



# Engage: Comparing Mitosis and Meiosis Card Sort

INSTRUCTOR:

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## Objective

The goal of this activity is to understand and compare the stages of mitosis and meiosis. By sorting the cards and discussing them, you will learn how these two processes are similar and different, and why these differences are important.

## Instructions

### 1. Sort the Cards

- In your group, sort the cards into two categories: Mitosis and Meiosis.
- Arrange each set in the correct order of stages or concepts.

### 2. Answer the Guiding Questions

- For each card, use the guiding questions to help you understand the key features and differences.

### 3. Share Observations

- After sorting, discuss with your group how the stages of mitosis and meiosis are similar or different.
- Use the sentence frames provided to guide your feedback.

## Mitosis Cards

Card	Guiding Question	Sentence Frames for Feedback
<b>Interphase (Preparation)</b>	What happens to the cell before it starts dividing?	"During Interphase, the cell prepares by _____."
		"Interphase is important because _____."
<b>G1 Phase</b>	What does the cell do during the G1 phase?	"In the G1 Phase, the cell _____."
		"The G1 Phase is crucial because _____."

<b>S Phase</b>	What is the main event during the S Phase?	"During the S Phase, the cell _____."
		"The S Phase is important for _____."
<b>G2 Phase</b>	How does the G2 Phase prepare the cell for mitosis?	"In the G2 Phase, the cell _____."
		"The G2 Phase helps the cell by _____."
<b>G1 Checkpoint</b>	Why is the G1 checkpoint important for the cell?	"The G1 Checkpoint checks for _____."
		"The G1 Checkpoint is important because _____."
<b>Prophase</b>	What happens to the chromosomes during Prophase?	"During Prophase, the chromosomes _____."
		"Prophase is important because _____."
<b>Metaphase</b>	How do the chromosomes line up during Metaphase?	"In Metaphase, the chromosomes _____."
		"Metaphase ensures that _____."
<b>Metaphase Checkpoint</b>	What does the Metaphase Checkpoint check for?	"The Metaphase Checkpoint makes sure that _____."
		"The Metaphase Checkpoint is crucial for _____."
<b>Anaphase</b>	What happens to the sister chromatids during Anaphase?	"During Anaphase, the sister chromatids _____."
		"Anaphase is important because _____."
<b>Telophase</b>	What occurs during Telophase to complete mitosis?	"In Telophase, the cell _____."
		"Telophase is significant because _____."
<b>Cytokinesis (Animal Cell)</b>	How does Cytokinesis occur in animal cells?	"Cytokinesis in animal cells involves _____."
		"This process is important because _____."
<b>Cytokinesis (Plant Cell)</b>	How is Cytokinesis different in plant cells compared to animal cells?	"In plant cells, Cytokinesis involves _____."
		"This difference is important because _____."
<b>Overall Process of Mitosis</b>	What are the main stages of mitosis?	"Mitosis includes the stages of _____."
		"The process of mitosis is important because _____."

<b>GO - Cell Arrest</b>	What does it mean when a cell is in cell arrest?	"Cell arrest means the cell _____."
		"Cell arrest can happen because _____."
<b>Apoptosis</b>	Why might a cell undergo apoptosis?	"Apoptosis happens when a cell _____."
		"This process is important because _____."

### Meiosis Cards

Card	Guiding Question	Sentence Frames for Feedback
<b>Interphase (Preparation)</b>	What happens to the cell during Interphase before meiosis starts?	"In Interphase before meiosis, the cell _____."
		"This preparation is crucial for _____."
<b>G1 Phase</b>	What does the cell do during the G1 phase in meiosis?	"During the G1 Phase of meiosis, the cell _____."
		"This phase is important because _____."
<b>S Phase</b>	How does the S Phase contribute to meiosis?	"In the S Phase of meiosis, the cell _____."
		"This phase is important for _____."
<b>G2 Phase</b>	How does the G2 Phase prepare the cell for meiosis?	"In the G2 Phase, the cell _____."
		"The G2 Phase helps the cell by _____."
<b>G1 Checkpoint</b>	What does the G1 checkpoint check for in meiosis?	"The G1 Checkpoint in meiosis checks for _____."
		"It is important because _____."
<b>Prophase I</b>	What happens during Prophase I in meiosis?	"During Prophase I, the cell _____."
		"This stage is important because _____."
<b>Metaphase I</b>	How do chromosomes align during Metaphase I?	"In Metaphase I, chromosomes _____."
		"This alignment is crucial for _____."
<b>Anaphase I</b>	What occurs to homologous chromosomes during Anaphase I?	"During Anaphase I, homologous chromosomes _____."
		"This separation is important because _____."
<b>Telophase I</b>	What happens during Telophase I in meiosis?	"In Telophase I, the cell _____."
		"This stage is significant because _____."
<b>Prophase II</b>	What happens during Prophase II of meiosis?	"During Prophase II, the cell _____."
		"Prophase II is important because _____."

