



OWNERSHIP OF LEARNING

10th Grade

10TH GRADE READINESS MILESTONES

Sophomore year is very important for students who are preparing to be college and career ready. As a sophomore, you will reach six key milestones this year:

MILESTONE 1: Begin the college admissions process (by taking the PSAT and/or PLAN). Whether or not you think you want to go to college, it is a good idea to be prepared. Taking the PSAT or the PLAN during sophomore year will help you assess your academic skills and get good experience taking a standardized exam. Find out if your school will give you the chance to take one of these exams.

MILESTONE 2: Learn about the three college options. Most careers require some type of post-secondary education or training. This year you'll learn about the three college options that most students follow to prepare for their career choice: four-year college, two-year community college, or technical college (often called "CTE," for career & technical education).

MILESTONE 3: Learn how to pay for college. You can't go to college unless you have a plan to pay for tuition and other expenses. This year you will learn about financial aid, including the scholarships, grants, loans, and part-time jobs that many students use to pay for college. You will start the process of developing a financial plan for your life after high school.

MILESTONE 4: Explore careers and identify possible career interests. What are you interested in doing? This year in these lessons you will have the opportunity to describe your desired life 20 years into the future and rank career possibilities according to your values and interests. You will identify possible careers and then learn about the education and training you will need to pursue those careers.

MILESTONE 5: Take high school proficiency exams. In many school districts, students are required to demonstrate proficiency in core subject areas before they can graduate from high school. Testing for proficiency often begins during sophomore year. If your district requires proficiency testing, your teachers will help you prepare to do your best and show that you have mastered the subjects.

MILESTONE 6: Plan for junior year during your sophomore year. Junior year is very important because it's the last full year of your performance that colleges will see on your applications when you submit them during your senior year. Because junior year is so important, you'll spend time this year planning the courses you should take and the activities you should join when you are a junior.



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10TH GRADE GOALS WORKSHEET

Name: _____

Directions: What can you do this year to become college and career ready? In the spaces below, complete the sentences to set your 10th grade goals in each area. You'll have the chance to review these goals again this year to check your progress.

ACADEMIC GOAL: I will succeed in my classes this year because I will _____

ACTIVITIES GOAL: To get involved at school and in my community this year, I will _____

COLLEGE & CAREER READINESS GOAL: To become more college and career ready this year, I will _____



OWNERSHIP OF LEARNING

JOURNAL PAGE

Lesson 10-1 | WHERE AM I GOING IN 10TH GRADE?

Q1: What is the most difficult goal I have set for 10th grade?

Q2: Why is that goal difficult?

Q3: What can I do to accomplish that goal?

Q4: How do my goals align with my High School & Beyond Plan's Personalized Pathway?

Answers:



COLLEGE AND CAREER DEVELOPMENT

10th Grade

20-YEAR VISUALIZATION

Directions: Imagine that it is 20 years from now. You are in your mid-thirties. You are successful and happy. You have a good job, good friends, and good relationships. Think about that image and answer the following questions as you visualize where and what you might be.

Where do you live? In the US or another country? In the city, suburbs, or rural area? In a detached home or apartment building or on a boat or farm? Why do you live there?

Do you live alone or with others? If there are others, who are they? How are they related to you?

Where do you work and what do you do? What do you do to earn an income? Do you work with information, people, or things? Do you sell something, or entertain people, or create something?

How do you spend your time when you're not working? What are your hobbies? How do you contribute to your community? What do you do to learn new things?

What have you done over the last 20 years to make this life possible? What did you do during high school to prepare for this life? What did you do after high school? What kind of post-secondary education did you receive?



COLLEGE AND CAREER DEVELOPMENT

10th GRADE POSTSECONDARY/CAREER PLANNER

VALUES: Circle the ten values that are most important to you.

Achievement	Discipline/Structure	Love	Responsibility
Adventure/Excitement	Environment	Loyalty	Risk Taking
Balance	Fairness	Making a Difference	Security
Beauty	Friendship	Personal Growth	Solitude
Belonging/Team	Having Fun/Play	Physical Challenge	Spirituality/Religion
Challenge/Competition	Helping Others	Power/Control	Variety/Diversity
Cleanliness	Health	Precision	Wealth
Communication	Independence/Freedom	Recognition	Wisdom
Community	Laughter/Humor	Relaxation	Working Hard
Cooperation	Learning	Reputation	
Creativity	Location	Respect	

FROM VALUES TO CAREERS. Identify three career ideas you are considering for your future. For each one, write a sentence or two about how that career relates to your personal values.

Career Idea #1: _____

This career could help me realize these values: _____

This career would require this post-secondary path: _____

Career Idea #2: _____

This career could help me realize these values: _____

This career would require this post-secondary path: _____

Career Idea #3: _____

This career could help me realize these values: _____

This career would require this post-secondary path: _____



COLLEGE AND CAREER DEVELOPMENT

JOURNAL PAGE

DATE: _____

Lesson 10-3 | AFTER-GRADUATION PLANNING

Q1: What am I “Most Likely To...” do with my life? (Create three statements.) What goals fit into my High School & Beyond Plan?

Q2: What personal values relate to each of these statements?

Answers:



10th Grade

UPDATE YOUR RESUME

Name: _____

RESUME OR ACTIVITY LOG

Your High School & Beyond Plan must include a completed résumé by the end of 12th Grade. A **résumé or activity log** is a good way to introduce yourself. You will usually need one if you are applying for a job, an internship, or scholarship, and one may be needed for a college application. A résumé or activity log summarizes who you are including, but not limited to your experience, what you can do, and your unique skills, talents, and leadership and/or athletic abilities.

