# STUDENT ADVISORY ACTIVITY 10th GRADE SESSION #14

Topic: Goal Setting

Time Required: 35minutes

**Objective:** Students will take stock of what they've accomplished and update their Academic Goals.

Activity Statement: Students will discuss their progress for the current school year and come up with at least one goal for their academic achievement.

Materials Needed: Paper and Pen/Pencil

## **Procedure:**

- 1. Discuss how classes are going so far this year.
  - Your students are now in their second year here at Wilby High School. How are they doing? Are they keeping up? How is life different this year? Make a note of students who are struggling, as you may wish to refer them for more help.
- 2. Have students create academic goals
  - Distribute the Academic Goal Worksheet \*\*\* attached \*\*\*
  - Ask each student to complete the goal statement.

## **Discussion Questions:**

- 1. How did you do freshman year?
- 2. What do you want to achieve this year?
- 3. What are your hopes for after high school?
- 4. What things can you do currently to achieve your goals?

#### **Closure:**

Setting goals and finding ways to achieve those goals is a very important aspect to being a productive member of society.

## School Core Values & Beliefs Expectations Codes:

Self Directed Learner Knowledgeable Person

**Next Advisory Lesson:** Developing Peer Leadership

# **Academic Goal Worksheet**

How did you do during your freshman year?

What do you want to achieve this year?

Sophomore year is important: This year you will be taking the CAPT and the PSAT. You'll also be preparing for junior and senior classes based on the work you do this year. In addition you've learned that the work you do in high school will play a big part in determining your future success.

Based on your work so far, think of your academic goals for this year. Do you want to:

- Get a certain GPA (say a 3.0)?
- Pass all your classes?
- Do all of your homework?
- Meet proficient on all sections of the CAPT?
- Get into an honors or AP class next year?
- Learn another language?

What do you want to do? Please write at least one goal below for your academic achievements this year.

Remember that your goal should be SMART, that is:

- **Specific** rather than general (Such as "I want to get a 3.0 GPA This year)
- Measureable by what you will do during the year (by grades or test scores)
- Achievable or realistic for high school.
- **Rewarding** so that you will feel you've accomplished something.
- **Time-Oriented** and able to be finished by the end of the school year.

# Academic Goal :