<b>Metaphase II</b>	How do chromosomes line up during Metaphase II?	"In Metaphase II, chromosomes _____."
		"This arrangement is important for _____."
<b>Anaphase II</b>	What happens to sister chromatids during Anaphase II?	"During Anaphase II, sister chromatids _____."
		"This separation is crucial because _____."
<b>Telophase II and Cytokinesis</b>	What are the results of Telophase II and Cytokinesis?	"In Telophase II and Cytokinesis, the cell _____."
		"These stages are important because _____."
<b>Independent Assortment</b>	What does Independent Assortment mean for genetic diversity?	"Independent Assortment means that _____."
		"It increases genetic diversity by _____."

### Reflection

After completing the activity, reflect on your learning:

#### 1. Compare Mitosis and Meiosis:

- How are the stages of mitosis and meiosis similar?
- How are they different?

#### 2. Importance of Differences:

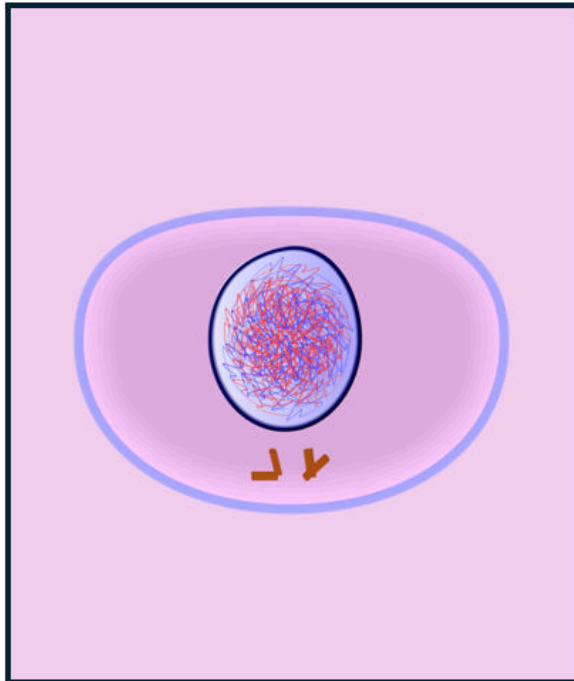
- Why are the differences between mitosis and meiosis important for living organisms?

#### 3. Understanding the Process:

- What did you find most interesting about mitosis and meiosis?
- How do these processes affect genetic diversity?

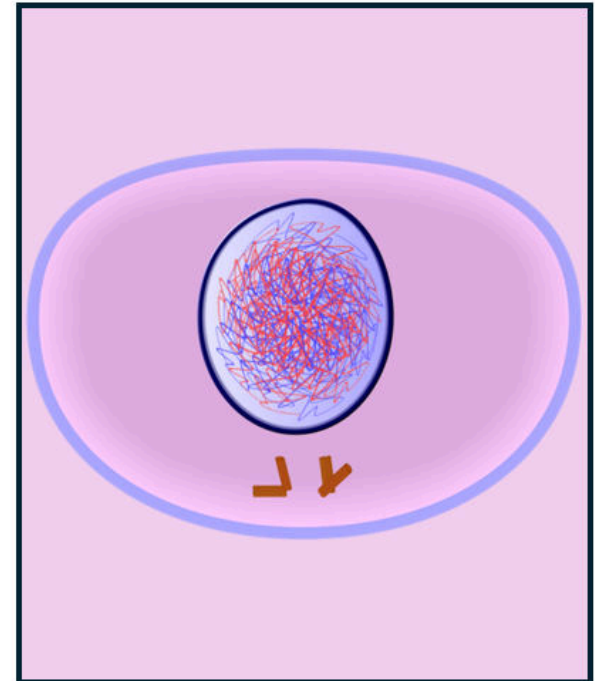
#### Sentence Frames for Reflection:

- "Mitosis and meiosis are similar because \_\_\_\_\_ and different because \_\_\_\_\_."
- "The differences between mitosis and meiosis are important because \_\_\_\_\_."
- "I found it interesting that \_\_\_\_\_."
- "These processes affect genetic diversity by \_\_\_\_\_"



