

# **STUDENT ADVISORY ACTIVITY**

## **11 th GRADE**

### **SESSION # 12**

**Topic:** Personal Survey

**Time Required:** 35 minutes

**Objective:** Discovery of own personality

**School Core Values & Beliefs Expectations Codes:**  
Self Directed Learner

**Activity Statement:** Have the students refer to the Personal Traits Sheet Handout

**Materials Needed:** Paper/ Pencil/ Personality Trait Sheet (next page of activity)

**Procedure:**

Ask students to refer to the list of personality traits when answering the following questions:

1. List 5 characteristics that most describe you.
2. List 5 characteristics that teachers would use to describe you.
3. List 5 characteristics that parents would use to describe you.

With a pencil or pen have the students draw a house, a tree, and a face on the paper provided. No other directions should be given.

1. When the students have completed the drawing, discuss the possible interpretations for their drawing.

**Discussion Questions:**

1. Do you think the perception of yourself matches the perception of you by others?
2. What causes a discrepancy?
3. Do adults think differently about teenagers than teenagers think about themselves? Or other teenagers?
4. How you might turn negative perception into positive ones?

**Closure:** Fun way for students to discover personality traits.

## Personality Traits Checklist

Personality Trait	Select 5 traits you would use to describe yourself	Select 5 traits your teachers would use to describe you	Select 5 traits your parents would use to describe you
dependable			
A perfectionist			
Well organized			
responsible			
impatient			
Good self-control			
dependent			
High achiever			
outgoing			
cautious			
spoiled			
creative			
A negotiator			
Shy/ quiet			
conscientious			
calm			
Self-confident			
easygoing			
reliable			
friendly			
humorous			
moody			
Law/ rule abiding			
intimidating			
competent			
A good listener			
A people pleaser			

Please feel free to add other traits as you think of them.