cheese Burrito, or Mini Twin Cheeseburgers with Fruit Variety
Vegetarian Option: Vegetarian Chili Bowl w/ same sides

Breakfast for 03/27: Muffin or Mini Brownie Bar
Breakfast Daily Options - Whole Fruit, Yogurt, Cheese Sticks

NEW ANNOUNCEMENTS:

Congratulations to JV Boys Volleyball for the Hard fought victory over Warren yesterday. Volleyball Bucs will be on the road for the next 7 days. JV will be at the Peninsula High School Tournament, first match at 8:30 am. Our next league match will be at Gahr next Tuesday, Varsity 3:00 pm, JV 4:15 pm.

Seniors! The prom boutique will be open during lunch today in Room 902. Stop by and try on a dress or suit. If you like it, it's all yours for FREE!

Attention Kaiser Hippocrates Circle Program students. There is a mandatory meeting in Room 604 on Wednesday, March 28th at middle school lunch.

Attention Bucs, Cerritos College is offering Music 104B - History of Rock course this summer as an online class from June 5th to July 7th. This course is open to all Bellflower Unified School District students in 8th, 9th, 10th, and 11th grade. The class is a fully online class with no scheduled meetings. Students can receive high school and college credit. If interested in taking the course, visit the College & Career Center in Room 401 to pick-up a Dual Enrollment Form. Deadline to submit form is April 6th. NOTE - this class will fill up quickly.

The Class of 2023 General Scholarship Application deadline has been extended to Friday, March 31st. Seniors this is your opportunity to win a scholarship from a local Bellflower community organization. All seniors are encouraged to complete the scholarship application. March 31st will be the last day to complete the scholarship application. Don't procrastinate, apply today. Visit the College & Career Center to get the link to the application.

Hello Bucs, The Wellness Center would like to announce that we are hosting a Staff vs Students basketball game. The staff will be playing against the boys and girls Varsity teams. The game will be held on Friday March 31st during High school Lunch. Staff and varsity basketball students interested in playing, please visit the Wellness Center, Room 402, to sign up. Sign-ups will close on Monday March 27. Don't Delay!!!! Limited Spots.

PTSA is holding a Student Membership Drive from March 13 - 24th. Seniors, membership is required to apply for the PTSA scholarships that will be awarded. All students who have joined PTSA this school year will be included in an opportunity drawing for BUC gear and other goodies on after the drive ends. The QR code is posted around campus. Envelopes are available in the BISC office or at the front office reception desk.

Nominations for this year's PTSA Honorary Service Awards are open from March 10th - March 27th.

This gives us the opportunity to honor a person, group or organization from our school community for their outstanding service to children and youth here at Bellflower Middle/High School. Nomination forms will be available in the front office or will be emailed to all staff. Forms need to be turned in to Ms. Denise located in the front office.

(Please READ Today – (read every other day until 4/06)

FAFSA and California Dream Act Application (CADAA)

Are you a senior who forgot to submit their FAFSA or CADAA by the March 2nd deadline? Are you attending a community college or trade school in the Fall? If so, did you know that you can still submit your FAFSA/CADAA to receive free money for school. The deadline for community college and trade school students to complete the FAFSA/CADAA is September 2nd. However, don't wait until September to complete the FAFSA/CADAA, complete the application now. Visit the College and Career Center to get help completing your FAFSA or CADAA.

(Please READ Today – (read every Mon., Wed., Fri. only until 3/31)

Seniors! Starting in the 4th quarter (3/20/23), if you get in trouble for a suspendable offense, you will be: -Banned from the graduation ceremony and Banned from any senior week activity, with no refunds permitted for grad nite. *If you have any questions, please see an administrator.*

(Please READ Today – (read every other day until 5/30)

Attention ALL BHS students and staff. This is a friendly and important reminder that we ALL must do our part in keeping our campus clean. Please make sure you are throwing ALL trash away during snack and during lunch time. We MUST take PRIDE in keeping our campus free from unnecessary trash. Our custodians have a great deal of responsibility and it is NOT their job to pick up trash, it is ours as a BHS family! Thank you for your help with keeping our campus clean!

(Please READ Today – (read every other day until 3/31)

Attention seniors, did you apply to 4-year universities? Have you been accepted? If so, the College & Career Center wants to know where you have been accepted. If you have been accepted to a 4-year university, complete the Four-Year University Acceptance Form to let us know where you have been accepted. We want to start celebrating your acceptances during the school announcements and on Instagram. Visit the College & Career Center to get the link to the google form.

(Please READ Today – (read every other day until 3/24)

The 2022-2023 BMHS Scholarship List has been updated to include new scholarships for April and May. The list has over 50 scholarships with deadlines from March to June. Scholarships are available for middle and high school students. There are merit and need-based scholarships. There are also scholarships specifically for graduating seniors, minority students, undocumented students, student athletes and for different hobbies and career interests. Visit the College and Career Center in room 401 to get the link to the list.

(Please READ Today – (read every other day until 5/30))

Hey Bucs, the Cerritos Rep will be in the College and Career Center every Tuesday during High School Lunch to answer any of your Cerritos College related questions. Stop by to ask about Cerritos Complete, Dual Enrollment, Certificate Programs, and more!

STAFF ANNOUNCEMENTS:

Hello Bucs, The Wellness Center would like to announce that we are hosting a Staff vs Students basketball game. The staff will be playing against the boys and girls Varsity teams. The game will be held on Friday March 31st during High school Lunch. Staff and varsity basketball students interested in playing, please visit the Wellness Center, Room 402, to sign up. Sign-ups will close on Monday March 27. Don't Delay!!!! Limited Spots.