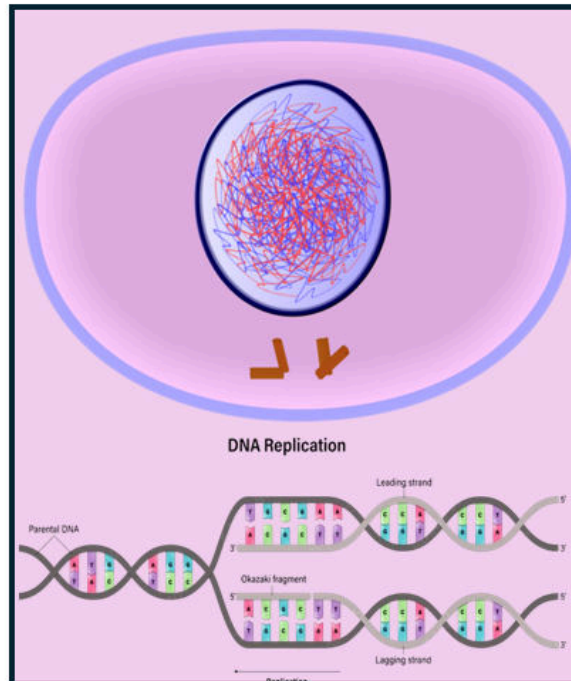
The cell prepares for division by duplicating its DNA and organelles. Chromosomes are not yet visible."

I



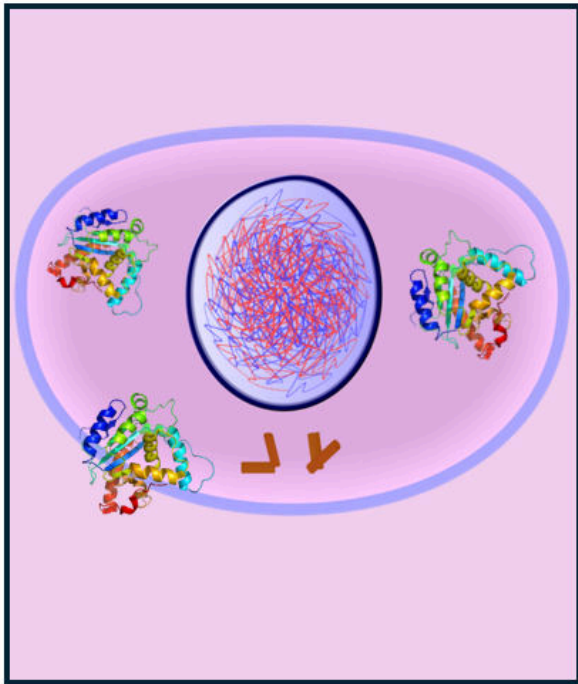
The cell grows and performs normal functions. It also prepares for DNA replication.

G<sub>1</sub>



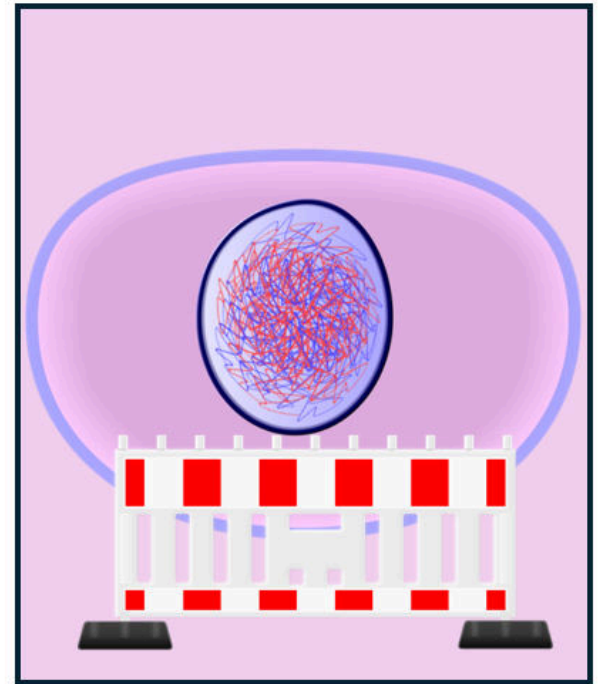
DNA replication occurs, resulting in two identical sets of chromosomes.

