

# 10th grade: Counselor Introduction

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November 2021

## Ms. Kampa (A-K)



- 23rd year at MWHS - all in the same office!
- I am at my happiest when I'm outside - especially running.
- Before I figured out I wanted to be a school counselor I was studying to be a dietitian.

## Ms. Baumann (L-Z)

- Started at MWHS in 1999
- HUGE Ted Lasso Fan (who isn't?)
- If I weren't a school counselor, I would be a chef



# Let's learn more about you....

- Check your email.
- We sent a link to a short form that you should complete right now.
- Please answer the questions completely and honestly.
- We will use the information to help us get to know you and to guide our large group and individual work with you this year.
- Thank you!



# How can we help you?

**Social/Emotional Support:** Supporting you in your mental health, relational health, and personal growth.

**Short term:** Unexpected change in events, coping **Long Term:** Referring to other professional resources

**Academic Support:** Helping you choose and be successful in your courses.

**Short term:** Assisting with teacher communication or advocacy **Long term:** Developing a four year plan

**Post-secondary Support:** Helping you plan for your educational and career goals.

**Short term:** Assisting with a college visit or interest inventory **Long term:** Planning for life after high school

# What are some important benchmarks this year?

- College Rep Visits: Ongoing throughout the year
  - Personality Inventory: 1st semester
  - Registration for 11th grade classes: January
  - Pre-ACT Test: 2nd semester
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# College Rep Visits

College Rep Visits are happening again!  
(some in person and some virtual)

- College Rep Meeting Schedule on:
  - ◆ Schoology
  - ◆ Weekly Bulletin
  - ◆ Posted throughout the building
- If you are interested:
  - ◆ Get a pre-excused pass in guidance
- Great way to gather basic information in a low pressure environment.

# Ways that we can connect:

- **Individual email:** Many of your questions might be able to be addressed by sending your counselor a simple email.
  - Ms. Kampa (A-K): [kampat@westonka.k12.mn.us](mailto:kampat@westonka.k12.mn.us)
  - Ms. Baumann (L-Z): [baumanna@westonka.k12.mn.us](mailto:baumanna@westonka.k12.mn.us)
- **Emails/Schoology posts from counselors:** We do our best to send valuable information to all students at once.
  - If you see an email from us, take a quick peek to see if the information is helpful.
- **Meeting:** We are happy to set up a time to meet with you



# Other ways to get important information:

- **Newsletter:** We do our best to include important/timely information in the MWHS Newsletter that is sent out on Thursdays (in the Guidance section).
- **Guidance Website:**
  - Top option under ACADEMICS on the high school website
    - Copies of each student/parent presentation
    - College rep visit calendar
    - Course information
    - Important forms

# Naviance

- 10th grade is really a great time to reflect and explore who you are and how that might connect to a future career.
- Today, we're going to take a look at your personality type and how that might impact your future.

Log into Naviance via Clever



# Welcome Screen

The screenshot shows the Naviance website interface. At the top left is the Naviance logo with the tagline "BY POWERSCHOOL". The navigation menu includes "Home", "Self-Discovery", "Careers", "Colleges", and "Planner". On the right side of the header, there are icons for a heart, "10th Grade", a star, an envelope, a user profile "DB", and "About Me".

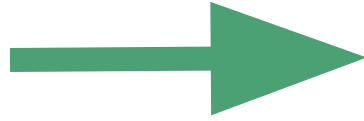
The main heading reads "Welcome, Demo Baumann!". Below this is a search bar with the placeholder text "Search for Colleges" and a dropdown arrow. To the right of the search bar is a search input field with the placeholder "Type a college name" and a "SEARCH" button.

The content area is divided into two columns. The left column is titled "10th Grade Fall" and has a language selector set to "English" with a "Go" button. The text in this section reads: "Welcome Sophomores! As part of 10th grade advisory, we'll be using many components of Naviance. By the end of the year you will have completed your 'Do What You Are' personality type. You will also set a goal related to those results and the Pre-ACT test results. There are many helpful resources through Naviance, so feel free to dive in and explore! Let your counselor know if you have questions." A "Read more" button is located at the bottom of this section.

The right column is titled "My Favorites" and contains three items, each with a heart icon and a link:

- COLLEGES: I'm thinking about
- COLLEGES: I'm applying to
- CAREERS AND CLUSTERS: I'm thinking about

Click on Self Discovery



Personality

[← Back to Self-Discovery](#)



## AchieveWorks Personality®

LAST UPDATED Nov 9th 2021

RETAKE

CONTINUE

**AchieveWorks Personality®** helps you identify your personality type by asking you to choose scenarios that best represent how you behave in real life.

