

# NEST Syllabus: 9th/10th Grade

## Program Overview

- NEST is a required class. Each NEST group consists of a cohort of students in the same grade and a certified teacher who advises the group for all four years.
- NEST will meet from 9:35 to 10:00 a.m. on Wednesday, and from 9:40 to 11:10 a.m. on Friday for grade-specific content and Office Hour Time.
- During Office Hours, all students will first go to NEST to take attendance, and students must have a prearranged Office Hours Pass in order to leave the classroom during Office Hours.
- NEST is a Pass/Fail class and earns one Career Education credit over four years (.25 per year).

NEST provides weekly lessons that are grade level specific to support your Personalized Learning Portfolio as well as preparing a plan for your future.

## EPHS Diploma Credit Requirements

- Required Classes – 18.0 Credits
  - Language Arts – grades 9 10 11 12 (4.0)
  - Mathematics – grades 9 10 11 (3.0)
  - American Government/Economics – grade 12 (.50/.50)
  - Health 1000 – grade 9 (.50)
  - Health 2000 – grade 9 12 (.50)
  - World History or AP European History – grade 10 (1.0)
  - US History or AP US History – grade 11 (1.0)
  - Fine or Applied Art – Fine Arts and Career Technical Education (3.0)
  - Physical Education – grade 9 (1.0)
  - Science – grades 9 10 11 (3.0)
  - NEST: Nation (of Eagles) Establishing Strong Ties 1.0 Credit (.25 credit per year)
- Elective Classes – 6.0 Credits
- Total Credit Requirements: **25.0 credits**

## NEST implementation plan

Class of 2017: .25 credit (Senior NEST)

Class of 2018: .50 credit (Junior and Senior NEST)

Class of 2019: .75 credit (Sophomore, Junior, and Senior NEST)

Class of 2020: 1.0 credit (Full Implementation)

This policy will be in effect for the 2016-17 School Year.

### The EPHS NEST Program will provide:

- Personalization of a student's education by connecting his/her interests with class, school and community activities, and post high school opportunities.
- 30 minutes of curriculum and grade-specific content for all four years.
- Social and emotional support and a "go-to" person for each student.
- A meaningful Personal Education Plan (PEP) for each student. Students present their PEPs during Student-Led Conferences in November and March.
- Information regarding opportunities both at EPHS and in the community.
- Ongoing conferences with students regarding college and career.

### Office Hour Time will provide:

- 55 minutes for
- Time for students to to make up missed work.
- An opportunity for students to prioritize academic and other school-related tasks and

Advisors, TRIO Advisors, ASPIRE members, with college and

- Collaboration time for students working on class projects or independent studies.

### Oregon Career-Related Learning Standards that will be covered:

- **Personal Management**- Exhibit appropriate work ethic and behaviors in school, community, and/or workplace.
- **Problem Solving**-Apply decision-making and problem-solving techniques in school, community, and/or workplace.
- **Communication**-Demonstrate effective communication skills to give and receive information in school, community, and/or workplace.
- **Teamwork**-Demonstrate effective teamwork in school, community, and/or workplace.
- **Employment Foundations**-Demonstrate academic, technical, and organizational knowledge and skills required for successful employment.
- **Career Development**- Demonstrate career development skills in planning for post-high school experiences.

## Personalized Learning Portfolio

### The following requirements to be reviewed P/F each year by NEST teacher:

- Personal Plan and Profile
  - Career Research, ex: Headed 2, CIS
  - Living expenses exercise/sheet
  - Interest/Career Goal
- Resume (refined every year)- on file
- Extended Application (see below) documented in Portfolio:
  - Freshman: 5 hours
  - Sophomore: 10 hours
  - Junior: 20 hours
  - Senior: 15 hours (by end of first semester)
- Reflective Essay- second semester Senior year
- Student Led Conferences- 2 per year
- Organization

\*Students will earn .25 credit per year of school for a total of 1 elective credit by the end of their Senior year.

### Options to meet the Extended Application requirements:

- Work Study in related field
- Career and Technical Education (CTE) Certification, Project or Degree (may complete all hours requirements)
  - FFA
  - Skills USA
  - 4-H
  - MT1
  - Any Certification process through CTE pathways
- College Visits (on campus or presentation time to be counted only)
- Job Shadow/Professional Profile
  - Touring Facility
  - Interview
  - Reflection
  - Thank you note
- Career Fair (10 hours max including 8 hours prep)
  - Northwest Job Expo
  - Careers in Gear
  - Other
- Mock Interviews
- SAT, ACT, ASVAB (max 5 hours per year)
- Participation in a TRIO workshop (max 5 hours per year)
- Volunteering in a field related to your goal
- Scholarship Application and process (max 5 hours per year)
  - Verification by Eagle Center required
- Financial Aid and/or College/Career Nights (sign in required)
  - School sponsored
  - Community sponsored
- Military Planning (5 hours max per year)
  - Presentations

- Career planning meetings with recruiters
- Other: Proposals may be made to Administrative team

\*Evidence and/or logs will be required to prove the requirements are met.