S



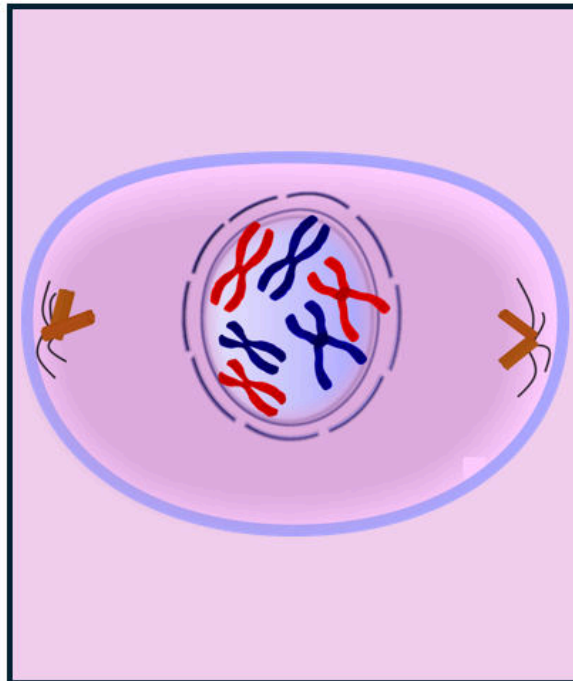
The cell continues to grow and prepare for mitosis, checking for DNA replication errors and makes proteins.

G<sub>2</sub>



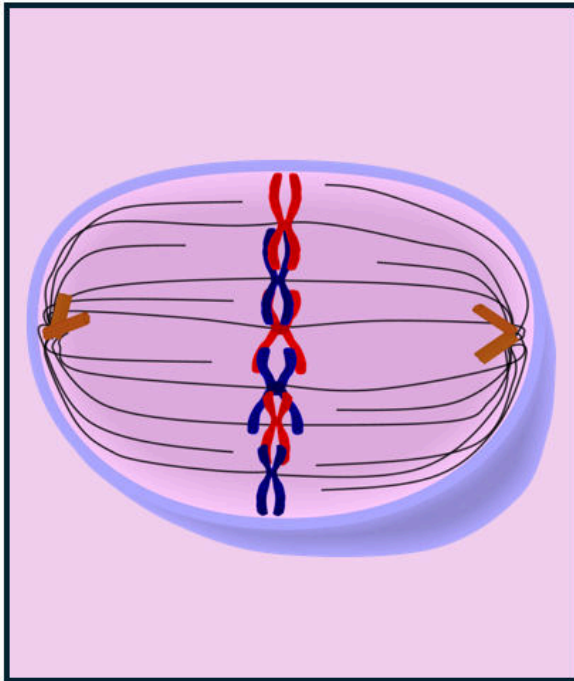
The cell checks for DNA damage and ensures it is ready to proceed to DNA replication. If conditions are not favorable, the cell may enter a resting state.

G<sub>2</sub> ✓



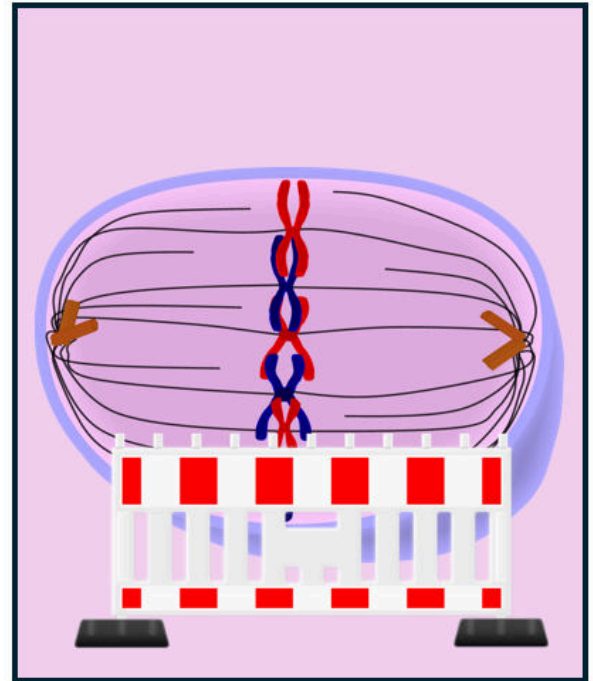
Chromosomes condense and become visible. The nuclear membrane begins to break down, and spindle fibers start to form

P



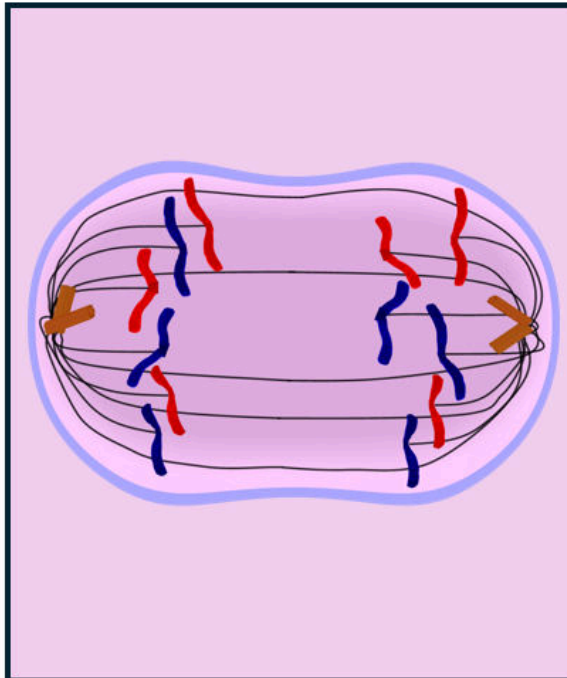
Chromosomes line up along the **middle** of the cell. Spindle fibers attach to the centromeres of the chromosomes

M



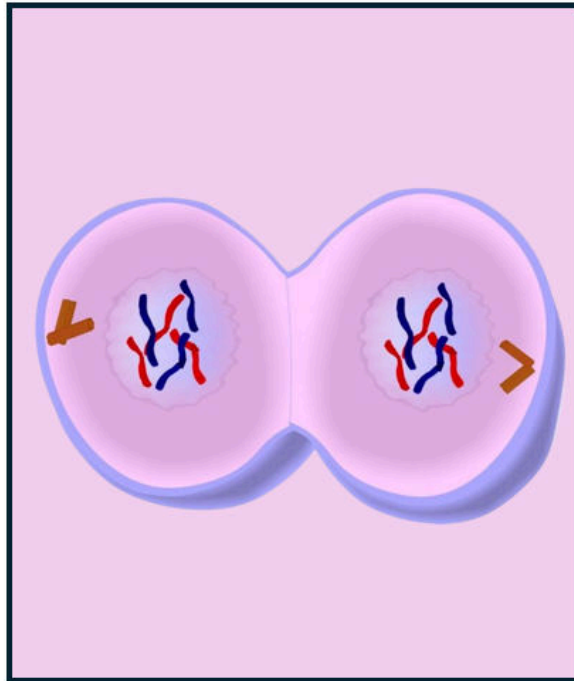
The cell checks that all chromosomes are properly attached to spindle fibers and aligned before proceeding to anaphase

M ✓



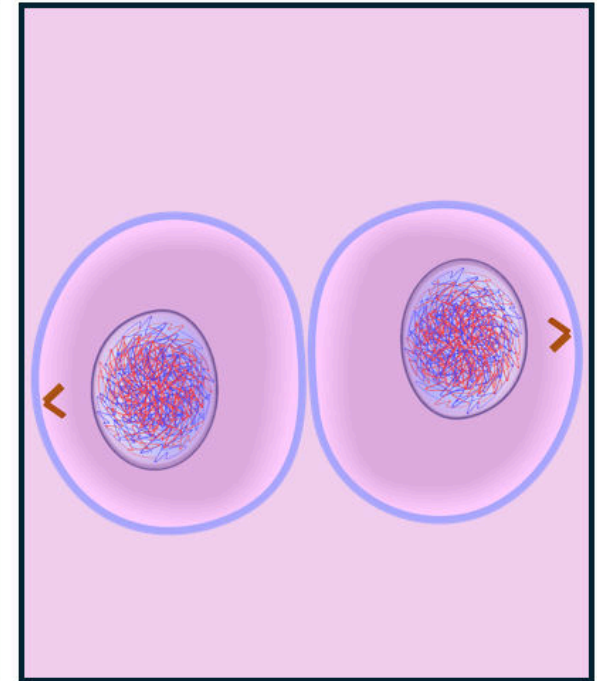
Sister chromatids are pulled **apart** by the spindle fibers towards opposite sides of the cell.