CREATING A RESUME OR ACTIVITY LOG

A good résumé or activity log has four parts:

- ▶ **Contact information.** The top of your résumé or activity log should include your contact information. This information is often centered on the page. You might want to include your name in a larger point size or in bold so that it stands out. Make your résumé or activity log easy to read by using lots of white space and a font or point size that is larger than 11 point. Make sure your font is sans serif for better readability. Your contact information should include:
 - Name
 - Address (optional)
 - Phone number
 - E-mail address
- ▶ **Objective.** Why do you want a job? Why do you want to attend a postsecondary institution or be granted a scholarship? Your objective is a short statement, usually just one or two sentences.
- ▶ **Skills and Strengths.** In this section list your skills, interests and abilities. Even if you have never held a paid job before, you have skills. What are they? Maybe you have tutored younger students or know how to develop a web site. Maybe you have run for office at school or organized a school event. When you write about your skills and strengths:
 - Use short points rather than complete sentences. (*Example: Organized fundraiser for storm victims*)
 - Use action words. (*Examples: Led, organized, managed, designed, developed*)
 - Use soft skills to describe your strengths (*Examples: Friendly, communication skills, punctual, teamwork building, adaptability, problem solving skills, responsible, reliable*)
 - Use numbers and percentages to quantify your accomplishments. (*Example: Organized fundraiser for earthquake victims that raised \$5,000*)
 - Mention your technical or computer skills. (*Proficient with Microsoft Office and Adobe Flash*)
- ▶ **Experience.** In this section, list your paid jobs, volunteer activities, and extracurricular activities, especially if these activities show your leadership, skills and/or dedication. Describe each briefly. You can also list awards or other recognitions you have received.



MY RESUME OR ACTIVITY LOG

You can use this guide to take notes and track information that can be used for your résumé or activity log.

Contact Information: (Make sure you list a number at which you can be reached and your email is professional.)

Objective: (If you are applying for a job, describe why you want the job, and what you hope to learn. If you are not applying for a job right now, write that you want to put your skills to work in the community. If you are using your activity log for writing a personal statement for a college or scholarship application, more details about your leadership roles, goals, or special circumstances are needed):

Skills and Strengths: (Remember, short points using action words. You should also list any Career and Technical courses, certifications, college credit, and pre-apprenticeship certifications.)

Experience: (Show your positions/titles, main responsibilities or things you did in the position, work or volunteer experience, and list your accomplishments in any school or community based groups you've joined)

Activities/Athletics, Leadership Roles, Talents, Awards, Community Service: (Describe your positions and list your accomplishments in the groups you've joined.)



CAREER AND COLLEGE DEVELOPMENT

10th Grade

CREDENTIALS BY PATH

The different post-secondary paths offer different types of credentials. You may need one (or several) of these credentials depending on your career interests.

Workplace	<p>People who go straight into the workplace usually do not have any formal credentials beyond a high school diploma. However, some people in this path might complete an apprenticeship or other form of on-the-job training.</p> <ul style="list-style-type: none"> – Certificate for completion of training – Apprenticeship
CTE (Technical) College	<p>Most technical colleges award a certificate to demonstrate completion of a program of study. Some also award Associate degrees.</p> <ul style="list-style-type: none"> – Certificate or certification for completion of program (one year or less) – Associate degree (two years)
Two-year College	<p>Most community colleges award certificates or Associate degrees, depending on the program. At some colleges, students can continue on for four years to earn a Bachelor's degree. In two years, students typically earn an Associate degree.</p> <ul style="list-style-type: none"> – Associate degree
Four-year College	<p>Most four-year college award Bachelor's degrees. The two most common types of Bachelor's degrees are a B.S. (Bachelor of Science) or a B.A. (Bachelor of Arts)</p> <ul style="list-style-type: none"> – Bachelor's degree
Graduate studies	<p>Many careers require specialized training and education beyond college. Students attend graduate or professional school to receive this training and earn a graduate or advanced degree. Some advanced degrees include:</p> <ul style="list-style-type: none"> – Master's degree: most common are M.S. (Science) or M.A. (Arts) – Business degree (M.B.A. for Master of Business Arts) – Medical degree (M.D. for Medical Doctor) – Law degree (J.D. for Juris Doctor) – Doctorate degree (Ph.D. for Doctor of Philosophy)



CAREER AND COLLEGE DEVELOPMENT

CAREERS AND CREDENTIALS WORKSHEET

Name: _____

What do you want to do? What will your desired career require in terms of education and credentials? Indicate a career of interest below, then indicate the post-secondary path you believe you will need and list the type of credential (degree or certification) you will need.

A career that interests me: _____

The post-secondary path I plan to follow for this career (circle one)

Workplace CTE/Tech college Two-year college Military Four-year college Graduate degree

The credential (degree or certification) I will need: _____

What I need to do during high school to prepare:

If you don't know what credentials you will need, where could you go to learn more? You might consider visiting your school's Career Center, or checking online.

OPTIONAL

I've done more research about credentials for this career possibility and I've learned that:



CAREER AND COLLEGE DEVELOPMENT

JOURNAL PAGE

DATE: _____

Lesson 10-15 | **DEFINING CREDENTIALS**

Q1: What will I be doing in ten years?

Q2: What post-secondary credential will I earn?

Q3: What three things can I do during high school to prepare?

Answers: