Mr. Loupis 9th and 10th Grade SAC

Mrs. Cohen
11th and 12th grade
SAC

SAC = Student Assistance Counselor

High School Matters



"I want to hire employees who are always in the bathroom" Said no boss ever.

Attendance Matters

GRADES GPA FUTURE PLANS



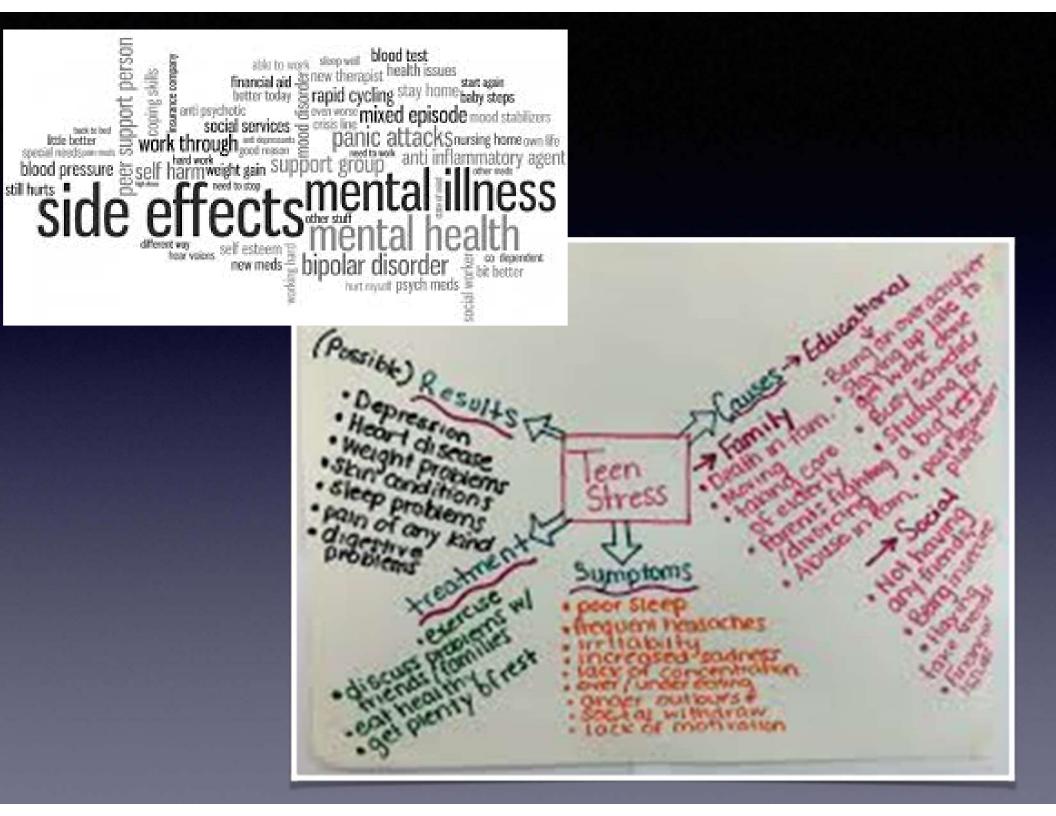
GPA Matters



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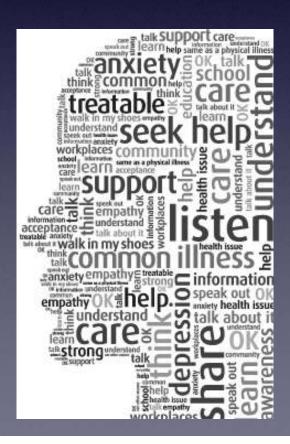
pain trouble frustration work performance exhausted trouble frustration work performance depression but tired problem worried worried career person Stressed employee people as Stressed employee peop





School Counselor vs. SAC

- Anything getting in the way of your academics or stopping you from enjoying your time here at Columbia High School (SAC)
- Anything academic related (school counselor)



- Peer and Social Problems
- Drug and Alcohol Abuse
- Eating Disorders
- Grief and Loss
- Family Transitions
- Depression
- Self-Harm
- Suicide Ideation
- Anger Management
- Stress Management / Anxiety





Thank You!!!