A



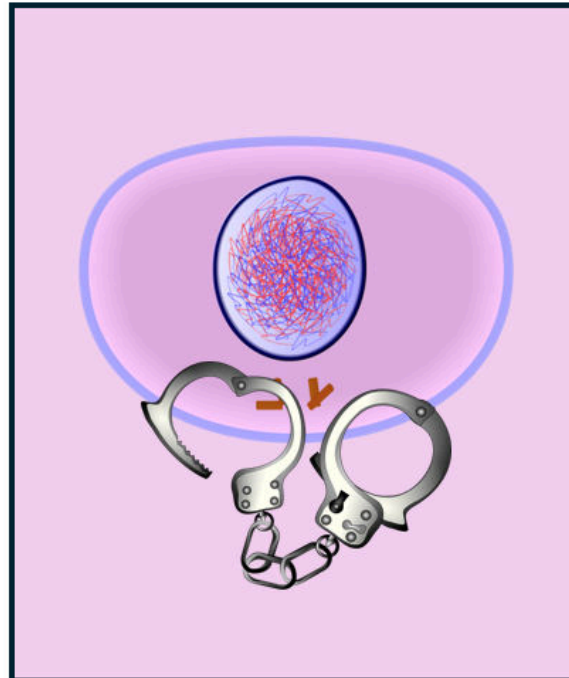
Chromosomes reach the poles and start to de-condense. Nuclear membranes reform around each set of chromosomes – **Animal** : Cleavage Furrow / **Plant**: Cell Plate

**T**



The cell membrane pinches inwards to divide the cell into two daughter cells, each with a full set of chromosomes.

**C**



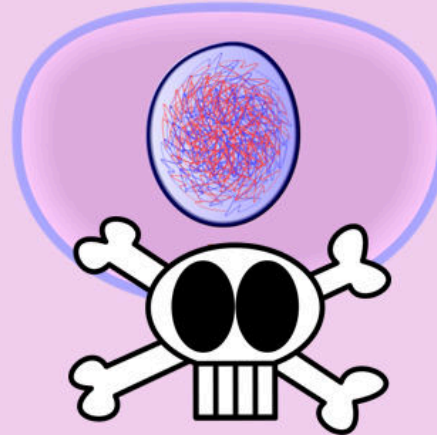
The cell is in a resting phase, not actively dividing. This can occur due to unfavorable conditions or cellular damage.

**G0**

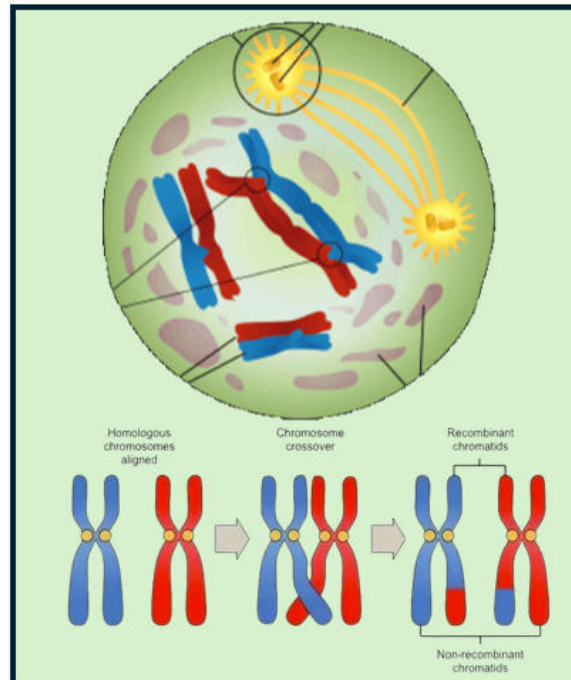


Programmed cell death,  
or apoptosis, occurs  
when a cell is damaged  
beyond repair or is no  
longer needed.

**A-Pop**

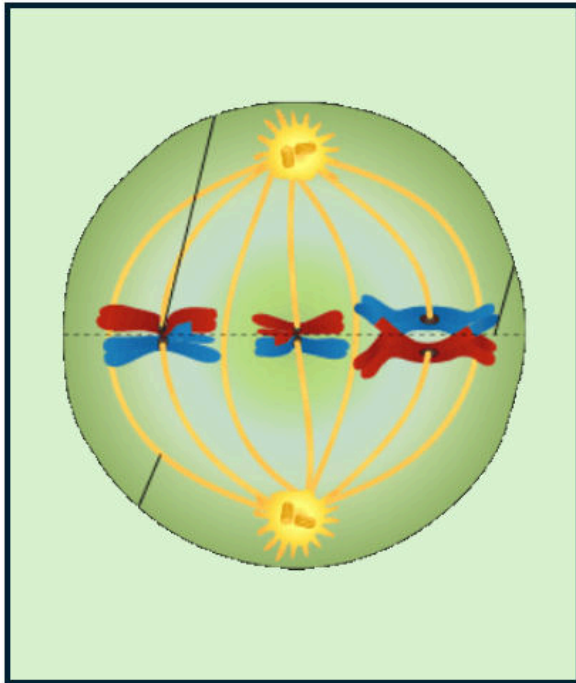


**Interphase of Meiosis  
consists of the same 3  
phases in Mitosis: G<sub>1</sub>, S,  
and G<sub>2</sub> – nothing  
changes. Cell is Diploid.**



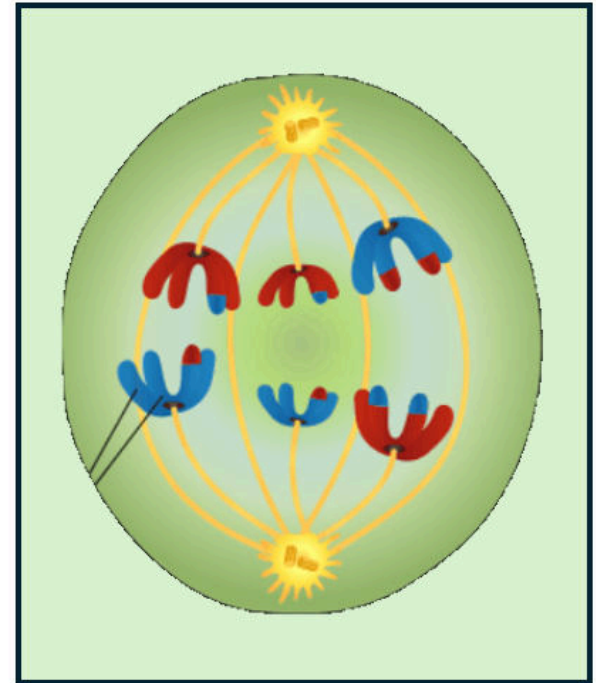
**Homologous  
chromosomes pair up and  
exchange genetic material  
through crossing over. The  
nuclear membrane breaks  
down, and spindle fibers  
start to form.**

**P<sub>1</sub>**



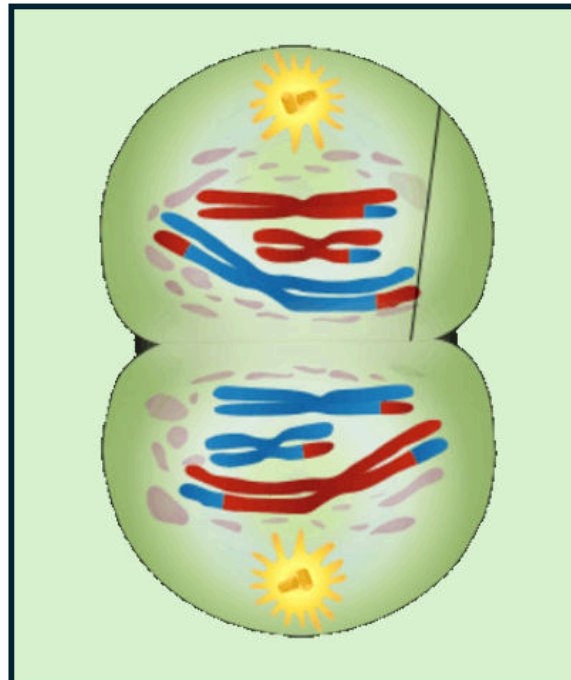
**Homologous chromosome pairs line up along the center of the cell. Spindle fibers attach to the centromeres of each chromosome.**

**M<sub>1</sub>**



**Homologous chromosomes are separated and pulled towards opposite poles of the cell.**

**A<sub>1</sub>**

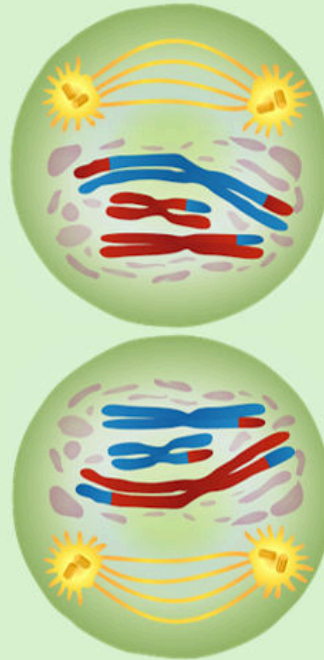


**Chromosomes reach the poles, and the cell begins to divide. Nuclear membranes may reform briefly. Cell is now Haploid**