This tool will reveal your true personality and provide tips to achieve success, in a way that works for you.

0%

In Progress

# Complete Assessment: approximately 15 minutes

- Answer questions to the best of your ability
- Rate the Career “Clusters”
- Rate the accuracy



The screenshot shows the AchieveWorks Personality assessment interface. At the top, there is a blue header with the logo (a yellow circle, a red square, and a green triangle) and the text "AchieveWorks Personality®". Below the header, the word "PROGRESS" is on the left and "0%" is on the right. A horizontal progress bar is shown below "PROGRESS". In the bottom right corner, it says "Question 1/36". The main content area contains the instruction "Choose the scenario that best fits you." followed by a reminder: "Remember, don't be influenced by how you might aspire to act or what others might expect of you." There are two radio button options in a list:

- I have a lot of friends I like to spend time with, and usually enjoy meeting new people. I am in constant contact with friends and often try to get them together to have fun and go places. Just thinking about getting something going gets me excited and motivated.
- I am a somewhat private person. I have very close friends I've known for years. I like to do things with them, but I also enjoy spending time alone – doing things I like to do or just relaxing. In social situations, especially new ones, I often prefer to listen and observe awhile before getting involved.

# When you are done...read the summary



## Summary

### What's Next



**Take a look at your personality.** These will help you unpack why you think and react to events and activities in certain ways.



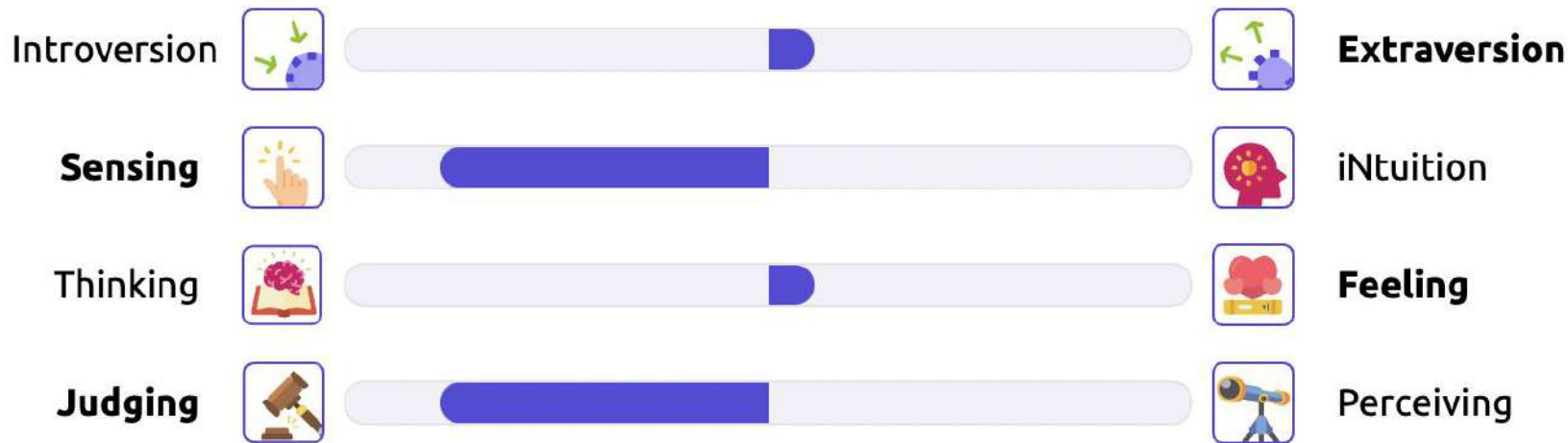
**Read your full report.** Your full report includes recommendations for your specific personality. It also breaks down strengths and challenges unique to your personality. By understanding your personality, you can better develop your strengths and create environments that work for you.



**Talk things over with your parent/guardians, teachers, or counselor.** They can help you come up with new ways to use what you've learned about yourself to help you succeed in school and life.

# Take a look at your personality type

Your personality type is ESFJ





## Review how your personality type impacts:

- Learning
- Working/productivity
- Communication
- Working with others

# Review Recommended Careers: Click to learn more



## Meeting, Convention, and Event Pl...

Coordinate activities of staff, convention personnel, or clients to make arrangements for group meetings, events, or conventions.



### Education

4 Year College



### Median Salary

\$48,290

 FAVORITE



## Nursery Workers

Work in nursery facilities or at customer location planting, cultivating, harvesting, and transplanting trees, shrubs, or plants.



### Education

High School Diploma



### Median Salary

\$23,380

 FAVORITE