**T<sub>1</sub>**

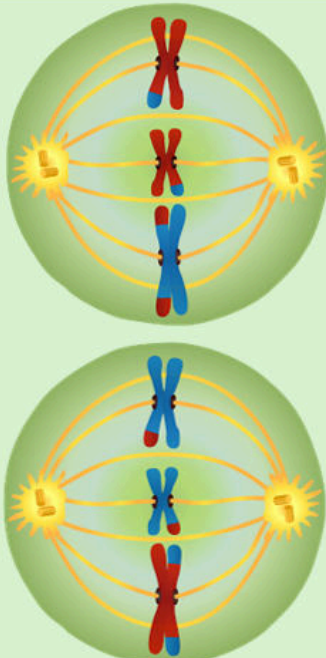
**Chromosomes condense again, and spindle fibers form in each of the two daughter cells from Meiosis I.**

**P<sub>2</sub>**



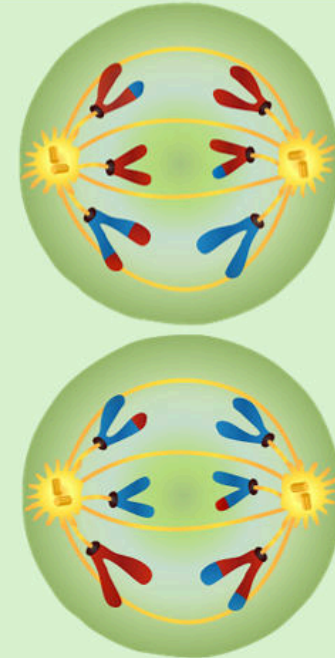
**Chromosomes line up along the center of each cell. Spindle fibers attach to the centromeres**

**M<sub>2</sub>**



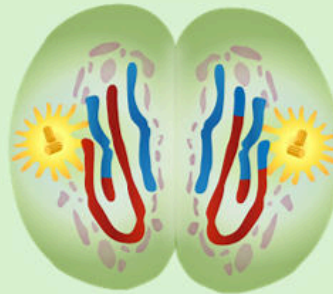
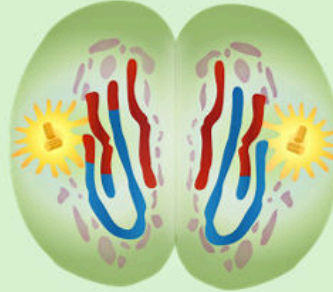
**Sister chromatids are pulled apart towards opposite poles in each of the two cells.**

**A<sub>2</sub>**



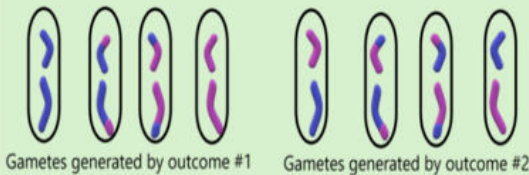
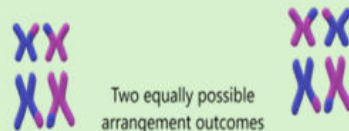
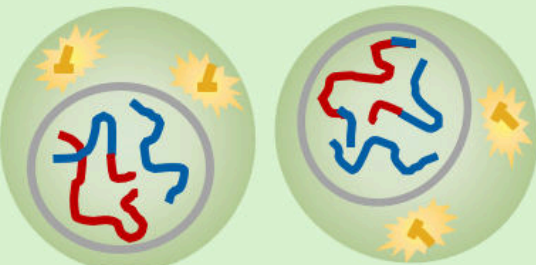
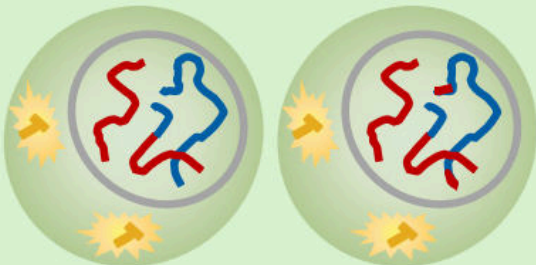
**Chromosomes reach the poles, and nuclear membranes reform.**

**T<sub>2</sub>**



**The cells divide, resulting in four unique haploid daughter cells.  
Sperm or egg = Gametes**

**C**



**During Metaphase I of meiosis, homologous chromosome pairs align independently.  
This random arrangement leads to genetic diversity in the resulting gametes**